

# FEN EDGE *News*

*Community Association*

*Spring/Summer 2014*

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# In Your Fen Edge News

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## ADVERTISING IN THE FEN

Fen Edge News is distributed free to around 6800 homes in the Fen Edge Patch which covers the villages of Cottenham, Rampton, Landbeach, Waterbeach and Willingham. There are three issues a year: New Year, Spring/Summer and Autumn.

Our advertising rates are very competitive and the prices below are per issue. Colour sites are available (£20 extra per page): inside front cover, inside back cover, back cover.

**ARTWORK must be supplied in Press Quality PDF or EPS at the specified sizes (w X h in mm)**

<i>Orientation</i>	<b>Full Page £120</b>	<b>Half Page £80</b>	<b>Quarter Page £50</b>	<b>Small Ads £25</b>
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<b>NEXT ISSUE DEADLINE 20th June 2014</b>
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## YOUR NEW-LOOK FEN EDGE NEWS

**W**e've made a few changes so you can easily find out what lies ahead. There's a buzz in the five villages, with plans in place through spring and summer to tempt you to join in all the activities – or some of them at least! You can run, drive, cycle and sing your heads off. And there's voting too – it's all happening in Fen Edge and thereabout.

In April Cottenham brass band and will be out in force to set in motion the parade of old vehicles that will trundle through the villages. There'll be music and merriment during the first bank holiday in May when the people of Avrillé, in the Loire region of France, come to the Fen Edge villages. Later in May Tom Jones and his antics will have you rolling in the aisles at Cottenham Village College. At the Waterbeach Feast the village band's oom-pa-pa will provide foot-tapping backing. In July there'll be action galore with Le Tour, and as an appetizer everyone's invited to cycle the busway for a grand picnic on Parker's Piece! Ooh la la!

For the first time – and for your convenience – the complete plan for summer learning is set in the centre of the issue, with details of classes to inspire all ages. You can enhance skills you already have or add new ones. Enjoy.

If the sun shines and brings an abundance of butterflies this will be the icing on the cake. Please do let us know what you think of your new-look News and perhaps what you'd also like to see included in the three issues a year. Next one will be in autumn, hopefully as action-packed as this one!

**PS** we're looking for an able, knowledgeable volunteer to maintain the Fen Edge website. If you're the one, contact [wendy.dear@blueyonder.co.uk](mailto:wendy.dear@blueyonder.co.uk) or [chairman@fenedge.co.uk](mailto:chairman@fenedge.co.uk)

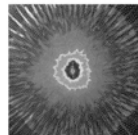
### THE ALTERNATIVE RA SUMMER EXHIBITION

**SATURDAY 19 July 10 – 5 p.m.**

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# FEN EDGE EVENTS DIARY

## What's on and when

### MARCH

**26th** 7.30pm Twinning Association Quiz night, Cottenham Village College, £7.50 per person (supper included); pay bar  
**26th** Mediterranean Diet evening, 7 for 7.30pm, Cottenham Community Centre (see page 15)  
**29th** Jumble sale, Village Hall Rampton (see page 19)  
**31st** Cottenham Primary School choir, Cottenham Community Centre, 6pm

### APRIL

**5th to 22nd** Easter school holidays  
**5th** Easter market, 10am-2pm Cottenham Community Centre  
**7th to 11th** Mad Science Week, 9.30am-3.30pm, Cottenham Community Centre (book at [supersonicsam@madscienceeast.co.uk](mailto:supersonicsam@madscienceeast.co.uk))  
**13th** Fun Run Rampton Park (see page 19)  
**15th** Application packs for parish and district councillors available from South Cambridgeshire District Council  
**22nd** Annual Cottenham Parish Meeting (submit questions by 14th April), village hall, Lambs Lane (Recreation Ground), 7.15pm  
**24th** 4pm Closing date for parish and district councillor applications  
**24th** Annual Landbeach Parish Meeting (submit questions by 18th April), village hall, 7.30pm  
**25th** Best of British disco for St George's Day with music from 70s, 80s and 90s. Tickets include a traditional hog roast. Book at [www.cottenhamcc.org](http://www.cottenhamcc.org) or from the Cottenham CC coffee shop  
**27th** Annual Yesteryear Road Run, starts Cottenham Village Green 9.30am, arrives back at 4pm. Cottenham Brass Band playing from 8.30-10.30am (see page 13)  
**28th** Annual Rampton Parish Meeting (submit questions by 25th April), village hall, 7.30pm

### MAY

**3rd** Cottenham Fun Run and market – juniors start 10am, main race 10.30 (see page 4)  
**3rd/4th** Twinning weekend Fen Edge villages/Avrillé (see page 7)  
**8th** VE Day/World Red Cross Day, Cottenham

Community Centre. Evening of sights, sounds and memories of wartime with The Entertainers.

Pay bar. Tickets from the coffee shop

**10th** Blue Rose Code (aka Ross Wilson) concert with full band to coincide with release of second album and national tour. Waterbeach Baptist Chapel, 8pm. Tickets (£9 adults, £5 accompanied teenagers) from

[www.wegotickets.com/beachsessions](http://www.wegotickets.com/beachsessions)

**12th** Landbeach parish council APM, All Saints Church, 7.30pm

**14th to 17th** "Entertaining Angels", Waterbeach Community Players at Waterbeach School, tickets 01223880023

**21st to 24th**, "Tom Jones", 7.30pm, Cottenham Village College (see page 11)

**22nd** Election day: European, Parish council, if applicable, and District Council. See page 21

### JUNE

**2nd** Rampton parish council AGM, village hall, 7.30pm

**3rd** Cottenham parish council AGM, village hall (Recreation Ground, Lambs Lane), 7.15pm. Election of Chair, Vice-Chair and appointing councillors to working groups

**4th** Willingham parish council APM, 7.30pm.

**5th** Landbeach parish council AGM, village hall 7.30pm

**7th** Waterbeach Feast 1pm with tuneful accompaniment of Waterbeach Brass. Pitch booking form and entry forms [www.waterbeach.org](http://www.waterbeach.org) or call 01223476601 (leave message)

**18th** Willingham parish council AGM, 7.30pm

**22nd** Cottenham Festival, Recreation Ground (see [www.cottenhampc.org.uk](http://www.cottenhampc.org.uk))

### JULY

**6th** Family event: Fen Edge Cycle the Busway from St Ives to Cambridge (see page 17)

**7th** Tour de France Grand Depart (Parker's Piece, Cambridge)

**19th July** Alternative RA Summer Exhibition (see page 2)

**23rd July** to 2nd August Commonwealth Games Glasgow

**28th July** to 1st August Cottenham Summer School (see page 32)



# Fentastic Fun Run!

**The annual Fen Edge Community Association Cottenham Fun Run will take place on Saturday 3 May 2014, starting and finishing at Cottenham Village College. This year a new charity in Cottenham will benefit.**

Yes, Fun Run Headquarters is up and running again! All those taking part should be at the Cottenham Village College at 9am to register. The entrance fees are £5 for over 16s and £3 under 16s.

The main run, which starts at 10.30am, is just under 4.5 miles, a mixture of road running and cross country through the village. There will be a drinks station mid route. All runners have numbers and are timed, with category winners. Categories are: Men, Women, Veterans (45+), Village College Boys, Village College Girls, Primary School Boys and Primary School Girls.

There is a shorter course of 1mile round the Village College playing field for younger children who must be accompanied by an adult. The junior run starts at 10am.

There will be a market with stalls and refreshments at the Village College from 9:30am. For race enquiries please email: [martyn.leeke@ntlworld.com](mailto:martyn.leeke@ntlworld.com). To book a market stall ring Mike Smith 01954 251915 or email: [smithmichaelstanley@hotmail.com](mailto:smithmichaelstanley@hotmail.com).

Fun Run results will be posted on the community website [www.fenedge.co.uk](http://www.fenedge.co.uk)



## Charitable partner

The 2014 Fun Run is raising money for a wonderful cause based in Cottenham.

Support 4 Sunflowers is the charitable arm of 'Sunflowers Care Limited'. Sunflowers is a fully adapted, four bedroom home-from-home in the High Street which provides nurse-led care to children aged 0-18 with a variety of complex health needs, including Long Term Ventilation.

It also offers long-term step down care and short break respite care as well as rehabilitation following illness or injury and can accommodate those who are wheelchair dependent. Care is individually planned and the focus is on children having fun while they are there as well as acknowledging each child's developmental and social needs. There are facilities too for parents to stay with their child at Sunflowers.

Sunflowers Care is led by Lucy Andrews and Karen Higgins who have a combined 48 years nursing experience. Their team – nurses, carers and therapists – is highly trained and abide by the ethos that when children cannot be cared for at home a home-from-home environment is the next best option. Please explore their website for further information: [www.sunflowers-care.co.uk](http://www.sunflowers-care.co.uk)

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# The Fens and Flooding

**The plight of householders and farmers overwhelmed by the water on the Somerset Levels touched the hearts of everyone around the country. Yet despite the two months of record-breaking rainfall the Fen Edge area appeared fairly normal. Was this luck or good planning?**

Some of the fields looked very wet and there was a lot of mud around but you'd expect that after the rain we'd endured. But the eastern fenland area is an area of high flood risk, so why didn't the water rise – and not drain away – as happened in the Somerset Levels? The circumstances are not the same, according to Cottenham resident Mike Mason. He believes the name of the Dutch drainage expert Cornelius Vermuyden should be engraved upon every heart in the Fen Edge.

It was Vermuyden who in the 1650s built dykes, new channels and sluices to drain the original marshes and meres which had extended from the coast to Cambridge and Peterborough. These works have been improved on over the centuries by pumping stations to lift water from the low level fens into the high level embanked rivers running through them, making flood protection more reliable. Mike, a county councillor for Cottenham, Histon and Impington with a history of involvement with drainage, is a member of the Anglian Central

Regional Flood and Coastal Committee (CRFCC).

Flood and water management is a complex subject with wide variations in regional rainfall and river catchment characteristics. The pastures of the Somerset Levels cannot therefore be easily compared with the largely arable peat lands of the South or Middle Level of the fens. The Environment Agency report for January said this was the wettest month on record for the Bedford Ouse and Cam Catchments and the second wettest for Central Area overall.

While flooding in the fens has been avoided this year, the cost borne by the local drainage ratepayers and taxpayers will be high in terms of electricity and fuel costs associated with many hours of pumping. Flood defences at Kings Lynn and Denver sluice were severely tested and were actually breached at Lowestoft by the recent east coast tidal surge. We should not be complacent about the effects of climate change, says Mike.

Vermuyden's motto on the crest of the South Cambridgeshire District Council reads "Niet Zonder Arbyt" which translates (from old Dutch) as "nothing without work". As Mike says, the Fen Edge flood defence system is an example of that motto, so luck and planning and many years of capital investment came into it.

*Wendy Dear*

## FEN EDGE PARISH COUNCILS

### **Cottenham**

Meets first Tuesday of the month in the village hall (recreation ground, Lambs Lane) at 7.15pm  
Clerk: Jo Brook. Office: 250A High Street (to right of Community Centre). Open Monday 9.45am–12noon or by appointment  
Contact details: 07503328401; email clerk@cottenhampc.org.uk  
Website: www.cottenhampc.org.uk

### **Rampton**

Meets first Monday in month (except August) in the village hall, 7.30pm  
Clerk: John Garstang. Office (by appointment): 23 Cow Lane  
Contact details: 01954250960; email ramptonparishclerk@gmail.com  
Website: www.rampton.org

### **Willingham**

Meets first Wednesday in month at the Octagon, 7.30pm  
Clerk: Mrs Mandy Powell. Office: (by appointment 10am–1pm) Ploughman Hall, West Fen Road  
Contact details: 01954261027; email email@willinghampc.org.uk  
Website: www.willingham-pc.org.uk

### **Waterbeach**

Meets first Tuesday in month at The Old Pavilion, 7.30pm  
Clerk: Liz Jones. Office: 10am–2pm Tuesday and Thursday (or by appointment), The Old Pavilion, Cambridge Road  
Contact details: 01223441338; email council@waterbeach.org.uk  
Website: www.waterbeach.org.uk

### **Landbeach**

Meets first Monday in month (not August), village hall, 7.30pm (on bank holiday months meetings are second Tuesday in the parish church)  
Clerk: Maria Sylvester. Office (by appointment 9am–1pm, 2–5.30pm): 30 Lee Close, Cottenham  
Contact details: 01954252400; email mariasyvester@hotmail.co.uk  
Website: www.landbeach.org.uk

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Cottenham  
Cambridge  
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Tel: 01954 250280  
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# Bonjour and Welcome

## The French are coming to Fen Edge in the first weekend in May, and lots of activities are planned, as Anna Vining explains

The Fen Edge Twinning Association is about 16 years old and membership is open to everyone living in Cottenham, Rampton, Willingham, Waterbeach and Landbeach. The villages are twinned with Avrillé, a small town near the city of Angers on the river Loire, just south of Le Mans (famous for the 24-hour car race).

The association arranges and takes part in annual visits – we go to Avrillé one year and they come to us the next, usually one of the May bank holiday weekends, travelling by coach (or own car) on the Friday and returning on the Monday. Generally about 50 people from each twinning group are involved, the host group's members offering accommodation and hospitality during the visit which this year will be here on 3rd and 4th May.

Various events are in the process of being organised and final details were not available at the time of going to press. But one of the highlights will be choral music – a local choir in Avrillé will be hosted by members of the bigMouth Choir in Cottenham, the adult 'third' of the TyrannoChorus which is directed by Siobhan Lihoreau. You can find TyrannoChorus at [facebook.com/bigmouthsinging](http://facebook.com/bigmouthsinging) <http://facebook.com/bigmouthsinging>

Don't worry if you are not a fluent French speaker. Half the fun of the twinning experience is trying to find the right words in the other language, and making mistakes is all part of it. And nobody minds. This year there will be much to talk about: the revelations about François Hollande for one, and the Tour de France for another.

The association is always happy to welcome new members, so if you would like to take part in or know more about the coming visit contact Anna Vining at: [panda@vining.co.uk](mailto:panda@vining.co.uk)

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# Cottenham FUN RUN 2014

4.5 mile Fun Run  
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**Saturday 3rd May**

**Race Registration**

from 9am to 10:15am  
at Cottenham Village College

4.5 mile event - start 10:30am

Junior event - start 10:00am

**Race Entry Fee**

£5 Over 16's - £3 Under 16's

All proceeds, after costs,  
from this year's race will  
be donated to a Cottenham based charity  
Support 4 Sunflowers [www.sunflowers-care.co.uk](http://www.sunflowers-care.co.uk)



# Malary

waste recycling solutions

# In your garden: why not try alpin

**If you've a sunny, reasonably sheltered and free draining area in your garden you're on your way, says Ken Ellis from the Cottenham Gardeners' Club.**

Alpines are plants that grow at high levels in harsh conditions and are generally as tough as old boots, tolerating winds, hot days, strong sunlight, snow and freezing temperatures. They share a common need: drainage. They are often found growing in crevices, on screes and in cracks, their long roots reaching deep for nutrients. They don't like having wet roots in winter and they don't do humid.

Remember you are trying to replicate a specific type of environment. Prepare the ground by digging in a generous amount of alpine grit to ensure free drainage. Ideally the area should be three quarters grit. When planting don't let the compost cover the crown of the plant and don't over-water. Mulch more grit around the plant to protect it from splashes.

**What alpin**es to choose? I have a particular liking for auriculas which are related to primulas and have a smallish collection in a range of colours in a special outdoor cabinet called a theatre. All alpin

es look their best in a small bed, rockery area, tub or pot. Campanulas are the easiest – look out for one called Dickson's Gold at garden centres, it propagates well and has nice foliage. Also search out the hepatica range with their delicate flowers that bloom through February and March. The Japanese really go for these plants with rare specimens changing hands for serious money. You don't need to be so extravagant and you will be rewarded if you choose one called Hepatica Nobilis, probably the most common one at garden centres.

Saxifrages will tolerate dappled shade as will most of the pretty little primulas, especially primula denticulata with tooth-shaped petals, and the even smaller primula alpina with its tiny, exquisite flowers. All really are smaller versions of their larger, garden-based relatives.

**Which compost to use?** Recipes for alpine compost are legion and guaranteed to start a lively debate in a crowd of gardeners. The Alpine Garden Society recommend for pot plants: 6 parts of John Innes No 2, 2 parts leaf mould and one part sharp

sand. For troughs and raised beds: 1 part John Innes No 2, 1 part limestone chippings, 1 part peat (or a suitable alternative like leaf mould) and 1 part coarse sand. I was told by an expert grower that mixes should be more stone than compost, so mine are. Be careful about nutrients – these plants will generally find their own from the soil-based John Innes.

**Now for the Blue Peter bit.** How to make your own alpine container using 'hypertufa', which is like a PlayDough for grown ups. Here are three recipes, again courtesy of the Alpine Garden Society.

1 limestone lookalike: 1 part sand, 1 part cement, 1 part peat or bark

2 'sandstone': 5 parts sand, 2 parts cement, 3 parts peat or bark

3 'Tufa': 1 part sand, 1 part cement and 2 parts peat or bark. This is the one I use as it produces a dark atmospheric rock-like substance that shows off the plants. Mix in enough water to make it workable without being too wet or too crumbly.

Use these mixes to create your own containers. For a rock shape, dig a hole or line an old plant pot with a plastic bin liner then line this with your mix of choice. When dry peel off the liner. To make a trough, use two slightly different sized cardboard boxes which fit inside each other with a gap of 2 inches/5cm. Spread the mix on the bottom and about 2 inches/5cm up the sides of the larger box (adding some chicken wire for reinforcement if you can), then ram in the smaller box to leave no gaps. When the hypertufa is set enough, remove the inner box. Leave overnight before removing the outer box – your new 'ancient looking trough' will take about a week to dry fully and then you can plant up your selection of exquisite alpin

es and top it up with gravel for an authentic mountain finish.

So, get creating, and see what you can grow. I'm looking forward to seeing the front gardens of South Cambridgeshire displaying all sorts of hypertufa rockeries.

**If you want help identifying plants, see a selection of Ken's at**  
[www.simplygardeningofely.co.uk/plantsforsale](http://www.simplygardeningofely.co.uk/plantsforsale)



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# Rollicking comedy comes to Cottenham

**Cottenham Theatre Workshop will present "Tom Jones", a fast-moving romp which was adapted by Joan Macalpine from the great novel by Henry Fielding, at the end of May.**

In a village (not unlike an 18th century Cottenham), a story of mishap and misadventure unfolds as the born-out-of-wedlock Tom Jones (played by Gary Unwin-Riches) falls for the charms of country wench Molly (Chrissie Kelby) while longing in his heart for the lovely Sophie (Emma Ward), only daughter of Squire Western (Kerry O'Connell) – who he cannot hope to marry.

He has much to contend with! A slimy hypocritical half-brother (Matt Unwin-Riches) and a righteous, but wrong, tutor Thwackum (Tim

Kelby). Enthusiastic encounters with Molly do not end well and Tom is banished from the village by worthy Squire Allworthy (Mark Nolan) to seek his fortune elsewhere. And what a journey it is as he becomes entangled with the warm hearted and welcoming Jenny Waters (Barbara Duckworth) and society lady Mrs FitzPatrick (Martha Nunn) as well as scullery maids with an eye to the main chance (Sue Macdonald and Mary Garside).

Will Tom get his girl? Will Sophie marry the man she loves? Who is Tom's real mother? Find out at the Cottenham Village College: Wednesday 21st May to Saturday 24th May at 7.30pm. Obtain your tickets £8 (concessions £7) from Mary Garside (01954204508) or from Frameworks, 171 High Street, Cottenham (01954 250138).

**For more information about being part of Cottenham's amateur dramatic group look at [www.cottenhamtheatre.com](http://www.cottenhamtheatre.com)**



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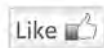


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# BIG DRIVE TO BEAT CANCER

**Vehicles old and new will make their way on Sunday 27th April through many of the Fen Edge villages to raise money for cancer research in Cambridgeshire.**

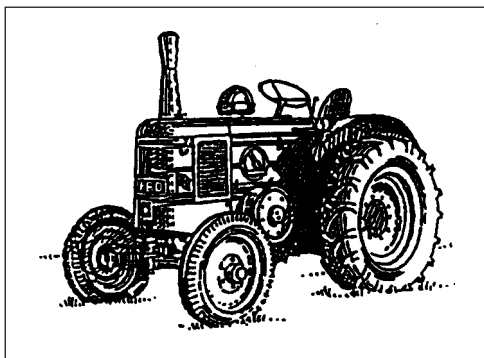
The Annual Yesteryear Road Run is a great opportunity for owners of old – vintage and classic – vehicles such as tractors, 4x4s, motorbikes, sports cars or steam engines to join in a procession aiming to raise money for Cancer Research UK at the Cambridge Research Institute. It is hoped that all the villages will create their own carnival atmosphere for friends and family who are there to cheer on the drivers and enjoy the outing.

This year is a relaunch of the event and the new organisers are asking for volunteers to help with the collecting – bucket shakers – as well as or perhaps acting as marshalls and officials along the route. The start will be from Cottenham Green – where there will be a static display of vehicles engines throughout the day as well as entertainments and refreshments.

The drive will set off at 9.30am and the approximate arrival times will be: Rampton 10.00am, Willingham 10.45am, Over 11.30am, Swavesey Village College 12.15pm, Longstanton 1.45pm, Oakington 2.30pm. Histon 3.15pm, arriving back at Cottenham at 4pm.

Lunch will be available at Swavesey Village College – a hog roast and a licensed bar – but you might prefer to bring along a picnic.

To find out more, to book your hog roast, to take part or offer your help on the day contact Vivien Lampard 01954 200811 or preferably email her at [vivien.lampard@ntlworld.com](mailto:vivien.lampard@ntlworld.com)



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# NEWS UPDATES

## Landbeach Tithe Barn

The future of the 16th century tithe barn overlooking the Common is uncertain. The Landbeach Society has held a lease on the grade II listed timber-framed building since 1975 but is no longer able to re-thatch and maintain the property and its owner, South Cambridgeshire District Council, may have to sell it for redevelopment – probably for new housing. There have been consultations with parishioners, the Parish Council, Cambridgeshire Past Present and Future, and the Farmland Museum but time is running out before the council makes its decision. Suggestions on ways to raise the funds needed or practical assistance or expertise are urgently sought so the barn is valued as a heritage site. *Contact [robert.stripe@talk21.com](mailto:robert.stripe@talk21.com) or see the website [www.landbeach.org.uk](http://www.landbeach.org.uk)*



## Cottenham Ideas Group

Set up by several women under the auspices of Cambridgeshire's Care Network, they plan to arrange daytime activities for the over 55s. Meetings take place every second Monday (eg, 24th March, 7th April) at the Cottenham Community Centre café at 2pm, and a welcome is offered to all. Among the many ideas being considered, with the help of Jane Johannessen, Community Development Officer, Pam Lumsden, local resident, and

Becky George, activity co-ordinator at Cottenham Court, are a singing group/choir, afternoons of box games (Scrabble, Monopoly, Upword, Articulate) or cards, and sewing or knitting circles. *Information from: Jane Johannessen 01954211919*

## Community Navigators



This is the name given to local volunteers or members of organisations who help older people to find their way to activities or services they would enjoy or find useful. It is a completely free service overseen by the Cambridgeshire Care Network which trains the volunteers to look at all aspects of getting older and find ways to improve everyday life or solve problems. Their job is to go the extra mile if someone needs help and doesn't know who to turn to.

*If you want to be a volunteer or be helped by a Navigator get in touch on 01954212100 or [community.navigators@care-network.org.uk](mailto:community.navigators@care-network.org.uk)*

## Health in Cottenham

Local GP Simon Poole focuses on the foods and dishes that make up the Mediterranean Diet to keep your heart healthy, on 26th March, 7.30pm.

If you've ever wondered what you'd do if a person near you suddenly had a heart attack why not take part in the Heart Start Training session 26th April, from 10am-noon. Booking essential.

Christof Kastner, Consultant Urologist at Addenbrooke's will be giving vital information about the prostate gland and cancer, 10th June.

*All at the Cottenham Community Centre. Bookings [www.cottenhamcc.org](http://www.cottenhamcc.org)*



See our main advert on Page 20

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# GET ON YOUR BIKES!

## **To celebrate the Tour de France in Cambridgeshire, Willingham Wheels has organised a family event for cyclists of all ages.**

Willingham Wheels, set up by the Willingham Action Group, was awarded a grant of £300 from the Cambridge Tour de France organisers to arrange an event to mark the visit of this famous annual bike ride.

On Sunday 6th July, bicyclists are invited to join in 'The Fen Edge Mass Exodus', a cycle ride along the guided busway from St Ives to Cambridge, finishing at Parker's Piece with a do-it-yourself picnic. It is a marshalled, family oriented event and will proceed at a good slow, and safe, pace.

However, you should take into account the distances involved (there and back) and the cycling proficiency of the youngest member of your group! From St Ives, the distance is 14 miles, Fen Drayton 11 miles, Swavesey 10 miles, Longstanton P&R 8 miles, Westwick 6 miles, Histon 3 miles and Arbury 1.5 miles (roughly in each case).

Cyclists can join in at any of the stops on the busway: entrants from Cottenham and

Rampton could start from Westwick or Histon, for instance, while villagers from Waterbeach, Landbeach and Willingham could choose the Longstanton P&R stop.

The national cycling charity CTC has been consulted by Willingham Wheels as has Campbell Ross-Bain, the Bus Operations and Facilities Manager who is directly in charge of the busway. Their recommendations and safety requirements will be strictly adhered to.

There is no entrance fee but there will be a collection for Marie Curie, the official Tour de France charity. T-shirts in the traditional yellow will be on sale at £5 each, all profits to Marie Curie.

On Monday 7th July, Willingham Wheels is also organising a mini exodus to somewhere south of Cambridge to watch the Tour de France riders go by. Advance registration is essential for insurance purposes. Riders not registered will be deemed non-participants. For more information – and to get your yellow T-shirt in advance (£5 +P&P) – contact Paul Knighton on 07787530394 or [p.knighton@runbox.com](mailto:p.knighton@runbox.com)



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## BALLET POINTES

**NAPOLI:** The annual performance is coming ever closer at Swavesey Village College Venue on Saturday 10th May. This year we are presenting an old romantic ballet "NAPOLI" which is not often performed in the UK. It has all the elements - a heroine, a hero, and a villain! plus lots of charming music. If you want to come along tickets are £7 and can be booked from [tutusrus@ntlworld.com](mailto:tutusrus@ntlworld.com). On the same day our younger dancers will be showing their work too in the form of short demonstrations of some of the things they learn each week in class.

**Energise:** On Saturday 1st March our contemporary dancers joined in a dance showcase Energise, which they all enjoyed

and it was good to see other groups and see their ideas - this group meet on Saturdays at Cottenham Village College and new members are welcome. Ask April Martin for details.

Ballet classes at Cottenham Village College: new pupils are welcome to join at any time in the year contact April to find out more about the ballet classes Tel: 01954 200533, Email: [tutusrus@ntlworld.com](mailto:tutusrus@ntlworld.com). Classes are offered from Reception Class age, so if you have a 4+ year old who wants to start ballet in September please put their name down so we can plan ahead. Contact the College on 01954 288751 or April Martin on 01954 200533. Thank you.

**April Martin (Assoc ARBTA Member BDQT)**

## Cottenham WI



Ladies do you know that the WI is an excellent way of making new friends? We meet every month on the second Wednesday at 7.30pm at the village college in the Tony Cooper suite. There is a varied programme to suit everyone with different group activities for those who like walking, poetry, and arts and crafts. You will be made to feel very welcome.

For more information contact: Margaret on 01954 250841 or Jill on 01954 253385.

## Rampton '77 Committee

**Jumble Sale:** Saturday 29 March in Rampton Village Hall, 10.30am-12.30pm. 30p entrance fee.

**Fun Run around Rampton Park:** Sunday 13 April. Registration at 2pm (at the entrance gate to the park, near the lay-by) with a start time of 2.30pm. The distance is 'one Rampton mile'. £10 for team of 4 or £3 for individual. All proceeds will be given to charity.

For further information about any of these events contact Judy Garstang (01954 250960)



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# ELECTIONS: you vote, you decide

**Thursday 22nd May is the date for the European Parliamentary elections and you may or may not be voting for candidates standing for South Cambridgeshire District Council and your Parish Council. Read on to understand why**

Did you know that the MEP for the Fen Edge area is Robert Sturdy, Conservative? He has held the post for two elections – 10 years – but now is standing down so there will be other candidates for you to choose from. Voters elect seven MEPs to represent the interests of the eastern region of the UK; each receives a salary and expenses.

The other east of England MEPs whose terms have come to an end are: Andrew Duff (Lib Dem), Geoffrey van Orden (Con), Vicky Ford (Con), David Campbell Bannerman (Con), Stuart Agnew (UKIP) and Richard Howitt (Lab). At the time of going to press it was not known if all were candidates for re-election.

For the District Council, one of the three councillors for Cottenham, Oakington, Westwick and Rampton ward, Lynda Harford, will retire, as will Peter Johnson from Waterbeach, and Philippa Corney from Willingham and Over. Again, it was not known if they will be standing for election or whether their seats will be contested. If there are no other nominations there will be no need for an election. District councillors receive a salary and expenses.

All members of the five Fen Edge parish councils have to retire, having completed their four-year

term. Every one wishing to stand for election has to be nominated on a nomination form with the names of proposers, seconders and supporters. If more than the required number for each council are nominated then an election will be held the same day as the European and District Council elections.

If fewer than, or exactly the right number of, councillors are nominated then an election will not be held and the returning officer will declare them elected. Parish councillors are generally not party political and do not receive a salary but expenses are reimbursed.

Anyone wishing to be a parish councillor must be 18 or over, a British citizen or citizen of the Commonwealth or EU, registered to vote, have lived within three miles of the village (for example, Cottenham) or worked in the parish for the last 12 months.

You can't stand if you work for the council, are the subject of a bankruptcy restriction order or interim order or have in the last five years (before the election date) been convicted in the UK of any offence and have had a prison sentence (whether suspended or not) for a period of over three months without the option of a fine. To validate a nomination, all details on a nomination form are checked by an Election Officer.

Nomination packs are available from the South Cambridgeshire District Council or clerk of the parish council; nomination forms have to be submitted between 15th April and 4pm on 24th April – one minute after will be too late! See page 5 for details of the Fen Edge parish councils.

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WATERBEACH PRIMARY SCHOOL

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Village College Headteacher

Steve Ellison

Adult & Family Learning Manager

Janet Drinkwater

## Adult Learning Administration:

Cottenham Village College

Tracy Thistlethwaite

Debbie Jackman

Kate Taylor

## ENROL NOW FOR SUMMER 2014 COURSES

### Enrolment Form – see page 55

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## Cottenham Summer School

**This year we will be celebrating our 20th Summer School – the brochure and course information are available on our website <http://community.cvcweb.net>**

**Please contact us if you would like to receive a copy through the post**

## COURSES AT A GLANCE

### Arts & Craft

Silversmithing – Monday & Tuesday  
Jewellery Making – Monday & Wednesday  
Watercolour Painting – Monday  
Advanced & Designer Textiles  
Workshops – Tuesday  
Carpentry Design & Make – Wednesday  
Ceramics – Wednesday  
Upholstery – Thursday & Friday  
Even More Felting - Wednesday  
Machine Sew – Create &  
Craft – Wednesday  
Decorative Crafts - Monday

### Fitness & Health

Fitness for Mature Movers  
(Waterbeach) – Monday  
Pilates – Monday & Tuesday  
T'ai Chi – Tuesday  
Yoga – Monday & Tuesday  
Zumba – Wednesday

### Dance & Music

Tap Dancing – Wednesday  
Adult Ballet - Wednesday & Thursday  
at Cottenham Community Centre

### Languages

Holiday Spanish - Tuesday  
Revive Your French – Wednesday  
Improve Your French – Wednesday  
French Conversation – Thursday

### Computing & Photography

Photoshop Level 2 – Monday

### General

Exploring the Universe: Planets  
to Galaxies - Tuesday

**See separate listings for full details of our Saturday Workshops**

## DATES FOR SUMMER 2014

Monday 28th April .....Classes start  
Monday 26th May – Friday 30th May .....Half-Term Break

**NOTE: Please check the dates of your class, as some may run outside of the above dates  
no classes on Bank Holidays**

## ADULT CLASSES AT THE VILLAGE COLLEGE

The prices quoted are for Adults (F) = Full Rate and (R) = Reduced Rate for those on a means tested benefit

**PLEASE NOTE: ALL FEES MUST BE PAID BEFORE THE START OF THE COURSE.**

**Payment can be made by cash, cheque, debit or credit card (please note that for credit card payments there is charge of £2.50)**

### MONDAY

**Basic Silversmithing - 8 weeks 7.00-9.00pm Fee: £72(F)/£54(R) (plus £20 for materials – for copper not silver) starting 12<sup>th</sup> May**

This course is suitable for beginners or people with previous experience with the material. Students will be taught how to solder, pierce, form and finish metal. These skills can then be transferred into making finished items of either jewellery or tableware (napkin rings etc). Students will predominantly be working in copper as it has similar properties to silver, but will move on to using silver towards the end of the course if they wish. Our tutor, Rebecca Hill has recently won Best New Design 2013 at Goldsmiths Fair, London.

**Fitness for Mature Movers – 9 weeks 10.00-11.00am Fee: £36 - starting 28<sup>th</sup> April (Tillage Hall WATERBEACH, parking available).** Join us to gently stretch and tone in a friendly class. All movements to your own ability and will improve your balance and agility. All welcome - you really are never too old to start toning those muscles!

**Decorative Crafts - 5 weeks 7.00-9.00pm Fee: £45(F)/£34(R) starting 9<sup>th</sup> June**

Moving on from the Beginners Machine Sew course, this course explores using sewing machine stitches to decorate fabric and create a variety of crafted items; for example simple bags, home accessories, gift envelopes and fabric containers. You will broaden your sewing machine skills with more advanced techniques and explore the decorative potential of your machine while learning to make attractive crafts. Suitable for those with some experience of using a sewing machine (not beginners).

**Introduction to Beaded Jewellery (Daytime) – 5 weeks 12.30-2.30pm Fee: £45(F)/£34(R) starting 2<sup>nd</sup> June**

Discover the basics of Jewellery Making on this fascinating course that will teach you about the tools you will need, some of the various beads and findings available, when to use what where and how to store your finished pieces. By the end of the course you will have built up enough knowledge of techniques to produce various beautiful pieces in several styles. Materials extra.

**Pilates for Beginners (Daytime) – 8 weeks 1.45pm–2.45pm Fee: £45(F)/£34(R) starting 28<sup>th</sup> April – Classes held at RAMPTON VILLAGE HALL**

Mat based floor exercise class based on the principles of Joseph Pilates, focusing on core stability and flexibility. This class will be an introduction to the method, incorporating all the principles and is suitable for all levels of fitness.

**Photoshop Level 2 – 5 weeks 7.00-9.00pm Fee: £45(F)/£34(R) starting 12<sup>th</sup> May**

A workshop for those who have already completed a basic course. Learn more of the features of Adobe Photoshop and Photoshop Elements. You'll be able to correct and enhance photographs using adjustments, filters, layers, understand raw files, prepare the images for printing and successfully print the images on a home printer.

**Watercolour Painting (Daytime) - 5 weeks 10.00am -12noon Fee: £45(F)/£34(R) starting 19<sup>th</sup> May. Materials costs are extra. Class dates are: 19<sup>th</sup> May, 2<sup>nd</sup>, 9<sup>th</sup>, 30<sup>th</sup> June, 7<sup>th</sup> July.**

This course is both for beginners and for those with more experience. Watercolour is the most popular medium, and for very good reason. There is little to compare with the beauty of transparent colour washes, watercolours are handled in a way that is impossible with other mediums. There will be a definite bias towards traditional landscape painting. You will be encouraged to create paintings from your own observations applying the 'rules' of design and composition. There will be plenty of colour mixes, tips and 'tricks of the trade' for you to learn and enjoy.

**Yoga For Beginners - 8 weeks 6.30-7.45pm Fee: £45(F)/£34(R) starting 28<sup>th</sup> April**

This is a beginners course which is suitable for all ages and abilities. Learners with some experience who want to 'go back to basics' are also welcome. It is non-competitive and aims to increase your flexibility whilst teaching you how to work with your breath and how to relax. *Please note this course is not suitable for ladies in the first three months of pregnancy.*

### TUESDAY

**WEA (Cottenham)**

**Location: British Legion Hall, High Street, Cottenham**

**Course: Themes in Art**

We will look at paintings and sculpture selected to illustrate various subjects which have engaged artists throughout history.

**Tutor:** Michael Baldry

**Start Date:** 22nd April 2014 for 5 sessions of 2 hours

**Start time:** 10.00am

**Course Fee:** £30.20

**Class contact:** Liz Milway

Tel: 01954 250039

**Advanced Textiles Workshop (Daytime) - term 3 of a 3 term course – starting 29<sup>th</sup> April Tuesdays fortnightly 10.00am -3.30pm Fee : £120(F)/£90(R) Materials costs are extra**

A lively and structured workshop for those who wish to further their skills and experience in the field of creative embroidery. Students should have at least completed C&G 7822/7922 Embroidery or similar and have a firm commitment to the year's course and an ability to work on own initiative. Design will be the catalyst of all learning with embroidery /machine embroidery and mixed media techniques being covered, pushing the boundaries in all areas. All applicants will have to go through a selection process - please ring the tutor Pauline Verrinder on 01954 260358 before applying.

**Designer Textiles Workshop (Daytime) - term 3 of a 3 term course - starting 6<sup>th</sup> May Tuesdays fortnightly 10.00am -3.30pm Fee: £120(F)/£90(R) Materials costs are extra**

This workshop is aimed at embroiderers with a high level of experience in the field of creative embroidery. Students are encouraged to extend and develop existing skills and experience through individual experimentation and discovery led by design. It is expected that students have completed C&G 7922/7923 Embroidery or have attained similar skills and qualifications through other avenues of study. All applicants will have to go through a selection process – please ring the tutor Pauline Verrinder on 01954 260358 before applying.

**Exploring the Universe: from planets to galaxies – 8 weeks 7.00 – 9.00pm – starting 29<sup>th</sup> April Fee: £72(F)/£54(R)**

This course is perfect for people who are interested in learning about the wonders of our small corner of the Universe. No prior knowledge required for this course. Over eight weeks the Tutor will guide you on a tour from the smallest objects in our Solar system, up in size to our Galaxy then beyond. The sessions will be divided up so you cover three main areas; planets, stars and galaxies. This course will give you a sense of where we are in the Universe and what we know (so far) about the amazing objects within it.



### **Holiday Spanish – 6 weeks 7.00-9.00pm Fee: £54(F)/£40(R) starting 29<sup>th</sup> April**

Do you wish you could speak some Spanish to help you on your holidays? Then this lively course is for you. It caters for complete beginners and those with a little knowledge of the language. It will cover everyday holiday situations such as booking a hotel, ordering food & drinks and shopping.

### **Intermediate Silversmithing – 8 weeks 7.00-9.00pm £72(F)/£54(R) (plus £20 for materials – for copper not silver) starting 13<sup>th</sup> May**

This is a course aimed at learners with some previous knowledge of Silversmithing who are looking to explore more advanced techniques. The techniques covered in this course will be blocking and raising (used to make vessels), Forging (used to make cutlery, bangles and curtain ends etc.) and fold forming (widely used in jewellery). We will predominantly work in copper as it has similar properties to silver at a fraction of the cost. Learners will be encouraged to purchase some tools relevant to their chosen specialism but suppliers and tools will be discussed as the course progresses. Sketch book and note books will be needed for designing and taking note on technical demonstrations. Our tutor, Rebecca Hill has recently won Best New Design 2013 at Goldsmiths Fair, London

### **Pilates for Beginners – 8 weeks 6.30-7.30pm Fee: £40(F)/£30(R) starting 29<sup>th</sup> April**

Mat-based floor exercise class based on the principles of Joseph Pilates, focusing on core stability and flexibility. This class will be an introduction to the method, incorporating all the principles and is suitable for all levels of fitness.

### **Pilates for Improvers - 8 weeks 7.30-8.30pm Fee: £40(F)/£30(R) starting 29<sup>th</sup> April**

Mat-based floor exercise class based on the principles of Joseph Pilates, targeted at participants who have completed at least 1 - 2 years Pilates classes. This class builds on existing knowledge and ability, introducing the next level of exercises.

### **T'ai Chi for Beginners - 8 weeks 7.00-8.00pm Fee: £36(F)/£27(R) starting 29<sup>th</sup> April**

T'ai Chi Chuan is a meditative form of exercise involving flowing sequences of movement. Regular practice can help to develop calmness and relaxation, physical fitness, mental clarity and a sense of well-being.

### **T'ai Chi for Improvers – 8 weeks 8.00-9.00pm Fee: £36(F)/£27(R) starting 29<sup>th</sup> April**

Suitable for those with at least one year's experience.

### **Yoga for Improvers - 8 weeks 7.30–9.00pm Fee: £54(F)/£40(R) starting 29<sup>th</sup> April**

This class is suitable for those with at least one year's experience (gained over the last few years). It is non-competitive and aims to increase your flexibility improve your asana practice and develop your understanding of the philosophy of yoga. *Please note this course is not suitable for ladies in the first three months of pregnancy.*

## **WEDNESDAY**

### **Adult Ballet (Daytime) – 9 weeks 10.00am–11.00am Fee: £45 starting 30<sup>th</sup> April - classes held at Cottenham Community Centre**

For those who attended ballet classes as children or complete beginners, this class is designed to teach style, co-ordination, terminology and the steps that are the building blocks for ballet. Each session will consist of a warm-up, technique exercises and combinations. A great dance class for having fun while developing tone and strength throughout the body.

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### **Carpentry, Learn Design & Make - 8 weeks 7.00-9.00pm Fee: £72(F)/£54(R) starting 30<sup>th</sup> April (materials costs are extra)**

This will not be a dry and dusty course but will be a light, informative, enjoyable, progression from idea to conclusion. We provide the use of a brand new, top quality, extensively equipped carpentry workshop, where you can design and make any woodwork, carpentry, furniture project of your choice. If you prefer, you can work on learning or developing woodworking skills. We are delighted to help you realise your own idea or we can jointly devise a solution to your requirements. Suitable for the complete beginner or the expert.

### **Ceramics - pottery/stoneware clays - 8 weeks 7.00-9.00pm Fee: £72 (Plus £12 for materials and firing) starting 30<sup>th</sup> April**

You will learn how to pinch, coil, press-mould, slab-build, throw and decorate clay to make beautiful and useful items – tea light holders and tiles, jugs and bowls, bird baths and dragons. You can work on projects with the tutor or bring your own ideas. We use smooth and coarse stoneware clays and there are four electric wheels in the pottery room. Suitable for beginners and the more experienced.

### **Even More Felting (Daytime) – 5 weeks 9.30am-12.30pm Fee: £75(F)/£56 starting 4<sup>th</sup> June**

This is a 5 week course focusing on the wet felt making process. The aim is to continue with developing your felt making skills and to try out some new felting challenges. The course will focus on making your own pre felts and different ways to use these creatively. You will be able to develop these into wild and wonderful usable items or you can work them up into decorative pieces. We'll also look at nuno felting, using the nuno to connect different fabrics. A new technique will be introduced each week. Some foundation skills in felting will be useful on this course however beginners are also welcome.

### **French: Revive your French – 10 weeks 7.00-9.00pm (term 3 of a 3 term course) Fee: £90(F)/£68(R) starting 23<sup>rd</sup> April**

If you learnt French in the past, even a very long time ago and want to refresh your memory, this course is for you as you need a basic grasp of the language. You will develop an appreciation of the French language and culture and an ability to communicate, which will hold you in good stead in many everyday situations. We will talk about meeting and greeting people, talk with confidence about yourself, your family, your job, your daily activities and your leisure. Please phone us if you are unsure if the class is suitable for you.

### **French: Improve Your French – 8 weeks 7.00-9.00pm (term 3 of a 3 term course) Fee: £72(F)/£54(R) starting 30<sup>th</sup> April**

This course is aimed at learners with at least one year's knowledge/experience of French. If you know the basics such as buying food, booking a hotel room, travelling by public transport and you would like to go on developing your speaking, listening and writing skills further, then this course is for you. The course will enable you to have a conversation with French speakers, understand French radio and start to read the newspaper or French texts for French people. We will use a wide variety of teaching methods, such as class teaching, group work, pair work, reading aloud, listening to CDs/DVDs, discussion and presentation.

### **Diverse Jewellery Making – 4 weeks 7.00-9.00pm Fee: £36(F)/£27(R) starting 30<sup>th</sup> April**

Come along and discover the diverse world of Jewellery Making. This course will teach you some of the different aspects of Jewellery Making and the required tools, beads, findings and techniques to produce several pieces of jewellery in several different styles, to a professional level. Material costs are extra. Suitable for beginners or those who want to add to their skills.

### **Machine Sew–Create & Craft for Beginners (Daytime) – 4 weeks 10am-12.30pm Fee : £45(F)/£34(R) starting 30<sup>th</sup> April**

This course is aimed at complete beginners who want to use their new sewing machines, those returning to sewing and those who have upgraded the machine and not sure how it works. Whilst learning all about your machines and stitching techniques you will be able to make a variety of crafted items. Materials extra.

**Tap Dancing Improvers (Level 3) 9 weeks 7.00-8.00pm Fee: £40(F)/£30(R) starting 30<sup>th</sup> April**

For those who have previously completed Adult Beginners Tap (Levels 1-3), or who have previous experience of tap to Grade 3, this class is designed to teach rhythm, co-ordination and to refine technique. Each session will consist of a warm-up, technique exercises and combinations before moving on to more advanced tap choreography. Bring a little Fred Astaire to your Wednesday evenings!

**Tap Dancing Intermediate (Level 3) – 9 weeks 8.00-9.00pm Fee: £40(F)/£30(R) starting 30<sup>th</sup> April**

For those who have previously completed Adult Improvers Tap (Levels 1-3), or who have previous experience of tap to Grade 6, this class is designed to develop higher levels of rhythm, co-ordination and technique. Each session will consist of a warm-up, technique exercises and combinations before moving on to more advanced tap choreography. Bring a little Fred Astaire to your Wednesday evenings!

**Zumba - 6 weeks 7.30pm-8.30pm Fee: £27(F)/£20(R) starting 30<sup>th</sup> April**

Working out has never been so much fun until now! Zumba Latin Dance Fitness fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. Zumba fanatics achieve long term health benefits whilst experiencing an absolute blast in one exhilarating hour of calorific-burning, body energizing, awe-inspiring movements meant to engage and captivate for life! Come on .... join the party!

**THURSDAY****Adult Ballet (Daytime) – 9 weeks 10.00am – 11.00am Fee: £45 starting 1<sup>st</sup> May - classes held at Cottenham Community Centre**

For those who attended ballet classes as children or complete beginners, this class is designed to teach style, co-ordination, terminology and the steps that are the building blocks for ballet. Each session will consist of a warm-up, technique exercises and combinations. A great dance class for having fun while developing tone and strength throughout the body.

**French Conversation (Improvers) (Daytime) - 10 weeks 9.30-11.30am Fee: £90(F)/£68(R) starting 24<sup>th</sup> April**

If you are looking for an informal daytime class to improve your French then this class is for you. Come along and join an enthusiastic group and have fun conversing in French. Students should already have a good basic knowledge of French with at least one year's experience.

**Upholstery (Daytime) - 10 weeks 10.00am-3.30pm Fee: £230(F)/£172(R) starting 24<sup>th</sup> April Course currently full, please contact us for waiting list.**

This course requires no prior experience, just enthusiasm and a love of the craft. Whether you are new to upholstery and want to refurbish a simple dining chair, or more adventurously, an armchair, this course is for you. All the correct techniques of upholstery are covered, often on a one-to-one basis for traditional and modern furniture. Students need to bring their own piece of furniture to work on.

**FRIDAY****Upholstery (Daytime) - 10 weeks 10.00am - 3.30pm Fee: £230(F)/£172(R) starting 25<sup>th</sup> April Course currently full, please contact us for waiting list.**

This course requires no prior experience, just enthusiasm and a love of the craft. Whether you are new to upholstery and want to refurbish a simple dining chair, or more adventurously, an armchair, this course is for you. All the correct techniques of upholstery are covered, often on a one-to-one basis for traditional and modern furniture. Students need to bring their own piece of furniture to work on.

## **SATURDAY DAY SCHOOLS**

### **COTTENHAM VILLAGE COLLEGE**

**Time: 10am – 4pm (unless otherwise stated)**

**Cost: £30(f)/£23(r)\* unless otherwise stated**

**(\*applicable to those in receipt of means tested benefit)**

**(Please note all students will need to bring a packed lunch for whole day courses.**

**Materials are extra where stated)**

### **SATURDAY 17<sup>th</sup> May**

#### **Papermaking – Pauline Verrinder**

Making your own handmade paper is an easy, satisfying and rewarding process. Your own handmade papers can be used creatively for card making, embroidery, design and sketchbook techniques. The materials and equipment required are inexpensive and easy to obtain. The papermaking process can easily be replicated at home by recycling found papers. The techniques used will not create perfectly made sheets, as for book making, but handmade paper for creative uses. Materials extra.

#### **Screen Print Studio – Ricki Outis**

In this session the emphasis is on the experimental, using screen fillers with the silk screen to create painterly effects and texture on fabric. The day is aimed at those with some experience of screen printing and it is an opportunity to work in a studio atmosphere with tutor support. An A4 screen and squeegee is provided for use during the day. Materials extra.

#### **Emergency First Aid At Work £55 – Colin Fordham**

On this one day course you will acquire new skills to enable you to handle lifesaving situations at home, work or on the road. Theoretical and practical training is given. A certificate will be awarded for successful completion of the course. A First Aid Manual is included in the fee.

#### **Tiaras & Jewellery – Kelly Caine**

Create your own unique Tiara, perfect for weddings, proms, first communions and balls, as well as gifts for friends and relations, especially little girls!! Topics covered include materials, suppliers, design and lots of other tiara making tips. You will also create a range of jewellery consisting of a bracelet, pair of earrings and necklace. You will learn the skills required to accomplish a professional finish and how to store your finished pieces. Materials extra

#### **Digital Photography Taster Day – Denis Pemberton**

An introduction to Digital Photography. You will learn the basics of digital photography, become familiar with the settings of a digital camera, learn how to produce images of a reasonable standard and how to prepare images for printing.

#### **Farsi – a ‘Taster’ 10am – 1pm – Mahnaz Ajamy £15**

An introduction to Farsi, spoken in Iran, Afghanistan and other countries in this area. This is a short ‘Taster’ session to introduce the very basics of the language. Further classes will be offered if enough interest.

**SATURDAY 14<sup>th</sup> June****Eastern Cooking – Kevin Hodgson**

An informal day to enjoy yourself whilst at the same time learning new recipes and producing some tasty dishes by the end of the day. In the morning you will be shown how to make 3-4 of the recipes provided then it will be your turn to cook. Recipes will be sent out beforehand, then the choice is yours to produce dishes such as: Indian samosa, Onion Bhajee, Balti, Passanda Chapatti, Thai spring Rolls, Thai Red curry, Pork skewers with peanut sauce, Thai fish cakes and dipping sauce. Ingredients need to be purchased by learner.

**Contemporary Textile Jewellery – Pauline Verrinder**

This workshop shows you how easy it is to create unique pieces of textile jewellery. Adapt the techniques shown to suit your own style, either ornately embellished or stylish and minimalist. Hand and machine embroidery techniques will be employed together with various mixed media techniques. It is important that you have experience with Free Machine Embroidery. Materials extra.

**A Little Piece of Summer (Flower Arranging) – Julie Woods**

Modern and Traditional flower arranging designs using plant material in season from posies to table to church. Materials extra.

**Willow Weaving: Bird Sculpture – Sue Kirk**

Make a bird in a day which stands up to 18" tall. Choose from a pheasant, chicken, duck or goose. The sculptures look great in your garden or inside your house. This class is suitable for complete beginners. Learn a variety of willow weaving techniques from hoop making, binding, randing and random weave. Materials extra.

**Family Learning – Creative Jewellery Together – Kelly Caine FREE 10am-12.30pm OR 1.30pm-4pm**

Aimed at adults and children learning together. KIDS!!! Bring a grown-up along for a session of creativity and fun together! Recycled T-Shirt Jewellery & Rubber Band Bracelets - The New Craze!!! **Booking essential and children must be aged 9+.**

**Patchwork – Mary McIntosh**

A one day workshop to make a Folded Flying Goose cushion or panel using cotton fabrics. Machine stitching. Materials extra.

**Dyeing to Felt – Ricki Outis**

This day school is an opportunity to learn about dyeing wool fibres in rainbow colours so that you have your own beautiful wool tops for making unique felted surfaces. A practical day – there will be some felting but the main emphasis will be on the dyeing process. No experience necessary.

**Make a Sample Roman Blind in a Day – Cindy Mason**

Learn how to make a sample Roman Blind the professional way with lining, interlining and no stitching showing on the front. During this one day course you will learn how to measure the window, estimate fabric quantities and calculate the folds in your blind by constructing a fully working sample using lining, interlining, rods, rings and aluminium bar. Materials extra.



# Cottenham Summer School

28 July - 1 August

# 2014



For more information or a brochure, please contact us on  
Tel: 01954 288751 • Email: [community@cvcweb.net](mailto:community@cvcweb.net)  
or visit <http://community.cvcweb.net>

## Textiles

Weaving on a Table Loom

with Anna Crutchley

Bags, Boxes & Books to Stitch

with Pauline Verrinder

Spectacular Screen Printing

with Ricki Outis

Goldwork

with Jean Wright

Quilt in a week

with Mary McIntosh

## Jewellery

Wire, Kumihimo & Buttons!

with Kelly Caine

## Drawing & Painting

Egg Tempera Painting

with Rebecca Merry

Landscapes in Watercolour

with David Hyde

Oil & Acrylic Painting

with Clive Riggs

Drawing – learning to see

with Sheila Bryan

## Music

The Roots of Modern Guitar

with Brooks Williams

Accordion Workshop

with Bert Santilly

## Crafts

Pattern Cutting

with Sally Tilley

Mosaics

with Terry Baker

Upholstery Workshop

with Cindy Mason

Willow Weaving

with Sue Kirk

Fascinators & Corsages

with Titania Fisher

## Walking

Exploring Villages around  
Cambridgeshire

with David Thomas

## Other sessions

A French connection!

with Nathalie Garbolino-Riva

Creative Digital  
Photography

with Denis

Pemberton

20th  
Anniversary

## ACTIVITIES FOR CHILDREN AND YOUNG PEOPLE

Please note fees are not refundable for absence from a class that is continuing to meet.

**Ballet - April Martin (Associate ARBTA & Member BDQT), any enquiries telephone 01954 200533**  
E-mail [a.r.martin@ntlworld.com](mailto:a.r.martin@ntlworld.com) or [tutusrus@ntlworld.com](mailto:tutusrus@ntlworld.com)

**Ballet - Cottenham Village College - Wednesdays**  
**12 week term – Starts Wednesday 23rd April 2014**

		<b>Time</b>	<b>Term</b>
Cj51	Reception	3.45-4.15pm	£40.00
Cj52	School Year 1 -2	4.15-4.45pm	£40.00
Cj53a	School Years 2 - 4	4.45-5.15pm	£40.00
Cj53b	School Years 4 – 60	5.15-5.50pm	£44.00
Cj54	School Year 6 upwards	5.50-7.00pm	£54.00

**Tap for Fun – Cottenham Village College – Tuesdays with Nicci Spray**

**10 week term – Starts Tuesday 29th April 2014**

Level 2 for school years 3-6

with 1 year's experience 4.30-5.15pm £40.00

## Family Learning FREE FUN Activity JEWELLERY TOGETHER SATURDAY 14<sup>th</sup> June 2014



Aimed at adults and children learning together. KIDS !! bring a grown-up along for a session of creativity and fun together making recycled T-Shirt Jewellery & Rubber Band bracelets!

**2 sessions available**  
10am-12.30pm OR 1.30pm-4pm

### BOOKING ESSENTIAL

Cottenham Village College  
Email: [community@cvcweb.net](mailto:community@cvcweb.net)  
01954 288751

## ENROLLING IN THE CLASSES

You may enrol in any of the adult or junior classes by using the booking form in this brochure or over the phone with a debit/credit card. If paying by credit card there is a fee of £2.50 per transaction (no charge for debit card payments). Bring or send your booking form to the College, and make cheques payable to 'COTTENHAM VILLAGE COLLEGE' for both adult and junior classes. You can also print off a copy of the booking form from our website <http://community.cvcweb.net>

### **ADULT LEARNING CLASSES:**

**In person:** the office will be open weekdays 9.00am to 2.30pm and evenings from 6.30pm to 8.30pm Monday - Wednesday. **Tel: 01954 288751**

**By email** at: [community@cvcweb.net](mailto:community@cvcweb.net) with full details of the course, your name, address and telephone number.

**By post:** enclose a stamped addressed envelope if you would like your receipt posted back to you.

**SPORTS CENTRE CLASSES:** visit the Sports Centre Reception **Tel: 01954 288760** from 5pm daily and from 9am at weekends.

**COURSE FEES:** must be paid in full at enrolment.

**MATERIAL CHARGES:** such as text books, ingredients for cookery classes, fabrics etc. - are NOT included in the cost.

**CONCESSIONS:** available, but evidence of entitlement is required at enrolment or before.

### **CLOSURE OF CLASSES - REFUNDS OF FEES**

A full refund will be given when a class is closed due to small numbers. **Please note, fees are not refundable for absence from a class that is continuing to meet.**

### INSURANCE AND LOSSES

Cottenham Village College cannot accept responsibility for accidents to members of clubs and classes other than those covered by the College's Public Liability Insurance, nor for loss of personal property left on the premises or in a car, nor for damage to cars and bicycles - parking is at your own risk.

### EQUALITIES STATEMENT

Cambridgeshire County Council operates an Equality of Opportunity Policy. We will ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all can access activities. If you have any specific needs which might affect your learning you are entitled to a confidential interview where we can look at the support that you require. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect.

### COMMUNITY FACILITIES AT COTTENHAM VILLAGE COLLEGE

#### Support for people with special needs

If you would like to attend a class but feel that you may need support to enable your participation, please contact the Adult Learning office on 01954 288751.

#### Transport Difficulties

If you would like to attend a class but have no transport please contact us on 01954 288751. We may be able to put you in touch with someone who can give you a lift.

#### Learning Partners

If you are interested in being a learning partner in a class of your choice (you do not pay fees) to enable you to offer help to someone requiring support, please get in touch with us – Tel: 01954 288747.

#### College Lunches

The lunches at Cottenham Village College are excellent value, why not come and try them on Fridays 1.00pm - please phone us to book on 01954 288944.

## ARE YOU ELIGIBLE FOR REDUCED FEES?

### THE FOLLOWING GROUPS MAY CLAIM THE REDUCED RATE FOR LEISURE COURSES

Working Family Tax Credit

Job Seeker's Allowance

Income Based Benefit

If you receive the 'Guaranteed Credit' element of Pension Credit

Unwaged Dependent of above

Students Aged 16 – 18

**Please note that proof of above will be required otherwise full fee will be due.**

**\*Learners in receipt of Guaranteed Credit (on its own or with savings credit) may be eligible for fee reduction and will be asked to produce the award notice.**

**Cottenham Sports Centre boasts an array of high quality sports facilities; open to the public 5pm - 10pm Mon – Fri, and 9am – 5pm at weekends.**

- **Air conditioned modern fitness suite**
- **A dance / aerobics studio, with wood sprung floor**
- **A floodlight artificial turf pitch**
- **Multi use sports hall (3 badminton courts)**
- **Gymnasium (smaller hall suitable for martial arts, etc)**
- **Four floodlight tennis / netball courts**
- **Outdoor cricket nets**
- **Modern changing rooms, with showers and lockers**



These excellent facilities are available to clubs, groups and individuals to hire on either a block booking or casual basis.

Our fitness suite, offers the very latest cardio vascular equipment; including treadmills, cross trainers, rowing machines, bikes and the revolutionary award winning Adaptive Motion Trainer (AMT) which "moves the way you do" adapting immediately to the natural movement of the body and changes in stride length, pace and direction. Plus a full range of Resistance Weight Machines.

Exercise no longer needs to be boring with our 'Cardio Theatre', giving you a choice of different TV channels to keep you entertained whilst you are exercising.

Personal Fitness Programmes - our personal one-to-one or group induction sessions with our Fitness Instructors, will introduce you to the equipment and design a programme to meet your aims. The fitness suite is available on a monthly payment basis or on a casual pay-as-you-go basis.

## **SPORTS COURSES**

We run a number of term time sports courses for adults and children. These courses must be booked in advance.

### **Children and Young People Classes – Termly classes**

#### **Mondays**

Badminton – Dan Valderas 10 Weeks – starting 28<sup>th</sup> April 2014 (No session on 5<sup>th</sup> May)  
1 Term  
Badminton 5:30 - 6:30pm £38

#### **Wednesdays**

Gymnastics – Paula Cook 10 weeks – starting 30<sup>th</sup> April 2014  
Age 5 – 7 years 3:30 – 4:30pm £50  
Age 8 – 10 years 4:30 – 5:30pm £50  
Age 11 years + 5:30 – 6:30pm £50

### **Children and Young People – pay as you go classes**

#### **Wednesdays (Term Time) Starting 23<sup>rd</sup> April**

Roller Skating 5:00 – 6:00pm £2.80 Skate Hire +£1

#### **Fridays (Term Time) Starting 25<sup>th</sup> April**

Roller Skating 5:00 – 6:30pm £2.80 Skate Hire +£1  
Artistic Skating 6:30 – 7:30pm £3.60

### **Adult Classes – Termly classes Adult (F) = Full Rate and (R) = Reduced Rate.**

#### **Mondays**

Badminton 10 weeks starting 28<sup>th</sup> April (No session on 5<sup>th</sup> May)  
Beginners 6:30 - 7:30pm £44(F)/£38(R)  
Intermediate 7:30 - 8:45pm £55(F)/£47.50(R)  
Advanced 8:45 - 10:00pm £55(F)/£47.50(R)

All termly classes have a half term break w/c 26<sup>th</sup> May 2014.  
Please note all fees must be paid at the start of the course/class.

## Reduced rates are available for the following groups

Working Family Tax Credit, Job Seeker's Allowance, Income Based Benefit, State Pension Age,  
Full Time students aged 16 – 18

## GP Referral Classes - South Cambridgeshire - Active & Healthy 4 Life

Patients are referred by a Health Practitioner to improve their health through an individually tailored fitness programme over a 12 week course. Conditions that benefit from exercise include obesity, arthritis, high blood pressure and cholesterol, diabetes and depression.

## HOW DO I JOIN?

If you think this scheme is for you please discuss it with your GP or Health Practitioner and they can complete a referral form for you.

### Tuesdays

F4H Class (Y) 3:30 - 4:30pm and 4:30 - 5:30pm £72 (Twice a week, 24 sessions)

### Thursdays

F4H Class (Y) 3:30 - 4:30pm and 4:30 - 5:30pm £72 (Twice a week, 24 sessions)

Plus assessments which cost £8 each and are undertaken at the beginning and end of the scheme.

The Active and Healthy 4 Life scheme prices have been subsidised by South Cambridgeshire District Council and Cambridgeshire NHS.

**Cottenham Sports Centre Tel. 01954 288760 or [www.cvcweb.net](http://www.cvcweb.net)**



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# SPORTING CHANCES FOR COTTENHAM

## **New plans for the recreation ground will provide more opportunities to enjoy this large open space**

Summer should see the appearance of a new skate park at the recreation ground, thanks to a committee of teenagers who approached the parish council to upgrade the area. Made of highly durable, long-lasting concrete the new park should require minimal upkeep and offer an excellent surface for skateboarders. It is hoped it will attract users from further afield and bring local business opportunities to the village.

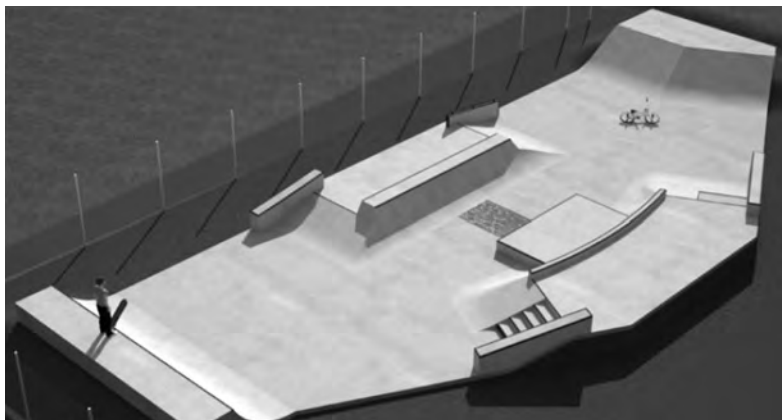
As more than a quarter of village residents are under 18 the council recognises the need to provide modern facilities that promote healthy, active leisure pursuits and has in hand a project entitled 'Recreation Ground – A Vision' on which feedback from villagers is being sought (see [facebook.com/cottenhamvisionplan](https://facebook.com/cottenhamvisionplan)). The responses will form the basis for a business plan to be presented to the Parish Council in the late autumn. The skate park is one element, as is a new sports pavilion on which work will start in April with build time of about six months. Included are changing rooms and a multi-function room that will be available to football, cricket and other sports clubs.

The new building will cover one of three existing but rarely used grass courts, for which upkeep is both expensive and difficult. Cottenham Tennis Club saw this as an opportunity to expand membership and interest in the game. Prompted by the recommendation of Sport England in the planning process, it has prepared a business plan for the council proposing that two hard, all-weather courts, with flood lighting, a mini court

for juniors and, if possible, a hitting wall be installed as part of the Vision. This would be phase one; phase two (at a later date) would add two more hard courts, with flood lighting, for dual tennis and netball use. At least three, and ideally four, courts would be needed for Cottenham to grow a club that can attract better players, host competitions and bring more people to the recreation ground.

The club has enthusiastic support from Primary School headmaster James Kilsby and also from the director of coaching company Over&In, Hamid Hejazi (providing qualified tennis coaches to over 25 village clubs, Cottenham included) and others. Junior coaching is a thriving part of the club which at present uses the courts at the Village College. The plan's promoters Paul Dixon and Bruce Hutchison believe the recreation ground with its new facilities would be ideal for an adult sports club with a large junior membership. Initial quotes for phase one have been obtained (estimated at about £100,000 plus VAT) and Steve Goswell of Tennis4Cambridge, a specialist in sports club funding, is advising and assisting the club in sourcing grants and other funding required from other providers on top of what the club and Parish Council put in. The plan is still before the council for consideration.

**More information on joining the club or playing times: [www.cottenhamtennis.co.uk](http://www.cottenhamtennis.co.uk) or [info@cottenhamtennis.co.uk](mailto:info@cottenhamtennis.co.uk)**



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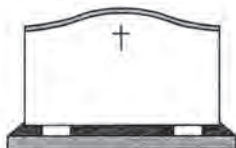
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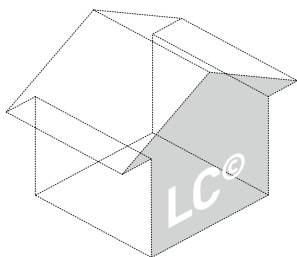


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# Cottenham Community Centre Day by Day

(all activities in main hall unless marked 'studio')

## Monday

Zumba gold (for over 50s) 2.30-3pm; Zumbatronic (term time) 3.30-4pm; Zumba 7-8pm. Contact Jo Kinser (jo@jjkdancin.com) re any of the classes

## Tuesday

Yoga 10-11.30am (denise@sibleymooreyoga.co.uk); Pilates for beginners (studio), sessions £7, Miranda de Vries (mitimewellbeing@gmail.com) Rugby tots (two to three and a half years) 3.30pm; three to five and a half 4pm; contact andyk@rugbytots.co.uk

## Wednesday

Adult ballet (studio) 10-11am; reserve a place (jdrinkwater@cvcweb.net). Little Humbugs (singing and music for babies and toddlers, 10.30-11.30am, £2.50 (littlehumbugs@gmail.com). Whirl & Twirl, 7-10pm, Irene.baldry318@btinternet.com

## Thursday

Ready Steady Play (early years) 10-11am (MLam@histon.cambs.sch.uk). NEW Teen Pilates (studio) 3.30-4.15pm. BarreTime (studio) 5.15-6.15pm. Pilates for men (studio) 6.30-7.30pm. Mixed Ability Pilates 7.30-8.30pm. All

Pilates queries to mitimewellbeing@gmail.com  
NEW Adult ballet (studio) 10-11am; reserve a place jdrinkwater@cvcweb.net

## Friday

Mixed Ability Pilates 10-11am; Yoga (studio) short terms only 10-11.30am, wiltrud.jackson@yahoo.co.uk FlexAware (studio) 11.35am-12.35pm. NEW Pilates Beginners (studio) 12.35-1.35pm. NEW Pilates Mixed (studio) 4-5pm. Stretchercise (studio) 5-6pm

## Saturday and Sunday

Colour Awareness workshop (studio), bookings mitimewellbeing@gmail.com Dads Play 10.30-11.30 (2nd Saturday of month)  
Arts Night, coffee shop, 7.30-9.30 (2nd and 4th Sundays). The Roost, coffee shop and main hall, 3-4.30pm. Information from website: www.revcoffee.net or email simon.oliver@cantab.net  
There are three rooms (main hall, studio, coffee shop) for hire at the Cottenham Community Centre for new activities or parties. See the website www.cottenhamcc.org or email smithmichaelstanley@hotmail.com

## HAVING YOUR SAY

**T**he Fen Edge News has three issues a year containing information of interest to residents of the five villages. But we are also part of South Cambridgeshire and there is now a website on which everyone who lives and works in this large region can have their say.

If you have concerns about your community, you can raise them on ShapeYourPlace and you will get a response from local public services within 10 working days.



ShapeYourPlace will be visiting villages across the area to promote its award-winning website so look out for a brightly coloured inflatable sofa somewhere near you and find out more. They offer free training to help you report on your local area using words, audio, images and videos. You don't need previous experience to use the website <http://southcambridgeshire.shapeyourplace.org> but if you need any guidance contact [anna.allen@cambridgeshire.gov.uk](mailto:anna.allen@cambridgeshire.gov.uk)

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District Councillor .....	Mr R Manning.....	01954 261235
District Councillor .....	Mr B R Burling.....	01954 230168
District Councillor .....	Mrs P S Corney.....	01954 213221
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British School Trust .....	Lynda Blunt.....	01954 261309
Beavers, Cubs and Scouts .....	Mrs M Dellar.....	01954 260045
Ducklings Toddler Group.....	Emma Knights.....	01954 260608
HoneyPot Pre-School (term-time only) .....	Mrs G Balaam .....	01954 201567
Tigger Toddlers.....	Jenny Rayner .....	01954 270122
Old Buttery Nursery School .....		01954 260046
Holiday Playscheme Phoenix School.....	Mrs Jackie Daire.....	01954 263113
Willingham Guides and Senior Section .....	Lynn McGoff .....	01954 261296
Ladybird Borland's School OfDance .....	Mrs L Borland.....	01954 203347
Bubbles/Messy Church .....	Rev L Liversidge .....	01954 263187
	Heather Mellows .....	01954 270063
Bumps and Babies Group .....	Emma Tregenna .....	01954 261775
TOPS (Baptist Church Toddlers Group) .....	Trevor Rowe .....	01954 261193
Little Notes Music group.....	Emma Tregenna .....	01954 261775
Kids' Friday Club (Baptist Church) .....	Trevor Rowe .....	01954 261193
Ploughman Hall Bookings .....	through Parish Council.....	01954 261027
Wilford Furlong Centre.....		01954 261445
The Octagon.....	Rosemary Mumford .....	01954 260934
Baptist Bookings.....	Julie Stock .....	01954 202221
Salvation Army Hall Bookings .....	Emma Knights.....	01954 261108
Allotments.....	Ian Barratt .....	01954 261609
Billavincea Lodge 8719 .....	Mr M Scrivener .....	01480 413533
Cambridge News Correspondent.....	Anne Kirkman .....	01954 260393
Fen Edge Community Association .....	Alan Leeks .....	01954 250061
Willingham Action Group (WAG).....	Mike Tidball .....	01954 260647
Willingham Combined Charities .....	Mrs Josie Ferrante .....	01954 261818
Workers' Educational Association.....	Rosemary Mumford .....	01954 260934
Gardening Club.....	Mr T Halsey.....	01954 201910
Social Club.....	Sarah Rutherford .....	07989 242155
Willingham Jam Club .....	Julian Eales .....	01954 201818
Willingham StageCraft (drama group).....	Charlotte Hockin.....	07708 758876
Willingham Photography Club .....	Christopher Cross .....	01954 260790
Willingham Walkers .....	Mike Tidball .....	01954 260647
Willingham Youth Club .....	Trevor Rowe .....	01954 261193
Women's Institute .....	Jacky Sparks.....	01954 261831
Women's Royal British Legion.....	Mrs M Few .....	01954 260124
Badminton .....	Sarah Custance.....	01954 202005
Bowls Club.....	David Hart (Secretary).....	01954 260204
Cricket Club .....	Mr R Ambrose .....	01954 260446
Cycling Club .....		www.willinghamwheels.com
Ladies' Hockey .....	Teresa Hutchcraft .....	01954 260177
Tennis Club.....	John Graham .....	01954 231968
Willingham Diamonds Netball Club .....	Hannah Francis.....	01954 260993
Willingham Running Club .....	Gerry Mears .....	07511 131645
Willingham Sports Pavilion.....	Trudy Greygoose .....	07786 230559
Willingham Wolves (Boys & Girls Football) .....	Claire Few .....	01954 203001
Mothers' Union (Branch Leader).....	Mrs S Hayden.....	01954 260363
Baptist Church.....	Rev Trevor Rowe .....	01954 261193
Methodists (Ministerial Contact) .....	Rev Hilary Cheng.....	01223 700778
Roman Catholic Priest .....	Fr Edward Tredota.....	01480 462192
Salvation Army Captain .....	Emma Knights.....	01954 260608
Parish Church.....	Rev Linda Liversidge.....	01954 263187



**COMMUNITY EDUCATION  
COTTENHAM VILLAGE COLLEGE**

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