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FEN EDGE COMMUNITY ASSOCIATION

This issue which straddles 2015 and 2016 is a chance to look back – and look forward. For FECA, it was a rewarding year. With the success of the Fen Edge Family Festival, FECA was able to distribute a wide variety of grants. At Cottenham Village College, for instance, the stage in the hall is arrayed in new curtains, two thirds of the cost covered by a FECA grant and the remaining third by Cottenham Theatre Workshop, a group which has been a longtime member of FECA. This updating will benefit not just CTW which uses the hall for twice-yearly productions but also CVC's drama and music groups.

FECA was able to support CVC also with its new pupil initiative called SHINE, which encourages all ages at the college to understand the meaning of, and be part of, the community. We contributed to the seniors' tea party at the Willingham Feast, and gave a grant for the seniors Christmas lunch, provided at CVC by the 6th Form catering students. Grants were given too to Landbeach Busy tots, a voluntary group which organises weekly sessions for babies and toddlers, and Singing to Remember, a Care Network initiative for people with dementia and their carers. The proceeds of the Fun Run were used to support the Year 5 ukulele group at Cottenham Primary School.

Looking forward, many of the women and men who have served for a number of years on the FECA Committee or on the FEFF Committee (many on both) now need to move on to other commitments and will be standing down at the AGM in May 2016. This is an opportunity for new people from the five villages to be part of making the Fen Edge a vibrant community.

These are the roles which need to be filled: Chair of FECA; Treasurer Editor of the Fen Edge News; Trustee of the FECA Committee, Secretary of the FECA Committee, and members of the FEFF sub-committee. Any of the FECA Committee members would be happy to talk to you or your group about what these roles entail. You are welcome to come along to future meetings to find out more or to put forward innovations that you would like to introduce. On behalf of FECA I wish you all a happy, healthy and prosperous 2016

Eileen Wilson

We look forward to hearing from you: email chairfenedge@gmail.com or write to Eileen Wilson, Chair, Fen Edge Community Association Office, Cottenham Village College, High St Cottenham, CB24 8UA.

WI DIGS IN FOR THE FUTURE

Cottenham WI marked the centenary of their group by planting a rowan tree on the Broad Lane green. Sally Kingman, Cambridge Federation Chairman, and Frank Morris, chair of Cottenham Parish Council, joined us for the occasion. Margaret Jeeps, our president, said the tree would be a constant reminder that the WI is there for us all to make lasting friendships and enjoy each other's company..

Cottenham WI has a varied programme arranged for the monthly meetings (2nd Wednesday) in the Tony Cooper Suite at CVC: 13th January, Supporting Children in the Congo; 10th February, History of belly dancing; 9th March, AGM; 13th April, Antiques road show. Jill Pheasant



FEN EDGE EVENTS DIARY

What's on and when

DECEMBER

15th Cottenham Brass Band and Carols on Cottenham Green, 6.30pm

16th Landbeach Busytots Christmas party (see p45)

16th Landbeach Society Christmas Celebration with Waterbeach Brass, Landbeach Village Hall, 7.30pm

18th End autumn term

19th Carols with Waterbeach Brass, Wimpole Hall, Landbeach, 1.30pm

21st Singing for Fun and Arts Night
Collective: Mince pies, mulled wine and music, Cottenham Community Centre, 6–8pm

JANUARY

5th Spring term starts

8th Cottenham Village Society talk, Ralph Carpenter 7.45pm (see p11)

10th Cinema, Cottenham Community Centre, 7.30pm (01954 202109)

18th Family history session, Cottenham Library, 7–9pm

20th Landbeach Society AGM, with wine and cheese (see p45)

21st Fen Edge Archeology Group talk, Poisons, Plants and Palaeolithic Hunters by Valentina Borgia, CVC, 7.30pm (see p19)

21st – 23rd Cinderella pantomime at Waterbeach School (see p61)

23rd Fen Edge Twinning Association fundraising dinner, St Paul's Community Centre, Hills Rd, Cambridge (see p19)

29th Rampton Review, Village Hall, 7.30 (see p23)

FEBRUARY

7th Cinema, Cottenham Community Centre, 7.30pm (01954 202109)

12th Half term begins

12th Cottenham Village Society talk, Cliff Carson 7.45pm (see p11)

17th FEAG talk, New Must Farm by Selina Davenport, CVC, 7.30pm (see p19)

22nd Spring term resumes

22nd Family history session, Cottenham Library, 7–9pm

MARCH

6th Cinema, Cottenham Community Centre, 7.30pm (01954 202109)

10th FEAG talk, Archeology and Language by James Clackson, CVC, 7.30pm (see p19)

11th Cottenham Village Society talk, Peter Green 7.45pm (see p11)

12th Grand jumble sale, Rampton Village Hall, 10am (see p23)

12th Fen Edge Orchestra concert, St Andrews Church, Histon, 7.30pm

19th Fen Edge Twinning Association Quiz Night, CVC, 7.30pm (see p19)

21st Family history session, Cottenham Library, 7–9pm

24th End spring term

25th – 28th Easter

APRIL

3rd Cinema, Cottenham Community Centre, 7.30pm (01954 202109)

11th Summer term begins

15th Cottenham Village Society talk, Alison Dickens 7.45pm (see p11)

16th Village-wide yard and garage sale, Rampton (see p23)

16th Family history session, Cottenham Library, 7–9pm



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NEIGHBOURHOOD PLANNING

Cottenham and Waterbeach (see p55) are both in the process of formulating Neighbourhood Plans which would give those who live in the villages a say in how their communities develop. The plans aren't created overnight, and the parish councils are asking us all to get involved and to put our points of view. Wendy Dear reports

Cottenham Parish Council has to pass eight 'milestones' before July 2016 when it is hoped a referendum will be held to decide whether a Neighbourhood Plan would be right for Cottenham. South Cambs District Council has designated the whole of the parish as a Neighbourhood Area and a plan based on this would provide a blueprint for the village's future development and growth.

Such a plan has become more urgent with the publication of the Rural Plan (see page 9) and proposals for several speculative developments in the Oakington/Rampton Road side of the village which, if approved, could expand the population by more than 20% over the next five years, creating almost a new suburb.

After a public meeting at Cottenham Village College in September, when a range of concerns were raised by villagers, the parish council recommended that South Cambridgeshire District Council refuse one of the proposals, for 225 homes and 70 residential care places, as there was no obvious way in which that expansion could be absorbed sustainably. The same applied to another planning application for 50 homes; and a third, for 130 homes, was also recommended for refusal.

PRESSURE ON QUALITY OF LIFE

Sustainability is the word used to describe the quality of life expected by those living in the village. It is seriously challenged

by increased traffic, noise, pollution, added pressure on medical and day care provisions, the capacity of the sewerage and drainage system, the effect on house prices, and increased demand on preschool, primary and secondary school places.

The final planning decision might well be made at a public inquiry which would examine whether the proposed benefits of these developments would outweigh the threats. On its website, SCDC states: "The viability of a development scheme has been given greater emphasis in recent years due in most part to an uncertain housing market and the withdrawal of grant funding for affordable housing. In some cases the planning authority will be unable to support a scheme, despite having undertaken a robust viability appraisal, due to the proposal failing to create a sustainable mixed and balanced community."

WHAT HAPPENS NEXT?

Cottenham Parish Council, with a £5,000 starter grant and another £8,000 from the government, is pressing ahead with the NP. The first milestone established shared principles: more affordable homes, more pre-school places; better medical and day care provision; more local employment; improved recreation; improved transport and easier movement; not to compromise the village character; not to increase noise and pollution; and not to overload the primary school.

A survey, devised with the help of a panel



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of interested consultants from local groups – such as the Fen Edge Community Association – will be posted to all houses in the village. “We need as many residents as possible to complete the survey either online or using the reply-paid envelope,” says Frank Morris, Parish Council chair. “Once you’ve done your own, encourage all your friends, neighbours, relatives and workmates to do the same. Local charities will benefit by 50p for each survey returned on time.”

The Fen Edge Community Association (FECA) will be one of the 10 charities listed. Members of these charities are happy to help anyone to complete the survey.

WHAT THE VILLAGE NEEDS

By late February, having analysed the completed surveys, a vision of the village’s needs can be rated and the various problems evaluated. There may be development gaps and so ways in which to close them will be agreed via a series of open sessions. A draft NP will be drawn up and distributed locally for comments from villagers. Analysis and revision will follow before it is submitted first to SCDC for approval, then for independent examination. SCDC would then organise the referendum which would ask residents to vote on the plan. If residents say yes, the plan would give the PC the authority needed to prevent developments unacceptable to Cottenham and to improve the village, a shared vision for the neighbourhood.

Keep up to date by checking the information placed on the four noticeboards around the village or online www.cottenhampc.org.uk; www.facebook.com/CottenhamParishCouncil. The Parish Council office is next to the Community Centre and is open Monday mornings from 10 to noon.

YES!



EFFECT OF RURAL PLAN

The first ever Rural Productivity Plan produced by the government in August aims to boost the rural economy but may impact on planning. The plan will “help our villages to thrive by making it easier for them to establish a neighbourhood plan and allocate land for new homes, including through the use of rural exception sites to deliver Starter Homes”. The Starter Homes policy, which came into force in March 2015, allows amendment of planning laws so houses can be built on under-used or unviable commercial or industrial sites not currently identified for housing, on both public and private land and in rural areas.

COMMUNITY LAND TRUSTS

One way to ensure affordable housing is built is to set up a CLT, a non profit trust, that develops and stewards housing, civic buildings, community gardens and other assets on behalf of the community. Such a trust is guided by, and accountable to, the people who call the locality their home. Quite a few have been set up in villages and market towns to take the initiative to develop new homes and services for local people who work locally. In Soham, for example, Thrift CLT, is in negotiation with East Cambs District Council to take on the affordable housing component of a 600 unit urban extension in partnership with a housing association and the local authority. This extension would dramatically change the landscape of the town and the CLT wants to ensure public involvement. Stretham and Wilburton CLT is financially enabled to build and manage affordable homes and community facilities in perpetuity; it is building 35 private and 15 affordable houses plus business units and a GP surgery on a 12acre site obtained from a community-minded landowner and backed by a Cambridge College. Maybe there are similar community-minded landowners in Cottenham?



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COTTENHAM NEWS

CHRISTMAS CAR PARKING WITH ROTARY

The Rotary Good Causes car parking, at the University Downing Site, Department of Chemistry and Cambridge Assessment Centre, started on Sat 28 November for Christmas shoppers. Last year we raised £35,000 for charities and Rotary good causes. Cottenham Community Centre was a beneficiary and now has a hearing loop system in place.

Volunteers and friends (more always needed) from the Rotary club of Cambridge South run the three car parks for six weekends until 2-3 January 2016 (excluding Sat 26 Dec, but including 28-31 Dec). The "charge" is £6 for as long as needed within the opening hours.

The parks are at Park Terrace, Lensfield Road and Downing site on Tennis Court Road (the pedestrian exit from this one is onto Downing Street nearly opposite John Lewis's). This last one is open until 7pm so is also good for the Panto matinee.

Look out for the signs bearing the "Rotary Wheel". More information, and a map, at <http://www.cambridge-southrotary.org.uk>

We wish you all a happy, relaxed and an especially peaceful Christmas.

Mike Smith (contact - if you would like to help with the car parking - smithmichaelstanley@hotmail.com)



services will be available apart from buying NS&I premium bonds (available online) and travel insurance.

CLOSE VIEW OF THE PAST

Cottenham Village Society at present meets at All Saints Church Hall, High Street, Cottenham, at 7.45pm, but please check after Christmas for change of venue.

Planned talks: 8th January, Growing up in the Chequers pub and other stories - Ralph Carpenter; 12th February, Otters and other fenland wildlife - Cliff Carson; 11th March, Wicken Fen past, present and future - Peter Green; 15th April, Trumpington Archaeology/Anglo Saxon discoveries, including the bed burial and cross - Alison Dickens.

Secretary Glynis 01954 251544

www.cottenhamvillagesociety.ukfamilies.com

SINGING FOR FUN COTTENHAM

We've celebrated our 1st birthday and are as enthusiastic as ever! If you have a couple of hours free on a Thursday afternoon why not come and join in the singing of songs you're sure to know. You don't need to be a trained or experienced singer, nor read music to attend. The group, of men and women, meet in term time at the Salvation Army Barn in the High Street, from 1.45-3.15 pm. We sing for an hour and then have time for a cup of tea before heading home. Singers pay £4 a week to cover the costs of hiring the barn and paying for our leader, Jan Payne, who is a locally-based, professional musician. Any further details are available from the group's co-ordinator, Pam Lumsden 01954 251371.

MOVE FOR THE POST OFFICE

After months of speculation it seems certain that the Post Office will move from its long-time home on the High Street further down the road – 500 metres along level terrain – to Shauns News. There has to be a consultation period, but it is expected that work will begin in February to create a 'new local style branch,' part of a major programme of modernisation taking place around the country. The front entrance will be altered to make access easier and there will be a hearing loop inside. Opening hours will be longer and the same



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COTTENHAM NEWS

FEAST A SUCCESS

Villagers provided a guard of honour for the floats that made their way from Twenty Pence Road along the High Street to the War Memorial and then the Green in October. There was brisk business at the many stalls and over 200 medals were given out to the under 16s who took part. Local not-for-profit groups were invited to seek a share of the £1370 collected en route.

IT'S ALL GO AT THE REC

The new Sports Pavilion is now in action. There are four changing and two officials' rooms, a multi-purpose room (for hire, holds approximately 40 people) plus a kitchen and toilets. The adult and junior football and cricket teams will mostly use the facilities. The two grass courts adjacent to the building will be reinstated in due course. The Parish Council says it cost Cottenham £250,000 to build this facility with the help of grants from the Football Foundation, Sport England, South Cambridgeshire District Council and others. The SkatePark, now very popular with children on skateboards and scooters, was also achieved by a combination of a major grant from recycler WREN, financial contributions from developers and cash from SCDC.

COTTENHAM PRIMARY SCHOOL

After three years in planning we were delighted that the building was ready ahead of everyone returning after summer holidays. The development was undertaken because our pupil numbers had outgrown the space we had. Our Head, Deputy Head and Assistant Deputy Head were sharing one tiny office. This term, for the first time in over 18 months, we have a new hall in which to hold a whole school assembly. Peace and calm are restored throughout. The mobiles are replaced by new classrooms with four on the upper level, occupied by our older children in years 5 and 6. We have new toilet blocks, two new offices for the Head and Deputy Head, new intervention rooms, new music rooms, wider corridors, a lift to the upper level, new

children's kitchen, a new library replenished by our wonderful PTCA. Teachers and TAs had a short time to prepare for their pupils but without exception they rose to the challenge decorating, adding books, bunting, reading areas, numberlines, science displays, topic walls, bringing colour and life into the new classrooms.

Pupils take pride and an active part in running the new building. They volunteer as corridor monitors making sure everyone gets to where they need to be, especially at lunchtime, and to keep left on the staircase.



At our school, visions and aims are not just a line in our prospectus – they are alive and evident: aim high, accept challenge, persevere, strive for excellence. For this reason, we were excited that Kristian Thomas accepted our invitation to open the school. He is a Team GB Gymnast and Olympic, World, European and Commonwealth Medalist most recently winning gold at the 2015 European Gymnastic Championships, a wonderful role model for our pupils. The opening event included a performance by our Key Stage 2 choir and among the guests were the current year 7 children at CVC who endured the building work but missed the chance of a new classroom.

Thank you to everyone who supported the school during the build and to our neighbours for their patience. Come and have a look if you are passing. Friends are always welcome at Cottenham Primary.

Barbara Duckworth, Chair of Governors

Cottenham Directory - see page 15



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FEN EDGE PARISH COUNCILS

COTTENHAM PARISH COUNCIL

We are thrilled that Cllr Alex Collier was declared winner of Young Councillor of the Year at the NALC (National Association of Local Councils) Star Councils Awards ceremony held in Birmingham, beating off competition from much larger Town Councils. Since joining Cottenham PC in 2012 Alex has been at the forefront of our youth projects, particularly the Connections youth bus, child-designed road signs and new skate park. In 2015 she won the SCDC award for Young Councillor of the Year. We are incredibly proud of her. Have you got what it takes to be the next Alex Collier? We need two more councillors to get our team up to full strength. If you are over 18, a British citizen and either a registered local government elector for Cottenham, lived or worked in the parish for the last 12 months, or resided within three miles of it for the past 12 months and want to find out more please contact the Clerk or any of our Councillors. Cottenham needs you!

From 1st April, many street lights on residential roads and footpaths not on main traffic routes will be switched off from midnight to 6am, due to the County Council's need to make further savings because of reduced government funding. We have agreed to pay to keep some on in areas around the sheltered housing areas. Double yellow lines will be installed on Lambs Lane around the junctions to alleviate parking problems during the school run

Council meets first Tuesday of month in village hall (recreation ground), Lambs Lane, at 7.15pm. Clerk: Jo Brook. Office: 250A High Street (to right of Community Centre). Open Monday 9.45am to 12 noon or by appointment. Contact details: 07503328401, or clerk@cottenhampc.org.uk and www.cottenhampc.org.uk

RAMPTON PARISH COUNCIL

Rampton has decided not to be involved with the Cottenham Neighbourhood Plan as where there is overlap on things like school provisions, shops and services we see addressing Cottenham's best interests as being the same as Rampton's. Otherwise we see Rampton's individuality as something we can best maintain ourselves and after consultation

with all residents we will prepare a much shorter plan with the future best interests of the village prioritised. The annual parish meeting is on 18th April.

Council meets first Monday of month (not August), in village hall, 7.30pm. Clerk: John Garstang. Office (by appointment): 23 Cow Lane. Contact details: 01954 250960; ramptonparishclerk@gmail.com and www.rampton.org

LANDBEACH PARISH COUNCIL

Council meets first Monday in month (not August), in village hall, 7.30pm (on bank holiday months, meetings are second Tuesday in the parish church). Clerk: Maria Sylvester. Office (by appointment 9am-1pm, 2-5.30pm): 30 Lee Close, Cottenham. Contact details: 01954 252400; mariasylvester@hotmail.co.uk and www.landbeach.org.uk

WATERBEACH PARISH COUNCIL

Plans have been agreed with County Council Highways Department for a new pedestrian crossing on Chapel Street, from the Baptist Chapel to the Gault. We have decided to stop providing polythene bags for people exercising their dogs on the Recreation Ground and have removed the dispenser in the car park.

Council meets first Tuesday of month at The Old Pavilion, 7.30pm. Clerk: Liz Jones. Office: Tues and Thurs 10am-2pm (or by appointment), The Old Pavilion, Cambridge Rd. Contact details: 01223 441338; council@waterbeach.org.uk and www.waterbeach.org.uk

WILLINGHAM PARISH COUNCIL

The precept won't be agreed before December/January. We have had a very busy year with the new play equipment being installed on the QEII Field but at the moment do not have any large projects going on.

Council meets first Wednesday of month at the Octagon, 7.30pm. Clerk: Mrs Mandy Powell. Office (by appointment 10am-1pm): Ploughman Hall, West Fen Rd. Contact details: 01954 261027; email@willinghampc.org.uk and www.willingham-pc.org.uk

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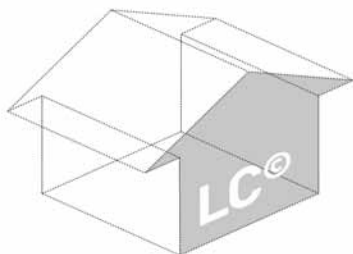
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FEN EDGE MISCELLANY

LOCAL HEALTH AWARENESS

All English GP practices have to have a Patient Participation Group which is representative of the practice population. The main aim is to ensure that the practice puts the patient, and improving health, at the heart of what it does. The PPGs are supported by a senior GP Partner and the Practice Manager, and meetings are held every six weeks or bi-monthly.

- The Firs House Histon and Telegraph Street Cottenham PPG has up to 16 patient members and is supplemented by representatives from the Virtual Patient Reference Group (VPRG) of over 800 patient members. Representatives of the PPG and VPRG have participated in public consultations on health-related issues.

The PPG has organised a number of health promotion events in partnership with the Community Centres in Cottenham and Histon. Subjects have included the Health Benefits of a Mediterranean Diet, Advances in Cancer Research and Diagnosis, How to Prevent Falls. More information about the PPG and VPRG and minutes of past meetings are on www.firshouse.com and on the notice boards at both surgeries.

- The PPG at Cottenham Surgery on the High Street currently has five members, and new ones are always welcome. Ask at reception for an information sheet. Patients can also register at reception to set up a secure login username and password to book a GP appointment, review their medical records or order repeat prescriptions online. Wall boards installed in the waiting rooms keep patients up to date with news from the practice, and ways to participate in their own healthcare. Results of the latest patient satisfaction questionnaire have been published and can be located on the PPG notice board. The next Patient

Event will be a drop in evening to support carers.

- Waterbeach PPG has a core group of 15 community members and minutes of meetings are posted on the surgery's website. A current topic under discussion is how to arrange for a community warden to support elderly people.

FEN EDGE TWINNING ASSOCIATION

To celebrate the New Year 2016, FETA will host a dinner on 23rd January 2016 at St Paul's Community Centre, Hills Road, Cambridge, with entertainment from Cottenham Choir Tyrannochorus and catering from FoodCycle Cambridge. Join us for our first fundraising community event of 2016. More information from Nathalie Morgan on 07952 260530, email natmorgan@hotmail.co.uk or find us on Facebook.

On 19th March there'll be a Quiz Night at Cottenham Village College. Teams of up to six, £7.50 a head including supper. Bar provided so do not bring your own drink. Bookings: contact Anna Vining on 01954 252432 or email panda@vining.co.uk

FEN EDGE ARCHEOLOGY GROUP

The group aims to stimulate public interest in archaeology by lectures, workshops and fieldwork, including community digs, and to promote understanding of the archaeology of the villages of the Fen Edge area. FEAG is conducting a long-term project, exploring a Romano-British site. Meetings at Cottenham Village College, 7.30pm. 21st January, 17th February, 10th March (see diary, p5). For updates and further information about our meetings, walks, workshops, site visits and additional events check the website www.feag.co.uk or email feagininfo@gmail.com

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FOODBANK SERVING THE FEN EDGE VILLAGES

This winter the choice between putting food on the table or having the heating on will be a very real decision for many in our communities. As increasing numbers struggle with benefit changes, low income and debts, Foodbanks will be filling the gap as they have been doing for 20 years. What would happen to people without them?

Ely Foodbank, which was established in 2012 only to support Ely, soon grew – reaching out to Soham, Sutton, Chatteris and March. It now handles 82 tonnes of stock which highlights the level of need. Cottenham is also serving surrounding villages in the Fen Edge. The Distribution Centre was launched on 29th April 2015 and is headed by CTIC (Christians Together in Cottenham) operating from the Baptist Church on the High Street on Wednesdays.

Volunteers greet clients with refreshments and a non-judgemental attitude. There is an opportunity to talk through the issues that brought them to Foodbank and the volunteers work hard to direct people to services that hopefully could alleviate some of their difficulties.

Phrases such as “we are only a pay cheque away from things turning upside down” and “for the grace

of God there go you and I” ensure we meet the needs of others in a generous, big hearted fashion – because it could possibly be any one of us in this situation.

Foodbanks operate predominantly from a voucher system which frontline care workers give to clients who are in need. The food, enough for three days, is basic. Pasta, beans, soup, rice pudding and cereal are among items given to help an individual or family through a crisis. The food is pre-packed at the Ely Store into family or single/couple sizes to be unpacked and given to the clients in supermarket carrier bags (now there is a 5p charge for these, we welcome donations).

If you would like to volunteer or if you work for a frontline organisation and could issue vouchers to those in need, please get in touch. Collection points for food donations are at Cottenham Co-op, Cottenham Community Centre Coffee Shop, Rampton Motors and any of the Cottenham churches. Financial donations are also always welcome. For more information contact info@ely.foodbank.org.uk or paulamayes@live.co.uk

Cathy Wright – Ely Foodbank Project Director

Paula Mayes - Cottenham Co-ordinator

KEEP WELL IN WINTER

It is so important to look after yourself, your family and those around you. Managing your health and general well-being during the winter months is excellent medicine in its own right. Check your medicines cabinet now, ensure you have the ‘essentials’:

- *Painkillers: paracetamol / ibuprofen (liquid or tablet form)*
- *Anti-diarrhoeal medicine, rehydration mixture*
- *Indigestion remedy*
- *Plasters*
- *Cold and Flu preparations: flavoured hot drinks or cough syrups can be useful*

Please ensure you are not allergic to any of the above and none will impact any regular medication you may be taking. If you are unsure, contact your surgery. Keep your home at a temperature above 18degrees C. Tinned soups and foods may be an option for icy days when you simply don’t wish to venture out.

IF YOU ARE FEELING UNWELL

GP: Non life threatening minor illness/injury (Out of Hours GP is available through NHS 111)

NHS 111: For non-urgent medical advice dial 111. This is a free number, operational 24 hours a day, 7 days a week.

A+E / 999: Emergency

LOCAL PHARMACIES – the pharmacist will give advice relating to coughs colds or other minor illness.

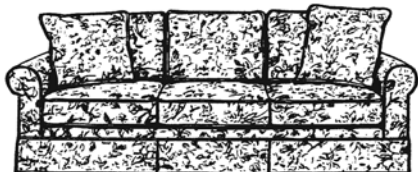
Well Pharmacy, High Street Cottenham / Station Road Histon: Mon – Fri, 09:00 – 18:00; Sat 09:00 – 13:00

Tesco Milton: Mon – Sat 08:00 – 20:00 (Sat 14:00 – 14:30 closed for lunch); Sun 10:00 – 6:00

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RAMPTON NEWS

Rampton has a number of fundraising and community events which attract folk from neighbouring villages. On 18 and 19 December from 6 to 8pm the Friends committee of All Saints in Rampton is hosting a Nativity Tableau outside the church which features an assortment of live animals as well as an array of humans portraying the key characters: Mary, Joseph, kings and shepherds. Mulled wine and mince pies will be available in the church as well as something for the children. The tableau was first staged in 2013 and the overwhelming comment from people who came along was 'Christmas magic'. Proceeds will go towards the repair and restoration of All Saints Rampton, a veritable jewel of a small 12th century thatched church.

- The always popular Rampton Review – a series of sketches plus pantomime – takes place on 29th January, at 7.30pm in the Village Hall. Doors open at 7pm for sale of tickets: £4.50 for adults, £2.50 for under 12s. More info at http://www.ramptonvillagehall.co.uk/events_146702.html

- Rampton '77 Committee has organised a Grand

Jumble Sale to be held on Saturday 12th March in Rampton Village Hall. Doors open at 10am, but you can leave donations at the Rampton village hall on the evening of 11th March.

- The next event in our 'Pounds for the Path' project – to pay for the newly revamped path to the church – will be a village-wide Yard and Garage Sale on Saturday 16th April. We have waited many, many years for our new path which is regularly used not only by those attending services at All Saints Rampton but by walkers, visitors to the church and burial ground, and dog walkers.. We look forward to your support – and you'll probably bag a bargain or two! Further details available from Gail Bull (gailbull@live.co.uk).

DIRECTORY

Church contact

Judith Middleton..... 01954 251 607

Rampton church

Rev Kylie Hodgins..... 01954 250454

Newsletter

Karen Williams..... kazza.will@yahoo.co.uk

www.rampton.org for the Rampton newsletter

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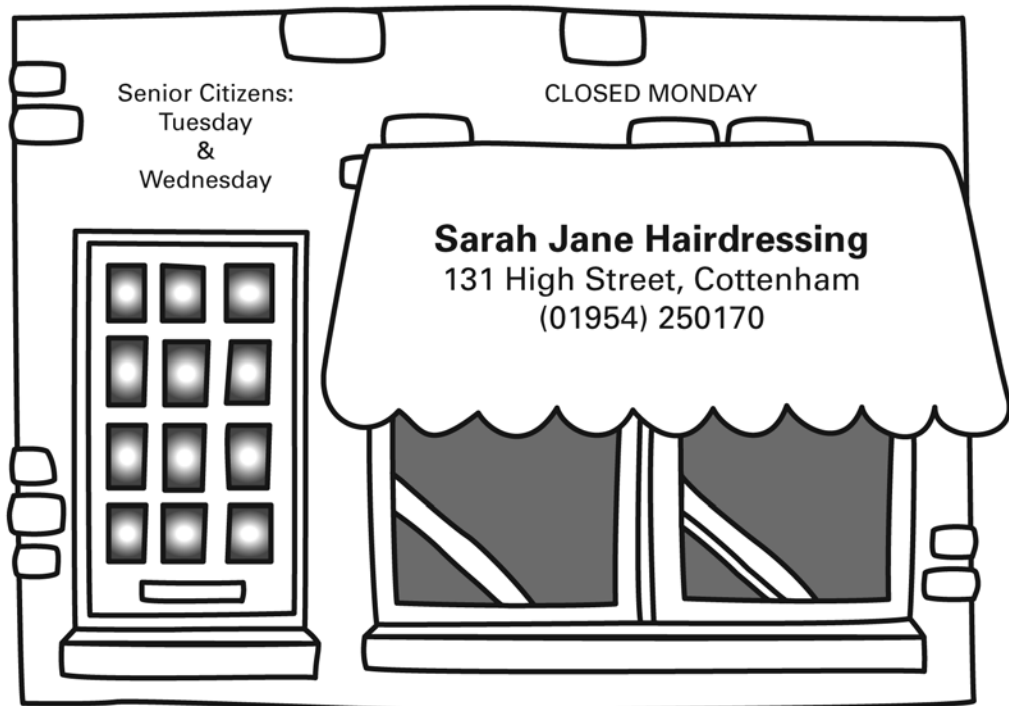


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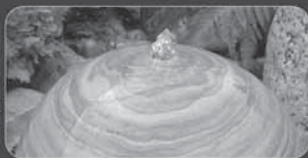


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Web link: <http://community.cvcweb.net>

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SCHOOL RECEPTION	01954 288944
SCHOOL RECEPTION FAX	01954 288949
SPORTS CENTRE	01954 288760
COTTENHAM PRIMARY SCHOOL	01954 206227
WATERBEACH PRIMARY SCHOOL	01223 718988
WILLINGHAM PRIMARY SCHOOL	01954 283030

Village College Headteacher	Stuart Lock
Centre School Headteacher	Sue Raven
Executive Headteacher	Steve Ellison
Adult & Family Learning Manager	Janet Drinkwater

Adult Learning Administration:
Cottenham Village College

Tracy Thistlethwaite
Debbie Jackman
Kate Taylor

ENROL NOW FOR SPRING 2016 COURSES

Tel: 01954 288751 Email: community@cvcweb.net

Direct Link: <http://community.cvcweb.net>

 Adult Learning at Cottenham Village College

Booking Form – See Page 42



COURSES AT A GLANCE

Arts & Craft

Art for Pleasure	Wednesday
Candle Making (Intro)	Monday
Carpentry Design & Make	Wednesday
Ceramics	Wednesday
Dressmaking	Monday
Dressmaking for Beginners	Monday
Felting	Wednesday
Get Hooked on Crochet	Wednesday
Silversmithing	Mon, Tues & Weds
Upholstery	Thursday & Friday
Watercolour Painting Improvers	Monday

Fitness & Health

Fitness for Mature Movers (Cottenham)	Wednesday
Fitness for Mature Movers (Waterbeach)	Monday
Pilates at Rampton Village Hall	Monday
Pilates	Tuesday
T'ai Chi	Tuesday
Yoga	Monday & Tuesday

Dance & Music

Adult Ballet Beginners	Monday & Wednesday
Adult Ballet Improvers Cottenham	Wednesday
Community Centre & CVC	and Thursday
Acoustic Guitar for Beginners	Monday
Music & Sound Recording	Tuesday
Adult Tap Dancing Intermed/Improvers	Wednesday
Ballroom Dancing	Monday

Languages

French Conversation	Thursday (Daytime)
French for Beginners	Tuesday
Just Talk French (Improvers)	Wednesday
Spanish Conversation (Improvers)	Monday

General

Art History	Monday
Earth to the Edge of the Universe	Tuesday
Cupcake Toppers	Wednesday
Drama for Beginners	Tuesday
Creative Writing	Monday
Hair Styling with heated equipment	Tuesday

ADULT CLASSES AT COTTENHAM VILLAGE COLLEGE

The prices quoted are for Adults (F) = Full Rate and

(R) = Reduced Rate for those on a means tested Benefit or Pension Credit

PLEASE NOTE: ALL FEES MUST BE PAID BEFORE THE START OF THE COURSE.

Payment can be made by cash, cheque, debit or credit card

(please note that for credit card payments there is charge of £2.50)

DATES FOR SPRING 2016

Monday 11th January.....Classes start
 Monday 15th – Friday 19th February..... Half-Term Break – no classes

NOTE: Please check the dates of your class, as some may run outside of the above dates – no classes on Bank Holidays

MONDAY

Acoustic Guitar for Beginners – 8 weeks
 7.00-8.30pm Fee: £54(F)/£40(R) starts 25th January

An introduction to learning to play the guitar and provide you with basic theory and technical knowledge to continue independently after the

course. Throughout the course students will learn basic chords in first position, strumming and how to read Tab guitar music, later applying this to popular songs. So bring your guitar along to start playing! Ideal for complete beginners.

Adult Ballet for Beginners - 10 weeks 7.30-8.30pm Fee: £50(F)/£40(R) – starts 11th January (held in our Dance Studio)

For those who attended ballet classes as children or complete beginners. Designed to teach style, co-ordination, terminology and the steps that are the building blocks for ballet. A great dance class for having fun while developing tone and strength throughout the body.

Adult Tap Dancing for Beginners – 10 weeks 6.30-7.30pm Fee: £50(F)/£40(R) starts 11th January (held in our Dance Studio)

Designed to teach rhythm, co-ordination, terminology and the steps that are the building blocks for all tap dancing, a great dance class for having fun while developing tone and strength in the legs and hips.

Art History: The Birth of Modern Art: Expressionism to Surrealism -10 weeks 7.15-9.15pm Fee: £90(F)/£68(R) starts 11th January

Aimed at anyone who would like to know more about European painting 1905–1940. A basic introduction to selected art movements during this period starting with the influences upon the Expressionist Movement, how it affected European countries, focusing upon painting, architecture and the applied arts.

Ballroom Dancing Intermediate - 10 weeks 7.15-8.15pm Fee: £50(F)/£40(R) starts 11th January

For those who have already attended a Beginners' class or have at least 20-30 hours of previous lessons and want to improve their skills and increase their knowledge of dance routines.

Ballroom Dancing Advanced -10 weeks 8.15-9.15pm Fee: £50(F)/£40(R) starts 11th January

For those who have already attended an Intermediate class or have at least 60 hours of previous lessons. Learn more complex steps and routines to further enhance your dance experience.

Candle Making (an Introduction) – 4 weeks 7.00-9.00pm Fee: £36(F)/£27(R) + candle kit £20 starts 29th February

Learn how to make your own Wax Tarts, Melts, Tea Lights, Votives, and Floating Candles at home

and ways to adapt and present your candles to give a different appearance. The candle kit will be available to purchase from the tutor on the first night and contains all you need, including paraffin wax.

Creative Writing NEW – 5 weeks 7.30-9.00pm Fee: £34(F)/£26(R) starts 22nd February

Aimed at anyone who enjoys writing and would like to develop and share their writing with others. No experience is necessary but an enjoyment of writing and using your imagination are important! Perhaps you have a great idea for a novel but aren't sure how to get started. Or maybe you enjoy jotting down ideas for poems on the back of old receipts. Whatever your level or interest, this course will give you the inspiration to get writing and provide you with a creative environment as a springboard for your ideas.

Dressmaking – 10 weeks 12.30-2.30pm Fee: £90(F)/£68(R) starts 11th January

Learners will be guided through the purchase of fabrics and patterns. They will learn how to make basic pattern alterations, cut out, assemble and fit their garments. As well as this they will be taught basic dressmaking techniques and make samples to practice their skills. Plenty of help with using a sewing machine if required. Suitable for beginners and more advanced learners.

Start Dressmaking – 4 weeks 7.00-9.00pm Fee: £36(F)/£27(R) starts 29th February

Would you like to be able to make your own clothes or clothes for your children? Then come and learn how to use your sewing machine, follow a pattern and cut out fabric. Using modern sewing techniques make clothes that not only fit but you will be proud of. This course is designed for those who can do straight and zigzag stitching. Materials extra.

Entry Pilates (Beginners) – 10 weeks 1.45-2.45pm Fee: £50 - RAMPTON VILLAGE HALL starts 11th January

Learn better techniques to move and increase body awareness using the easier options of the exercises this session is suitable for those new to Pilates, recovering from an injury and those who are not interested in taking the movements to the next level of complexity.

Fitness for Mature Movers – 5 weeks
10.00-11.00am Fee: £20 TILLAGE HALL,
WATERBEACH starts 11th January
Join us to gently stretch and tone in a friendly
class. All movements to your own ability and will
improve your balance and agility. All welcome -
you really are never too old to start toning those
muscles!

Silversmithing Intermediate – 10 weeks
7.00-9.00pm £90(F)/£68(R) (plus £20 for
materials – copper) starts 11th January
Aimed at learners with previous knowledge
of Silversmithing who are looking to explore
more advanced techniques used to make
cutlery, bangles and curtain ends etc. You will
predominantly work in copper which has similar
properties to silver at a fraction of the cost.

Spanish Conversation for Improvers NEW
– 10 weeks 7.00-8.30pm Fee: £68(F)/£51(R)
starts 11th January
Spanish is one of the easiest languages to learn.
The emphasis of this NEW course is on speaking
and understanding what is being said. It is for

those who already have some knowledge of
Spanish but want to practice the spoken word,
increase vocabulary and communicate effectively,
so increasing confidence and fluency.

Watercolour Painting for Improvers - 10
weeks 10.00am-12noon Fee: £90(F)/£68(R)
starts 11th January
Aimed at those with some experience of
Watercolour. There is little to compare with the
beauty of transparent colour washes. The course
will have a definite bias towards traditional
landscape painting. Lots of new colour mixes,
tips and 'tricks of the trade' for you to learn and
enjoy. Students to provide own materials.

Yoga for Beginners - 10 weeks 6.30-8.00pm
Fee: £68(F)/£51(R) starts 11th January
Suitable for all ages and abilities. Learners with
some experience who want to 'go back to basics'
are welcome. The course aims to increase your
flexibility whilst teaching you how to work with
your breath and how to relax. This course is
not suitable for ladies in the first three months of
pregnancy

WEA Willingham Baptist Church Hall, George Street, Willingham

Subject:	900 Years of British Agriculture	Tutor:	Mike Muncaster
Start date:	11th January 2016	Time:	10am
Contact:	Rosemary Mumford 01954 260934	Fee :	£48

This traces the development of British agriculture since the Norman Conquest, examines the technological changes, the impact on the people and the way in which it has helped to create our landscape.

TUESDAY

Advanced Textiles Workshop – 5 weeks
(term 2 of 3) starts 19th January, Tuesdays
fortnightly 10.00am-3.30pm Fee:
£120(F)/£90(R) Materials costs are extra
For those who wish to further their skills and
experience in the field of creative embroidery.
Students to have completed C&G 7822/7922
Embroidery or similar and have a firm
commitment to the course and an ability to work
on own initiative. Design will be the catalyst of
all learning with embroidery/machine embroidery
and mixed media techniques. All applicants to

go through a selection process - please ring the
tutor Pauline Verrinder on 01954 260358 before
applying.

Designer Textiles Workshop – 5 weeks
(term 2 of 3) starts 12th January, Tuesdays
fortnightly 10.00am-3.30pm Fee:
£120(F)/£90(R) Materials costs are extra
Aimed at embroiderers with a high level of
experience in the field of creative embroidery.
Extend and develop existing skills and experience
through individual experimentation and discovery

led by design. Students to have completed C&G 7922/7923 Embroidery or similar. All applicants to go through a selection process – please ring the tutor Pauline Verrinder on 01954 260358 before applying.

Drama for Beginners NEW 10 weeks
7.30-9.00pm Fee: £68(F)/£51(R) starts 12th January

Suitable for anyone with an interest in the performing arts. Whether you are a member of an amateur dramatics group, haven't been on stage since your primary school's production of Oliver!, or even if you have never performed in front of others, this practical workshop in a friendly environment will support you to try new skills, meet new people and learn some of the basics of acting. Develop techniques in voice control, positioning on stage, gesture, script work and improvisation.

Earth to the edge of the Universe – 8 weeks 7.00-9.00pm Fee: £72(F)/£54(R) starts 26th January

Assuming no prior knowledge, as celestial travellers we'll obtain a step-by-step overview of our Universe through modern astronomy with a grand tour of the Solar System, galaxy and beyond. Starting outwards from our favourite star, passing the asteroids and planets of our small corner of the Universe and into the wider stellar neighbourhood. Finally, taking a peak behind the curtain of the Cosmic Microwave Background to wonder at how it all began in the cosmic fireball of the Big Bang, the origin of all that we know.

French for Beginners (Term 2 of 3) – 10 weeks 7.00-9.00pm Fee: £90(F)/£68(R) starts 12th January

If you have had some previous contact with the French language, then this course is for you. You will develop an appreciation of the French language and culture and eventually be able to communicate in many everyday situations.

Hair styling with heated equipment – 1 session 7.00-9.00pm £10 – Tuesday 19th January

An opportunity to develop different techniques when using heated styling equipment. The session will focus on using straighteners for curling,

heated rollers to produce soft, open curls and using a wand for tighter curling. All equipment will be provided.

Music & Sound Recording Techniques – 8 weeks 7.00-9.00pm Fee: £75 starts 26th January

If you have always wanted to record your compositions, help out with live sound or try the field of music technology then this course is perfect for you! Use industry standard equipment to record, mix and master sound for a variety of purposes. No previous knowledge of music is necessary.

Pilates - Entry Pilates (Beginners) – 10 weeks 6.30-7.30pm Fee: £50(F)/£40(R) starts 12th January

Learners can expect to learn better techniques to move and increase body awareness using the easier options of the exercises. This makes this session suitable for those new to Pilates, recovering from an injury and those who are not interested in taking the movements to the next level of complexity.

Pilates Explore (Improvers) - 10 weeks 7.30-8.30pm Fee: £50(F)/£40(R) starts 12th January

Learners can expect to learn better techniques to move and increase body awareness. These sessions also incorporate the more challenging options of the exercise for those interested in taking the movements to the next level of complexity.

Silversmithing Advanced – 10 weeks 7.00-9.00pm £90(F)/£68(R) starts 12th January

Aimed at learners with previous experience of Silversmithing who are looking to explore more advanced techniques, develop their design skills and explore their own aesthetic style. Learners may source their own silver with advice from the Tutor.

T'ai Chi for Beginners - 10 weeks 7.00-8.00pm Fee: £45(F)/£34(R) starts 12th January

T'ai Chi Chuan is a meditative form of exercise involving flowing sequences of movement. Regular practice can help to develop calmness and relaxation, physical fitness, mental clarity and a sense of well-being.

T'ai Chi for Improvers – 10 weeks 8.00-9.15pm Fee: £56(F)/£42(R) starts 12th January
Suitable for those with at least one year's experience.

Yoga for Improvers - 10 weeks 7.30-9.00pm Fee: £68(F)/£51(R) starts 12th January
Suitable for those with at least one year's experience (gained over the last few years). The course aims to increase your flexibility improve your asana practice and develop your understanding of the philosophy of yoga. Not suitable for ladies in the first three months of pregnancy.

WEA Cottenham British Legion Hall, 121 High Street, Cottenham CB24 8SD

Subject:	Who were the Romantics? We will explore the writing, art, attitudes & ideas of the so-called "Romantics" and their times, and examine how they are still influencing us in the 21st Century.	Tutor: Lindsay Fursland
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Start date:	Tuesday 12th January 2016	Time: 10am (1½ hours per week)
No. Sessions:	10	Course fee: £48 for 10 sessions
Contact:	Liz Milway Tel: 01954 250039	

WEDNESDAY

Adult Ballet Beginners – 10 weeks 10.00-11.00am Cottenham Community Centre
Fee: £50 starts 13th January
For those who attended ballet classes as children or are complete beginners, this class is designed to teach style, co-ordination, terminology and the steps that are the building blocks for ballet. Sessions consist of a warm-up, technique exercises & combinations. A great dance class for having fun while developing tone and strength throughout the body.

Adult Tap Dancing Improvers - 10 weeks 7.00-8.00pm Fee: £50 starts 13th January
For those who have previously completed Adult Beginners Tap (Levels 1-3), or who have previous experience of Tap to Grade 3. This class is designed to teach rhythm, co-ordination and to refine technique. Bring a little Fred Astaire to your Wednesday evenings!

Adult Tap Dancing Intermediate – 10 weeks 8.00-9.00pm Fee: £50 starts 13th January
For those who have previously completed Adult Improvers Tap (Levels 1-3), or who have previous experience of Tap to Grade 6. This class is designed to develop higher levels of rhythm,

co-ordination and technique. Bring a little Ginger Rogers to your Wednesday evenings!

Art for Pleasure – 10 weeks 7.00-9.00pm
Fee: £90(F)/£68(R) starts 13th January
Full details available on our website.

Carpentry, Learn Design & Make - 10 weeks 7.00-9.00pm Fee: £90(F)/£68(R) starts 13th January
A light, informative and enjoyable course enabling progression from idea to conclusion. We offer a top quality, extensively equipped carpentry workshop where you can design and make a woodwork project of your choice. Suitable for the complete beginner or the expert. Bring your own woodwork materials.

Creative with Clay – Ceramics/Pottery – 10 weeks 7.00-9.00pm Fee: £95 + £15 materials starts 13th January
Explore, create and express your ideas in the versatile medium of clay. Practise a range of techniques including hand building, throwing, decoration and glaze effects using a variety of stoneware clays, slips and glazes. Suitable for beginners or those with experience.

Cupcake Sugarpaste Toppers: Get Ready for Mothers' Day – 1 evening 7.00-9.00pm
 Fee: £10 plus sugarpaste – 10th February
 Get ahead this year by creating some sugarpaste cupcake toppers ready to put on some freshly baked cupcakes for a Mothers Day teatime treat or to present as a gift. During this evening session we will make a variety of sugarpaste decorations suitable for decorating Mothers Day cupcakes or a celebration cake ready for Mothers Day on 6th March. Sugarpaste ingredients extra on the night.

Cupcake Sugarpaste Toppers: Get Ready for Easter – 1 evening 7.00-9.00pm
 Fee: £10 plus sugarpaste – 2nd March
 Get ahead by creating some sugarpaste cupcake toppers ready to put on some freshly baked cupcakes for an Easter teatime treat or to present as a gift. During this evening session we will make a variety of sugarpaste decorations suitable for decorating Easter cupcakes or a celebration cake. Sugarpaste ingredients extra on the night.

Dyeing to Felt – 5 weeks 9.30am-12.30pm
 Fee: £75(F)/£56(R) plus materials starts 24th February
 Learn to dye your own merino fleece, silks and cottons. Combine these to make stunning nuno felt. Learners will be encouraged to develop their own designs, explore texture and colour combinations to make beautiful one off dyes and felted items. Beginners are welcome. Materials extra.

Fitness for Mature Movers - 5 weeks 1.30-2.30pm
 Fee: £20 starts 13th January
 Join us to gently stretch and tone in a friendly class. All movements to your own ability and will improve your balance and agility. All welcome - you really are never too old to start toning those muscles!

Free Machine Embroidery for Beginners (Daytime) – 5 weeks 9.30am – 12.30pm
 Fee : £75(F)/£56(R) starts 27th April
 Explore the possibilities of using your sewing machine in a more creative way by learning how to accomplish the skill of free machine embroidery. This five week course will take you from the basics through to more advanced techniques. It is essential that you use your own sewing machine and that it is in good working order. Ring the tutor Pauline Verrinder on 01954 260358 if you have any queries. Material costs are extra.

Get Hooked on Crochet NEW – 4 weeks 9.30am-12.30pm
 Fee: £54(F)/£40(R) starts 20th January
 Discover your passion for Crochet starting with basic stitches, pattern reading & a mini project. Once you have mastered your hook you will have the opportunity to make a Hook Case, learn edging and then move onto embellishments, creating beautiful floral offerings as well as bows. We will then move onto a traditional Afghan blanket in a style of your choice. Materials extra.

Just Talk French (Improvers) – (Term 2 of 3) – 10 weeks 7.00-9.00pm
 Fee: £90(F)/£68(R) starts 13th January
 For learners with at least one year's knowledge/experience of French. If you know the basics such as buying food, booking a hotel room, travelling by public transport and you would like to go on developing your skills further, then this course is for you. New students welcome.

Silversmithing Basic - 10 weeks 7.00-9.00pm
 Fee: £90(F)/£68(R) (plus £20 for materials - copper not silver) starts 13th January
 Suitable for beginners or people with some previous experience with the material. Students will work in copper initially which has similar properties to silver at a fraction of the cost and be taught how to solder, pierce, form and finish metal.

THURSDAY

Adult Ballet Improvers Level 2 – 10 weeks
10.00–11.00am Cottenham Community
Centre Fee: £50 starts 14th January

For those who attended ballet classes as children or adults, this class is designed to refresh your technique and style and knowledge of the steps that are the building blocks for ballet. Each session will consist of set barre and centre exercises that will lead on to learning choreography to a variety of music. A great dance class for having fun while developing tone and strength throughout the body.

French Conversation - Intermediate -10 weeks 9.30-11.30am Fee: £90(F)/£68(R) starts 14th January
Course currently full, please contact us for waiting list.

Upholstery - 10 weeks 10.00am-3.30pm
Fee: £230(F)/£172(R) starts 14th January
Course currently full, please contact us for waiting list.

FRIDAY

Upholstery (Daytime) - 10 weeks
10.00am-3.30pm Fee: £230(F)/£172(R)
starts 8th January
Course currently full, please contact us for waiting list.

SATURDAY DAY SCHOOLS COTTENHAM VILLAGE COLLEGE

Time: 10am – 4pm (unless otherwise stated)

Cost: £30(f)/£23(r)* unless otherwise stated (*applicable to those in receipt of means tested benefit, see Booking Form)

Please note all students will need to bring a packed lunch for whole day courses.
Materials are extra where stated.

SATURDAY 30TH JANUARY 2016

Curtain Making for Beginners – Cindy Mason

This one day course is suitable for beginners and those with some sewing knowledge. During the day you will learn how to measure the window, work out pattern repeats and estimate fabric quantities, as well as how to pattern match two widths of fabric at the seam. Materials are extra.

Felting a Bag – Ricki Outis

We will be starting with fleece and building up layers to make an amazing felted bag without any seams. Learn the basics of wet felting and use of resist shapes. Guidance will be given on design so that you create your own template and

your bag will be totally unique. Suitable both for beginners and those wanting to develop their felt making skills. Materials are extra.

Get to know your iPad (10am-12noon) – Denis Pemberton Fee: £10

This course is focused towards learners that have had little or no experience using an iPad. Come along with your iPad for a short session to get to grips with some basics.

Mexican Cooking – Luis Cossio

A trip around Mexican cookery – explore the range of flavours, colours, textures and variety of dishes which can be prepared with authentic

Mexican recipes. The morning will be spent with the tutor demonstrating dishes then after lunch it will be your turn to cook some of the dishes from the list supplied on enrolment. Ingredients are extra.

Patchwork Day – Scrap Lattice Quilt – Mary McIntosh

Make a 45" square lap quilt using 5" squares of fabrics and a metre of plain fabric. Suitable for beginners or those with some quilting experience. Materials extra.

SATURDAY 27TH FEBRUARY 2016

Advanced Curtain Making – Cindy Mason
Suitable for those with some sewing experience you will make a sample curtain and this will give you the confidence to go on and make quality handmade curtains. You will learn how to measure for long and short curtains, calculate fullness, returns and overlaps and we will work with a small sample of patterned fabric matched at the seam. Materials are extra.

Cooking Adventurous Vegetarian Dishes – Kevin Hodgson

An informal day to enjoy yourself whilst at the same time learning new Vegetarian dishes and producing some tasty dishes by the end of the day. The morning will be spent with the tutor demonstrating dishes then after lunch it will be your turn to cook some of the dishes from the list supplied on enrolment. Ingredients are extra.

Creative Fabric Colouration – Pauline Verrinder

We will experiment with quick and simple ways to colour small amounts of fabric. Some of the techniques covered will include fabric dyeing in a jar, direct dyeing, crystal printing, simple shibori and painted Bondaweb. All basic methods being extended where possible. Ideally suited to beginners and those who want to extend their repertoire or be reminded of techniques and how to develop them. Materials extra.

First Aid for Childcarers (two day course)

Day 1 – Colin Fordham Fee: £75

This course is over 2 Saturdays and covers Emergency First aid for those caring for babies and young children. Theoretical and practical

Tasty Pastry – Wendy Leaney

A day making three types of pastry and using a fourth pre-prepared: shortcrust, wholemeal sesame seed, quick sweet cheese and filo. We will then create four recipes with the pastries which are suitable for casual entertaining or can be made into family meals, two savoury and two sweet. Suitable for beginners. Ingredients extra.

training will be given in resuscitation, control of bleeding and care for the unconscious. The course is Ofsted approved and a Certificate will be provided upon successful completion of the course (day 2 is 19th March)

Learn to Love Your Overlocker! – Pamela Tasker

For everyone who has an Overlocker but is unsure how to use it, finds threading it a nightmare and can never get the tensions right. All will be made easy so that you can set up your Overlocker correctly and give your work a highly professional finish. You will have an opportunity to use your Overlocker to make simple projects. Requirements list will be sent on enrolment.

Lino Printing – Clive Riggs - £35/£28

(includes materials)

Suitable for beginners or those with some experience in Lino Printing. An in-depth exploration of a range of techniques both for multiples prints or one off's. You will have the opportunity to print by hand or with a press, producing both colour and black and white.

Willow Weaving Large Flat Tray – Sue Kirk

This basket looks beautiful full of bread, cheese or fruit on the kitchen table. It looks equally as good hanging on the wall. The base measures 12" across and the sides are just 2" high. We will be using a variety of coloured willows grown in King's Cliffe which give the base a decorative effect. This class is suitable for beginners and improvers. Advanced students can add rope handles to the sides of the basket. Materials extra.

SATURDAY 19TH MARCH 2016

First Aid for Childcarers Day 2 – Colin Fordham

Make a Sample Roman Blind – Cindy Mason

Learn how to make a sample Roman Blind the professional way with lining, interlining and no stitching showing on the front. During this one day course you will learn how to measure the window, estimate fabric quantities and calculate the folds in your blind by constructing a fully working sample using lining, interlining, rods, rings and aluminium bar. Materials extra.

Papermaking with Textiles – Jonathan Korejko

This course is designed for people who love textiles and want to expand into new areas. You will learn how cotton, denim, hessian, wool and silk can be recycled to make paper in A5 formats. The rag based pulps that we will be working with are very strong and resilient. The papers that you produce will be suitable for hand and machine embroidery, as well as for sewing and construction projects at home. Materials extra.

Luxury Chocolate Cake – Wendy Leaney
During the morning we will create some delicious chocolate ganache and a moist chocolate cake. In the afternoon we will decorate our cakes and add some finishing touches by creating some handmade sugarpaste decorations or decorate them with fresh fruit or flowers. Suitable for beginners or those with a little baking experience who would like to develop their skills. Ingredients extra.

T'ai Chi Moving into Spring – Alison Warlow 10am-1pm Fee: £15

For students with some knowledge of T'ai Chi it will give students the opportunity to take their practice a little deeper. We will work with Chi Kung exercises, standing practice and the 24 Step form.

Willow Weaving a Garden Structure – Sue Kirk

Spend the day making a variety of natural willow structures to complement your garden. The structures can add height to your borders, enrich space and add light and warmth to outdoor spaces. Choose to make plant climbers (there are three designs to choose from), lanterns or dragonflies. You can expect to take home at least 3 items. This class is suitable for beginners and improvers. Materials are extra.

SATURDAY 14TH MAY 2016

Cooking Breads from around the World – Kevin Hodgson

Emergency First Aid at Work £60 – Colin Fordham

Lino Printing £35/£28 (materials included) – Clive Riggs

Patchwork Day – Mary McIntosh

Screen Printing – Ricki Outis

Twisted Vessels – Pauline Verrinder

Watercolour, Pen & Wash – David Hyde

SATURDAY 11TH JUNE 2016

Mosaic Workshop – Terry Baker

Willow Weaving a Frame Basket – Sue Kirk

Felt Making Vessels – Lisa Fretwell

Introduction to Candlemaking – Loraine Hobbs

BALLET POINTES

Our Ballet and Contemporary Dance classes are as popular as ever. This is for good reason – all our Tutors are highly qualified, professionally very experienced and we offer more than just teaching the steps. We offer students opportunities to progress through their ballet exams, to join in with shows and events as well as training them in theatrical techniques and more.

We offer Ballet classes for preschool up to age 16+ on Wednesday afternoons (see under 'Activities for Children') and there is still some space to join – contact April Martin or the College. Or join April's Contemporary Dance classes on Saturday mornings for something different and exciting, contact April Martin below.

BALLET Exams - All the dance students who took their ballet tests in October passed and many of the seniors gained Distinctions, well done to everyone.

DANCE - Our next big event is Energise, a dance showcase at Swavesey Venue on 6th February, dancers from our contemporary group SCAMBS are involved in both shows and tickets will be

on sale at Swavesey Venue from 1st December. Energise is now in it's 6th year and has grown a lot from the first one -which was just one show - to what it is now my original idea, that it would be good for groups and schools to share their work with others and get to perform in a "proper" theatrical setting has developed into a great event that is enjoyed by all and fulfils exactly what I visualised.

Then in MAY we have the ballet students' annual performance, again at Swavesey, and this year we will be performing Glazunov's ballet "The Seasons" and "Elite Syncopations" so book it in your 2016 diary. Ticket details nearer the time.

We are always happy to welcome new dancers to our classes and if you have any questions then contact April Martin - tutusrus@ntlworld.com

April Martin

Ballet Tutor

tutusrus@ntlworld.com

Danielle Swann

Assistant Ballet Tutor

Cottenham Village College

community@cvcweb.net

View website for full information

www.abmschoolofdance.co.uk

BALLET FOR CHILDREN AND YOUNG PEOPLE

Tutor - April Martin (Associate ARBTA & Member BDQT), any enquiries telephone 01954 200533

E-mail a.r.martin@ntlworld.com or tutusrus@ntlworld.com

Ballet - Cottenham Village College – Wednesdays: 11 week term – Starts Wednesday 6th January 2016

		Time	1 Term	2 Terms
Cj51	Pre-school & Reception	4.00-4.30pm	£33.00	£63.00
Cj52	School Years 1 & 2 (plus older Reception)	4.30-5.00pm	£33.00	£63.00
Cj53	School Years 3, 4, 5, 6	5.00-5.45pm	£50.00	£95.00
Cj54	School Years 6, 7, 8, 9 and above	5.45-6.45pm	£66.00	£125.00

Children will need to be confident enough to stay without their parent/carer. Please note fees are not refundable for absence from a class that is continuing to meet.

ENROLLING IN THE CLASSES

You may enrol in any of the adult or junior classes by using the booking form in this brochure or over the phone with a debit/credit card. If paying by credit card there is a fee of £2.50 per transaction (no charge for debit card payments). Bring or send your booking form to the College and make cheques payable to 'COTTENHAM VILLAGE COLLEGE' for both adult and junior classes. You can also print off a copy of the booking form from our website <http://community.cvcweb.net>

ADULT LEARNING CLASSES:

Enrolling in person: the office will be open weekdays 9.00am to 2.30pm and Monday–Wednesday evenings from 6.30pm to 8.30pm.
Enrolling by phone: call us on 01954 288751
Enrolling by email: community@cvcweb.net with full details of the course, your name, address and telephone number.
Enrolling by post: enclose a stamped addressed envelope if you would like your receipt posted back to you.

SPORTS CENTRE CLASSES: visit the Sports Centre Reception from 5pm daily and from 9am at weekends or call 01954 288760.

COURSE FEES: must be paid in full at enrolment.

MATERIALS CHARGES: such as text books, ingredients for cookery classes, fabrics etc. - are NOT included in the cost.

CONCESSIONS: are available, but evidence of entitlement is required at enrolment or before (see Booking Form).

CLOSURE OF CLASSES - REFUNDS OF FEES

A full refund will be given when a class is closed due to small numbers. Please note, fees are not refundable for absence from a class that is continuing to meet.

INSURANCE AND LOSSES

Cottenham Village College cannot accept responsibility for accidents to members of clubs and classes other than those covered by the College's Public Liability Insurance, nor for loss of personal property left on the premises or in a car, nor for damage to cars and bicycles - parking is at your own risk.

EQUALITIES STATEMENT

Cambridgeshire County Council operates an Equality of Opportunity Policy. We will ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all can access activities. If you have any specific needs which might affect your learning you are entitled to a confidential interview where we can look at the support that you require. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect.

COMMUNITY FACILITIES AT COTTENHAM VILLAGE COLLEGE

Support for people with special needs

If you would like to attend a class but feel that you may need support to enable your participation, please contact the Adult Learning office on 01954 288751.

Transport Difficulties

If you would like to attend a class but have no transport please contact us on 01954 288751. We may be able to put you in touch with someone who can give you a lift.

Learning Partners

If you are interested in being a learning partner in a class of your choice (you do not pay fees) to enable you to offer help to someone requiring support, please get in touch with us – Tel: 01954 288747.

ARE YOU ELIGIBLE FOR REDUCED FEES?

THE FOLLOWING GROUPS MAY CLAIM THE REDUCED RATE FOR LEISURE COURSES

Working Family Tax Credit

Job Seeker's Allowance

Income Based Benefit

If you receive the 'Guaranteed Credit' element of Pension Credit*

Unwaged Dependent of above

Students Aged 16 – 18

Please note that proof of above will be required otherwise full fee will be due.

*Learners in receipt of Guaranteed Credit (on its own or with savings credit) may be eligible for fee reduction and will be asked to produce the award notice.

Cottenham Sports Centre boasts an array of quality sports facilities; open to the public
5pm-10pm Mon – Fri and 9am-5pm at weekends. Tel : 01954 288760 or visit cottenhamsportscentre.co.uk

- Air conditioned modern fitness suite
- A dance / aerobics studio, with wood sprung floor
- A floodlight artificial turf pitch
- Multi use sports hall (3 badminton courts)
- Gymnasium (smaller hall suitable for martial arts, etc)
- Four floodlight tennis / netball courts
- Outdoor cricket nets
- Modern changing rooms, with showers and lockers

These excellent facilities are available to clubs, groups and individuals to hire on either a block booking or casual basis.

We run a number of term time sports courses for adults and children. These courses must be booked



in advance. The prices quoted are for Adults (F) = Full Rate and (R) = Reduced Rate for those on a means tested Benefit (Working Family Tax Credit, Job Seeker's Allowance, Income Based Benefit, State Pension Age or Full Time Students aged 16-18.

ACTIVITIES FOR CHILDREN & YOUNG PEOPLE

MONDAY

Badminton - 10 Weeks – starting 11th January

Badminton Juniors 5:30 - 6:30pm Fee: £38

WEDNESDAY

Gymnastics for ages 5-7 years 10 weeks – starting 13th January - Pay Tutor direct

Age 5 – 7 years 4:00 – 5:00pm

Age 8 – 10 years 5:00 – 6:00pm

Age 11 years + 6:00 – 7:00pm

Roller Skating starting 13th January (pay per session) Term Time
5:00 – 6:00pm £3 per session Skate Hire +£1

FRIDAY

Roller Skating starting 15th January (pay per session) Term Time

Roller Skating 5:00 – 6:30pm £3 per session Skate Hire +£1

Skating Practice 6:30 – 7:30pm £3 per session

All termly classes have a half term break 15-19 Feb 2016 - All fees must be paid at the start of the course/class

ACTIVITY TIMETABLE Spring 2016



Zone	DANCE STUDIO	FITNESS SUITE	SPORTS HALL	COURTS	GYMNASIUM
Monday	5.30-6.30pm Irish Dancing Club 6.30-7.30pm Adult Tap 7.30-8.30pm Adult Ballet	5-9.30pm General	5-10pm Badminton Classes (All abilities)	5-9pm Tennis General Use	7-8pm This Girl Can 20/20/20 class**
Tuesday	6.30-8.30 Line Dancing	3:30-5:30pm GP Referral 5:30-9.30pm General	6.30-8.00pm Cottenham Roller Hockey	6-9pm Cottenham Netball Club	6-7pm Badminton (club) 7-9pm Circuits (Dave Silk)
Wednesday	7.00-9.00pm Adult Tap	5-9.30pm General	5-6pm Roller Skating (Juniors) 6-7pm Norwich City Juniors 7-8pm Milton Colts Juniors	7.30 - 9.30 Cottenham Tennis Club	4-5pm Gymnastics Age 5-7 5-6pm Gymnastics Age 8-10 6-7pm Gymnastics Age 11+ 7.30-9pm Seni Ky Ryu
Thursday		3:30-5:30pm GP Referral 5:30-9.30pm General	6-7pm Cottenham Colts 7-8pm Milton Colt Juniors 8-10pm Cottenham Badminton Club	5-9pm Tennis General Use	6-8pm Karate Club
Friday		5-9.30pm General	5-6.30pm Skating (Jnrs) 6.30-7.30pm Skating Practice 7.30 - 9.30pm Rollerbillies	5-9pm Tennis General Use	6-8pm Tae Kwon Do
Saturday	10am-1pm 4th Dimension Dance	9am-5pm General	Childrens Party Bookings Available	9-5pm Tennis General Use	9.30-12pm Fen Edge Dance 12.30-5pm Tae Kwon Do
Sunday		9am-5pm General	Childrens Party Bookings Available	9-5pm Tennis General Use	Closed

Sports Centre Classes - All other activities are outside clubs

GYM MEMBERSHIPS - include induction program and the support of a qualified fitness instructor

OPENING TIMES - Weekdays 5pm - 10pm Weekends 9am - 5pm

FITNESS SUITE - Mon, Weds, Fri 5-10pm Tues, Thurs 5.30-10pm Sat, Sun 9am-5pm



High Street, Cottenham, CB24 8UA

For Bookings or more information

Tel: 01954 288760

Or visit cottenhamsportscentre.co.uk



ADULT SPORTS CENTRE COURSES

We run a number of term time sports courses for adults and children.

These courses must be booked in advance.

The prices quoted are for Adults (F) = Full Rate and (R) = Reduced Rate for those on a means tested Benefit (Working Family Tax Credit, Job Seeker's Allowance, Income Based Benefit, State Pension Age or Full Time Students age 16-18.

PLEASE NOTE: ALL FEES MUST BE PAID BEFORE THE START OF THE COURSE

To book a Sports Centre course please contact 01954 288760 from 5pm

MONDAY

Badminton 10 weeks starting 11th January Term time

Beginners	6.30-7.30pm	£44(F)/£38(R)
Intermediate	7.30-8.45pm	£55(F)/£47(R)
Advanced	8.45-10pm	£55(F)/£47(R)

Fitness in Gymnasium (Pay per session £5 or £4.50 concession)

This Girl Can 20/20/20 7pm-8pm (ladies fitness and toning)

TUESDAY

Circuit Training (Dave Silk) Pay per session
7pm-9pm

TO BOOK A SPORTS
CENTRE COURSE/CLASS
CALL DIRECT ON 01954
288760 BETWEEN THE
TIMES OF 5pm-10pm
MONDAY TO FRIDAY
OR 9am-5pm WEEKENDS

GP REFERRAL CLASSES – SOUTH CAMBRIDGESHIRE ACTIVE & HEALTHY 4 LIFE

Patients are referred by a Health Practitioner to improve their health through an individually tailored fitness programme over a 12 week course. Conditions that benefit from exercise include obesity, arthritis, high blood pressure and cholesterol, diabetes and depression.

How do I join?

If you think this scheme is for you please discuss it with your GP or Health Practitioner and they can complete a referral form for you.

Tuesdays

F4H Class (Y) 3:30 - 4:30pm and 4:30 -5:30pm £72 (Twice a week, 24 sessions)

Thursdays

F4H Class (Y) 3:30 - 4:30pm and 4:30 - 5:30pm £72 (Twice a week, 24 sessions)

Plus assessments which cost £8 each and are undertaken at the beginning and end of the scheme. The Active and Healthy 4 Life scheme prices have been subsidised by South Cambridgeshire District Council and Cambridgeshire NHS.

CONTACT: Cottenham Sports Centre Tel. 01954 288760
or www.cvcweb.net



ADULT LEARNING BOOKING FORM

TITLE	FORENAME	SURNAME	
ADDRESS			
POSTCODE			
D.O.B:			
TEL:			
MOBILE:			
EMAIL:			
	COURSE NAME	COURSE FEE £	RECEIPT No.
1.			
2.			
3.			

ARE YOU ELIGIBLE FOR REDUCED FEES?

THE FOLLOWING GROUPS MAY CLAIM THE REDUCED RATE FOR LEISURE COURSES

- Working Family Tax Credit
- Job Seeker's Allowance
- Income Based Benefit
- If you receive the 'Guaranteed Credit' element of Pension Credit*
- Unwaged Dependent of above
- Students Aged 16 – 18

Please note that proof of above will be required otherwise full fee will be due.
*Learners in receipt of Guaranteed Credit (on its own or with savings credit) may be eligible for fee reduction and will be asked to produce the award notice.



MONEY MATTERS

BEING SAFE ONLINE

Mr S used his debit card online and a month later discovered that the card details had been used by another company to take an amount of money from his account. He went back to Company A to find out how this had happened, and cancelled the action of Company B. He complained to the Financial Ombudsman and learnt, to his amazement, that if passing on the details to another company were part of the terms of agreement then the action was legal.

Lesson: make certain you read the terms of agreement before ticking the box to say you have. Not all terms of agreement are the same. Be careful about boxes as the message can differ: tick if you agree to us passing on details, tick if you do not wish us to pass on details.

Mrs W responded to a pop-up offer which appealed to her vanity: two packs of different face treatments not available in stores, for £3.99 each. She paid by debit card. Three weeks later her bank contacted her to ask if she had authorised two companies to take £3.99 and £99 each from her account. The bank had been alerted because the demands came from abroad. The woman from the bank's fraud department asked if she had done the transaction online and whether she had read the small print. Included in this was a message, that if the goods are not returned unused within 14 days you will pay a monthly fee for the products. The fraud department contacted the companies and cancelled the commitment. But those face-saving creams had been very pricey indeed.

Lessons: do not take up an offer without reading all the information about it; make sure that a 'free' or 'cheap' trial does not commit you to an ongoing cost or membership; check your bank account frequently and make certain you know what all the entries mean; best of all, ignore pop-up ads.

'COPYCAT' WEBSITES

If you are renewing your passport, driving licence or car road tax or wish to obtain a European Health Insurance Card, do not use a search engine to find the right website. Go straight to www.gov.uk and

use the search function.

Copycat websites offer to provide certain services for a fee, and they are not official providers.

FRAUDSTERS' TRICKS

They can come by phone or email, and the purpose will be to get from you details that allow the fraudster to rob you. There are many scams about, many aimed at near retirees and pensioners. No trusted organisation (your bank, energy company, the police etc) will ask you for financial information that might require you to give full security details, your pin or card reader codes.

Lesson: do not respond if you are offered opportunistic deals that require you to follow an email link or another phone number. Online, move the request to the trash. On the phone, just disconnect.

COST OF AUCTIONS

Daytime television shows about buying and selling bits and bobs for cash are very popular. And of course there must be occasions when an amazing bargain is found. But how much do you know about the costs involved? According to Radio 4's Money Box presenter Paul Lewis, writing in the Financial Times, it is difficult to come out ahead. If you buy at auction and then sell your prized investment later at another auction, the price will have to rise by at least 50 % above the amount you bid before you even begin to make a profit, he wrote. The 'hammer' price is not the price the buyer pays, or what the seller receives.

Here is how Paul Lewis described 'auction arithmetic'. On to the bid (hammer) price is added 25% buyer's premium (to cover admin costs) plus VAT and up to 3% more if you pay by credit card. When, after some time, you decide to sell (because you think its value has increased), you will get the hammer price less 15% commission and VAT. The auction house has gained from you when you bought and when you sold, and though the item itself was VAT-free, you have had to pay this government tax as well.

Wendy Dear

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LANDBEACH NEWS

A FINE TREASURE

The picture on the cover of this issue of Fen Edge News was taken by longtime Landbeach resident Ray Gambell for his new book "Landbeach – then and now". It combines pictures from the archives of the Landbeach Society with modern photographs to reveal the village as it was and is today. It's packed with fascinating information and costs £7.50. To buy a copy contact ray.gambell@btinternet.com

The 400+-year-old Tithe Barn seen in the picture is rightly regarded as a local treasure and a trust has been set up to restore it. District Cllr James Hockney, chair of the emerging Tithe Barn Trust, says it has £60,000 in donations, pledges and grants – but the aim is to raise £250,000.

There will be open days during 2016 where visitors can find out about the building which, Ray Gambell says, has "the form of an aisled barn and...there are carefully chosen sinuous arcade posts". The double doors are massive and allow through "a draught of wind to separate the grain from the chaff in the winnowing process".

Find out more on the Facebook page: www.facebook.com/FriendsofLandbeachTitheBarn which has links to the membership and pledge forms. To volunteer or become a trustee, contact Cllr Hockney on 01223 441289.

LINKING INTO HISTORY

The Landbeach Society is for anyone interested in the history of the village, its place within the region and in protecting its environment. We hold monthly meetings between January to June and September to December to which all are welcome. Membership is £3.00 a year and entrance to the talks in the Village Hall, at 7.30pm, is £3.50. The November talk – the history and archaeology of Milton – was given by Derek Booth. There's a Christmas celebration on 16th December with Waterbeach Brass, and our AGM will be held on 20th January, with wine and cheese. Check our website: <http://www.landbeach.org.uk/history/99-landbeach-society>

FUN AND GAMES AT BUSYTOTS

Busytots is a not-for profit baby and toddler group, run entirely by volunteers at Landbeach Village Hall. The Christmas Party will be on 16th December, from 10 to 11.45am, at the Landbeach Village Hall. Kids can enjoy fake snow messy play, glittery play dough, Christmas songs, and receive a gift. Includes snacks for kids, and mince pies or chocolate yule log for grown ups. Plus have a go at our raffle. Festive outfits encouraged! Cost is £1.50 single child families, plus 50p per additional child.

We're currently seeking volunteers to join our team. Can you spare a few hours, once a month, on Wednesday mornings, to help set up and clear away, welcoming families, delivering simple craft activities and singing songs. To find out more phone Gemma on 07986 717958 or email busytots1@hotmail.co.uk or find us at facebook.com/LandbeachBusytots

Christmas & New Year opening times: usually open 10am-12 noon every Wednesday, but we are having a festive break on 23rd & 30th December. Re-opening on 6th January 2016.

SING to REMEMBER



SING to REMEMBER is a new singing group for those with dementia and their carers, led by Jan Payne, a highly respected local musician, teacher and choir leader.

The aim of Sing to Remember (started on 3rd December) is to encourage those whose memory loss makes them uncomfortable joining a mainstream singing group, to come and enjoy a good hearty sing. Partners, friends and carers are welcome and encouraged to join in the fun.

The group will meet weekly on Thursdays at Landbeach Baptist Church, with tea and biscuits at 11am followed by singing from 11.30-12.30. The first session is free, then £5 per person per session to include their carer.

If you would like to come along to the group, or if you think you could spare a couple of hours now and again on a

[continued on page 47]



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Thursday morning to join our team of volunteers, please contact: Jane Johannessen, Community Development Officer, Care Network on 01954 211919 or by email to Jane.j@care-network.org.uk



RING OUT THE BELLS

The Landbeach Bell Ringers have been sharing practices with our friends in other towers over the summer. Now it is winter, we have moved back to our home base at All Saints' Church, Landbeach. If you have heard us ringing for church services and village events why not join us? Bell ringing is a fascinating and holistic hobby. Youth groups are especially welcome - we can give talks and demonstrations, with the chance to ring a bell under the supervision of our qualified instructors. Contact Barbara Le Gallez on 01223 860283.

DIRECTORY

Busytots Baby and Toddler Group	
Gemma O'Shea.....	busytots1@hotmail.co.uk
Coffee Mornings	
Margaret Steane	01223 860128
Friends of Worts Meadow	
Robert Humphrey	01223 863454
Landbeach Baptist Church	
Neil Roberts	01223 860410
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THE FEN EDGE NEWS

Free magazine of the Fen Edge Community Association, a charity, published three times a year. It aims to contain information of interest to people living in all five villages in the Fen Edge and the editorial content relates to a large extent to the activities of groups and organisations which are members of FECA. Each issue features the courses run by Adult Learning and Leisure, based at Cottenham Village College.

FEN issues can be viewed online at www.fenedge.co.uk and the website also carries information about FECA and how to join.

Contributions, including letters and points of view, are welcomed. Please send them to Wendy Dear, FEN Editor, Community Office, CVC, Cottenham, Cambs CB24 8UA. Or email: wendy.dear@blueyonder.co.uk

NEXT ISSUE DEADLINE

19th February 2016

ADVERTISING IN THE FEN

The magazine is distributed to 6750 homes in the Fen Edge Patch which covers the villages of Cottenham, Rampton, Willingham, Landbeach and Waterbeach. There are three issues a year: New Year, Spring/Summer and Autumn, and content, including ads, can be viewed on the FECA website www.fenedge.co.uk.

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In your garden: Putting down new roots

Ken Ellis from Cottenham Gardeners' Club shows you how to make the right moves

Have you got plants that could benefit from a move, or a border to revamp, or some bigger ones that need splitting? Have you put off doing this for fear they might die? Though it's true that some plants don't appreciate being disturbed, most will tolerate a change, so long as you are careful.

If the weather isn't frosty or too cold, now is the ideal time to do it – and preparation is essential. Roses transplant well. Basically, you dig them up, trim their roots back, dig a hole where you want them to go and put them in. If moving a shrub or small tree the hole you dig should be big enough to take its root ball. You'll have to guess dimensions to start with, but too big is better than too small.

Soak the area around the shrub the evening before so that the roots are moist. Have a large plastic sheet handy to put the shrub on. Dig round the root ball with a fork to gauge its size, and then gradually dig it out. When it is free from the ground, lift it onto the sheet, and drag it to its new position, disturbing the root and soil ball as little as possible. Put some rotted manure or compost in the hole, trim off any damaged bits of root, and place the shrub so that it's upright and facing the way you want it. But do make sure the plant is at the same height as it was before, especially important with roses. Too deep and you'll get suckers from the graft at the bottom of the plant. Add some micro rizal fungus around the roots to encourage root growth.

Prune the bush back hard, and make sure it's secure in the ground and won't rock. This is necessary because the plant won't have many fine roots through which to absorb moisture and nutrients. Too much top growth at this point will stress and may kill the plant. Water it well and don't let it dry out when it begins to grow.

This is basically what I do with all transplants. Just remember not to keep a plant hanging around out of the ground as delay lessens its chance of survival.

Herbaceous perennials are good movers: being split brings back vigour. Have a sheet handy, and an old fashioned bread knife. Digging up the plant and dividing it may actually involve a lot of fork work and huffing and puffing, but what better on

a bright winter day? How to divide? You can pull it apart by inserting two forks back to back and forcing the plant to split, or by cutting through it with the bread knife. The trick is to make sure that you get a nice clump with promising looking new shoots appearing on the top, and a good amount of root system on the bottom. The carnage may look alarming, but believe me, in a couple of months the plant won't even notice.

I quite like splitting up polyanthus, after flowering. Don't be afraid, just dig them up. Tease the soil apart with your fingers, and you'll see the fat tap root, and side shoots developing with their own bits of root. Gently pull them apart, or use a small, sharp knife to do it. If you're potting them on, do dip them in an anti fungal compound to stop problems with mildew. If you're dividing up a clump to move them around outside, make sure they're thoroughly watered, and don't let them dry out. Any of the primrose family will take the same treatment.

Some plants can be grumpy if you try to move them, and are best left alone. I would have included the peony in this lot – until last year. Having lived with one in what was an inconvenient place for 39 years, last August – when it was still growing – I followed the method given above and got it out of the ground in one hit, whereupon it promptly split into two. I replanted both bits in new places, and wished them luck. Both survived! But we wait with interest to see if they flower this year.

It's not a good idea to move a plant while it's blooming or if it has long taproots, as foxgloves and hollyhocks do. Plants won't always enjoy moving from one environment to another. Don't be surprised if one that's flourished in semi shade gets cross in the bright sunny path you took it to. On the other hand, a move might be right for a plant that's struggling. We moved a *Campsis Radicans* less than three yards across a bed. It rewarded us by covering itself in flowers for the first time. If you've a plant that you think may not move easily, it's probably best to hedge your bets: take cuttings or harvest some seeds and grow new plants. Now, there's an idea for an article....

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COMING SOON: You have watched Strictly Come Dancing now join an evening Fitsteps for adults and also daytime Fitsteps for over 50s (Forever active <http://www.forever-active.org.uk>)

MONDAY

Mucky pups 10–11am and 3.30–4.30 pm hello@muckypupscambridge.co.uk Zumba 7–8pm. Contact Jo Kinser (jo@jkdancin.com) re any of the zumba classes; BarreConcept 7–8pm and 8–9pm (studio) contact cuadrado140@hotmail.com; Kung Fu for adults (over 14 years) 8.15–9.45 hungkuencambridge@gmail.com; Community Navigators 2–3pm in the Coffee shop every other Monday: www.care-network.org.uk

TUESDAY

Yoga 10–11.30am (denise@sibleymooreyoga.co.uk); Pilates Entry (for beginners) 10.15–11.15 (studio); Pilates Plus (intermediate) 11.30–12.30; Teen Pilates 3.20–4.05: sessions £7, Miranda de Vries (miranda@mi-time.eu) BarreConcept 7–8pm (studio) contact cuadrado140@hotmail.com
Watch out soon for Fitsteps for adults

WEDNESDAY

Adult ballet (term time in studio) 10–11am reserve a place (jdrinkwater@cvcweb.net); Little Humbugs (singing and music for babies and toddlers) 10.30–11.30am, £2.50 (littlehumbugs@gmail.com); BarreConcept 7–8 and 8–9pm (Studio) contact cuadrado140@hotmail.com; CCC Knitting group in coffee shop from 10am – just come along and enjoy helping others.

THURSDAY

Ready Steady Play (Early Years) 10–11am (MLam@histon.cambs.sch.uk); Adult ballet (term time in studio) 10–11am reserve a place (jdrinkwater@cvcweb.net); Pilates for men (studio) 6.30–7.30pm; Mixed Ability Pilates Explore 7.30–8.30pm. All Pilates/Stretcherise queries to miranda@mi-time.eu; Cambs Hearing Help 2–4pm every second Thursday of month. www.cambridgeshirehearinghelp.org.uk

FRIDAY

Yoga (studio) short terms only 10–11.30am, wiltrud.jackson@yahoo.co.uk; Mixed Ability Pilates Explore 10–11am; FlexAware (studio) 11.35–12.35pm; Pilates Entry (for beginners) (studio) 12.35–1.35pm; Stretcherise (studio) 5–6pm. All Pilates/Stretcherise queries to miranda@mi-time.eu;

SATURDAY

Spanistastic (for 4–7 years) 10.45–11.30 (studio), clared2606@hotmail.co.uk

SATURDAY AND SUNDAY

For Colour Awareness workshops, Defibrillator and First Aid training, bookings miranda@mi-time.eu; Dads Play 10.30–11.30 (2nd Saturday of month); Arts Night in coffee shop, 7.30–9.30pm (2nd and 4th Sundays); The Roost (in coffee shop and main hall 3rd Sunday) 3–4.30pm; Community Cinema 1st Sunday of the month 7.30pm and sometimes, for families, 2.30pm. Information website: www.revcoffee.net or <https://www.facebook.com/CottenhamCommunityCinema> or email simon.oliver@cantab.net

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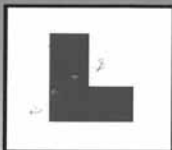
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WATERBEACH NEWS

NEIGHBOURHOOD PLAN

Waterbeach Parish Council with members of the community have had their proposal to include the whole of Waterbeach Parish, the Barracks site as well, accepted by South Cambs District Council. There were objections from Urban & Civic and Royal London Waterbeach Estates both of which are involved in the proposed Waterbeach New Town on a 716 acre site.

Keep Waterbeach Rural, a local pressure group and supporter of the NP, says the proposal might suit an urban setting but is not appropriate in a rural environment. Another concern is the small number of affordable homes in the development. With the whole parish covered by the NP, this gives "us a seat at the table for negotiations with benefits for our village," says Cllr. Peter Johnson.

Urban & Civic have distributed a community newsletter in which they state they have "developed an engagement strategy with the input of the Parish Council, Neighbourhood Plan working group and the District Council". There are however many issues to be resolved, including the inspection of the Local Plan by SCDC (due to resume in March).

Cllr. James Hockney wrote in the autumn issue of Beach News: "I cannot underline the significance of the Localism Act bringing forward the neighbourhood Plan concept for communities like ours. It will mean more funding, having legal force over non strategic elements of the Local Plan and giving us a greater say in shaping our community in areas such as planning and transport."

A proposed development of up to 144 homes in Bannold Road, Waterbeach, has been withdrawn because of objections from the local Highways Authority and the County Council's Flood and Water team. The Facebook page of KeepWaterbeachRural shows the site in flood. Ongoing problems with flooding and sewage backing up in the area have yet to be resolved.

FAMILY FUN FOR ALL

This year's pantomime from Waterbeach Community Players is the well-loved story of CINDERELLA, written by Julie Petrucci and Chris Shinn which promises to be a fun-filled family show for kids from three to 103. As well as Cinderella (played by Emily Rutherford), all the firm favourites put in an

appearance, a Fairy Godmother (Jess Hamill), Prince Charming (Kayleigh Orrock) and his 'man' Dandini (Kattreya Smith), Baron Hardup (Paul Lockwood) and his new wife the Baroness Beyonce (Rosie Wilson), the cheerful Buttons (Vicki Green) and of course the essential Ugly Sisters (Chris Shinn and James Dowson), not to mention the Broker's Men (Michael Husband and David Morris) plus the famous WCP panto chorus.

At Waterbeach School 21, 22, 23 January at 7.30pm plus a matinee on 23 January at 2.30pm. Tickets: full £8 (concessions £7); family ticket (2 full & 2 concessions) £28. Advance box office 01223 880023 or book online at www.wcp.ticketsource.co.uk (additional small fee) or buy tickets from The Sun Inn, Waterbeach.

PO RELOCATED

Waterbeach Post Office has moved from the High Street to the Village Stores in Chapel Street. A pedestrian crossing is planned for Chapel Street.

NEW SKATE PARK A SUCCESS

The bad weather held up the completion of the park but it is now much enjoyed by our young people on skateboards and scooters. The building of this 'wheeled park' was made possible by substantial grants from WREN and Amey Cespa.

WATERBEACH STATION

More parking spaces have not yet eventuated though discussions continue with National Rail regarding the adjacent site. The situation remains difficult for all who use the station and might not be able to find somewhere to park. The number of people travelling to/from Waterbeach has increased remarkably: just over 10 years ago (from 2002/3) 176,639 people a year used the station. Now there are 344,722 according to the Office of Rail and Road.

UPLIFT FOR LIBRARY

Waterbeach Independent Library is a success story, bucking the trend of lack of library use in other parts of the country. It is run entirely by volunteers, on a frugal budget £3,500 a year, paid by the Parish Council from the precept which comes from council tax. The library which is in the community room at Waterbeach School was recently refurbished, carried out by Sanctuary Housing. Hills Builders, having built a new hostel in the village, did the work as a community benefit.

[continued on page 62]

WATERBEACH DIRECTORY

1st Waterbeach Brownies		Waterbeach Brass	
Tiffany Langton	01223 862548	David Pell	01223 860396
1st Waterbeach Guides		Waterbeach Community Association	
Holli Bielby	07779 408588	Jacqui Rabbett.....	01223 860993
1st Waterbeach Rainbows		Pam Clack (Secretary).....	01223 476601
June Stephen	01223 862260	Waterbeach Community Players	
Scout Group		Julie Petrucci.....	01223 880023
William Moon.....	01223 440259	Waterbeach Community Playgroup	
Beach Bowls Club		Jacqui Woods	01223 440769
W. Clough	01223 861386	Waterbeach Day Centre for the Elderly	
Beaches Community Car Service		William Bullivant	01223 862506
.....	07807 875878	Waterbeach Indep. Lending Library (WILL)	
Denson Close Social Club		Maggie Crane	01223 440560
May Beckitt	01223 660475	Waterbeach School	01223 718988
Doctors Surgery – Waterbeach		Waterbeach Salvation Army	
.....	01223 860387	Colin Harrod.....	01223 440190
Parish Paths Group		Waterbeach School P.T.A	
D. Armstrong	01223 861586	Lianne Parrett	07476 778044
RBL – Waterbeach & Landbeach		Waterbeach Turbary Charity	
Norman Foster	01223 474622	Pam Gooding	01223 861003
St Lawrence's Catholic Ch.....	01223 704640	Waterbeach United Charities	
St John's Church		Pam Gooding	01223 861003
Rev. Paul Butler	01223 860353	Waterbeach Village Society	
The Way Project		Ray Rice	01223 860663
Sarah Tennant	07938 381592	Waterbeach WI	
Wasps (After School Play Scheme)		Sheila Lynn.....	01223 860948
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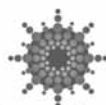
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WILLINGHAM NEWS



A FEAST TO REMEMBER

Willingham's annual Feast in October always centres around the Fun Fair on the Green and again was packed full of events. The Peterborough Salvation Army Band entertained on the Green on Sunday followed by a Joint Service at St Mary and All Saints Church, with the SA Band in attendance. On the Monday the focus was on a lively "Jam Club" (that's music jam, not strawberry jam), with Steve Lockwood and the Raw Licks headlining. On the Thursday afternoon there was a well attended Seniors' Tea Party (with bunting and a VE Day themed sing-along led by locally based singer Cat Pawsey (of Cat's Whiskers) with backing tracks provided courtesy of Steve Smith. This event was kindly sponsored by the Fen Edge Community Association and was a great success.

Other events included a week-long book trail, Curry & Quiz Night in aid of the Willingham Youth Trust, a Children's Disco, and the traditional Feast Market at the Primary School – with Yard/Driveway Sales on the same day adding to the buzz around the village. Fringing all this were art and photography exhibitions, a Rugby/Quiz Evening, two family cycling events, a very successful Soul/Mowtown Disco at the Social Club, and a Bushcraft Session led by Willingham Guides. To round it all off, the last weekend saw two great events, again at the Social Club: Custard Comedy and dancing to live music with "Up and Atom". Aside from FECA, our thanks also go to programme sponsor Uttridge Accounting and marketing sponsor Tylers Estate Agents. Paul Knighton

DIRECTORY

Urgent Care Cambridgeshire..... 0330 123 9131
Primary School

Mrs V Francis 01954 283030
Beavers, Cubs and Scouts

Mrs M Dellar 01954 260045

Ducklings Toddler Group

Rachel Robinson..... 07963 890971

Honeypot Pre-School (term-time only)

Mrs Kate Van Dort..... 01954 201567

Tigger Toddlers

Jenny Rayner 01954 270122

Koala Kids 01954 260046

Willingham Guides and Senior Section

Lynn McGoff 01954 261296

Bubbles/Messy Church

Rev L Liversidge 01954 263187

Heather Mellows..... 01954 270063

Bumps and Babies Group

Emma Tregenna..... 01954 261775

TOPS (Baptist Church Toddlers Group)

Hilary Wyllie 01954 260051

Kids' Friday Club (Baptist Church)

Loriane Bald 01954 261189

Allotments

Sue Ayling..... 01954 260718

Willingham Action Group (WAG)

Mike Tidball 01954 260647

Willingham Combined Charities

Mrs Gail Cook 01954 231272

Workers' Educational Association

Rosemary Mumford..... 01954 260934

Willingham Walkers

Mike Tidball 01954 260647

Willingham Youth Club

Linda Liversidge..... 01954 263187

Women's Institute

Jacky Sparks 01954 261831

Women's Royal British Legion

Mrs M Few 01954 260124

Cycling Club www.willinghamwheels.com

Tennis Club

John Graham..... 01954 231968

Willingham Sports Pavilion

Parish Council..... 01954 261027

Willingham Wolves (Boys & Girls Football)

..... willinghamwolvesfc.co.uk

Baptist Church

Rev. Paul Joel 01954 260538

Methodists (Ministerial Contact)

Rev Hilary Cheng 01223 700778

Roman Catholic Priest

Fr Karol Porczak..... 01480 462192

Salvation Army Captain

Major Thea Wood 01223 233492

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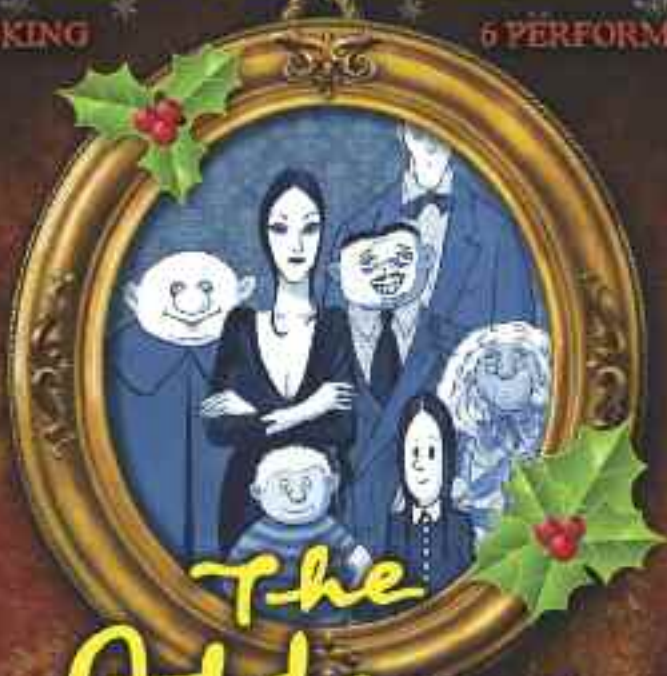
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