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Community Association

Autumn 2014

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THE FEN EDGE COMMUNITY ASSOCIATION

This is the page where you normally read the chairman's report, but as you can see below a new chair will soon be elected. I volunteered to do the magazine – which covers the five Fen villages listed above – because I wanted to know more about the area to which I moved just over two years ago. This is the second issue I have been involved in and I hope you will find the content both interesting and up your street. It might not have happened without Bob Turner who stepped in to handle advertising after Alan Leeks resigned.

After more than 40 years in London, I couldn't believe how easily I fell into village life and its refreshing ways (I will rhapsodise about these in the future). But three discoveries stood out. The first was the Parish Council. As a journalist I covered a variety of councils, but this was new. They don't have them in cities!

I wonder if villagers realise how incredible it is that fine men and women give up their time to caretake where they live, to act as housekeepers for the 'precept' – another word for tax – that they receive as a share of the council tax to use for the benefit of the villages. These people aren't paid (expenses are covered), yet every week of the year each one will be working on a problem or a project relating to their Fen village.

2014 was different for the councils. For the first time in 12 years, Cottenham and Waterbeach

had elections, which only happens when there are more people wanting to be on the PC than is designated by the powers that be. It brought Cottenham a J K Rowling moment when one councillor was elected but resigned before she even took her seat – called a casual vacancy, which will be put right by co-opting another person who is interested in community.

That was my second discovery – how reliant we all are on volunteering (see p 7) to make our villages run well for all, a subject the magazine will focus on in the future.

The third discovery was FECA, an association created about 30 years ago for the purpose of making life better and more interesting for everyone in the villages served by Cottenham Village College. It's a charity, with trustees who have helped many groups with small grants, was the originator of the three times a year magazine you are reading, and the Fen Edge Family Festival. They have not sung their praises enough.

Times are changing but, with luck, the Fen Edge News will go from strength to strength and there'll be a new FECA website up and running to keep everyone in touch with each other and what's going on in our fantastic localities.

Wendy Dear

01954 712627 or

wendy.dear@blueyonder.co.uk

FAREWELL & THANK YOU

As the Fen Edge Community Association (FECA) comes to the end of its administrative year, we prepare to say goodbye to our Chairman, Alan Leeks. Alan has done a sterling job in holding the organisation together for the last eight years, leading on

the excellent Family Festival in 2013 and maintaining the advertising revenue for the Fen Edge News for the last five years. We would like to place on record our thanks to Alan and to wish him all the best in his new role as Chairman of Cottenham Parish Council.

We would also like to thank our secretary Rosalie Dunnico, who will be stepping down at our AGM. All her work for FECA over many years has been much appreciated. If you would like to know more about the activities of the association, why not come to our AGM at Cottenham Village College on Tuesday 15th July at 7.30 pm. You will be very welcome.

The FECA Trustees

FEN EDGE EVENTS DIARY

What's on and when

JULY

12/13th, 19/20th, 26/27th, Cambridge Open Studios weekends (see p8)

15th Fen Edge Community Association AGM, Cottenham Village College, 7.30pm

15th Auditions for Cinderella, Cottenham Theatre Workshop pantomime (see p13)

19th Landbeach Party in the Park, 6pm to midnight, Recreation Ground, 5 live bands, food stalls, bar or bring your own picnic; £17 adults, £7 children 5-14. Tickets: 01223 861553

19/20th Alternative RA Summer Exhibition, Rampton Village Hall (see p8)

23rd July to **1st** August Cottenham Summer School (see <http://community.cvcweb.net>)

23rd School term ends

23rd July to **2nd** August Commonwealth Games, Glasgow

26th Cantalena Singers tea-time concert, 5pm, St John's Church, Waterbeach, tickets on the door, refreshments available

28th July to **1st** August Cottenham Holiday Club, Baptist Church (see p19)

AUGUST

3rd 3pm-5pm, 'remember with candles' service, Salvation Army hall

4th to **8th** Children's Mad Science week, Cottenham Community Centre, bookings supersonicsam@madscienceeast.co.uk

18th Family history session, Cottenham Library, 7pm (see p6)

30th Friends of Worts Meadow pond dipping (for children). See p17

SEPTEMBER

5th New school term starts

6th Willingham horticultural and craft show 1.30pm (see p17)

7th Prime Brass at Ely Cathedral (see p15)

12th Cottenham Village Society AGM (see p17)

13/14th Impington College 75th anniversary,

Sat 4pm-8pm; Sun 11am-4pm; www.impington75.org.uk

18th Cottenham intergenerational coffee morning 10am-2pm, Cottenham Village College, (see p17)

20th Cottenham 'pop-up repairs' for free (see p19)

20th Peace One day, meal at Cottenham Community Centre (see p19)

23rd Waterbeach Village Society, Community School Library, 7.45pm

26th Macmillan Coffee Morning, Community Centre Cafe, Cottenham

26th Planting raspberries, talk, Cottenham Gardeners Club (see p11)

27th Half term

OCTOBER

4th Ploughing Society ploughing match (see p17)

3rd/4/5th Willingham Feast (see p21)

10th 'The Cottenham Choral Society', talk, Cottenham Primary School 7.45pm (see p17)

11/12th Cottenham Feast (see p21)

13th Family history session, Cottenham Library, 7pm

13th Junior Prime Brass, Royal Albert Hall (see p15)

25th Fungus foray, Worts Meadow, Landbeach, 10am (see p17)

31st Winter colour, Cottenham Gardeners Club (see p11)

NOVEMBER

9th Remembrance Sunday

11th Armistice Day

14th BBC Children in Need and World Diabetes Day

17th Family History session, Cottenham Library, 7pm

MYTHS FOR SUMMER READING CHALLENGE

Children from 3 to 11 are invited to take part in this year's summer reading competition called 'The Mythical Maze', featuring myths and unknown beasts to stretch the imagination. Pick up an entry form from your local library, make sure your child is registered as a borrower, and off you go.

Willingham Library

Special sessions for adults 1st Wednesday of each month, 2-3.30pm, with speakers, refreshments. For the under 5s (plus parent/carer), Story Times: 1st and 3rd Tuesdays (term time only), 2-2.30pm. Friends of Willingham Library: World War 1 exhibition, September. Address: Church Street, Willingham, CB24 5HS
Opening times: Mon, closed; Tues 10am-1pm and 2-5pm; Wed, closed; Thurs, 4-7pm; Fri and Sat, 10am-1pm.

Cottenham Library

Friends of Cottenham Library have a Facebook page. They have a jigsaw swap, and will run drop-in sessions on Mondays (7-8.30pm, 18th Aug, 13 Oct and 17 Nov) to help anyone interested in family research. Range of activities always on offer. Address: Margett Street, Cottenham CB24 8QY
Opening times: Mon, 4-7pm; Tues, 10am-5pm; Wed, 10am-1pm; Thurs, 10am-5pm; Friday, closed; Sat, 10am-1pm.

Waterbeach Independent Lending Library

One of the libraries the County Council wanted to close in 2003, but it stayed open, is run totally by volunteers and is connected to the Cambridgeshire Library Service. It offers a permanent presence in the community with internet access and study space. The library has a Facebook page to keep Waterbeach up to date with community events. Runs Storytime sessions for parents and children, and Books and Babies for younger siblings on Friday afternoons before the older children finish their school week.

Address: Waterbeach Community School
Opening times: Mon, 10am-noon and 2.45-5pm; Tues, closed; Wed 6-8pm; Thurs, closed; Fri 2.45-5.30pm; Sat 10am to noon.

Libraries in the Fen Edge patch have had to struggle for some years, battling with the County Council to survive. With council budgets squeezed, there are more cuts in the offing so the threat has not gone away. In the meantime, however, we should all take advantage of what each library offers. All have printers, photocopiers, computers for email and internet access, and free wifi. You can order a book online through the Cambridgeshire Library Service and it will be delivered to your chosen library. Remember it is free to join a library, online or by phoning 0345 0455225. You receive your card by post and your ID is checked at the library when you visit.

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The Fen Edge Volunteer Bank

Investing your time in your community benefits everyone

An American football coach is credited with saying: "The measure of who we are is what we do with what we have". So, if it is time we have – a little or a lot – and we use it to make something better for others, everyone gains.

Where would we be without volunteers? On the sporting theme, for instance, it is the mums and dads, aunts, uncles, grandparents who give their time to help with coaching or getting the children to and from venues or training that make an incalculable contribution to those young people's lives, their fitness and their future. And the coaches who have worked to achieve their qualification level also give their time freely and their reward is seeing their young enthusiasts thrive and develop.

And what about the 'service' groups, like the Scouts, Guides, Brownies and Rainbows – the ones that stretch the children and broaden horizons outside of school hours. None of them would exist without volunteers.

On the civic scene, looking after the villages in the Fen Edge patch falls on those who live there. All have one main street along which too many cars appear not to notice speed limits. But volunteers of Speedwatch collect data so how many cars using the roads is known as well as how many travel at over 30 mph. Each monthly report makes sober reading – but at least locally registered vehicles travelling at 36mph and above are written to by area police. What's frightening is the number that travel at 45mph and over. More volunteers sitting by the roadside might make a big difference.

People who live in the Fen villages know how important transport is. With a poor or non-existent bus service older residents of Landbeach would be isolated without the minibuses, available through the Cottenham Village College and FECA membership, and driven by volunteers (who must be under 70 because of insurance rules). The car services in Cottenham and Waterbeach are invaluable in enabling hospital and social visits for older people.

Then there's the Care Network, a Cambridgeshire-wide charity, in which local volunteers (called Community Navigators) offer help – such as finding out about benefit entitlements or encouraging social activities to prevent isolation. The Cottenham mobile warden scheme ensures that elderly people who want to stay in their own homes receive a daily phone call, or a visit from the warden, or will be looked after if their families are away.

Sue Bainbridge has been an enthusiastic volunteer for several years at the Community Centre coffee shop. It's very rewarding and you make lots of new friends, she says. Volunteers get basic training on the job, can do as much or as little as they want, and gain confidence as their skills increase. Drop in to the café or contact the manager jane@hackshaw.co.uk

Right now the big volunteer hunt is on for the 2015 Fen Edge Family Festival, which aims to try and outdo the success of the last in 2013! It needs people with ideas, dedication and enthusiasm to be part of the committee which will come up with happenings and activities for the 19th, 20th and 21st of June next year. It's a real opportunity for local charities and groups in the Fen Edge patch to raise funds and their profile. It should be great fun for all sections of the community and age groups. Income that FECA receives from the FEFF can then be used to provide grants to local groups. Everyone's a winner!

Get in touch with Caroline Dethridge, 01954 251155 (dethridgefamily@btinternet.com)

Wendy Dear

FEN EDGE PARISH COUNCILS

Cottenham

Meets first Tuesday of the month in the village hall (recreation ground, Lambs Lane) at 7.15pm

Clerk: Jo Brook. Office: 250A High Street (to right of Community Centre). Open Monday 9.45am–12noon or by appointment

Contact details: 07503328401;

email clerk@cottenhampc.org.uk

Website: www.cottenhampc.org.uk

Rampton

Meets first Monday in month (except August) in the village hall, 7.30pm

Clerk: John Garstang. Office (by appointment): 23 Cow Lane

Contact details: 01954250960;

email ramptonparishclerk@gmail.com

Website: www.rampton.org

Willingham

Meets first Wednesday in month at the Octagon, 7.30pm

Clerk: Mrs Mandy Powell. Office: (by appointment 10am–1pm) Ploughman Hall, West Fen Road

Contact details: 01954261027;

email email@willinghampc.org.uk

Website: www.willingham-pc.org.uk

Waterbeach

Meets first Tuesday in month at The Old Pavilion, 7.30pm

Clerk: Liz Jones. Office: 10am–2pm Tuesday and Thursday (or by appointment), The Old Pavilion, Cambridge Road

Contact details: 01223441338;

email council@waterbeach.org.uk

Website: www.waterbeach.org.uk

Landbeach

Meets first Monday in month (not August), village hall, 7.30pm (on bank holiday months meetings are second Tuesday in the parish church)

Clerk: Maria Sylvester. Office (by appointment 9am–1pm, 2–5.30pm): 30 Lee Close, Cottenham

Contact details: 01954252400;

email mariasylvester@hotmail.co.uk

Website: www.landbeach.org.uk

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OPENING UP FEN EDGE ART

Each weekend in July creators of original works of art and craft open their studios to the public from 11 am to 6 pm

Cambridge Open Studios is an umbrella group for artists all over the county and during this month their creations – in wood, glass, ceramics, photography, sculpture and an array of graphic media – will be on show.

Fen Edge villages are well represented. In Cottenham you can see the landscapes of contemporary fine art printmaker Iona Howard (Broad Lane, weekends 1, 2 and 3) and the lively bone china decorations of Amanda MacPhail (Twentypence Road, all four weekends). In Landbeach Janet Powell (weekends 1, 2 and 3) specialises in jewellery made of silver, gold and semi-precious stones, and photographic artist Jennifer Grant will show her striking images on all four weekends (High Street). At Waterbeach, just over the

A10, Andrew Taylor invites you to view his abstract collages and prints on weekends 1, 2 and 3.

All participating artists are listed in the Cambridge Open Studios Guide which is available free from shops, libraries and tourist information centres and contains not just the listings in every area but also maps so you can find your way easily to the exhibitors. You can also view online at www.camopenstudios.co.uk

THE ALTERNATIVE RA SUMMER EXHIBITION

Free exhibition in the Rampton Village Hall of traditional and contemporary works by 25 artists and their tutors. Paintings, artworks, cards and prints for sale, as well as great coffee and cakes.

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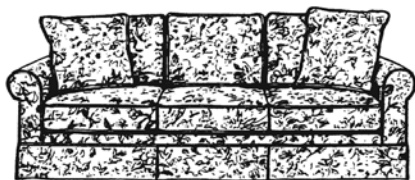


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IN YOUR GARDEN: ENSURING WINTER COLOUR

It seems strange – on what is nearly the longest day of the year – to be talking about what you'll be looking at around the shortest day and later, but that's gardening for you. You need to plan ahead, says Ken Ellis.

It makes sense to choose evergreens that flower in January or February. These have a bonus built in, the high scent that attracts any insects that are about to pollinate them. Mahonia, which comes in many varieties, has fragrant yellow racemes. It's very forgiving to pruning, so it can be controlled. Viburnum bodnantense can fill a whole garden with scent and look a picture in the low light levels of winter. The flowers of 'Dawn' start off as red buds, turning into pretty white pompons. Jasmine nudiflorum regrettably has no scent but yellow flowers appear all winter. But do train it well or it can be an untidy tangle. And do consider winter box – its flowers are not that significant, but what a delicious scent it gives at such a dark time of the year!

Another way of introducing colour is with plants whose stems are interesting. The dogwood, Cornus, with either red or yellow varieties, is the best known. Be brave in mid to late spring and cut them right down. The growth will amaze you, and the young stems will colour up for winter. If you have room, birch trees (look for the Latin name Betula) have papery bark that peels away in winter, revealing smooth white bark that just has to be stroked. Check out the garden centre, or visit Anglesey Abbey at Lode, to see the effects you can achieve with these trees.

Personally, I like plants appropriate for the season. I'd go for Holly with its red berries, and choice of variegated leaves. Look at the two shades of green on their upper and lower sides! Ilex crenata Latifolia is slow growing and can be kept as a medium sized shrub. Other shrubs with berries include the Cotoneaster all-year-rounders: bees love them in spring, birds love them in winter. Sensitive pruning will give you a good display, and stop the

bush wandering about. Pyracantha can be 'a love it or hate it' plant because of its spikes. But, looked after properly, birds will nest in it, there will be spring blossom and colourful autumn berries. Facing south, it looks excellent in the low winter sun. Lastly, the Skimmia family: Skimmia japonica is probably the best known, with fragrant spring flowers, followed by berries – if you have a male plant nearby.

In October and November introduce bulbs that

develop at different time lengths. Most appreciated are the aconites which appear straight after Christmas, little yellow flowers brightening the darkest day. They seed freely, so if you're not too fastidious with the weeding they will spread around. Other early flowerers include the iris family Danfordiae. They are small, with a range of colours – we used them in the Ely town displays. Look for 'Katherine Hodgkin' with its interesting flower. Crocus and daffodils of all flavours you will know well, but check out what the garden trade are calling Rockery narcissi. Tete-a-Tete come into this category, but we like Jetfire, Minnow and February Gold. All come

up earlier than the large daffodils and narcissi.

You can always choose annuals, putting in winter pansies and violas as soon as they are available, so they settle down and begin to bloom. They won't do much on the darkest days, but you will have some colour. Primulas and polyanthus are reliable. By careful choice of variety you can get blooms through winter. Primula 'Wanda' has a nice colour range.

Finally, a shameless plug for the Cottenham Gardeners Club. We don't bite and we'd love to see you. Between us we have a wide range of experience and interests that we'd love to share. We meet on the last Friday of every month (mostly) at around 7.30pm in the Community Room in Franklin Gardens. Details from the very friendly Colin Ward on 01954 252190. Happy gardening.

The secret of snowdrops

Snowdrops of course you know well, but do you know why it's best to transplant them in the green? Neither did I until we had a visit at Garden Club from the owner of a local nursery who specialises in them. He let drop into the conversation that snowdrops have a symbiotic relationship with a mould that lives on their roots and helps them to absorb nutrients. If you buy them as dormant bulbs, the mould is probably not present, and it will take the bulbs a while to get going, as they have to attract the mould. In the green, they're still active and the mould is present round their roots. That's the kind of knowledge that gets shared at Garden Club. If you're any sort of gardener at any level, there's always something to learn.



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PANTOMIME TIME IN COTTENHAM

Cottenham Theatre Workshop has established a good record for pantomimes over the last 35 or so years. And for 2014 they have chosen to present a traditional favourite, Cinderella, which is sure to be great fun for all ages!

As the audiences left the Cottenham Village College last year, they were laughing. The feel-good factor was very high. And this year we can expect the same as the writer of last year's panto 'A Christmas Carol' will be directing Cinderella. Tim Kelby gave us a delightful and frequently imaginary Dickensian story, adding in all the elements that make a panto memorable – someone to boo, someone to cheer, songs to singalong to. And awful puns. Naturally.

Cinderella is a story that spans generations, and because there are so many great characters in it, it always seems to offer new ways to put the narrative across. There could be no small child, being told the story of poor Cinders, who is not moved to tears. Those dreadful, ugly sisters. The appalling way they treated her. Their horrible scheming to keep their father from loving her.

But fairy stories – and certainly pantomimes – have a way of cutting through the tough stuff and bringing hope to the miserable. In Cinders' case it is a handsome prince, a fairy godmother, a shoe seeking the right sized foot and an impending deadline that will bring everyone down to earth!

Tim, assisted by wife Chrissie, will spread the enchantment and sprinkle stardust over the stage. And mums and dads, there's an added extra for your youngsters: a fancy dress competition, a chance to dress up as princes and princesses and go on stage.

The dates to put on your calendar are: evenings at 7.30 from Tuesday 2nd December to Friday 5th December, plus two matinees on the Saturday at 1.30 and 5.30. Bookings open from end October at the Frameshop, 171 High Street, Cottenham; adults £8, concessions £7. For group bookings contact mary.garside@ntlworld.com

If you'd like to get involved with this production, onstage, backstage or front of house, contact timkelby@gmail.com and do check out www.cottenhamtheatre.com for more information about the group



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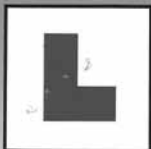
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MUSIC ON A HIGH NOTE

All those who delighted in hearing the combined choirs at the May twinning event or the Cottenham Brass Band in action at the start of the Yesteryear Run of amazing old vehicles will know that music is doing very well indeed in the Fen Edge area.

Musicians young and old are involved in various enterprises which allow them to be heard in the villages and further afield. To the fore is **Prime Brass**, based in Cottenham and rehearses at the Village College, which celebrated its 25th anniversary in June with a recital at Kings College Cambridge and on 7th September will perform at Ely Cathedral.

Children and pupils of Prime Brass members got together as **Junior Prime Brass** quintet in 2010 but became a decet a year later. Aged 15 to 18, all players attend local schools and are either past or current members of the Cambs County Youth Orchestra and Wind Orchestra. The group has been very successful and has been chosen to perform at Music for Youth Primary Proms, a free concert by young people for young people, at the Royal Albert Hall on 13th October. And they'll be performing at All Saint's Church, Cottenham, next year in aid of much needed church funds.

Cottenham Brass Band, which has 35 regular players, will be tuned into both days of the Cottenham Feast weekend, on the 11th October playing from 8pm-10pm at Cottenham Primary School, and on the 12th from 2.30pm for an hour at the War Memorial. A **Junior Band** started in May, meeting at 6.30pm each Thursday at the Baptist Church. Instruments are available to learners and members of the Band are teaching. This move, it

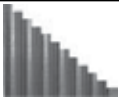
is hoped, will ensure the brass band tradition in the village for future generations.

This year marks the 100th anniversary of the start of World War 1 and the band will be at the War Memorial from 10.30 to 11.30 for the Remembrance Service on Sunday the 9th November as well as on Tuesday the 11th, the actual Armistice Day on which the war ended in 1918.

Waterbeach Brass will take part in Jazz and Brass in the Parks on 31st August at Christ's Pieces, Cambridge, at 3pm. The band will perform on home ground at the Beach Social Club for a charity auction on 20th September, and on 18th October will be at the Landbeach Village Hall for a dinner concert.

Perhaps the most unusual group of performers is the **Fen Edge Orchestra** which rehearses Wednesday evenings in term time (7.30-9.30) at CVC. Those involved have had musical training but may have given up or not played for years. In a benevolent and encouraging environment their instruments blend under the baton of conductor Evan, the orchestra's third conductor since it was set up. All have a say on the type of classical music they want to play, that they will all enjoy. Concerts are irregular but always appreciated by friends and family.

The combined voices of **TyrannoChorus** – Tongue Twisters, 4 to 11 year olds, Vox Pop, their older brothers and sisters, and bigMouth, parents or other adults – gain fans wherever they perform. It may be too late to book for their concert at West Road, Cambridge, on 12th July but check out their Facebook page: BigMouthSinging – for other appearances, or if you are interested in singing you might want to join.



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COMMUNITY EVENTS

Remember the 50s with the students of Cottenham Village College

The students at Cottenham Village College would like to invite senior members of Cottenham and surrounding villages to join them for a coffee morning on 18th September between 10am and 12noon, with homemade cakes and biscuits. It's a chance for different ages to spend some time together. The theme will be the glorious decade of the 1950s with music, quizzes and maybe the odd dress or hat to match!

If you want to be among the 30 guests, reserve your place with Jane Johannessen, Development Officer at Care Network, on 01954 211919. There is nothing to pay and the Cottenham Car Scheme is available to pick you up and take you home afterwards for no charge, if you need help getting to the college.

Let's talk about Cottenham of old

The village has a long and interesting history and the aim of the Cottenham Village Society is to raise awareness of it and encourage participation in further revelations. There are monthly meetings with speakers on subjects related to local history from September to April, usually on the second Friday of the month, at the Cottenham Primary School, Lambs Lane, at 7.45pm. There is a fee for membership, but non members are welcome to attend for a small donation. The AGM is on 12th September and on 10th October Ralph Carpenter and Gerald Gifford will talk about 'The Cottenham Choral Society, c.1850 to c.1920'.

Friends add interest to nature

Summer's a good time for discoveries at Worts Meadow, Landbeach, a designated local nature reserve. The Friends of the reserve have arranged interesting activities to involve adults and children. On 30th August, there's pond dipping for children, with experts on hand;

14.30; next day moth traps set the previous evening will be examined, 8am, with bacon rolls and tea provided. On 25th October there's a planned fungus foray, 10am. All start at the Village Hall car park. Further information from secretary Robert Humphrey, 01223 863454.

All things bright and beautiful

Willingham's annual Horticultural and Craft Show will be held at Willingham School, Ghoday Close, on 6th September, when produce, photos, paintings and handicrafts created by people of all ages will be on display from 1.30pm. It promises to be a great day out, with refreshments available as well as stalls, a produce auction and grand prize draw. Pick up the show programme from Highgate Farm Stores in Over, and in Willingham at the post office, the Social Club, Mac Hair Salon, the public library, the Octagon Centre and Rainbow Crafts. Entry is open to all for minimal cost and forms should be submitted to Mrs Lyn Curtis, 4 Rampton Road, Willingham, 01954 260284

The ploughs are out in force

The annual event of the Cottenham and District Ploughing Society takes place on the first Saturday in October. The ploughing match starts at 9.30am at Richard and Jonathon Graves' farm, Long Drove, Cottenham, and between 40 and 50 competitors are expected with their tractors and ploughs, an array of vintage and new. It should be quite a sight, like that the popular Yesteryear Run that took place in May.

There'll be three teams of two judges and up to 30 awards for the way the allocated measured plots are worked by the entrants – the youngest of whom will be 13, the age at which the law says they can drive an agricultural vehicle on a farm. The day finishes with a dinner dance at the Cottenham Village College. The society, a member of the Fen Edge Community Association, is over 150 years old and its present chair, Cottenham farmer Robert Clarke, joined the Young Farmers' Club at Impington after National Service.

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COMMUNITY EVENTS

Pop-up fixit café

If you've got something pushed to the back of a cupboard or drawer because it's broken why not take it along to the Cottenham Community Centre on 20th September between 10am and 2pm. No payment, and no promises, says organiser Chris Moller, but it may just save you sending something to the dump. The repairers are volunteers who enjoy seeking answers to problems affecting bicycles, plugs, toasters, mobile phones, crockery – if it can be fixed, they'll find a way. It's best to book your repair ahead via chris@themollers.net or 01954 251841.

Cops and robbers on holiday

Christians together in Cottenham have made Cops and Robbers the theme for the holiday club which runs daily (9.45am-12.30pm) from 28th July to 1st August. Children attending will need to be registered and a consent form is necessary. No charge but £2 daily donation welcomed. For bookings contact Julia Stone on 01954 250594 or email cottenhamholidayclub@gmail.com

A meal for peace

When the serving forces arrive back in the UK from Afghanistan this will be the first time in 100 years that Britain has not been involved in a war somewhere. We certainly do not live in a world without war, with serious situations involving millions of people in several countries making TV and newspaper headlines every day. But what hope for the future? In 1999 Jeremy Gilly, actor turned filmmaker, launched The Peace One Day initiative. In 2001 the United Nations inaugurated 21st September as World Peace Day, a date now marked with pop concerts around the world and the movement is supported by 500 million people. The trustees of Cottenham Community Centre are adding their voices to raise awareness of the Peace One Day ideal and will hold a Peace Meal at the centre on the evening of 20th September, with delicious food from around the world. Everyone welcome, tickets from the community café.

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OCTOBER IS FOR FEASTS

Fen villages have a long tradition of feasts but they are not necessarily alike or held at the same time of year. One thing's for sure – they are designed to involve all age groups

Willingham spends months planning its feast so that there will be a range of attractions. It is always held on the first weekend in October, and spans up to a week to include scouts, guides, walkers and cyclists, exhibitions, a farmers' market, car boot sale, music and dance events and a funfair. Feast Sunday is the special day when a Salvation Army band plays on the Green and in the evening a joint church service is held.

This year's event, organised by the Willingham Action group (WAG), will take place on 3rd to 5th October and you can check out details nearer the time at www.willinghamlife.org

In an interesting article about Feast Sunday which appeared in a past issue of Willingham News the choice of the date was explained: 'on Michaelmas Day domestic servants change places or are re-engaged, but in all cases they have a few days' holiday'. Which is why daughters working out of the village in domestic service came home then.

Another tradition was the cooking of special cheese tarts. 'Janet Hart notes they were made with local cheese, sugar, lemon, egg and mixed dried fruit,' said the article.

In Cottenham, the Feast Parade which has been running since the mid 1800s (war years excepted) was originally organised by the churches and was held to celebrate the end of the cheese-making season (Cottenham was famous for its cheese, no longer made) and the bringing in of the harvest. Now run by a separate committee, the Feast Parade will take place on Sunday 12th October, starting at 2pm at the Brookfields Industrial Estate, Twentypence Road. All the groups in Cottenham – guides, scouts, schools, WI etc – generally take part, choosing a theme for their float and decorate it and themselves, some groups walk dressed up.

The parade will make its way through the village, past the War Memorial where Cottenham Brass will be playing, to the Green, arriving about 3pm, where there will be a fair and stalls. Money is collected on the route and non-profit-making groups within the village can apply for a share of the collection. Each child taking part in the parade receives a medal. To enter a float or book a stall (£10) contact Julie Percival, by email juliepercival88@yahoo.co.uk or phone 01954200854. Organisations wanting to be considered for a share of the money have to apply by 31st October.

A Feast Concert featuring Cottenham Brass will be held on 11th October. Check out www.cottenham-brass.co.uk for details nearer the time.

BALLET POINTES

A look at recent events and what's coming up, by April Martin

Why choose ballet as an activity for your child? It gives them good posture, confidence, discipline and appreciation of music. It develops a sense of rhythm and graceful movement. It helps with intellectual development and also encourages artistic expression. It gives flexibility and strength but does not overstress young growing bodies. Going onto pointe isn't done until at least 13!

I have had nothing but good reports of the amazing performance of the dancers in the production of Napoli in May, at Swavesey. Since then, the contemporary group have performed as part of Swavesey Festival, as support for Jack Stinton Dance Co and Cottenham Contemporary Dance Co. I have every reason to be proud of Jack Stinton and Mark Swann, both former pupils and excellent role models.

Now it is time to look ahead to autumn: the term

starts on 10th September and the Saturday ballet and contemporary classes start on 13th September. Year 3 and over students have annual ballet tests on 11th October.

But there are new spaces for children aged four (older preschool and reception age) and this is an opportunity to introduce them to this wonderful world – their class is at 3.45-4.15pm at Cottenham Village College. I also intend starting an advanced academy for ballet and contemporary dance, on Sundays, possibly in Cambridge. Entry will be by audition and the objective is to bring talented young dancers up to the level they need to audition successfully for vocational dance schools/universities. It is similar to CAT schemes held at Dance East in Ipswich and London.

To find out more contact April Martin (Assoc ARBTA member BDQT):
tutusrus@ntlworld.com



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COMMUNITY NEWS

BIN COLLECTIONS

Because of reductions in government funding to local authorities, South Cambs Council has made savings on bin collections, while improving efficiency and trying not to inconvenience villagers. From September collection times may vary, from 6am to 5pm, from 60,000 properties on 180 routes every fortnight— all will be included in the calendar published in the South Cambs Magazine or collections can be checked online at www.scambs.gov.uk/bins-by-parish. Further changes will occur in December, January and February when green bins will be collected monthly, a decision taken by the council after research showed that the amount of compostable waste halves during those months.

YOUTH COUNCILLORS

South Cambs Youth Council which gives school-age youngsters between 13 and 17 a voice and input into happenings across the region has entered a new phase after seven councillors have stepped down (either because they're too old or have other commitments). Among those still serving are three from the Fen Edge Patch: Dale Hargrove from Willingham, Nathan Samuel, Landbeach, and Gemma Steele, Waterbeach. The present youth council's focus will be on finding out what employers are looking for in young employees and how to raise the profile of the skills young people can offer. And they will be getting involved in Cambridge Conversations, a forum to find ways of encouraging young people to get involved in their communities.

INDIVIDUAL ELECTORAL REGISTRATION

People 18 and over entitled to vote in England and Wales now have the responsibility for their own registration rather than leaving it to one householder to fill it in for whoever lives there. The change in the system of annual registration requires evidence of identification for each person which will make the electoral register more secure and help guard against fraud. Most electors won't have to do anything as their data will be matched automatically to that held by the Department of Work and Pensions or council services; others will receive letters asking them to re-register, online or by paper, and provide their national insurance number and birth date, legally required nationally.

SQUIRT MAKES COTTENHAM DEBUT

Cottenham's new fire engine has been named Squirt thanks to the children at the village primary school. The pupils came up with lots of names but the school council decided that the one chosen by Reception pupil Ted, 5, and Year 3's Grace and Noah, both 8, was particularly apt. They not only received a prize but the school also enjoyed a visit from the engine, the first the on-call station has had in more than 30 years. It cost about £240,000 and while it looks similar to a traditional fire engine, carrying 1,800 litres of water and a variety of ladders, it has equipment that enhances rescue capability in road accidents, and will provide an improved service to rural communities.

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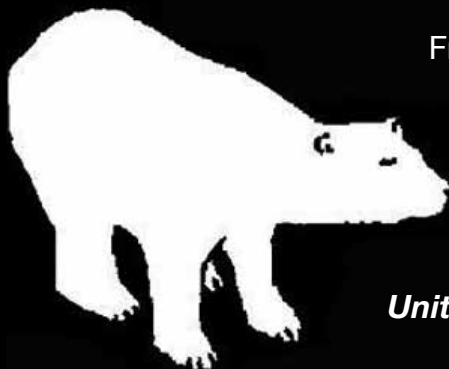
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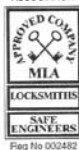
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Exploring Acrylics – Wednesday
Floral Art & Design – Wednesday
Free Machine Embroidery – Wednesday
Introduction to Candle Making - Monday
Machine Sew Crafts for Christmas – Monday
Photos on Fabric – Wednesday
Silversmithing – Monday & Tuesday
Upholstery – Thursday & Friday
Watercolour Painting – Monday

Fitness & Health

Fitness for Mature Movers (Waterbeach) – Monday
Pilates – Monday & Tuesday
Ruth's Latin Dance Fitness – Wednesday
T'ai Chi – Tuesday
Yoga – Monday & Tuesday

Languages

Improve your French Year 1 – Wednesday
Improve Your French Year 2 – Wednesday
French Conversation – Thursday
Spanish for Absolute Beginners – Tuesday

Dance & Music

Adult Ballet Beginners – Monday
Adult Tap Dancing Beginners - Monday
Adult Tap Dancing Intermed/Improvers – Wednesday
Adult Ballet – Wednesday and Thursday at Cottenham Community Centre
Ballroom Dancing – Monday

Computing & Photography

Excel Workshop – Tuesday
Film Making – Wednesday
Photoshop Level 1 – Monday
Word Workshop – Tuesday

General

Art History – Monday
Basic Bricklaying – Wednesday
Basic Tiling – Monday
Carpentry Design & Make – Wednesday
Exploring the Universe - Tuesday
Psychology for the curious – Wednesday
RYA Day Skipper – Monday

ENROLMENT EVENINGS

and **FREE TASTERS**
at Cottenham Village College from 7pm

9th September 2014

Exploring Acrylics 7pm
Carpentry Design & Make 7pm
Improve Your French 7pm
Machine Sew Demo 7pm

16th September 2014

T'ai Chi for Beginners 7pm
Ruth's Latin Dance Fitness 7.30pm
Silversmithing for Beginners Demo 7pm
Spanish for Absolute Beginners 7pm

OTHER FREE TASTERS

Cottenham Sports Centre (CVC)

Adult Tap Beginners 15th Sept 6.30pm
Adult Ballet Beginners 15th Sept 7.30pm

Cottenham Community Centre Studio

Adult Ballet Beginners 17th Sept 10am

Tillage Hall, Waterbeach

Fitness for Mature Movers 22nd Sept 10am

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(R) = Reduced Rate for those on a means tested Benefit or Pension Credit

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DATES FOR AUTUMN 2014

Monday 22nd SeptemberClasses start

Monday 27th October – Friday 31st OctoberHalf-Term Break

NOTE: Please check the dates of your class, as some may run outside of the above dates – no classes on Bank Holidays

MONDAY

WEA Willingham – “Gilbert & Sullivan – Their Times & Tunes”

Starts Monday 8th September at 10 am in the Baptist Church Hall, George Street

The course looks at the personalities involved, listens to their compositions, sets the works in their historical context, considers their timeless appeal and their current relevance.

Tutor – Mike Muncaster Course Fee – £48.00

For further information please ring Rosemary Mumford, Secretary, 01954 260934

Adult Ballet for Beginners 10 weeks 7.30-8.30pm Fee: £50(F)/£40(R) – starts 22nd September (held in our Dance Studio) Come along to our FREE TASTER session on 15th September 7.30pm in the Dance Studio (Cottenham Sports Centre)

For those who attended ballet classes as children or complete beginners, this class is designed to teach style, co-ordination, terminology and the steps that are the building blocks for ballet. Each session will consist of a warm-up, technique exercises and combinations. A great dance class for having fun while developing tone and strength throughout the body.

Adult Tap Dancing for Beginners – 10 weeks 6.30-7.30pm Fee : £50(F)/£40(R) starts 22nd September (held in our Dance Studio) Come along to our FREE TASTER session on 15th September 6.30pm in the Dance Studio (Cottenham Sports Centre)

For complete beginners, this class is designed to teach rhythm, co-ordination, terminology and the

steps that are the building blocks for all tap dancing. Each session will consist of a warm-up, technique exercises and combinations before moving on to basic tap choreography. This is a great dance class for having fun while developing tone and strength in the legs and hips.

Ballroom Dancing Beginners – 10 weeks 6.15-7.15pm Fee: £50(F)/£40(R) starts 22nd September

A class for total beginners who want to dance Ballroom. Join a friendly dance class with a very experienced tutor who will guide you through a series of steps and dances.

Ballroom Dancing Intermediate – 10 weeks 7.15-8.15pm Fee: £50(F)/£40(R) starts 22nd September

This course is for those who have already attended a Beginners' class or have at least 20-30 hours of previous lessons and want to improve their skills and increase their knowledge of dance routines.

Ballroom Dancing Advanced – 10 weeks 8.15-9.15pm Fee: £50(F)/£40(R) starts 22nd September

This course is for those who have already attended an Intermediate class or have at least 60 hours of previous lessons. Learn more complex steps and routines to further enhance your dance experience.

Basic Silversmithing – 10 weeks 7.00-9.00pm Fee: £90(F)/£68(R) (plus £20 for materials – for copper not silver) starts 22nd September – FREE TASTER/DEMO 16th September 7pm

This course is suitable for beginners or people with previous experience with the material. Students will be taught how to solder, pierce, form and finish metal. These skills can then be transferred into making finished items of either jewellery or tableware (napkin rings etc). Students will predominantly be working in copper as it has similar properties to silver, but will move on to using silver towards the end of the course if they wish. Our tutor, Rebecca Hill won Best New Design 2013 at Goldsmiths Fair, London.

Basic Tiling – 5 weeks 7.00-9.00pm Fee: £55(F)/£42(R) (including materials) starts 3rd November

In this course you will learn the basic principles of floor and wall tiling – how to lay tiles, cut and grout tiles and how to tile around a shaped area such as bath, toilet or sink. You will also learn how to use a range of tools specific to wall and floor tiling that will successfully allow you to produce professional quality tiling work.

Dressmaking & Pattern Cutting (Daytime) – 10 weeks 12.30-2.30pm Fee: £90(F)/£68(R) starts 22nd September

Learners will be guided through the basic pattern cutting techniques and draft a skirt block using their own measurements. After this they will design and make their own skirt, learning a variety of dressmaking techniques. They will also learn how to assemble and fit their garment as well as purchasing fabrics. They will learn how to make basic pattern alterations, cut out, assemble and fit their garments. There will be plenty of help with lockstitch sewing machines if required. All people interested in dressmaking from complete beginners to the more experienced wanting to brush up their skills are welcome.

Dressmaking – Make for your Children – 5 weeks 7.00-9.00pm Fee: £45(F)/£34(R) starts 22nd September

Using a paper pattern and quick professional techniques you will master sewing and garment making skills while making children's clothing that will fit. This course is for the complete beginner and for those with little experience. Materials extra

Fitness for Mature Movers – 10 weeks 10.00- 11.00am Fee: £36 1ST SESSION ON 22nd SEPTEMBER IS A FREE TASTER (Tillage Hall WATERBEACH, parking available).

Join us to gently stretch and tone in a friendly class. All movements to your own ability and will improve your balance and agility. All welcome – you really are never too old to start toning those muscles!

Introduction to Candle Making – 4 weeks 7.00- 9.00pm Fee: £36(F)/£27(R)(plus materials £20) starts 10th November

A basic course which will teach you how to make you own Wax Tarts, Melts, Tea Lights, Votives, and Floating Candles at home, for yourself or as gifts. Learn ways to adapt your candles to give a different appearance and ways to present your candles.

Machine Sew Crafts for Christmas – 5 weeks 7.00-9.00pm Fee: £45/£34(R) starts 3rd November FREE TASTER/DEMO Tuesday 9th September at 7pm

Learn all about using your sewing machine to its full potential while working on crafts for Christmas. You will be able to make attractive crafted items for both decoration and for gifts. This course is for the complete beginner and for those with little experience. Materials extra.

Photoshop Level 1 – 5 weeks 7.00-9.00pm Fee: £45(F)/£34(R) starts 22nd September

A workshop featuring Adobe Photoshop and Photoshop Elements, from basic to more advanced skills. To be able to correct and enhance photographs using adjustments, filters, layers, understanding raw files, preparing the images for printing and to successfully print the images on a home computer.

Pilates for Beginners (Daytime) – 10 weeks
1.45pm–2.45pm Fee: £50 – Classes held at
RAMPTON VILLAGE HALL starts 22nd
September

Mat based floor exercise class based on the principles of Joseph Pilates, focusing on core stability and flexibility. This class will be an introduction to the method, incorporating all the principles and is suitable for all levels of fitness.

RYA Day Skipper – 12 weeks + 4 Saturdays –
7.30-9.30pm Fee: £320 starts 22nd September
(ends 15th December)

The aim of the course is to equip students with the theoretical knowledge to put into practice on a seaborne course leading to a Day Skipper Certificate. The course covers an introduction to navigation theory, basic meteorology, safety and seamanship. There are two assessment papers: (1) chartwork (2) general – which covers all the other aspects of the syllabus. Suitable for beginners and people with little or no experience in cruising yachts or motor cruisers. Fee includes two charts, practice navigation tables and the RYA course notebook. (Saturday sessions are 27th September, 18th October, 22nd & 29th November).

Watercolour Painting (Daytime) – 10 weeks
10.00am -12noon Fee: £90(F)/£68(R) starts
22nd September

This course is both for beginners and for those with more experience. Watercolour is the most popular medium, and for very good reason. There is little to compare with the beauty of transparent colour washes, watercolours are handled in a way that is impossible with other mediums. There will be a definite bias towards traditional landscape painting. You will be encouraged to create paintings from your own observations applying the 'rules' of design and composition. There will be plenty of colour mixes, tips and 'tricks of the trade' for you to learn and enjoy. Learners need to supply their own materials – full list provided at first class.

Yoga For Beginners – 10 weeks 6.30-8.00pm
Fee: £68(F)/£51(R) starts 22nd September

This is a beginners course which is suitable for all ages and abilities. Learners with some experience who want to 'go back to basics' are also welcome. It is non-competitive and aims to increase your flexibility whilst teaching you how to work with your breath and how to relax. Please note this course is not suitable for ladies in the first three months of pregnancy.

TUESDAY

WEA (Cottenham)

Location: British Legion Hall, High Street, Cottenham

Subject: "A Brave New World? The English in 17th Century Virginia"

Tutor: Wendy Barnes

Start date: 23rd September 2014

The story of those who left England behind them to build a new life and a new country, through the experiences of two members of the same family – the Washingtons

Time: 10.00am for 10 sessions of 1.5 hours Course Fee: £48.00

Class Contact: Liz Milway Tel: 01954 250039

Advanced Textiles Workshop (Daytime) –
5 weeks (term 1 of a 3 term course) – starts
30th September

Tuesdays fortnightly 10.00am -3.30pm

Fee: £120(F)/£90(R) Materials costs are extra

A lively and structured workshop for those who wish to further their skills and experience in the field of creative embroidery. Students should have at least completed C&G 7822/7922 Embroidery or similar

and have a firm commitment to the year's course and an ability to work on own initiative. Design will be the catalyst of all learning with embroidery / machine embroidery and mixed media techniques being covered, pushing the boundaries in all areas. All applicants will have to go through a selection process – please ring the tutor Pauline Verrinder on 01954 260358 before applying.

Designer Textiles Workshop (Daytime) – 5 weeks (term 1 of a 3 term course) – starts 23rd September

Tuesdays fortnightly 10.00am -3.30pm

Fee: £120(F)/£90(R) Materials costs are extra

This workshop is aimed at embroiderers with a high level of experience in the field of creative embroidery. Students are encouraged to extend and develop existing skills and experience through individual experimentation and discovery led by design. It is expected that students have completed C&G 7922/7923 Embroidery or have attained similar skills and qualifications through other avenues of study. All applicants will have to go through a selection process – please ring the tutor Pauline Verrinder on 01954 260358 before applying.

Exploring the Universe: from planets to galaxies – 8 weeks 7.00–9.00pm –

Fee: £72(F)/£54(R) starts 7th October

This course is perfect for people who are interested in learning about the wonders of our small corner of the Universe. No prior knowledge required for this course. Over eight weeks the Tutor will guide you on a tour from the smallest objects in our Solar system, up in size to our Galaxy then beyond. The sessions will be divided up so you cover three main areas; planets, stars and galaxies. This course will give you a sense of where we are in the Universe and what we know (so far) about the amazing objects within it. A visit to the Institute of Astronomy is planned during the course.

Intermediate Silversmithing – 10 weeks

7.00-9.00pm Fee: £90(F)/£68(R) (plus £20 for materials – copper not silver) starts 23rd September

This is a course aimed at learners with some previous knowledge of Silversmithing who are looking to explore more advanced techniques. The techniques covered in this course will be blocking and raising (used to make vessels), forging (used to make cutlery, bangles and curtain ends etc.) and fold forming (widely used in jewellery). We will predominantly work in copper as it has similar properties to silver at a fraction of the cost. Learners will be encouraged to purchase some tools relevant to their chosen specialism but suppliers and tools will be discussed as the course progresses. Sketch book and note books will be needed for designing and taking note on

technical demonstrations. Our tutor, Rebecca Hill won Best New Design 2013 at Goldsmiths Fair, London

Microsoft Excel – an introduction – 4 weeks

7.00-9.00pm Fee: £36(F)/£27(R) starts 30th September

This course is designed for learners who have a little basic knowledge of Spreadsheets and want to enhance their skills and build confidence in using Excel. Learners will be provided with extension tasks so that they can gain more practical experience and become proficient in Excel

Microsoft Word – an introduction – 4 weeks

7.00-9.00pm Fee: £36(F)/£27(R) starts 4th November

This course is designed for learners who have a little basic knowledge of Microsoft Word and want to enhance their skills and build confidence in using Word. Learners will be provided with extension tasks so that they can gain more practical experience and become proficient in Word. This Course will improve your abilities to make the most of this word processor that has become the industry standard

Pilates for Beginners – 12 weeks 6.30-7.30pm

Fee: £60(F)/£45(R) starts 16th September

Mat-based floor exercise class based on the principles of Joseph Pilates, focusing on core stability and flexibility. This class will be an introduction to the method, incorporating all the principles and is suitable for all levels of fitness.

Pilates for Improvers – 12 weeks 7.30-8.30pm

Fee: £60(F)/£45(R) starts 16th September

Mat-based floor exercise class based on the principles of Joseph Pilates, targeted at participants who have completed at least 1 – 2 years Pilates classes. This class builds on existing knowledge and ability, introducing the next level of exercises.

Spanish for Absolute Beginners – 10 weeks

7.00-9.00pm Fee: £85(F)/£64(R) starts 23rd September

FREE TASTER on 16th September at 7pm

The course is an introduction to the language. It is aimed at those with no previous knowledge of Spanish or very little, and is designed to give the absolute beginner confidence to start speaking the language from the very start.

T'ai Chi for Beginners – 10 weeks 7.00-8.00pm
Fee: £45(F)/£34(R) starts 23rd September
FREE TASTER on 16th September at 7pm

T'ai Chi Chuan is a meditative form of exercise involving flowing sequences of movement. Regular practice can help to develop calmness and relaxation, physical fitness, mental clarity and a sense of well-being.

T'ai Chi for Improvers – 10 weeks 8.00-9.00pm
Fee: £45(F)/£34(R) starts 23rd September

Suitable for those with at least one year's experience.

WEDNESDAY

Adult Ballet (Daytime) – 10 weeks 10.00am–11.00am
Fee: £50 – starts 24th September – classes held at Cottenham Community Centre – Come along to our FREE TASTER session on 17th September at 10am

For those who attended ballet classes as children or complete beginners, this class is designed to teach style, co-ordination, terminology and the steps that are the building blocks for ballet. Each session will consist of a warm-up, technique exercises and combinations. A great dance class for having fun while developing tone and strength throughout the body.

Adult Tap Dancing Improvers – 10 weeks 7.00-8.00pm
Fee: £50 – starts 24th September

For those who have previously completed Adult Beginners Tap (Levels 1-3), or who have previous experience of tap to Grade 3, this class is designed to teach rhythm, co-ordination and to refine technique. Each session will consist of a warm-up, technique exercises and combinations before moving on to more advanced tap choreography. Bring a little Fred Astaire to your Wednesday evenings!

Adult Tap Dancing Intermediate – 10 weeks 8.00-9.00pm
Fee: £50 – starts 24th September

For those who have previously completed Adult Improvers Tap (Levels 1-3), or who have previous experience of tap to Grade 6, this class is designed to develop higher levels of rhythm, co-ordination and technique. Each session will consist of a warm-up, technique exercises and combinations before moving on to more advanced tap choreography. Bring a little Ginger Rogers to your Wednesday evenings!

Yoga for Improvers – 10 weeks 7.30-9.00pm
Fee: £68(F)/£51(R) starts 23rd September

This class is suitable for those with at least one year's experience (gained over the last few years). It is non-competitive and aims to increase your flexibility improve your asana practice and develop your understanding of the philosophy of yoga. Please note this course is not suitable for ladies in the first three months of pregnancy.

Basic Bricklaying– 4 weeks 7pm-9pm PLUS
Saturday 18th October 10am-3pm
Fee: £65(F)/£50(R) (including materials) starts 24th September

In this course you will learn the basic principles of bricklaying giving you the skills required to build a brick wall or a brick barbeque. You will learn how to lay bricks, how to make mortar, develop trowel skills and learn how to use a range of tools specific to brickwork and blockwork that will successfully allow you to produce professional quality work.

Carpentry, Learn Design & Make – 10 weeks 7.00-9.00pm
Fee: £90(F)/£68(R) (materials costs are extra) starts 24th September – FREE TASTER/DEMO on 9th September at 7pm

This will not be a dry and dusty course but will be a light, informative, enjoyable, progression from idea to conclusion. We provide the use of a top quality, extensively equipped carpentry workshop, where you can design and make any woodworking, carpentry, furniture project of your choice. If you prefer, you can work on learning or developing woodworking skills. We are delighted to help you realise your own idea or we can jointly devise a solution to your requirements. Suitable for the complete beginner or the expert.

Ceramics – 10 weeks 7.00-9.00pm
Fee: £110 (includes £15 for materials and firing) starts 24th September

You will learn how to pinch, coil, press-mould, slab-build, throw and decorate clay to make beautiful and useful items – tea light holders and tiles, jugs, bowls &

garden sculpture. You can work on projects with the tutor or bring your own ideas. We use smooth and coarse stoneware clays and there are four electric wheels in the pottery room. Suitable for beginners and the more experienced.

**Diverse Jewellery – 4 weeks 7.00-9.00pm
Fee: £36(F)/£27(R) plus materials – starts 5th November**

Come along and discover the diverse world of Jewellery Making. This course will teach you some of the different aspects of Jewellery Making and the required tools, beads, findings and techniques to produce several pieces of jewellery in several different styles, to a professional level. Material costs are extra. Suitable for beginners or those who want to add to their skills.

**Exploring Acrylics – 10 weeks 7.00-9.00pm –
Fee: £90(F)/£68(R) plus materials – starts 24th September**

FREE TASTER on 9th September at 7pm

Do you like painting? Do you want to expand your technical skill and experiment with new methods? Then this course is for you. It is open to absolutely all abilities (including beginners). Each week we will try a different method of acrylic painting and explore expressive techniques and attempt to increase spontaneity of image-making. We will produce a finished piece each week. We will look at 'oil and water,' the use of gels, composition, abstraction, colour theory, but there will be an emphasis on creativity rather than photographic realism, although that will be demonstrated each week so that you can practice in your own time. So whatever your skill level, come along and see what you can make.

Digital Film Making (an Introduction into the art of making a short film) – 8 weeks 7.00-9.00pm Fee: £72(F)/£54(R) starts 8th October

A workshop introducing the art of digital film making. The first session will look at how to use the recording facility of your digital camera or movie camera. You then will learn how to write a script prior to filming your movie, how to plan your shots, how to choose your camera angles. Also how to edit your footage and the importance of good sound and adding music to your final production. All you need to bring along is your Digital or Movie Camera, a USB Memory stick and a notepad.

**Floral Art & Design – 6 weeks 6.30-9.00pm
PLUS Saturday 22nd November – Fee: £140 plus materials – starts 24th September**

Learners will be guided through the basics of floral art and design developing their practical skills. We will cover conditioning plant material, preparation of floral foam, simple design, mechanics and containers as well as health & safety. Whilst this is a leisure course, students will be offered the opportunity to record their work in a portfolio enabling them to put this work forward for accreditation through the OCN and NAFAS. This is optional and can be discussed with the Tutor during the course as this pathway will incur extra costs for registration and certification.

Free Machine Embroidery: Intermediate – 5 weeks 9.30-12.30pm Fee: £75(F)/£56(R) starts 5th November

This five week course is aimed at those who have covered all the basics in free machine embroidery, or who have completed a Free Machine Embroidery for Beginners course and now want to extend their skills. Ring the tutor Pauline Verrinder on 01954 288751 if you have any questions. Material costs are extra.

French: Improve Your French Year 2 – 10 weeks 7.00-9.00pm Fee: £90(F)/£68(R) starts 24th September

This course is aimed at learners with two to three year's knowledge/experience of French. This is the follow-on course from Improve your French Year 1, but anyone is welcome to join. If you know lots of words but have difficulties putting them together so a native speaker could understand you and you would like to go on improving your speaking, listening and writing skills further, then this course is for you.

French: Improve Your French Year 1 – 10 weeks 7.00-9.00pm Fee: £90(F)/£68(R) starts 24th September

This course is aimed at learners with at least one year's knowledge/experience of French. If you know the basics such as buying food, booking a hotel room, travelling by public transport and you would like to go on developing your speaking, listening and writing skills further, then this course is for you. The course will enable you to have a conversation with French speakers, understand French radio and start to read the newspaper or French texts for French people. We

will use a wide variety of teaching methods, such as class teaching, group work, pair work, reading aloud, listening to CDs/DVDs, discussion and presentation.

Photos on Fabric (Daytime) – 5 weeks 9.30am-12.30pm Fee: £75(F)/£56 starts 24th September

In this exciting 5 week course we will be exploring different ways to transfer images onto fabric. These will include doing cyanotype printing transfer papers, photocopy transfer, transfers using gel medium/bondaweb and thermofax. By the end of the course you will have a good understanding of the technical processes and a range of personal prints for your creative sewing. Materials extra.

Psychology for the Curious – 5 weeks 7.00-9.00pm Fee: £45(F)/£34(R) starts 24th September

This course is a short taster aimed at anyone who

would like to know more about the more well-known psychologists and their areas of research. We will cover Freud, Pavlov, Skinner, Jung, Erikson, Piaget and Maslow. This introductory course is intended for those who are curious about psychology but have never studied it.

Ruth's Latin Dance Fitness – 10 weeks 7.30-8.30pm Fee: £45 starts 24th September COME ALONG TO THE FREE TASTER ON 16TH SEPTEMBER AT 7.30pm!

Do you want to get fit, have fun and learn a bit of sizzle along the way? Come along to Ruth's Latin Dance Fitness class where moves may be crazy and fun but no motion is wasted! Each routine is carefully planned and executed, ensuring that each muscle in your body gets a workout to pulsating music from around the world. Each song is chosen for its exercisability, danceability and cultural roots.

THURSDAY

REMEMBER THE FIFTIES!

Coffee Morning at Cottenham Village College

Thursday 18th September

10am – 12noon

Are you a senior member living in Cottenham or villages around Cottenham? Remember the 1950s? The students at Cottenham Village College would like to invite you to a coffee morning at the College on 18th September to spend time relaxing and reminiscing about life in the 1950s. There will be music, quizzes and a chance to talk to the students about times gone by. Bring any memorabilia, photos, ration books etc. if you can. If you'd like to join us, please can you contact Jane Johannessen on 01954 211919 and she will send you a personal invitation (places are limited to 30). There is no charge. If you need transport Jane can arrange this.

Adult Ballet (Daytime) – 10 weeks 10.00-11.00am Fee: £50 – starts 25th September – classes held at Cottenham Community Centre, come along to our FREE TASTER session on 17th September at 10am

For those who attended ballet classes as children or complete beginners, this class is designed to teach style, co-ordination, terminology and the steps that are the building blocks for ballet. Each session will consist of a warm-up, technique exercises and combinations. A great dance class for having fun while developing tone and strength throughout the body.

French Conversation (Improvers) (Daytime) -10 weeks 9.30-11.30am Fee: £90(F)/£68(R) starts 25th September (course currently full)

If you are looking for an informal daytime class to improve your French then this class is for you. Come

along and join an enthusiastic group and have fun conversing in French. Students should already have a good basic knowledge of French with at least one year's experience.

Upholstery (Daytime) – 10 weeks 10.00am-3.30pm Fee: £230(F)/£172(R) (Furniture and materials are purchased by the learner) starts 25th September

This course requires no prior experience, just enthusiasm and a love of the craft. Whether you are new to upholstery and want to refurbish a simple dining chair, or more adventurously, an armchair, this course is for you. All the correct techniques of upholstery are covered, often on a one-to-one basis for traditional and modern furniture. Students need to bring their own piece of furniture to work on.

FRIDAY

Upholstery (Daytime) – 10 weeks 10.00am – 3.30pm Fee: £230(F)/£172(R) (Furniture and materials are purchased by learner) starts 26th September

This course requires no prior experience, just enthusiasm and a love of the craft. Whether you are

new to upholstery and want to refurbish a simple dining chair, or more adventurously, an armchair, this course is for you. All the correct techniques of upholstery are covered, often on a one-to-one basis for traditional and modern furniture. Students need to bring their own piece of furniture to work on.

SATURDAY DAY SCHOOLS COTTENHAM VILLAGE COLLEGE

Time: 10am – 4pm (unless otherwise stated)

Cost: £30(f)/£23(r)* unless otherwise stated

(*applicable to those in receipt of means tested benefit)

(Please note all students will need to bring a packed lunch for whole day courses.

Materials are extra where stated)

STITCHED TEXTILES MASTERCLASS WITH PAULINE VERRINDER

8 SATURDAYS – 10am-4pm

Term 1: 11th October, 29th November 2014

Fee: £60/£48

Term 2: 17th January, 14th February & 14th March 2015

Fee: £90/£68

Term 3: 2nd May, 30th May & 27th June 2015

Fee: £90/£68

The Stitched Textiles Masterclass is aimed at all those experienced Textile Artists who have a serious commitment to the extension and development of their acquired skills. ENROLMENT WILL BE BY SELECTION ONLY. Students of the Masterclass are encouraged to develop existing textile skills through individual experimentation and discovery led by design. It is expected that students will have completed C&G Embroidery Diploma or have attained similar skills and qualifications through other avenues of study. Please speak to the Tutor – Pauline Verrinder on 01954 260358 **BEFORE YOU ENROL**

DRESSMAKING WITH SALLY TILLEY

8 SATURDAYS – 10am-4pm

Term 1: 27th September, 18th October & 22nd November 2014 Fee: £90/£68

Term 2: 24th January, 7th February & 14th March 2015

Fee: £90/£68

Term 3: 16th May & 13th June 2015

Fee: £60/£45

On this course learners will be guided through the purchase of fabrics and patterns. You will learn how to make basic pattern alterations, cut out, assemble and fit garments. As well as this you will be taught basic dressmaking techniques and make samples to practice your skills. There will be plenty of help with lockstitch sewing machines if required. More advanced learners will be encouraged to make more complicated garments. All people interested in dressmaking from complete beginners to the more experienced wanting to brush up their skills are welcome. Materials costs are extra. Sewing machines are available to use, however bring your own if you prefer.

SATURDAY 27th SEPTEMBER

Dressmaking week 1 – Sally Tilley

Successful Job Hunting – Louise Batchelor – 10am-12.30pm FREE

This FREE short course is offered by the National Careers Service at Cottenham Village College. The course will help you to improve your approach to job hunting by ensuring you know what employers are looking for in a CV and by helping you to learn techniques to approach job interviews with confidence. This course will be suitable for those who are currently looking or considering looking for work as well as those people who are employed but considering a job move.

Cooking – Breads from around the World – Kevin Hodgson

You will have the opportunity to make breads with help and guidance from our experienced chef. The day will begin with a short induction followed by a demonstration of 3 different breads then sampling the breads made during a short break. Then it will be your turn to make some of the breads: Spanish Bread, Algerian Flat Bread, Greek Olive Bread, Lebanese Manoush, Pizza and Focaccia with hands on help from the Tutor. No previous experience needed – ingredients purchased by learner.

Introduction to Spreadsheets Workshop using Microsoft Excel – Celine Curtis 10am-12.30pm FREE TASTER

Using Microsoft's Excel, this workshop provides learners with varying levels of skill to improve their knowledge of spreadsheets.

The overall objective is for learners to improve their spreadsheet skills. Improved knowledge and skills may increase confidence at home or in the workplace. You may wish to follow this with our 4 week course 'Microsoft Excel-an Introduction' starting 30th September.

Introduction to Word Processing using Microsoft Word – Celine Curtis 1.30-4pm FREE TASTER

Whether you're a complete beginner or have a little experience of Microsoft's Word, this workshop will enable you to learn or improve on your skills with this useful tool. The overall objective is for learners to improve their word processing skills. Improved knowledge and skills may increase confidence at home or in the workplace. You may wish to follow this with our 4 week course 'Microsoft Word-an Introduction' starting 4th November.

Watercolour Pen & Wash – David Hyde

Explore a world of pen and wash possibilities with professional artist David Hyde. On this one day course David will show you how to harness the power of pens and watercolour washes to create an eye catching painting. You will be working on a local landscape subject including water and buildings. Materials not included.

CIEH Food Safety Level 2 – Mark Ascough 9am-5pm £65

This course will give you the Level 2 qualification and certificate required by most food handling establishments.

SATURDAY 18th OCTOBER

Dressmaking week 2 – Sally Tilley

Emergency First Aid At Work – Colin Fordham £60

On this one day course you will acquire new skills to enable you to handle lifesaving situations at home, work or on the road. Theoretical and practical training is given. A certificate will be awarded for successful completion of the course. A First Aid Manual is included in the fee.

Gold Embroidered Christmas Decorations – Jean Wright

A chance to create your own stunning Christmas tree decorations with gold beads and metal thread embroidery. You will learn how to do basic techniques and how to incorporate them into an innovative piece of work – materials fee of £8 payable on the day to the tutor.

Machine Sew Decorative Effects – Pamela Tasker

Even the most basic sewing machine can be used to create decorative effects. This one day workshop will allow you to explore many ideas for decorative sewing by machine that you will be able to use to enhance your projects. This course is for the complete beginner and for those with some experience.

T'ai Chi – Deepening our Practice – 10am-1pm £15 – Alison Warlow

For students with some knowledge of T'ai Chi. This session is to give T'ai Chi students the opportunity to take their practice a little deeper. We will work with Chi Kung exercises, standing practice and the 24 Step form.

SATURDAY 22nd NOVEMBER

Dressmaking week 3 – Sally Tilley

Cooking Together (Family Learning) – 10am-12.30pm Kevin Hodgson FREE

Children to bring an adult along for a family workshop, where adults and children learn together to prepare and cook a healthy PIZZA. You will bake the base from scratch and choose your toppings from a healthy selection, cook and take home for lunch! You don't need to bring anything except enthusiasm. Booking essential as places are limited – Contact Adult learning Tel: 01954 288751.

Christmas Flowers – Julie Woods

Designs will be demonstrated for use in the home to celebrate the Festivities. Start collecting your Fir Cones, Seed-heads, Baubles, Ribbons etc to include in your design. Come along expecting to arrange at least two designs. A list of requirements will be sent out after enrolment – materials are extra.

Christmas Willow Decorations – Sue Kirk

Spend the day weaving with willow creating a number of Christmas decorations for your home and garden. Choose from star, tree, wreath or large goose. Suitable for beginners. Learn several weaving techniques including coiling, rose ties, hoop making, random weave, rush cordage. Learn how to soak and prepare willow for weaving. Materials fee £10 payable on the day to the tutor.

Beginners Free Machine Embroidery – Pauline Verrinder

Explore the exciting possibilities of using your sewing machine in a more creative way by learning the skill of free machine embroidery. You will be taken through all the basic techniques of free machine embroidery. By the end of the day you will have created a sumptuous textured fabric – ideal for making into a bag. It is essential that you bring your own sewing machine and that it is in good working order. For beginners to intermediate. Materials charge of £5 payable on the day to the tutor for hard to find materials.

Christmas Patchwork & Quilting – Mary McIntosh

Make a precious family heirloom in the form of a stitched advent calendar or a Christmas table runner. Suitable for beginners or those with some sewing experience. Machine sewing, materials extra.

Christmas Crafts – Pamela Tasker

In this one day workshop you will have the opportunity to use machine sewing techniques to create items for Christmas gifts or for decorations. There will be a selection of projects that you can choose to make and an opportunity to try out various decorative effects on your machine. Materials extra.

Christmas Silversmithing Workshop – Becki Hill

Have fun producing a long lasting Christmas decoration or gift and learn some silversmithing techniques, using Copper due to the high cost of silver. However silver can be used with advice from the tutor prior to the workshop. Materials extra.

SATURDAY 24TH JANUARY

Dressmaking (day 1) – Sally Tilley
 Curtains (Beginners) – Cindy Mason
 Basic Jewellery – Kelly Caine
 Social Media 9.30am-12.30pm – Denis Pemberton
 Get to Know your ipad 1-4pm – Denis Pemberton

Felting Day – Ricki Outis
 Excel Taster 10am-12.30pm – FREE
 Word Taster 1.30-4pm – FREE
 Mindfulness – Mike Meredith
 Mexican Cooking – Luis Cossio

SATURDAY 7TH FEBRUARY

Dressmaking (day 2) – Sally Tilley
 Curtains (Advanced) – Cindy Mason
 Willow Weaving – Woven Garden Trugs – Sue Kirk
 Cooking Thai – Kevin Hodgson
 Patchwork – Mary McIntosh

CIEH Food Safety Level 2 9am-5pm – Mark
 Ascough £65
 First Aid for Child Carers (day 1) – Colin Fordham £75
 Creative Bookmaking – Pauline Verrinder
 Japanese Culture Morning – Mayumi Geater – FREE

SATURDAY 14TH MARCH

Dressmaking (day 3) – Sally Tilley
 Make a Sample Roman Blind in a Day – Cindy Mason
 Flower Arranging – Julie Woods
 Willow Weaving – Sphere Sculpture – Sue Kirk
 Jewellery: Capture a Bead Bracelet 9.30am-12.30pm
 Jewellery: Pearl Knotting 1pm-4pm – Kelly Caine

First Aid for Child Carers (day 2) – Colin Fordham
 Gold & Metal Thread Embroidery – Jean Wright

SATURDAY SATURDAY 16TH MAY

Dressmaking (day 1) – Sally Tilley
 Willow Weaving – Plant Climbers & Structures – Sue Kirk
 Kirk
 Cooking Chinese – Kevin Hodgson
 Screen Printing – Ricki Outis

Mixed Media & Stitch – Pauline Verrinder
 Mixed Media & Stitch – Pauline Verrinder
 Emergency First Aid at Work – Colin Fordham
 Machine Sew – Pamela Tasker

SATURDAY 13TH JUNE

Dressmaking (day 2) – Sally Tilley
 Willow Weaving – Round Baskets – Sue Kirk
 Flower Arranging – Julie Woods
 Mosaic Workshop – Terry Baker

Patchwork – Mary McIntosh
 Feltmaking – Lisa Fretwell
 Getting the Most from your Embellisher – Pauline Verrinder

ACTIVITIES FOR CHILDREN AND YOUNG PEOPLE

Ballet - April Martin (Associate ARBTA & Member BDQT), any enquiries
 telephone 01954 200533
 E-mail a.r.martin@ntlworld.com or tutusrus@ntlworld.com

Ballet - Cottenham Village College - Wednesdays
 12 week term – Starts Wednesday 10th September 2014

		Time	1 Term	2 Terms	3 Terms
Cj51	Reception	3.45-4.15pm	£42.00	£75.00	£112.00
Cj52	School Year 1 – 2	4.15-4.45pm	£42.00	£75.00	£112.00
Cj53a	School Years 2 – 4	4.45-5.15pm	£42.00	£75.00	£112.00
Cj53b	School Years 4 – 6	5.15-5.50pm	£44.00	£78.00	£118.00
Cj54	School Year 6 upwards	5.50-7.00pm	£60.00	£108.00	£160.00

Please ring the College before term starts to check availability of places as some courses are full. Children will need to be confident enough to stay without their parent/carer. Please note fees are not refundable for absence from a class that is continuing to meet.

MATHS TOGETHER *FREE Family Learning Activity*

Autumn Term 2014

Coming soon at Cottenham Village College – a workshop for parents and Years 5, 6 & 7 children to get to grips with the transition from Primary to Secondary school. This workshop will be run in partnership with 'NRICH' and their Millennium Mathematics Project and the aim is to enrich the Maths experience for all in a relaxed and fun way. Further information will be sent through the schools. Or contact Cottenham Village College at: **Tel: 01954 288751 Email: community@cvcweb.net Web: community.cvcweb.net**

COOKING TOGETHER

FREE Family Learning Activity

10am – 12.30pm

22nd November 2014

Children to bring an adult along for a family workshop, where adults and children to learn together to prepare and cook a healthy PIZZA. You will bake the base from scratch and choose your toppings from a healthy selection, cook and take home for lunch! You don't need to bring anything except enthusiasm. Booking essential as places are limited – Contact Adult learning **Tel: 01954 288751 or Email: community@cvcweb.net**

ENROLLING IN THE CLASSES

You may enrol in any of the adult or junior classes by using the booking form in this brochure or over the phone with a debit/credit card. If paying by credit card there is a fee of £2.50 per transaction (no charge for debit card payments). Bring or send your booking form to the College, and make cheques payable to 'COTTENHAM VILLAGE COLLEGE' for both adult and junior classes. You can also print off a copy of the booking form from our website <http://community.cvcweb.net>

ADULT LEARNING CLASSES:

In person: the office will be open weekdays 9.00am to 2.30pm and evenings from 6.30pm to 8.30pm Monday – Wednesday. **Tel: 01954 288751**

By email at: community@cvcweb.net with full details of the course, your name, address and telephone number.

By post: enclose a stamped addressed envelope if you would like your receipt posted back to you.

SPORTS CENTRE CLASSES: visit the Sports Centre Reception **Tel: 01954 288760** from 5pm daily and from 9am at weekends.

COURSE FEES: must be paid in full at enrolment.

MATERIAL CHARGES: such as text books, ingredients for cookery classes, fabrics etc. – are NOT included in the cost.

CONCESSIONS: are available, but evidence of entitlement is required at enrolment or before (see below).

CLOSURE OF CLASSES – REFUNDS OF FEES

A full refund will be given when a class is closed due to small numbers. **Please note, fees are not refundable for absence from a class that is continuing to meet.**

INSURANCE AND LOSSES

Cottenham Village College cannot accept responsibility for accidents to members of clubs and classes other than those covered by the College's Public Liability Insurance, nor for loss of personal property left on the premises or in a car, nor for damage to cars and bicycles – parking is at your own risk.

EQUALITIES STATEMENT

Cambridgeshire County Council operates an Equality of Opportunity Policy. We will ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all can access activities. If you have any specific needs which might affect your learning you are entitled to a confidential interview where we can look at the support that you require. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect.

COMMUNITY FACILITIES AT COTTENHAM VILLAGE COLLEGE

Support for people with special needs

If you would like to attend a class but feel that you may need support to enable your participation, please contact the Adult Learning office on 01954 288751.

Transport Difficulties

If you would like to attend a class but have no transport please contact us on 01954 288751. We may be able to put you in touch with someone who can give you a lift.

Learning Partners

If you are interested in being a learning partner in a class of your choice (you do not pay fees) to enable you to offer help to someone requiring support, please get in touch with us – Tel: 01954 288747.

College Lunches

The lunches at Cottenham Village College are excellent value, why not come and try them on Fridays 1.00pm – please phone us to book on 01954 288944.

ARE YOU ELIGIBLE FOR REDUCED FEES?

THE FOLLOWING GROUPS MAY CLAIM THE REDUCED RATE FOR LEISURE COURSES

Working Family Tax Credit

Job Seeker's Allowance

Income Based Benefit

If you receive the 'Guaranteed Credit' element of Pension Credit*

Unwaged Dependent of above

Students Aged 16 – 18

Please note that proof of above will be required otherwise full fee will be due.

***Learners in receipt of Guarantee Credit (on its own or with savings credit) may be eligible for fee reduction and will be asked to produce the award notice.**

Cottenham Summer School

28 July - 1 August

2014



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with Bert Santilly

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Pattern Cutting

with Sally Tilley

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Walking

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Other sessions

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- A floodlight artificial turf pitch
- Multi use sports hall (3 badminton courts)
- Gymnasium (smaller hall suitable for martial arts, etc)
- Four floodlight tennis / netball courts
- Outdoor cricket nets
- Modern changing rooms, with showers and lockers

These excellent facilities are available to clubs, groups and individuals to hire on either a block booking or casual basis.

Our fitness suite, offers the very latest cardio vascular equipment; including treadmills, cross trainers, rowing machines, bikes and the revolutionary award winning Adaptive Motion Trainer (AMT) which “moves the way you do” adapting immediately to the natural movement of the body and changes in stride length, pace and direction. Plus a full range of Resistance Weight Machines.



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Personal Fitness Programmes – our personal one-to-one or group induction sessions with our Fitness Instructors, will introduce you to the equipment and design a programme to meet your aims. The fitness suite is available on a monthly payment basis or on a casual pay-as-you-go basis.

SPORTS COURSES

We run a number of term time sports courses for adults and children. These courses must be booked in advance.

Children and Young People Classes – Termly classes

I Term

Mondays

Badminton – Dan Valderas 12 Weeks

Starting 15th Sept 2014

Badminton (Secondary Students) 4:30 – 5:30pm £45.60

Badminton juniors 5:30 – 6:30pm £45.60

Wednesdays

Gymnastics – Paula Cook 12 weeks

Starting 17th Sept 2014

Age 5 – 7 years 4:00 – 5:00pm £60

Age 8 – 10 years 5:00 – 6:00pm £60

Age 11 years + 6:00 – 7:00pm £60

Children and Young People – pay as you go classes

Wednesdays (Term Time) Starting 10th Sept

Roller Skating 5:00 – 6:00pm £2.80

(Skate Hire +£1)

Fridays (Term Time) Starting 12th Sept

Roller Skating 5:00 – 6:30pm £2.80

Artistic Skating 6:30 – 7:30pm £3.60

(Skate Hire +£1)

Adult Classes – Termly classes Adult (F) = Full Rate and (R) = Reduced Rate.

Mondays

Badminton 12 weeks starting 15th Sept

Beginners 6:30 – 7:30pm £52.80(F)/£45.60(R)

Intermediate 7:30 – 8:45pm £66(F)/£57(R)

Advanced 8:45 – 10:00pm £66(F)/£57(R)

Neil Marsh Bootcamp Fitness) starting 8th Sept – 20th Oct (7 sessions)

Bootcamp Fitness 6:30 – 7:30pm £31.50

Bootcamp fitness brings you functional based movements in a challenging but fun environment. Designed to work the whole body for maximum results. Bootcamp fitness is a great and fun way to exercise each week.

Neil Marsh Bootcamp Fitness starting 3rd Nov – 8th Dec (6 sessions)

Bootcamp Fitness 6:30 – 7:30pm £27 Please see description above

NEW Adult Tap starting 22nd Sept (10 weeks) Free Taster session on 15th September

Adult Tap 6:30 – 7:30pm £50 / £40 (R) (Payment to Adult Learning)

For complete beginners, this class is designed to teach rhythm, co-ordination, terminology and the steps that are the building blocks for all tap dancing. Each session will consist of a warm-up, technique exercises and combinations before moving on to basic tap choreography. This is a great dance class for having fun while developing tone and strength throughout.

NEW Adult Ballet starting 22nd Sept (10 weeks) Free Taster session on 15th September

Adult Ballet 7:30 – 8:30pm £50 / £40 (R) (Payment to Adult Learning)

For those who attended ballet classes as children or complete beginners, this class is designed to teach style, co-ordination, terminology and the steps that are the building blocks for ballet. Each session will consist of a warm-up, technique exercises and combinations. A great dance class for having fun while developing tone and strength throughout the body.

Thursdays

NEW Dance Fitness Starting 25th Sept (10 weeks) Free Taster session on 18th September

Dance Fitness 7:30 – 8:30pm £45

A high energy hour of fitness and street dance all combined into one. Focusing on developing strength, flexibility and co-ordination as well as learning and developing short routines. Jack is highly trained professional working with his own company and many other professional companies around the UK. Jack brings his high energy and enthusiasm to make the class a lively atmosphere. All levels are welcome and no previous dance experience is required.

All termly classes have a half term break w/c 27th October 2014.

Please note all fees must be paid at the start of the course/class.

Reduced rates are available for the following groups

Working Family Tax Credit, Job Seeker's Allowance, Income Based Benefit, State Pension Age, Full Time students aged 16 – 18

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HOW DO I JOIN?

If you think this scheme is for you please discuss it with your GP or Health Practitioner and they can complete a referral form for you.

Tuesdays

F4H Class (Y) 3:30 – 4:30pm and 4:30 -5:30pm
£72 (Twice a week, 24 sessions)

Plus assessments which cost £8 each and are undertaken at the beginning and end of the scheme.

The Active and Healthy 4 Life scheme prices have been subsidised by South Cambridgeshire District Council and Cambridgeshire NHS.

Thursdays

F4H Class (Y) 3:30 – 4:30pm and 4:30 – 5:30pm
£72 (Twice a week, 24 sessions)

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GOOD SPORTS IN COTTENHAM

With the facilities at the Recreation Ground always improving (with more planned*) and those available at the Cottenham Village College, young people in local teams are showing both skills and winning ways

Cottenham United Colts FC

The 13/14 season has been memorable, providing much enjoyment for over 150 players, boys and girls, from 5 to 14 years old. Next season we will also have an Under 6 team which is great news. The new girls' team formed this year will be organising themselves to play next season in the Under 12 age group which we hope will encourage girls of different ages wanting to play football.

On the pitch our Under 14s won their league and were runners up in the league cup. The Under 13s won the Frank Moden Memorial Cup in a thrilling match that ended in a penalty shoot out. In May, the Under 12s won the Cottenham 5-a-side tournament – when we hosted over 90 teams – and were runners-up in their league. All mini league teams performed well and we look forward to future successes.

What we were all delighted about was the club being awarded the FA Charter Standard Development Club of the Year. Not only is this the first time we've won, it is also reflective of the hard work our coaches and assistants put in to develop the players. And as we support the development of young referees, we have a talent pool for the future.

None of this could have been achieved without the help of all the volunteers and groundsman to whom we all owe a vote of thanks.

Bob Lee (*chairman*)

Cojags Netball Club

We had four teams entered into the Cambridgeshire County League: 2 in the Under 16s and 2 in the Under 14s. The Under 16A team and both Under 14s teams won all their matches in the league and went through to the regional tournament.

Our players come from all over Cambridge, and quite a few members are from Cottenham. Junior training is held term time on Tuesday evenings at the Cottenham Village College Sports Centre, from 6.15 to 7.30pm. We have over 30 members in the age ranges from year 7 to year 11. The juniors are welcome to go through to the senior section, joining trials with all other senior members, usually in August and at the beginning of each season.

We are fortunate in having one level 2 coach and two level 1 coaches who attend every week and give their services voluntarily and senior Cojags players are always on hand to help at tournaments and events. We successfully arranged the County Tournament this year at Impington Village College. Contact Dawn Wise about joining the club: dawnwise1@btconnect.com

Cottenham Cricket Club Juniors

We have three junior teams: Under 11, Under 14 and Under 15. In this last group, the older ones go on to play with the men's 2nd team in the senior league – where we are currently lying second. There are 50 youngsters who play regularly at the Cottenham Recreation Ground and in term time attend weekly coaching in the outdoor nets at Cottenham Village College. We are fortunate this year in having monetary backing from the Cottenham Parish Council, the Cottenham Feast Committee and the British School's Trust as well as from Waitrose, sponsors of the English cricket team, to host a club open day. And we have to thank our shirt sponsors LeeWay Building and AJ Raven Brickwork as well as all the volunteers who do so much ensure the game remains popular.

Jake Raven

** The Vision Plan will be considered later this year by the Parish Council. A Vision Group, made up of councillors and residents is investigating what facilities clubs and groups need in order to formulate a business plan to achieve them, keeping costs down so that the changes do not put a long-term financial burden on the parish. Look on the cottenhampc.org.uk website to put your views or find out more*

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Cottenham Community Centre Day by Day

Monday

Mucky pups 10-11am; contact hello@muckypupscambridge.co.uk
Zumba gold (for over 50s) 2.30-3pm;
Zumbatronic (term time) 3.30-4pm; Zumba 7-8pm. Contact Jo Kinser (jo@jjkdancin.com) re any of the classes

Tuesday

Yoga 10-11.30am (denise@sibleymooreyoga.co.uk); Pilates for beginners 10.15-11.15am (studio), Intermediate Pilates 11.30-12.30pm (studio) sessions £7, Miranda de Vries (mitimewellbeing@gmail.com) Rugby tots (two to three and a half years) 3.30pm; three to five and a half 4pm; contact andyk@rugbytots.co.uk

Wednesday

Adult ballet (studio) 10-11am; reserve a place (jdrinkwater@cvcweb.net). Little Humbugs (singing and music for babies and toddlers, 10.30-11.30am, £2.50 (littlehumbugs@gmail.com). Whirl & Twirl, 7-10pm, Irene.baldry318@btinternet.com

Thursday

Ready Steady Play (early years) 10-11am (MLam@histon.cambs.sch.uk). NEW Teen Pilates (studio) 3.30-4.15pm. Pilates for men

(studio) 6.30-7.30pm. Mixed Ability Pilates 7.30-8.30pm. All Pilates queries to mitimewellbeing@gmail.com Adult ballet (studio) 10-11am; contact jdrinkwater@cvcweb.net

Friday

Mixed Ability Pilates 10-11am; Yoga (studio) short terms only 10-11.30am, wiltrud.jackson@yahoo.co.uk FlexAware (studio) 11.35am-12.35pm. NEW Pilates Beginners (studio) 12.35-1.35pm. Stretchercise (studio) 5-6pm

Saturday and Sunday

Colour Awareness workshop (studio), bookings mitimewellbeing@gmail.com Dads Play 10.30-11.30 (2nd Saturday of month)
Arts Night, coffee shop, 7.30-9.30 (2nd and 4th Sundays). The Roost, coffee shop and main hall, 3- 4.30pm. (3rd Sunday) Information from website: www.revcoffee.net or email simon.oliver@cantab.net

There are three rooms (main hall, studio, coffee shop) for hire at the Cottenham Community Centre for new activities or parties. See the website www.cottenhamcc.org or email smithmichaelstanley@hotmail.com
Some classes are term time and may be amended occasionally – check the calendar on website under Function rooms and then hall or studio.

ADVERTISING IN THE FEN

Fen Edge News is distributed free to around 6800 homes in the Fen Edge Patch which covers the villages of Cottenham, Rampton, Landbeach, Waterbeach and Willingham. There are three issues a year: New Year, Spring/Summer and Autumn.

Our advertising rates are very competitive and the prices below are per issue. Colour sites are available (£20 extra per page): inside front cover, inside back cover, back cover.

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For further information please contact me:-
Jane Tel 01223 861818 Mobile 07751459359
Email: brianwilliams984@btinternet.com

Fen Edge Community Association Groups

Fen Edge Archeology Group.....	Mrs Krys Kelly	01954 252317
Fen Edge Ass. Learning Disabled.....	Mrs L Mowlabocus.....	01954 250024
Fen Edge Orchestra.....	Jeremy Rodgers	01954 261648
Fen Edge Twinning Association.....	Anna Vining.....	01954 252432
Fen Edge Footpath Group	David Thomas	01954 200074

Cottenham

Brownies and Rainbows	Dani Wykes.....	01954 250324
Catholic Church.....	Fr. Patrick Cleary	01223 704640
Community Beat Office, Police		101
Cottenham All Saints Church.....	Rev Kylie Hodgins.....	01954 250454
Cottenham Baptist Church	Church Office	01954 252378
Cottenham Bowls Club	Glen Clarke.....	01954 250085
Cottenham Brass Band.....	Diana Braverman.....	01223 881644
Cottenham Bridge Club	Simon Wood.....	01223 361190
Cottenham Care Cars.....	Gerry Brett.....	01954 251929
Cottenham Community Centre.....		01954 202109
Cottenham Cricket Club	Dave Partridge.....	01954 203210
Cottenham Cricket Club Junior Teams..	Jake Raven.....	01954 250388
Cottenham Day Centre	Mrs M Collins.....	01954 200873
Cottenham Dissenters Cemetery.....	Ann Scott.....	01954 251468
Cottenham District Nurse		01223 726469 opt 2
Cottenham & District Ploughing Soc	Robert Clarke	01954 250443
Cottenham & District Guides.....	Dani Wykes.....	01954 250324
Cottenham Gardeners Club.....	Colin Ward.....	01954 252190
Cottenham United Colts Football	Bob Lee.....	01954 250648
Cottenham Labour Party	Mr Nick Parker.....	01954 251553
Cottenham Library.....		0345 045 5225
Cottenham Library Book Club.....	Wendy Law	01954 202188
Cottenham Netball Club (Cojags).....	Liz Dall'Aglio	01954 252612
Cottenham Newsletter	Eddie Murphy	01954 251700
Cottenham Parish Council.....	see page 5	
Cottenham Rollerskating Club	Cott Sports Centre	01954 288760
Cottenham Roller Hockey	Paula Johnson	01954 252114
Cottenham & Rampton R.B.L	Ann Scott.....	01954 251468
Cottenham Salvation Army	Tori Richardson.....	07709 652101
Cottenham Seniors Club.....	Beryl Hayward	01954 252754
Cottenham Tennis Club.....	Bruce Hutchison & Paul Dixon ..	info@cottenhamtennis.co.uk
Cottenham Theatre Workshop	Sue Macdonald.....	01954 252329
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Cottenham V.C. Sports Centre.....	Chris Smith.....	01954 288760
Cottenham Village Society.....	Glynis Pilbeam.....	01954 251544
Cottenham Village College	Community Office.....	01954 288751
Cottenham Village Design Group	Steven Poole.....	01954 203961
Cottenham Women's Institute.....	Margaret Jeeps	01954 250841
Mobile Warden Service.....		01954 200080
Second Cottenham Scout Group.....	John Lamoon	01954 231165

Landbeach

Baptist Minister.....	Martin Enseel.....	01223 862494
Mums, Baby and Toddler	Tracey Brown	01223 860537
Coffee Group.....	Nicky Geary	01223 860304
Friends of Worts Meadow	Robert Humphrey.....	01223 863454
Landbeach Baptist Church.....	Neil Roberts.....	01223 860410
Landbeach Bell Ringers.....	Barbara Le Gallez	01223 860283
Landbeach Bowls.....	Terry Pauley	01223 860600
Landbeach Busytots.....	busytots@hotmail.co.uk	
Landbeach Events Committee	Maggie Robertson	01223 860384
Landbeach Helpline for the Elderly.....	Margaret Patterson.....	01223 860937
Knit and Natter.....	Marion Lant	01223 860787
Landbeach Painting & Drawing Group.....	Jane Cross.....	01223 860669
Landbeach Parish Church	Rev Paul Butler	01223 860353
Landbeach Parish Clerk.....	Maria Sylvester.....	01954 252400
Landbeach Society	Robert Stripe.....	01223 862297
Landbeach Sports & Social Club.....	Ged Hinkins.....	01223 861553
Landbeach Village Teas.....	Grace Brookes.....	01223 863453
Landbeach W.I.....	Jane Ward	01223 440961
Lunch Club	Gill Diver.....	01223 861151
Village Hall Lettings	Anne Bullman	01223 860692
Village Hall Committee Chair	Colleen Dell	01223 860578

Rampton

Church Contact	Judith Middleton	01954 251607
Rampton Church.....	Rev Kylie Hodgins.....	01954 250454
Rampton Newsletter	Karen Williams	kazza.will@yahoo.co.uk
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Rampton Village Hall.....	Martyn Blunt.....	01954 252214

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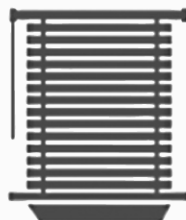
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32nd Cambridge (Waterbeach)		
Scout Group.....	William Moon	01223 440259
Beach Bowls Club.....	Tony Reuben.....	01223 861001
Beaches Community Car Service.....		07807 875878
County Councillor.....	Maurice Leeke.....	01223 441562
Denson Close Social Club.....	May Beckitt.....	01223 660475
District Councillor.....	James Hockney	01223 441289 or 07958 389713
District Councillor.....	Peter Johnson.....	01223 560918 or 07947 475549
Doctors Surgery – Waterbeach.....		01223 860387
Parish Paths Group.....	D. Armstrong	01223 861586
Royal British Legion -		
Waterbeach & Landbeach.....	Norman Foster.....	01223 474622
St Lawrence's Catholic Church.....		01223 704640
St. John's Church.....	Rev. Paul Butler	01223 860353
The Way Project.....	Julie Wentworth.....	01223 861668
Village Correspondent.....	Maggie Crane	01223 440560
Wasps (Waterbeach After School		
Play Scheme).....	Zoe & Wayne Badcock.....	01223 861140
Waterbeach & District Gardening Club.....	Jerry Cooper	01223 574050
Waterbeach Angling Club.....	Colin Brett.....	01954 200956
Waterbeach Badminton Club.....	Norman Setchell.....	01223 862404
Waterbeach Baptist Chapel.....	Martin Ensell.....	01223 862494
Waterbeach Brass.....	David Pell	01223 860396
Waterbeach Colts F.C.....	Bernadette Sowden-Fletcher.....	07752 868255
Waterbeach Community Association.....	Jacqui Rabbett	01223 860993
Waterbeach Community Players.....	Julie Petrucci.....	01223 880023
Waterbeach Community Playgroup.....	Jacqui Woods	01223 440769
Waterbeach Day Centre for the Elderly.....	William Bullivant	01223 862506
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Library (WILL).....	Maggie Crane	01223 440560
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Waterbeach School.....		01223 718988
Waterbeach Salvation Army	Wendy Brown	01223 506217
Waterbeach School P.T.A.....	Lianne Parrett	07502 091812
Waterbeach Toddler Playgroup.....	Wayne Badcock	07808 357729
Waterbeach Turbary Charity.....	Pam Gooding	01223 861003
Waterbeach United Charities.....	Pam Gooding	01223 861003
Waterbeach Village Society.....	Ray Rice	01223 860663
Waterbeach WI	Sheila Lynn	01223 860948
Waterbeach Wives Group.....	Sheila Gill.....	01223 861999

Willingham

Parish Council.....	(See page 5)	01954 261027
County Councillor.....	Peter Hudson	
District Councillor.....	Mr R Manning	01954 261235
District Councillor.....	Mr B R Burling.....	01954 230168
District Councillor.....	Mrs P S Corney.....	01954 213221
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Pharmacy.....		01954 261787
Over Surgery		01954 231550
Urgent Care Cambridgeshire.....		0330 123 9131
Primary School	Mrs V Francis.....	01954 283030
Willingham Out Of School Club (3–6 pm only).....	Mr D Carminati	01954 283033
Phoenix Prep School.....	Gill Cooke.....	01954 263113
School Governors Chairman	Jonathan Lewis	01954 283030
School Association c/o school		01954 283030
British School Trust.....	Lynda Blunt	01954 261309
Beavers, Cubs and Scouts	Mrs M Dellar	01954 260045
Ducklings Toddler Group	Rachel Robinson	07963 890971
Honeypot Pre-School (term-time only)	Mrs D Van Dort	01954 201567
Tigger Toddlers.....	Jenny Rayner.....	01954 270122
Old Buttery Nursery School.....		01954 260046
Holiday Playschemes Phoenix School		01954 263113
Willingham Guides and Senior Section.....	Lynn McGoff.....	01954 261296
Ladybird Borland's School Of Dance	Mrs L Borland	01954 203347
Bubbles/Messy Church	Rev L Liversidge.....	01954 263187
	Heather Mellows	01954 270063
Bumps and Babies Group.....	Emma Tregenna	01954 261775
TOPS (Baptist Church Toddlers Group).....	Hilary Wyllie.....	01954 261051
Little Notes Music group	Emma Tregenna	01954 261775
Kids' Friday Club (Baptist Church).....	Lorlane Bald	01954 261189
Ploughman Hall Bookings.....	through Parish Council	01954 261027
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Willingham Combined Charities	Mrs Gail Cook.....	01954 231272
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Mothers' Union (Branch Leader)	Mrs S Hayden	01954 260363
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Methodists (Ministerial Contact).....	Rev Hilary Cheng.....	01223 700778
Roman Catholic Priest.....	Fr Edward Tredota	01480 462192
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