

*News from your
local Clubs,
Groups and Councils*



*Plus
ADULT &
FAMILY CLASSES*

● HOW WILL YOUR FENCE LOOK AFTER ANOTHER UK WINTER? ●

COLOURFENCE - no painting or repairs for 25 years!†



Don't wait until your fence has rotted down. Prevention is better than cure!



“Maintenance free and great value too!”

As winter takes hold, we hear from customers who chose ColourFence because their old fences have blown down or rotted through, causing anxiety about pets escaping or even unwanted intruders. This, paired with the fact that there is no need for ongoing maintenance allows them to break the expensive, wasteful cycle of painting, repairs and replacement. ColourFence is guaranteed not to warp, crack, shrink, rot or peel for 25 years*. Making it one of the world's best maintenance-free fences. And, unlike other fences, ColourFence can withstand gusts of wind up to 130mph. There's a choice of colours to harmonise and enhance your garden's design. You'll find our prices surprisingly cheap! Give too. Why wait until an urgent replacement is needed? To see the full product range, call us today and find out why it makes sense to choose ColourFence.



To see our wide choice of sizes, mix and match colours and designs contact us today!

- Guaranteed not to warp, crack, shrink, rot or peel
- Withstands wind gusts of up to 130mph
- No painting or repairs for 25 years*
- Create your look with a choice of colours, designs and sizes
- No risk professional installation



“Despite many coats of preservative, the structure of the wooden fence in our front garden rotted, and a recent storm sent it off down the road, thankfully missing the neighbour's car. However, every



cloud has a silver lining, and we couldn't be more pleased with our new ColourFence. It looks great, and we are looking forward to years of success with no fence paint or other treatments.

Mr & Mrs R. Glamorgan

*Rots down several times a year - terms & conditions apply.



For a free, no-obligation quote, find out more via:

01223 811 160

colourfencecambs.co.uk



**25 YEAR
GUARANTEE**

MADE IN
BRITAIN

The **Fen Edge Community Association** is a charity promoting and supporting Clubs, Groups and Societies in Cottenham, Landbeach, Rampton, Waterbeach and Willingham.

Contact Us

Lucy Dumbrell – Chair

✉ chair@fenedge.co.uk

✉ editor@fenedge.co.uk

✉ advertising@fenedge.co.uk

🌐 www.fenedge.co.uk

f fenedge news

Copy date for next issue: Mon 27 February 2023

Registered Charity No. **293020**

NEW YEAR 2023

- 5-19 Fen Edge Groups**
- 5-7 Chair's Message, From the Editor, The Farmland Museum and Denny Abbey, Diary
- 9-11 Stitch Wild, Cambridgeshire Geological Society, Care Network Cambridgeshire
- 13-19 Friends of Worts Meadow, Fen Edge Orchestra, Rotary Club Cambridge South, Schoolreaders
- 21-25 Willingham** – Willingham Action Group, Willingham Wheels, Willingham Parish Council, Willingham Gardening Club
- 27-29 Landbeach** – Friends of All Saints' Church Landbeach, Tithe Barn Trust
- 39 Rampton** Horse Show
- 41-65 Cottenham**
- 41 Cottenham Parish Council, Cottenham Gardeners Club
- 43-45 All Saints' Church, Cottenham Baptist Church, Friends of All Saints' Church Cottenham
- 47-49 Sustainable Cottenham, Cottenham Community Land Trust
- 51-55 Cottenham and Rampton Lunch & Social Club, Cottenham Charities, Cottenham Community Centre, Cottenham Community Allotment
- 57-59 Cottenham United Colts FC, Cottenham Bowls Club, Cottenham Village Society, Cottenham Cricket Club
- 61-65 Cottenham Repair Cafe, Firs House & Telegraph Street PPG, Cottenham Tennis Club, Cottenham Theatre Workshop, Cottenham Women's Institute

DH Property Maintenance & Landscapes



- **Painting & Decorating**
- **Carpets & Vinyls supplied and fitted**
- **Tiling**
- **Lock changes**
- **General house maintenance**
- **Pressure Washing**
- **Block Paving and Driveways**
- **Patios, Decking & Fencing**
- **Planting & Pruning**
- **Rotavating, Turfing & Seeding**
- **Hedging & Tree Work**
- **Garden and Rubbish clearance**
- **Seasonal lawn care / regular maintenance visits**
- **And much more!**



**Please call Dave Hinson for a no obligation free quotation on -
Mobile: 07789 627758
Email: dhproperty@outlook.com**



Waggle Bumz



Louise qualified as a dog groomer at the College of West Anglia and groomed at a local parlour for 4 years before starting Waggle Bumz in June 2015. She has vast experience with most breeds of dogs and has a keen interest in their wellbeing. Waggle Bumz is based at a convenient and secure location in Cottenham where your dog can feel safe and relaxed.



A few comments from our satisfied customers

Waggle Bumz always does a great job with our dog. He is never too short but is really neat and tidy, feels and smells gorgeous and they take good care!

Professional staff truly love all their doggie clients. Doggie kisses are mandatory 🍷🍷

Waggle Bumz is lovely. Patch enjoys going and meeting friends. I feel so relaxed leaving Patch in your care. I would definitely recommend you and to my own clients as I'm a dog walker!

Puppy Package (from £20)

Ideal for puppies from 3-6 months, to get them used to the parlour environment.

Pamper your puppy with a bath and brush, followed by nail, foot and facial trim.



Give your dog a treat - book today: 01954 252869

Monday to Saturday 9am-5pm

67 Histon Road, Cottenham, Cambridge CB24 8UF

www.wagglebumz.co.uk

the current times, is vitally important for all groups and charities. There have been some health and safety changes in how the event would need to be run, but we will try and get this off the ground if possible.

As always, we cannot run these events without kind volunteers, so if you are interested however big or small, please contact me at chair@fenedge.co.uk.

Grant update – we have given some great grants out to our member groups: Cottenham Community Centre have received a grant to help towards their solar panels, goals for Cottenham Colts FC, wool for the wool group at CCC, sponsorship towards Willingham Social Club beer festival and a grant to help support an anti-bullying roadshow at Cottenham Primary School, to name a few. See how varied the grants can be. FECA fund raising and grants allows these groups and communities to benefit!

Stay warm and safe,

Lucy Dumbrell

CHAIR'S MESSAGE



Dear FEN readers,
What a summer it has been, with a return to near normal life. I am sure it has allowed our member groups to think about plans for autumn and winter. FECA has been busy working together to bring some new fund-raising ideas and

some old favourites such as the Fun Run – maybe with a change of starting point!

FECA has also been approached by the Yesteryear Road Run committee to see if we would be able to take over the helm in running the event. Not only does this event showcase some amazing vehicles, but it is also a great fund raiser, which in

FROM THE EDITOR

Many thanks to Wendy Dear for proof-reading this edition of Fen Edge News. There is room for more to join the editorial team. No experience is necessary. If you are interested, please contact editor@fenedge.co.uk.

THE FARMLAND MUSEUM AND DENNY ABBEY

We hope you were able to visit us at the Farmland Museum and Denny Abbey during 2022, to learn about Fenland history, have fun at our events or simply to enjoy a homemade piece of cake!

At the end of October each year, we close for the winter; but that doesn't mean we aren't busy behind the scenes. During the winter, our volunteers are busy with repairs and maintenance, refreshing our displays and getting ready to welcome you back in the spring.

Many of our volunteers are seen by our visitors throughout the summer but others are busy on hidden jobs that are nonetheless vital to keep the museum going. Our gardening squad keep the allotment and the cottage garden blooming. The maintenance team look after the farming machinery – a long round of checking and oiling and painting and fixing. Everything in our collection is very carefully looked after. Even items not on display at the moment are documented and tracked by our collections volunteers so we know where everything is and its condition.

Would you like to join us? The Farmland Museum and Denny Abbey could not survive without the work done by volunteers and we are always looking for more to help out. When we open in 2023, we will be looking for volunteers to welcome our visitors and work in our gift shop, or help out in our café. If any of these roles appeal to you, do get in touch for a chat about how it all works. Email is best while we are closed to info@farmlandmuseum.org.uk

For more information on the Farmland Museum and Denny Abbey and to find out more about what we've got planned in 2023, visit www.dennyfarmlandmuseum.org.uk

FEN EDGE EVENTS DIARY

What's on and when in the villages

NOVEMBER

Sat 26–Sun 27 Rotary Club Cambridge South – Charity Car Parking (p15)

Sat 26 10am–2pm Cottenham Community Centre – Christmas Market (p53)

Tue 29 10am–1pm Cottenham Community Centre – Fuel Bill Advice by Utility Warehouse (p53)

Wed 30–Fri 2 7.30pm Cottenham Theatre Workshop – Play: *The Nutcracker* at Cottenham Village College (p63)

DECEMBER

Sat 3 1pm and 5.30pm Cottenham Theatre Workshop – Play: *The Nutcracker* at Cottenham Village College (p63)

Sat 3 6–7.30pm Friends of All Saints' Church Landbeach – Concert by St Augustine's Choir at All Saints' Church Landbeach (p27)

Sun 4 4pm Friends of All Saints' Cottenham – Concert by Camerata East at All Saints' Church Cottenham (p45)

Mon 5 7–9pm Willingham Gardening Club – Talk: *Making a Christmas wreath* by Carol Bailey at Willingham Social Club (p25)

Tue 6 10am–1pm Cottenham Community Centre – Fuel Bill Advice by Utility Warehouse (p53)

Tue 6 6pm Cottenham Parish Council – Carols on the Green at Cottenham Village Green (p41)

Wed 7 7.30–9.30pm Cottenham Women's Institute – Christmas Party at Cottenham Village Hall (p65)

Sat 10 1.30–3.30pm Tithes Barn Trust – Story telling and Carol Singing at Landbeach Tithes Barn (p29)

Sun 11 10.30am Cottenham Baptist Church – Get in the mood for Christmas and sing your way through the Christmas story (p43)

Sun 11 4–6pm Cottenham Baptist Church – The Real Christmas Grotto (p43)

Mon 12 7.30–9pm Cambridgeshire Geological Society – Talk: *From Snowball Earth to the Anthropocene* by Dr Colin Summerhayes at St Andrew's Centre, Histon (p11)

Mon 12 7.30pm Willingham Women's Institute – Christmas Party at Willingham Social Club

Wed 14 6.30pm All Saints' Church – Carol singing around the village, meet at Salvation Army, Cottenham (p43)

Sat 17–Sun 18 Rotary Club Cambridge South – Charity Car Parking (p15)

Sat 17 2.30–3.30pm All Saints' Church – Messy Christmas at All Saints' Church, Cottenham (p43)

Sat 17 3.30pm All Saints' Church – Live Nativity at All Saints' Church, Cottenham (p43)

Sat 17 and Sun 18 4–6pm Cottenham Baptist Church – The Real Christmas Grotto (p43)

Sun 18 10.30am Cottenham Baptist Church – Nativity from scratch (p43)

Sun 18 7pm All Saints' Church – Carol Service at All Saints' Church, Cottenham (p43)

Wed 21 7–9pm Cottenham Baptist Church – Quiet Space (p43)

Sat 24 4pm All Saints' Church – Outdoor Carol Service with Cottenham Brass at All Saints' Church, Cottenham Churchyard (p43)

Sat 24 7pm All Saints' Church – Indoor Carol Service with the Church Choir and Junior Prime Brass at All Saints' Church, Cottenham (p43)

Sat 24 11.30pm All Saints' Church – Midnight Communion at All Saints' Church, Rampton (p43)

Sun 25 8.30am All Saints' Church – Book of Common Prayer Holy Communion at All Saints' Church, Cottenham (p43)

Sun 25 10.30am All Saints' Church – Family Communion at All Saints' Church, Cottenham (p43)

Sun 25 10.30am Cottenham Baptist Church – Christmas Day all-age celebration (p43)

Tue 27–Sat 31 Rotary Club Cambridge South – Charity Car Parking (p15)

JANUARY

Wed 11 7.30–9.30pm Cottenham Women's Institute – Talk: *Pearl, an evening on the life and history of Pearls* by Jason Middleton at Cottenham Village Hall (p65)

Fri 13 7.30pm Cottenham Gardeners Club – New Year Party at Franklin Gardens Community Room (p41)

FEN EDGE EVENTS DIARY

Fri 13 7.30pm Cottenham Village Society –
Talk: *Cottenham and the Cambridgeshire Fruit Industry*
by Jonathan Spain at Cottenham Village Hall (p57)

FEBRUARY

Mon 6 7–9pm Willingham Gardening Club –
Talk: *Twelve tremendous trees* by Gwenda Kid at
Willingham Social Club (p25)

Wed 8 7.30–9.30pm Cottenham Women's
Institute – Talk: *Wildlife in your Garden* by Peter
Pilbeam at Cottenham Village Hall (p65)

Fri 10 7.30pm Cottenham Village Society –
Talk: *Impington Hall, a story 350 years in the
making* by Eleanor Whitehead at Cottenham
Village Hall (p57)

Sat 18 9.30am–12.30pm Tithe Barn Trust –
Outdoor Gym: *Vegetation management & bench
installation* at Landbeach Tithe Barn (p29)

Fri 24 7.30pm Cottenham Gardeners Club –
AGM at Franklin Gardens Community Room (p41)

Sat 25 10am–12pm Rampton '77 Committee –
Grand Jumble Sale at Rampton Village Hall

Sat 25 7.30pm Fen Edge Orchestra –
Concert at Histon Baptist Church (p13)

MARCH

Mon 6 7–9pm Willingham Gardening Club –
AGM and Gardeners' Question Time at
Willingham Social Club (p25)

Wed 8 7.30–9.30pm Cottenham Women's
Institute – Talk: *Ely Cathedral* by Jan Munt at
Cottenham Village Hall (p65)

Fri 10 7.30pm Cottenham Village Society –
Talk: *The History of Mackays* by Duncan Mackay
at Cottenham Village Hall (p57)

Sat 11 10am–2pm Cottenham Repair Café –
at Cottenham Community Centre (p61)

WHAT IS GOING ON HERE?

Nature Recovery Group

The Scouts and volunteers from Sustainable Cottenham's Nature Recovery Group clearing the Moat at Tenison Manor: Reeds and rushes were removed to create more open water for the Great Crested Newt breeding season next year (March onwards). Sustainable Cottenham's article is on p47.



Enjoying the October sunshine at the Willingham Feast.
See main article on p21.






GIFT VOUCHERS

A PERFECT GIFT FOR FAMILY OR FRIENDS



TRAVEL BACK TO THE GOLDEN AGE
OF LUXURY RAIL TRAVEL AND
INDULGE IN AN AFTERNOON TEA

01954 233279 www.carriagesofcambridge.co.uk

Carriages of Cambridge, Capability Barrs, Huntingdon Road, Fen Drayton, CB24 4SD   

© Carriages of Cambridge Ltd. All rights reserved.

FEN EDGE GROUPS

STICHWILD

StitchWild takes to Junk.

Our group had the opportunity recently to make our own junk journals. If you aren't familiar with junk journals, here is a little bit of background on journals in general and junk journals in particular; and a little bit of how we made our junk journals! The practice of keeping a journal is an art, a craft, a discipline, a ritual, and for many journal keepers, a release. It is a conduit for the ideas, inspiration, experiences and dreams that flow in and out of our daily lives; a way to say those things that don't get said in everyday life. Although daily experiences may be recorded, as in a written diary, junk journals are more typically visual journals in which art work, photographs, found objects, collages, newspaper clippings, and other found items find a home and become a record of our experiences.

Junk journals were first made from throwaway items; junk mail, cereal box covers, pages from old newspapers, old ledger pages, maps, vintage papers and photos, book pages and the like; the flotsam and jetsam of daily life. They started as a form of rebellion against the idea that you need to buy expensive papers and supplies to store memories in a book or create personal artwork. But the name junk journal doesn't have to mean ugly or junky. Everyday craft and art items can be used to make them a beautiful piece of art. A junk journal can be a random collection of found items; or it can have a specific theme, which can be reflected in the decorating of the front cover. Many junk journals are used as garden, recipe or travel journals; and these

one-of-a-kind creations can be thought of as containers for one's own personal spirit and individual vision! With that in mind, we set about making our own junk journals!

Our group's brief was to make a small journal from a snack bar box, which made the cover size about 3 ½ inches wide and 4 ½ inches tall and with a spine of about ½ inch. A journal this size can be quite easily made in a few hours. The first step is to decorate the cover. This can be done by painting, collaging, stamping, stencilling, stitching; the possibilities are endless. Covers can be reinforced with materials such as acrylic wax or matt medium, which will strengthen them for the handling that they receive both in the construction process and in the journaling process.

Continued on Page 11



IVETT & REED®

QUALITY SET IN STONE



Our family-run stonemasonry business has been a household name in Cambridge since 1896.

We design, manufacture and install bespoke fireplaces, complemented by a large selection of wood burning stoves and gas & electric fires.

Offering a complete templating and installation service for granite, quartz and sintered stone worktops, we are approved

fabricators for leading brands including Silestone, Caesarstone, Dekton and Lapitec.

And true to our heritage, we are also renowned for creating outstanding memorial headstones and architectural stonemasonry.

Our stunning showroom at 615 Newmarket Road in Cambridge benefits from free parking and is open five days a week to showcase our full product range.

www.ivettandreed.co.uk • 01223 213500

615 Newmarket Road, Cambridge CB5 8PA • Open Mon-Fri • FREE parking

FEN EDGE GROUPS

Continued from Page 9

Next, we selected our pages from an assortment of the materials mentioned above. Pages can be constructed with pockets to insert smaller items that add to the journal's charm and individuality and make it interactive. Binding our papers into the cover was the next step, with a fancy tassel added for decoration to the spine, and we were then all set to begin journaling to our hearts content!

Making books is a departure from the usual type of textile art that is hung for display. There is something quite tactile about the making of a book—the

constant handling of the materials, the arranging of the pages, turning them back and forth, deciding on the order, how to fill the book, whether it be by drawing, painting, collaging, adding stitch, etc. This constant contact with it makes it an old friend by the time it is finished.

My hope is that you might be bitten by the 'book bug' as I have, and look into making your own junk journals! YouTube is full of instructional videos which have helped me in my journey of junk journal making, so I challenge you collect some 'junk' and have a go!

Diane Cowell

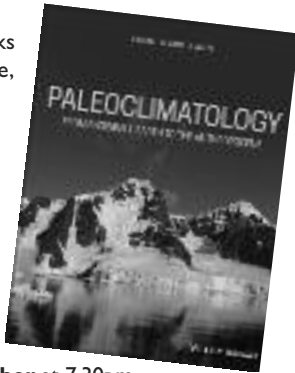
CAMBRIDGESHIRE GEOLOGICAL SOCIETY

We hold monthly talks at St Andrew's Centre, Histon on the 2nd

Monday of each month from September to June. The talks start at 7.30pm (doors open 7 pm) and are open to everyone (£3 charge for non-members).

Monday 12 December at 7.30pm – Paleoclimatology: From Snowball Earth to the Anthropocene, by Dr Colin Summerhayes, Scott Polar Institute.

Dr Colin Summerhayes is the former Executive Director of Scientific Committee on Antarctic Research (2004–2010) and an Emeritus Associate



of the Scott Polar Research Institute of Cambridge University. He has carried out research and managed research programmes on aspects of past climate change in academia, in government laboratories, in intergovernmental and non-governmental organizations. This talk is based on his recent book, of the same name, and explains how greenhouse gases and temperatures varied through time, giving us alternating periods of warm greenhouse climate and cold icehouse climate over the past 800 million years. It explains how it is that Antarctica was once covered by subtropical forests, and why ice sheets did not cover it until 34 million years ago. It also explains the origins of the global Ice Age of the past 2.6 million years, explores the roles of the Sun and of the Earth's orbit in controlling past climate change, and provides a past natural analogue for today's unnatural global warming. The past is the key to understanding the future.

More information at www.cambsgeology.org/events

Would you like help to stay safe and well at home, or reconnect with your community? A chat with an expert local Community Navigator might help you take those first steps to a healthier, happier you? Contact your local coordinator to discuss available options, including access to our Help at Home and Wellbeing services.

Call us on 01954 212100 or email: SouthCambs.Navigators@care-network.org.uk

To learn more about Care Network Cambridgeshire, our free local services, and how you can support our work, please visit www.care-network.org.uk, call 01954 211 919, or follow us on social media @CareNetworkCambridgeshire.





FRESH GRIMSBY FISH

Friendly Grimsby Fishman – bringing Fresh Fish, Smoked Fish and Shellfish from the shore to your door

Visit us

Haddenham High Street
Tuesday 09.30 to 10.30

The Barley Mow Histon
Wednesday 09.30 to 11.30

Home deliveries available
Tuesday

Rampton and Willingham

Wednesday

Landbeach and Waterbeach

Thursday

Cottenham

Please call John Leyland on 07584 578315 for more information and to arrange your delivery

Established 1989



All aspects of hard and soft landscaping including:

- Paving & decking
- Turfing and seeding
- Fencing services
- Garden clearance & tidy up
- Planting
- Jet washing

Full garden transformations

For any enquiries, please contact me

07795 433791
jacksessions@hotmail.co.uk
 [jacksessions_gr](https://www.instagram.com/jacksessions_gr)



Registered Company

Windows and Doors

Supply and install of UPVC windows and doors
 Composite Doors, French Doors, Bifold Doors

Why not call us for design ideas and a free quote 

Local reliable family run company. Over 20 years experience
 Call the office on 01223 630014 or Steve Cater 07772 353282

Visit our Facebook page [Cardson Windows and Doors](#) for examples of our work



Cardson Building Services Ltd
 Email: office@cardsonbuildingservices.co.uk
www.cardsonbuildingservices.co.uk

FEN EDGE GROUPS

FRIENDS OF WORTS MEADOW

Wort's Meadow LNR (Local Nature Reserve) in Landbeach continues to provide a peaceful haven for wildlife and people alike, but there have been some challenges associated with the very dry summer of 2022. In late March, the ponds on the site were full and a torchlight survey revealed *Great Crested Newts* in good numbers (in all six), along with *Smooth Newts* and a few *Common Frogs*. By June water levels were well down and by August all the ponds were either completely dry, revealing cracked mud or reduced to thick, gloopy puddles of mud. Our pond dipping event was cancelled due to lack of water! Many small and microscopic pond inhabitants can return quite quickly once there is sufficient water, but undoubtedly some larger species will take longer.

One way of finding at least 15 minutes of complete quiet in a busy world, is to take part in a *nest box watch* whereby you stand or sit very quietly watching a nest box around the middle of May, when birds are likely to be feeding their young. It's really exciting to see a *Blue Tit* flying in with a beak full of caterpillars and making a rapid exit to search for more. This year out of 23 boxes watched, 7 were in use by *Blue Tits* and 7 or 8 by *Great Tits*.

Our management of the Bourne Wood area of the reserve was given a boost in September, when a twelve-strong group from the planning department of Bidwells came for a community help day and clambered about in the mud removing excess reeds and re-fencing the wood pond area, as well as fighting off invading brambles in the main clearings. A big thank you to them and also to Cambridge Conservation Volunteers who helped us in February by clearing scrub that was invading paths.

On the fourth Wednesday of each month, except August and December, join our friendly work parties to help manage the reserve – coffee provided!

FOWM group is free to join. Our open events provide the chance to learn about and enjoy the wildlife of Worts Meadow Local Nature Reserve in Landbeach and help with recording. Volunteers can also help with the practical management of



By the end of July the smaller wildlife ponds resembled parched desert. Photo: Frances Dipper.

the site. For more information, to send in wildlife photographs and records, or to be added to our email list, contact Frances Dipper on 01223 861836, frances.dipper@sustenergy.co.uk.

FEN EDGE ORCHESTRA

Come and support your local orchestra!

Saturday 25 February 7.30 pm at Histon Baptist Church

Enjoy a varied programme of musical winter warmers, including Haydn's Mercury Symphony and an orchestral arrangement of Vaughan Williams' *Three Shakespeare Songs*. You can find more details on our website. Free entry, but there will be a retiring collection for charity.

If you enjoy the concert, you may decide that you'd like to join us. We are a friendly bunch of people, and are always glad to hear from potential new players. There are no auditions. At the time of writing, we are looking for competent violin players (grade 7 standard, or above), a double bass and a trumpet. If we don't have space for your instrument, we can put your name on a waiting list if you get in touch via our website.

We rehearse in the new Cottenham Village Hall from 7.30–9.30pm on Wednesdays in term time.
www.fenedgeorchestra.wordpress.com

IMPINGTON ROOFING SERVICES LTD

ALL ASPECTS OF ROOFING

DOMESTIC, COMMERCIAL,
GRANT WORK UNDERTAKEN,
COLLEGES & UNIVERSITIES

NEW ROOFS - RE-ROOFS - REPAIRS

- Slates • Tiles • Felt • Commercial Roof Sheeting
- Chimney Rebuilding & Re-pointing
- Guttering • Leadwork • uPVC Cladding



**ALL WORK GUARANTEED • FREE ESTIMATES
HIGHLY COMPETITIVE PRICES
PROMPT, RELIABLE, PROFESSIONAL SERVICE
INSURANCE BACKED GUARANTEES
COMMERCIAL ROOF SHEETING & CLADDING**

(01223) 441852 MOBILE: 07836 296012

01223-441847 (FAX)

Unit 6, Convent Drive Ind Est, Waterbeach, Cambridge CB5 9QT www.impington-roofing.co.uk



clearglass

bespoke glassworks

01223 211888

sales@clearglass.org.uk

www.clearglass.org.uk

FOR ALL YOUR GLASS AND GLAZING NEEDS

- Glass splashbacks and wall coverings
- Shower screens and enclosures
- Balustrades and balconies
- U - V bonding
- Mirrors
- Traditional leaded and stained glass
- Replacement of misty double glazed units
- Cut glass and greenhouse glass
- Glass shelves made to measure
- Safety glass

**FOR MORE INFORMATION OR A FREE QUOTATION
CONTACT US OR VISIT OUR SHOWROOM***

Unit M, Broad Lane Industrial Estate, Cottenham, Cambridge CB24 8SW

*For opening hours see our website

FEN EDGE GROUPS



Cambridge-South Rotary Club

Car Parking – More volunteers are needed to help with charity car parking. If you could spare a few hours and would like to help at Christmas (weekends 26/27 November to 17/18 Dec and then 27–31 Dec) please contact me at smithmichaelstanley@hotmail.com

Also, if you are wanting to park in Cambridge on those days, it is just £7 for as long as you wish in car park opening hours and all the proceeds goes for Charitable good causes. A wonderful way of giving to charity at Christmas, whilst parking for Christmas shopping or to see an early show.

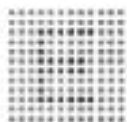
Please look for the Rotary signs on Lensfield Road (Chemistry building) and Tennis Court Road (Downing site). Many thanks to the University for allowing us to use these car parks.

About Rotary – Also please see the website www.cambridge-southrotary.org.uk if you would

like to know more about Rotary - whose motto is "Service above Self" and main worldwide aim to eradicate Polio worldwide within the next few years. Our club meets on alternate Mondays (except bank holidays) 6 for 6.30pm at the Arundel Hotel Cambridge with great speakers. New guests and potential members are very welcome – we would love to hear from you. I would be happy to have a chat with anyone who may be interested – do get in touch.

Peace activities – Rotary Peace scholars from overseas may study for a Master's degree at the University of Bradford. One Rotary Peace Fellow (who spoke in Cottenham in 2019) has studied the behaviour of young men re violence against women and is expecting his PhD at Cambridge University any day now and another, with a UN security responsibility, is coming from Liberia to visit us in Cambridge. I am sure that he will be speaking to the club – if you would like to hear him, please do get in touch – they are both wonderful and inspiring speakers.

Continued on Page 17



ENTIRE
GROUP



The Complete Gas Heating and Plumbing Company

Plumbing • Heating • Gas
Bathrooms • Water Softeners
Property Maintenance

Tel: 01954 204044 • Web: www.entiregroup.co.uk
Email: service@entiregroup.co.uk

KipMcGrath EDUCATIONCENTRES



**ENGLISH AND MATHS
TUTORING**

PRIMARY - SECONDARY

Qualified Teachers • Personalised Learning Programmes

At Kip McGrath, our focus is to help your child reach their full potential.

We make learning fun and engaging to improve results. You will receive progress reports and updates to track your child's improvement.

Book a **free** assessment today  In Centre  Online

Cambridge North • 01954 489004
 176a High Street, Cottenham, Cambridge CB24 8RX
kipmcgrath.co.uk/cambridgenorth

FEN EDGE GROUPS

Continued from Page 15

Rotary global scholars – 5 scholars have just started Masters courses at Cambridge University. I heard them a few days ago, they are brilliant and a real lift to my hopes for the future of the world.

Tanzania – We have installed beehives for Naalarami school. This should help with sustainability and keep out elephants (they apparently do not like bees!), which have visited the school and dismantled the rainwater catchment and storage that we have installed for the school which does not have any other water supply.

Also, a team of volunteer students (www.cambridgedevelopment.org) from Cambridge University teamed up with us, as one of them is a Rotary scholar, with volunteer students from Dar Es Salaam to teach English to students and teachers at this school for Maasai children this summer. They took our Rotary club supplied pictorial dictionaries, second hand children's reading books (thank you Arthur Rank

and laptops. The children had a wonderful time and learned some English – a language in which they will be taught if they go to secondary school.

Ukraine – Rotary International has Peace as one of its 7 aspects and Rotary in East Anglia have now established a link with the Rotary club of Kiev International, which is delivering humanitarian aid. We are now financially supporting their work, including setting up refugee centres within Ukraine.

In addition, we are helping to pay for essentials such as school shoes for Ukrainian refugees here, including in Cottenham. If you are hosting and have needs such as this for your guests, please get in touch.

Homeless football – A tournament was held on Sunday 18 September at the all-weather pitches behind the Abbey swimming pool. 8 teams (7 from homeless organisations and a police team) had a really good day to raise morale and self-esteem.

Mike Smith, Rotary Club of Cambridge South



Flooring & Furnishing Care Specialist

The Most Thorough Cleaning Ever Seen, or It's FREE!

- ✔ Carpet & Upholstery Cleaning
- ✔ Persian Rug Cleaning
- ✔ Stone Floors & Tile Cleaning
- ✔ Wood Floor Sanding & Finishing
- ✔ NEW - Curtain Cleaning
- ✔ NEW - We supply & install: Carpets, Wood, Vinyl Floors



*"The whole service from start to finish was excellent. Thank you.
Excellent service throughout."*

Mrs Summerfield, Waterbeach

Call us now on: **01223 863 632**

www.artofclean.co.uk / info@artofclean.co.uk

Please quote Fen Edge News

Art of Clean
Denny Lodge Business Park
Ely Road, Chittering
Cambridge, CB25 9PH



Willingham Post Office

15 High Street, Willingham CB24 5ES

☎ 01954 260331

Mon–Fri 08.30–17.30 Sat 08.30–13.00

- All mail services, including special delivery
- Travel Currency - US Dollar & Euro plus others in branch. Fast Travel Currency order service available!
- Travel Money Card, Travel Insurance and MoneyGram
- Gift Cards for most occasions
- Digital Passport Photos, Passport Check and Send Service
- International Driving Permits and Vehicle Tax
- Phone Top-Ups
- Bill payments
- CRB/CQC DBS validation/certification service
- Document Certification Service
- Free Cash withdrawals for most major Banks as well as Cash & Cheque Deposits
- Great range of Greeting Cards, Stationery and Pack & Post Items

A.R.Aspinall & Sons Ltd

Tel: 01954 234966 Fax: 01954 234967

Unit 11 Norman Way Ind Est, Over, Cambs, CB24 5QE.

www.araspinall.co.uk

WE STOCK A FANTASTIC RANGE
OF NATURAL PAVING
PRODUCTS COME AND VISIT
OUR NEW DISPLAY AREA.

- Bricks • Blocks • Lintels • Cement • Sand
• Gravel • Hardcore • Timber • Fixings
• Footwear • Decorating Supplies • Paving Slabs

Opening times: Mon to Fri 7.30am – 5pm



WE OFFER A FREE LOCAL DELIVERY SERVICE!

SUMMIT



LANDSCAPES

PAVING

DRIVEWAYS

BRICKWORK

CARPENTRY

GROUNDWORKS

www.landscapingpaving.co.uk

PHONE: 0 1 2 2 3 - 9 2 9 3 9 4



FEN EDGE GROUPS

Schoolreaders

improving literacy • increasing life chances

Could you volunteer to listen to children read in school? Make a Difference to Children's Life Chances.

National children's literacy charity, Schoolreaders is looking for volunteers in the community to listen to children read in primary schools.

Even before the pandemic, 1 in 4 children left primary school unable to read well. Our service is more in demand than ever after months of school closures. Worryingly, estimates suggest the most disadvantaged pupils are now seven months behind their peers. Children who struggle with reading are more likely to live in poverty and to be unemployed as adults.

No qualifications are required to join Schoolreaders as a volunteer, just a love of reading, some spare time each week in term time and a willingness to go where children need you the most. The joining process takes a few weeks so apply today!



"There is so much enjoyment to be had from the one-to-one sharing of a book with a child. I have had funny and fascinating discussions about ice-cream flavours, pirates and David Beckham!" – Janice, Volunteer.

Find out more and apply at Schoolreaders.org

CE
Approved

From £895*
for a fully fitted electric garage door.

Gotta get a Garolla.

★ Trustpilot
★★★★★
1.8k reviews

Garolla garage doors are expertly made to measure in our own UK factories, they're strong and solidly built. The electric Garolla door rolls up vertically, taking up only 8 inches inside your garage, maximising valuable space. Our expert local installers will fit your new door and they'll take away the old one too, so there's no mess.

Give us a call today and we'll come and measure up **FREE** of charge.

GAROLLA
ROLLER SHUTTER DOORS 
www.garolla.co.uk

CALL US TODAY ON:
01223 902 439
MOBILE:
07537 149 128

LINES OPEN 7 DAYS A WEEK

*Offer valid for openings up to 2.4m wide & including 2 remote controls, 55mm white slats, internal manual override.



P S Dean Roofing

Traditional Roofing Contractors

Slates, Tiles, Guttering, Chimneys and Re-pointing
Re-roofing, Repairs, Lead-work, Free Quotations

01223 572504 07752 711175

paul@psdeanroofing.co.uk www.psdeanroofing.co.uk

Established Local Business



De Jure Chambers Solicitors

F21 Stirling House
Cambridge Innovation Park
Denny End Road
WATERBEACH
Cambridge CB25 9QE

De Jure Chambers offers competitive legal services at affordable prices. If you need legal advice, or want to find out more about our work with small businesses, not-for-profits, and our commitment to social justice, please get in touch.

De Jure Chambers now has a legal aid contract for housing and debt services. If you find yourself facing anything like eviction, forced repossession, or involuntary bankruptcy, and you cannot afford legal services, please get in touch with us. We'll let you know if you're eligible, free of charge.

Telephone: 01223 643580

Email: admin@dejurechambers.co.uk

Out of Hours: 07964 825381

Open Mon - Thursday, 9.00 AM - 5.00 PM

FECA IN WILLINGHAM

WILLINGHAM ACTION GROUP

Willingham's October Feast

Although initially in doubt, the Willingham Feast for 2022 was ultimately put together by Willingham Action Group (WAG) just in time to straddle the usual historical dates from days of yore. As in the past, *Willingham Social Club*, through chairman John Carey, kindly allowed inclusion of the *Beer Festival* (23–25 September) and the *Custard Comedy* (7 October) events in the programme, with the *Fun Fair* (1st week in October) also integral to the celebrations.

The *Repair Café* held in the Ploughman Hall on Sunday 2

October, superbly organised by Alex Mueller, proved very popular, with quite a few people actually queuing outside, broken bits in hand, waiting for the doors to open! Attendance of the *Market on the Green* on 8 October was more muted. The second day on Sunday 9 had to be cancelled due to lack of stalls.

One of the headline attractions for the Saturday, the *Museum of London Archaeology* (MOLA) with their A14 finds and dig boxes for the kids, had to cancel in the preceding week because of the rail strikes. Steve Moore kindly stepped in with his Willingham history display. Thank you to Chloe and Dave of *Kromebar* for coming along with their beer and beverages,



Willingham WI unveils commemorative Queen's Platinum Jubilee Plaque as the Village Feast gets underway on the Green

despite our warning, which turned out to be all too accurate, that things might be slow for them. Fortunately, the sun came out and stayed warm and bright, bringing a fair trickle of visitors. The refreshments stall was popular, with thanks for all the generous donations to WAG, and the nine craft and information stalls populating the minimarket all had a good day, with most getting plenty of interest and/or turning a reasonable profit.

Thanks also to everyone who helped put up and take down the FECA marquee (thanks also to Fen Edge Community Association for the loan of the marquee), including those kind residents who, on seeing us struggle, spontaneously appeared on the Green to assist!! Also on the programme were the *Art Expo* in the library, and the photography exhibition in the public hall. Both events were superbly curated and proved to be well worth a visit. And St. Mary and All Saints Church had a well-attended *Harvest Festival* on Sunday 9 October, followed by a simple yet delicious village lunch comprising a choice of four soups and several types of bread, with cake, shortbread, tea and coffee to finish.



Some cider at the Beer Festival

Continued on Page 23

Can't fall asleep
or stay asleep?

Woken by pain
or night sweats?

Worries going
round and round?

Traditional
Five Element Acupuncture

diagnoses the root cause

calms your nervous system

relaxes tense muscles

rebalances your body

nourishes mind and spirit.

Give the gift
of calm
in a difficult winter!

Gift vouchers
available at
kr-acupuncture.com



Discover how
working on your health
with a fully qualified
Five Element acupuncturist
can transform your outlook.

Phone or email today
for your FREE 20-minute
consultation with

Willingham
acupuncturist

Kaye Rooney

Lic. Ac.,

B.A Hons.

MBAcC



07593 058748

kaye@kr-acupuncture.com



British
Acupuncture
Council Member



professional
standards
authority

accredited register

FECA IN WILLINGHAM

Continued from Page 21

The *Ceilidh* on Friday 14 October turned out to be a fitting finale with all 80 online (Eventbrite) tickets selling – 40 in the last week! Many thanks to Sue Berry and the whole Berry family for doing the heavy lifting and to John Mullett for the calling, music and organising the Ukrainian appeal side of the proceedings. £8 per ticket including a delicious ploughman's supper was just about the right price point, while the raffle and further donations, including a share of the door, meant that *Direct*

Support for Ukraine garnered something in the region of £500. A further share of the door of £120 was donated to the charity *Cambridge Rare Disease Network*.

Finally, we also wish to sincerely thank *Willingham Parish Council* for its support in providing facilities at no or reduced cost and keeping us on the straight and narrow with regard to risk assessments, temporary event notices and insurance requirements, all of which are unavoidable aspects of community events today.

WILLINGHAM WHEELS - Over Day Centre Bike Rides raise £2,200

Very many thanks to everyone who supported this year's bike rides on 12 June, especially to the riders who participated and gave so generously. There were five rides jointly organised by Willingham Wheels and Swavesey and Over Cycling Club. Two family routes started from Northstowe as a new option this year. One family route, the 20-miler and the 50-miler started from Over. 113 riders joined us with nearly £2,200 raised for the Day Centre, helping it provide essential services for the elderly of our wider community. We were most fortunate to have sponsorship from Law & Lewis, Joiners; Redmayne, Arnold & Harris, Estate Agents; and Cambridgeshire Bathrooms. Sponsorship covered event expenses so that all rider donations went to the Day Centre. Very many thanks to Tom Miller (First Aider), Darryl Bass from Passionate Flowers, Broom Wagon and Brucies Bikes (Mechanical Support). Thanks also to Tesco Bar Hill (for drinks and snack-stop water and fruit for the family rides), to Fen Edge Community Association (for the medals), to the Over Community Centre (for the BBQ and bar and for the after-rides social), the talented duo RPM (for live music), to local Women's Institutes and friends (for superb cakes for the cake and raffle table), to all local businesses who so generously gave raffle prizes and to the registration teams, rides marshals and sweepers who helped run the event.

The photos below capture the spirit of some of the rides and social after.



We hope you can join us for next year's rides, provisionally Sunday 25 June.

CHEFFINS

Advice worth taking

NEW LANDLORDS REQUIRED DUE TO HIGH DEMAND

Discover your rental value

T 01223 271916

E cambridge.lettings@cheffins.co.uk



Property | Land | Fine Art | Farm Machinery

Cambridge • Fly • Haverhill • Newmarket • Saffron Walden • London

FECA IN WILLINGHAM

WILLINGHAM PARISH COUNCIL

New Councillors – Since the last edition the Council has co-opted two new Councillors, Councillor Arman Memarzadeh and Councillor Mick Gibbs. We welcome both to the team and look forward to working with them. This now means we are back up to a full cohort of fifteen.

Fireworks – The Scouts will be holding their usual firework display on the Recreation Ground on **Saturday 5 November**. The Council are happy to support the event by offering free use of their grounds in order for residents to enjoy this extremely popular event.

Highways improvements – The long-awaited footpath to the orchard has now been completed. The monies were secured through the A14 Legacy Grant and will enable visitors to access the orchard much more safely on foot. Just in time for the picking season!

The Council were also very pleased that their Minor Highway Bid for works on Station Road was approved. These are scheduled to take place during December 2022. This will involve some road closures and temporary traffic lights and the alternative route is via Over. The works will include improved signage and central road markings to emphasise the 30mph limit.

Buses – The Parish Council were dismayed to hear of Stagecoach's decision to terminate the Citi 5 service at the end of October. The Council have been gathering feedback from residents and making strong representations to the Mayor and MP as well as County Council. It is hoped that the bus provision in and around the village will be restored and retained long term.

Council meetings are generally held on the first Wednesday of the month, starting at 7.30pm. Agendas are published on the website and the notice board outside the public hall in the High Street. Members of the public are welcome to attend and speak briefly or ask questions (see agendas for further details)

Council office: Ploughman Hall, West Fen Road, Willingham, CB24 5LP

Tel: 01954 261027

Email clerk@willinghamparishcouncil.gov.uk

Opening hours: Thursday 10am - 1pm (closed bank holidays)

Clerk: Mrs Mandy Powell

WILLINGHAM GARDENING CLUB

We invite everyone to join our relaxed and friendly evenings with like-minded gardening enthusiasts. Meetings are held every first Monday of the month at Willingham Social Club, with refreshments from 7pm and ending around 9pm. An on-the-door fee of £3 per person is requested from non-members. Please see the following planned programme of events (no meeting in January):

Monday 5 December – Making a Christmas wreath, a live demonstration from Carol Bailey.

Monday 6 February – Twelve tremendous trees, an invited talk by Gwenda Kid.

Monday 6 March – Annual General Meeting and Gardeners' Question Time.

For further information about the Club, please contact willinghamgardeningclub@gmail.com



Local Fruit, Vegetables,
Eggs and Preserves

**Open Tuesday to Saturday
At Manning & Son, Station Rd,
Willingham CB24 5HG**

Tel: 01954 206015

www.bushelboxfarmshop.co.uk



Mickey Bendelack



CAMBSWATERBEACH.COM DRIVING TUITION

*Friendly expert tuition with a DSA approved instructor
Beginner, advanced, pass plus and intensive
Foreign licence holders welcome*

cambswaterbeach@hotmail.co.uk

Tel: 01223 440431

Mob: 07779 823680



CAMBRIDGE'S HIGHEST PASS RATE



Elstree House, Watson's Yard
High Street
Cottenham
Cambridge
CB24 8RX

Tel: 01954 250280

Email: enquiries@mhhp.co.uk
www.mhhp.co.uk

We provide a professional, friendly service to small and medium sized businesses, including the following:

- Year End Accounts
- Self Assessment Tax Returns
- Business and Personal Taxation
- Limited Company Accounts
- Management Accounts & Budgets
- Payroll & CIS
- Monthly Book-keeping and VAT
- General Business Advice
- We are Xero Gold Partners



Please call Michael Hawes or Hayden Watson for a free initial, no obligation consultation or complete the contact form on our website and we will respond in due course.

FECA IN LANDBEACH

FRIENDS OF ALL SAINTS' CHURCH, LANDBEACH

Opening up our Parish Church building to community projects

Thank You – Many thanks to all those who have supported our events to date, and made them fun and successful; and for your very generous support for our fund raising. We are presently donating funds raised at our events to the *Bell Augmentation Project* to add two further bells, making a much fuller peal of six bells (hence 6 a-peal), as a great traditional community asset for folk of all ages. We have directly contributed so far £1,450.53. Building on donations being received, and on an early start of generous private donations, the project is working with funding bodies to close in on the further £19,700 that is needed.

Summer Events – We have enjoyed a splendid folk gig by Camus, marvellous themed floral creations by the Flower Arrangers for the Platinum Jubilee, and an expanded garden party with live music, assorted stalls, and cream teas, with visiting goats and a donkey; all benefiting from the hot weather.



Autumn Events – A concert by the *Corpus Christi Chapel Choir* was billed as *Make the Church Sing*. That is exactly what they did; surely this parish church can rarely have resounded better. As we go to press, we are about to host *Old Landbeach Revisited* including a reunion of the old village school. Watch this space for the school report!

Forthcoming Events – All held at All Saints' Church, Landbeach

Saturday 3 December 6–7.30pm – Open the Christmas season with *St Augustine's Choir*. Join the choir of St Augustine's for their concert at the start of the festive season. Enjoy seven seasonal choral pieces; one involving brass and our own church bells, and join in with eight well-known carols. No charge. Donations appreciated. Refreshments. Enquiries: John Buckley 01223 861836

john.buckley@sustenergy.co.uk

There is an open invitation to rehearse with the Choir from 4:00 pm.

Bell Ringing – Friday evenings 7–8.30pm, alternately at Landbeach and Horningsea. Ring our centuries-old bells in the ancient tradition of church bell ringing. Trial sessions by arrangement, and weekly expert tuition available. Contact Barbara Le Gallez blegallez@yahoo.co.uk or 01223 860283
General enquiries: Foals.info@gmail.com
01223 861836, john.buckley@sustenergy.co.uk

DRAKE

Heating and Plumbing

Boiler Installations
Bathroom Installations
Underfloor Heating Installations
Central Heating Installations
Boiler Servicing
Gas Safety Checks / Landlords
Boiler Breakdown
Emergency Call-outs

Mobile: **07496 503 770**

Office: **01954 781 478**

drakehandp@icloud.com

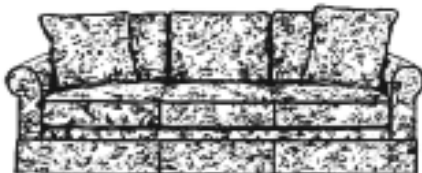
Find us on 

[Facebook.com/drakehandp](https://www.facebook.com/drakehandp)



ADRIAN J. READ *upholstery*

Antique and modern furniture,
loose covers, sundries.
Free estimates, home choose fabrics.



Unit 1, Convent Drive, Denny End
Industrial Estate, Waterbeach
Cambridge CB5 9QT
Telephone: 01223 860800

Rothwell's
Carpet Cleaning

01223 832 928
www.Rothwells.biz

Carpet Cleaning

Stone Floor, Upholstery & Rug Cleaning.

A few points that make us stand out from the others,

Rothwell's has been in business since 1993.

We're an honest local family firm.

Our large truck mounted machines mean more cleaning
& drying power for the best results possible.

Members of both the NCCA and TACCA.

We will move the furniture for a thorough clean.

100% satisfaction or it's FREE.

Call Oliver and Max Campbell for expert help today.

Rothwell's, Malting End, Kirtling, Newmarket, CB8 9HH

FECA IN LANDBEACH

Tithe Barn Trust

The big step forward for the year has been the installation of our new eco-toilets (as covered in the Autumn Fen Edge News). These innovative facilities have greatly enhanced the ease of use and

attractiveness of the tithe barn at Landbeach as a venue and have already helped make a variety of events go well.



Grinding Corn

Over the course of the year the barn has hosted cultural and entertainment events ranging from a hilarious youth performance of Shakespeare's *Macbeth* by the Cambridge School of Visual and Performing Arts, an Open Studios display of a wide variety of artworks by local artists, life drawing classes, and live music performances by local student musicians. We've also hosted a country market, a much-appreciated visit to the Tithe Barn and Landbeach parish church by the Burwell History Society and a delightful harvest-time visit by children from the local *Beach Babies* nursery. The barn also supported this year's national *Heritage Open Day* by offering heritage talks about the barn and interactive harvest-themed events for children.

Development – We are preparing for the sensitive installation of an electricity and water supply, which will further enhance the usability of the barn and its role as a valued community asset. An enhanced range of community events is being planned and will be publicised soon through our website and newsletter. You can sign up to receive notifications and updates at www.tithebarntrust.org.uk/news/e-news/

We love to see the barn in use and really enjoy bringing its fascinating history to life. If you would like your group to enjoy a tour and introduction to this wonderful structure you can find further details at www.tithebarntrust.org.uk/learning/tithe-barn-tours/ or

contact us on tithebarntrust@gmail.com

Would you like to be involved with this exciting project? Volunteers are always welcome. We are looking for volunteers and trustees to take the Trust forward to develop and deliver the next exciting projects and events. More details from:

<https://tithebarntrust.org.uk/join-get-involved/volunteer/>

If you would like your group to enjoy a tour and introduction to this wonderful structure you can find further details at www.tithebarntrust.org.uk/learning/tithe-barn-tours/ or contact us on tithebarntrust@gmail.com

Forthcoming events at the Tithe Barn in Landbeach. Entrance opposite 2 Waterbeach Road, Landbeach CB25 9FA – north-east of Cambridge. Cycle and car parking available.

Saturday 19 November 9.30am–12.30pm –

Outdoor Gym:Vegetation management & bench installation. No prior experience required. Your help & skills are appreciated, please join us.

Saturday 10 December 1.30–3.30pm – Fabulous festive live story telling for children with

Kimberley 1:30–2:00pm and Carol Singing and Joyful music at the barn 2:00–3:30pm. All are welcome to join all the singing to celebrate the festive season & end of the year. At arrival you will be greeted with a warm drink either mulled wine or fruit juice and mince pies. Both are free events however donations welcome to support the upkeep of the Barn and All Saints' Church in Landbeach.

Saturday 18 February 9.30am –12.30pm – Outdoor Gym:Vegetation management & tree / shrub planting.

No prior experience required. Your help & skills are appreciated – please join us.

For further details go to www.tithebarntrust.org.uk or contact David Chalcraft david.chalcraft@talk21.com or 07905019387.



Music at the Tithe Barn



Dentons Carpets

Established 1969

Family run business for over 50 years

Specialists in Carpets, Flooring and Blinds

Extensive Showrooms

91 High Street, Cottenham, Cambridge, CB24 8SD

SHOWROOM Mon–Fri 9am to 5pm

OPEN Saturday 9am to 1pm

Call us today on 01954 250189

or email: sales@dentonscarpets.co.uk

www.dentonscarpets.co.uk



[dentonscarpetsflooring](https://www.instagram.com/dentonscarpetsflooring)



[dentonscarpetsltd](https://www.facebook.com/dentonscarpetsltd)



ADULT LEARNING & LEISURE

COTTENHAM VILLAGE COLLEGE
HIGH STREET, COTTENHAM, CAMBRIDGE, CB24 8UA



ENROL NOW FOR SPRING 2023 COURSES

Tel: 01954 288751 Email: community@astreacottenham.org

Web: community.cvcweb.net

Like us on Facebook  Adult Learning at Cottenham Village College

Follow us on Twitter  @CVCCommEdu

We will back in the office from the 5th January 2023

Classes start week commencing 9th January 2023

Half-term: Monday 13th – Friday 17th February 2023

Saturday Workshops – 28th January, 25th February, 25th March 2023

To keep up to date with courses and updates, email your details to community@astreacottenham.org to be added to our mailing list.

COVID 19 – Please be assured that we will do everything to ensure that you are safe while you are learning with us. We will adhere to all Government & College guidelines and regulations which are in place at the time of your course; and all learners will need to ensure they comply with all Government & College policies and procedures.

SATURDAY WORKSHOPS

Materials extra unless otherwise stated - please bring a packed lunch & your own refreshments for the day.

SATURDAY 28TH JANUARY



Candle Making for Beginners
(Delivered by local company,
Miller and Ward) 10am – 2pm
Fee: £60

Join us for a special workshop themed around the importance of self-care and the role aromatherapy can play to aid relaxation and sleep. You will create two beautiful pure essential oil candles and a selection of wax melts. This workshop is designed for total beginners and focuses on the use of natural waxes. We will guide you through wax selection, wick sizing, fragrance choices, safety and regulatory requirements, giving you enough knowledge to create your own candles and melts at home. All tools and materials will be provided.

Dressmaking (Sally Tilley) 10am – 4pm -
3 Saturdays (28 Jan, 25 Feb, 25 March)
Fee: £135 plus materials

For all those interested in dressmaking from complete beginners to the more experienced wanting to brush up their skills. You will learn how to make basic pattern alterations, cut out, assemble, and fit garments. As well as this you will be taught basic dressmaking techniques and make samples to practise your skills. More advanced learners will be encouraged to make more complicated garments.

Calligraphy – Gothic Script and Decorative Capitals (Liz Barrow) 10am – 4pm **Fee: £45 plus materials**

This workshop is an introduction to traditional calligraphy, you will learn to write with an edged nib, in two traditional calligraphic styles (Gothic script and Lombardic Versals - the latter is a form of decorative capital letter). You will use some colour and use your new skills to make a small concertina booklet, either using a favourite quotation, or as an unusual Christmas or birthday greeting. Suitable for complete beginners as well as those with a little calligraphic experience.

Hosting an Indian Dinner (Mina Joshi) **10am – 4pm Fee: £45 plus ingredients**

This workshop will be a cook along class where you will be shown the authentic way to make various dishes from scratch using locally sourced ingredients. You will learn to cook: kidney beans and sweetcorn curry, potato, peas and aubergine curry, zafrani rice (saffron rice), garlic and coriander naan and cucumber raita.

Silver Jewellery Making for Beginners (Tina Yates) **10am – 4pm Fee: £70 plus materials**

This is a day for those who would like to learn some basic silversmithing skills, including soldering, shaping and texturing. These skills will then be used to make some simple pieces of jewellery, including two simple rings, cut

out a shape for a small pendant, or, if time allows, two shapes for earrings. Principles of designing and knowledge of Hallmarking will also be covered.

Upholstery (Lisa Cramp) 10am – 4pm - **3 Saturdays (28 Jan, 25 Feb, 25 March)** **Fee: £135 plus materials**

Learn the techniques and skills to upholster a small chair or stool in traditional or modern upholstery. Intermediate level learners can continue to upholster an existing project or to start a larger project in either modern or traditional upholstery learning new and more advanced techniques (Students bring their own piece of furniture – materials extra).

NEW! Willow Weaving - Obelisks (Karen Bek) **10.30am – 4pm Fee: £110 includes all materials**

Learn how to make a willow obelisk for the garden on this one-day workshop. You will learn a few different basketry techniques to make an obelisk that can be used to support sweet peas, beans or peas or simply used as a structural focal point in the garden. You will learn how to weave around strong willow uprights using a range of different willows to create attractive basket weave patterns or a spiral effect that will support and showcase your plants. The obelisks can be made to heights between 4 and 8 feet high.

SATURDAY 25TH FEBRUARY

Emergency First Aid at Work (Colin Fordham) **9am – 4pm Fee: £75**

Acquire new skills to enable you to handle lifesaving situations at home, work or on the road. Theoretical & practical training is given and a Certificate (valid for 3 years) will be awarded for successful completion of the course, a First Aid Manual is included in the fee.

Spectacular Stained Glass (Lisa Fretwell) **9.30am-4pm Fee: £53**

During this workshop you will create a unique and beautiful Copperfoil Stained Glass panel based upon a nature theme. Experiment with cutting glass, shaping it using a grinding machine, copper foiling it, and finally attaching the fragments together with a soldering iron. A choice of designs will be available for you to use, or you can bring your own. Materials extra.

Tai Chi – Qigong in Springtime (Alison Warlow) **10am – 1pm Fee: £23**

In this workshop we will practise qigong (chi kung) exercises to take advantage of the qualities of the season - growth, expansion and the free flow of energy. We will draw on Chinese five element tradition

to embody elements associated with the liver and the eyes - vision, decisiveness, planning and the qualities of the deer - gentleness, grace & curiosity.

NEW! Trumpets of Spring Wreath Making (Melanie Missin-Keating) – 10am – 4pm Fee: £45

Daffodils are the epitome of Spring, bringing joyous colour back into our world, so what better to have some in our home on a pretty wreath which can be used year after year. There will be some machine stitching involved to create the daffodils and leaves. Organza, raffia and any other bits that take your fancy will be added to fill out the wreath and make it into your own piece of Spring.

Dyeing to Felt (Ricki Outis) 10am – 4pm **Fee: £45 plus materials**

Learn about dyeing wool fibres in rainbow colours so that you have your own beautiful wool tops for making unique felted surfaces. A very practical day with some felting, but the emphasis will be on the dyeing process – no experience necessary, suitable for the beginner or those with some experience. Material costs are extra.

NEW! A Kingfisher in Acrylics (David Hyde)
10am – 4pm Fee: £45 plus materials

Join David Hyde for a workshop in Acrylics. The subject will be the beautiful kingfisher. Acrylics can prove

difficult to use for a lot of people, especially when trying to paint detail. Learn techniques that will overcome the main problems and help you paint with confidence. Material costs are extra.

SATURDAY 25TH MARCH



Candle Making for Beginners
(Delivered by local company, Miller and Ward) 10am – 2pm Fee: £60

Join us for a relaxed and informative day, creating beautiful fragranced container

candles and wax melts. This workshop will be themed around the season of Spring and will include a selection of fragrance oils which are particularly suitable as well as a new selection of coloured glass vessels to choose from. The workshop is designed for total beginners and focuses on the use of natural waxes. We will guide you through wax selection, wick sizing, fragrance choices, safety and regulatory requirements, giving you enough knowledge to create your own candles and melts at home. All tools and materials will be provided.

Lino Printing (Clive Riggs) 10am – 4pm
Fee: £55 (includes materials)

Suitable for beginners or those with some experience. An in-depth exploration of a range of techniques both for multiple prints or one-offs. You will have the opportunity to print by hand or with a press, producing both colour and black & white. All materials included.

Silver Jewellery Making for Beginners (Tina Yates)
10am – 4pm Fee: £70 plus materials

This is a day for those who would like to learn some basic silversmithing skills, including soldering, shaping and texturing. These skills will then be used to make some simple pieces of jewellery, including two simple rings, cut out a shape for a small pendant, or, if time allows, two shapes for earrings. Principles of designing and knowledge of Hallmarking will also be covered.

NEW! Willow Weaving – Serving Platters
(Karen Bek) 10.30am – 4pm
Fee: £110 includes all materials

This workshop will teach you how to weave a simple willow platter that can be used as a serving platter or bowl for bread or fruit or simply used as a table centrepiece. You can choose to make an oval or circular platter and will have a range of willow colours to choose from. You will learn how to attach ribs to a preformed frame and how to weave and shape the basket.

DAYTIME & EVENING CLASSES

MONDAY

NEW! Beginner Ballet (Anna Harris) – 10 weeks
7 – 8pm Fee £65 starts 9th January

For anyone wanting to have some fun, do some light exercise and learn a new or refresh an old skill. In beginner Ballet, we will work on basic techniques at the barre and in the centre with a focus on strengthening our core and maintaining a correct posture. Every class will finish with the opportunity to put some of these skills to work in a short dance piece which we will build on each week. Wear comfortable stretchy clothes, bring a bottle of water and ballet or soft jazz shoes if you have them, if not some sensible socks are fine to start you off.

NEW! Beginner Jazz (Anna Harris) – 10 weeks
8-9pm Fee £65 starts 9th January

Get your body moving and have some fun whilst learning some basic Jazz techniques. This class is for everyone who loves to move and would like to express themselves in this creative way. Exercises will include some centre work and basic travelling and gentle turns for those able. Each class will include working on a

short routine to a range of music, anything from musical theatre to old and new modern pop and jazz classics. Wear comfortable stretchy clothes, bring a bottle of water and soft jazz shoes or trainers if you have them, if not some sensible socks are fine to start you off.

Dressmaking (Sally Tilley) – 10 weeks
12.30-2.30pm Fee: £130 starts 9th January

Learn how to make basic pattern alterations, cut out, assemble and fit garments. Be guided through the purchase of fabrics & patterns, basic dressmaking techniques and make samples to practise your new skills. Suitable for all abilities. Materials extra.

Creative with Clay (Larry Mogridge) – 10 weeks
7-9pm Fee: £155 includes clay & firing
starts 9th January

Explore, create and express your ideas in the versatile medium of clay. Practise techniques including hand building, throwing, decoration and glaze effects using a variety of stoneware clays, slips, and glazes.

Drawing for Fun! (Lisa E Fretwell) – 5 weeks (alternate Mondays) 7-9pm

Fee: £65 plus materials starts 9th January

To develop the basic skills to learn to draw and really look at your subject, using a variety of interesting and fun techniques. For new beginner students, there will be a series of initial drawing technique exercises for you before you progress. Suitable for all.

Pilates for Beginners Plus (Sarah Ferries) – 8 weeks 6.15 – 7.15pm Fee: £52 starts 9th January Classes running on 9th, 16th, 23rd January; 20th, 27th February; 6th, 13th, 20th March (no classes w/c 30th Jan, 6th Feb)

A fun class that will help learners find the tools to move well and safely and build greater awareness of their posture, alignment, and breathing. Using Pilates exercises, with modifications where needed, learners will explore the main principles of Breathing, Balance, Centring, Concentration, Control, Flow and Precision. The class is low impact and will have standing, seated, and laying on the floor components.

Pilates for Improvers (Sarah Ferries) – 8 weeks 7.30 – 8.30pm Fee: £52 starts 9th January Classes running on 9th, 16th, 23rd January; 20th, 27th February; 6th, 13th, 20th March (no classes w/c 30th Jan, 6th Feb)

For those who have already learnt some Pilates and want to progress and improve on their strength, mobility, and flexibility in a safe yet challenging way.

Watercolour Painting for Improvers (David Hyde) – 10 weeks 9.45am – 11.45am Fee: £130 starts 9th January

This course is for people with some experience of Watercolour. It is the most popular medium, and for very good reason. There is little to compare with the beauty of transparent colour washes; watercolours are handled in a way that is impossible with other mediums. This course will have a definite bias towards traditional landscape painting. There will be plenty of new colour mixes, tips and 'tricks of the trade' for you to learn and enjoy. Learners to provide own materials.

TUESDAY

Drawing for Fun! (Lisa Fretwell) – 5 weeks (alternate Tuesdays) 9.30am – 12.30pm

Fee: £97 plus materials starts 10th January

To develop the basic skills to learn to draw and really look at your subject, using a variety of interesting and fun techniques. For new beginner students, there will be a series of initial drawing technique exercises for you before you progress. Suitable for all.

Contemporary Textiles: Imprints from Nature (Ricki Outis) – 5 weeks (alternate Tuesdays) 10am – 3.30pm

Fee: £180 plus materials starts 17th January

We will be creating felts from both fibre and prefelts to create surfaces for some beautiful botanical patterning. We'll explore colour from plants as a direct print onto the wool to create magical and unexpected surfaces. We will use stitch to further embellish these surfaces.

NEW! Patchwork & Quilting for Beginners or Improvers (Marion Curtis) – 5 weeks (alternate Tuesdays) 1.30pm – 3.30pm

Fee: £65 plus materials starts 10th January

This course will introduce the beginner to the world of patchwork and quilting. Working through some traditional and non-traditional blocks, learners will gain in confidence to be able to design and make their own

quilt or similar patchwork and quilted items. Improvers may want to perfect their skills for more precise results. The tutor is a member of Cambridge Open Studios and you can view her textiles on their website.

Fitness for Mature Movers (Margaret Briggs) – 5 weeks 11.30am-12.30pm Fee: £30 PLOUGHMAN HALL, WILLINGHAM starts 10th January

Gently stretch and tone in a friendly class, all movements to your own ability which will improve your balance and agility. You really are never too old to start toning those muscles!

Guitar Roots & Branches (Brooks Williams) – 8 weeks 6.45-8.45pm Fee: £100 starts 10th January Classes taking place on 10th, 17th, 24th January, 7th, 21st, 28th February, 14th, 21st March

A fun, hands on workshop with lots of playing & singing. Expand your guitar playing by exploring the music that inspired the music we know. We will be looking at strumming and fingerpicking, chords that move up the neck of the guitar, and riffs we can play based around those chords. We will do all this by learning and playing classic blues, country, folk and rock songs. Participants should be familiar with the basic 1st position chords like: E, A, G, D, C, B7, F, Em, Am, Dm, Bm.

Woodwork & Carpentry (Chris Dommett) – 10 weeks 7-9pm Fee: £130 starts 10th January

An informative & enjoyable course enabling progression from idea to conclusion. We offer a top quality, extensively equipped workshop where you will design & make a woodwork project of your choice. Suitable for complete beginners and those wishing to work on projects. Bring your own woodwork materials.

T'ai Chi for Improvers (Alison Warlow) – 10 weeks 7-8pm Fee: £65 starts 10th January

For those with at least one year's experience.

T'ai Chi for Beginners (Alison Warlow) – 10 weeks 8-9pm Fee: £65 starts 10th January

For those new or wanting to practice their T'ai Chi skills.

WEDNESDAY

Creative with Clay (Larry Mogridge) – 10 weeks 7-9pm Fee: £155 includes clay & firing starts 11th January

Explore, create and express your ideas in the versatile medium of clay. Practise techniques including hand building, throwing, decoration and glaze effects using a variety of stoneware clays, slips and glazes.

Fitness for Mature Movers (Margaret Briggs) Cottenham Village College – 5 weeks 2.30-3.30pm

Fee: £30 starts 11th January

Gently stretch and tone in a friendly class, all movements to your own ability including chair-based activities which will improve your balance and agility and grow confidence. You really are never too old to start toning those muscles!

Silver Jewellery Making (Tina Yates) – 10 weeks, 7-9pm Fee: £200 starts 11th January

For those who want to get started in creating their own silver jewellery designs, and for those who may

have done some previous silver work and want to build on those silversmithing skills. You will learn the principles of shaping and soldering silver to create jewellery and the practical side of designing your own pieces. And for those who have some experience, you will have help in learning further techniques to create your designs.

NEW! Introduction to Free Motion Stitching (Melanie Missin-Keating) – 5 weeks, 7-9pm Fee: £65 starts 22nd February

Free motion machining is drawing with your sewing machine needle. It does take practise but once you have mastered it, it will open so many more design and textile doors for you. In the workshop we will be starting from the beginning and just scribbling and drawing basic shapes with our sewing machine then gradually moving on to create floral shapes, apples, pears, writing and so on. By the end of the course, you will be able to 'draw' with your sewing machine needle confidently.

THURSDAY

French Conversation (Jean-Louis Barges) – 10 weeks 10am-12 noon Fee: £130 starts 12th January

An informal conversation class to develop and improve your French. Learners should have a good knowledge of French with at least 2 years' experience.

Upholstery (Lisa Cramp) – 10 weeks 10am-3.30pm Fee: £325 starts 12th January

Learn the techniques and skills to upholster a small chair or stool in traditional or modern upholstery. Intermediate level learners can continue to upholster an existing project or to start a larger project in either modern or traditional upholstery learning new and more advanced techniques (Students bring their own piece of furniture – materials extra).

FRIDAY

Upholstery (Lisa Cramp) – 10 weeks 10am-3.30pm Fee: £325 starts 13th January

Learn the techniques and skills to upholster a small chair or stool in traditional or modern upholstery. Intermediate level learners can continue to

upholster an existing project or to start a larger project in either modern or traditional upholstery learning new and more advanced techniques (Students bring their own piece of furniture – materials extra).

SATURDAY FAMILY WORKSHOP

Drawing with Scissors
Saturday 28th January, 10am – 12pm
Lisa Fretwell

Suitable for 8 – 12 year olds

Do you love art? Would you like to learn a new, fun way of making pictures? If, so, join my course! I will show you how to 'draw' using just a pair of scissors and coloured paper, just like Matisse did! I will show you a quick presentation about Matisse and his work, and bring in lots of images to inspire you. By the end of the session, you will have lots of 'drawings' pieced together to make one beautiful collage. Come and join in, it's fun!

**All children must be joined by their parent or carer. Each child place: £10.
Accompanying adult can attend for free!**

Email the Adult Learning team to find out more: community@astreacottenham.org

NEW ADULT LEARNING COURSE IDEAS:

We're always keen to know about new course ideas – contact the Adult Learning team if you have ideas about new courses that you'd like to try, or if you're a Tutor who would like to offer a new course for us.

Tel: 01954 288751 or Email: community@astreacottenham.org

ENROLLING IN CLASSES – Adult Learning Terms & Conditions

Office hours – during term time only: Monday-Thursday 9am-2pm and

Monday-Wednesday evenings 6.30-8pm.

Enrolling by phone: call us on 01954 288751

Enrolling by email: community@astreacottenham.org with full details of course, name, address and telephone number.

Payment: cheques made payable to ASTREA ACADEMY TRUST, or by debit/credit card.

Enrolment and Fee Policy

- For full course information: <http://community.cvcweb.net>
- Material charges are not included in the course fee unless otherwise stated.
- We accept bookings over the phone, please our credit/debit card to hand
- We welcome enquiries by email but please DO NOT quote your card payment details on email.
- Enrolments are welcome throughout the year.
- Courses with fewer than the minimum number of learners may have the option of continuing payment of supplementary fees.
- Fees are payable in full at the time of booking a course. We accept payment by all major debit and credit cards, cheques (payable to Astrea Academy Trust) or cash in person.
- Please note, should you withdraw from a course that continues to meet, you will still be liable to pay any outstanding fees.
- Refunds will be paid in full if a class is unable to start due to insufficient enrolments.
- Refunds cannot be given if a course has already started, unless you cancel your place for medical reasons, in which case a Doctor's Certificate is required.
- Concessionary fees may be available at the discretion of the College if you are:
 - in receipt of the "Guaranteed Credit" element of the Pension Credit
 - in receipt of a means tested benefit, e.g Working Family Tax Credit
 - in receipt of Universal Credit

DATA PROTECTION: OPT-IN to receive information about courses – if you wish to receive information about Adult Learning courses please go to our website: <http://community.cvcweb.net> and follow the link to OPT IN to enable us to keep you updated regarding courses.

Cottenham Village College aims to ensure that all personal data collected about staff, pupils, parents, governors, visitors, and other individuals is collected, stored and processed in accordance with the General Data Protection Regulation (EU) 2016/679 GDPR and the Data Protection Act 2018 (DPA 2018). To see our data protection policy please go to: www.astreacottenham.org/wp-content/uploads/2019/07/Astrea-Data-Protection-Policy-2019-21.pdf

Learner Information

If you have given us your email address, you will receive confirmation of your place following enrolment. Contact Adult Learning 01954 288751 or Email: community@astreacottenham.org
Please note that we attempt to run classes on consecutive weeks, however if this isn't the case we will let you know the dates in advance as far as possible

In the event of Tutor illness or school closure due to severe weather conditions resulting in a cancelled class, an additional class may be offered at the end of the course
Free parking is available (at own risk)

PAT Testing – any personal electrical items used on school premises must hold a current PAT certificate unless under 1 year old, eg Sewing Machine, Overlocker, glue guns, soldering irons etc.

Equality & Diversity

We are fully committed to equality of opportunity and welcome enrolments from all adults aged 19+. We positively encourage all learners with any concerns about specific needs which might affect their learning to discuss their requirements with us in confidence. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect. We will do our best to ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all learners can access activities.

Additional Learning Support

We welcome learners with disabilities, learning difficulties, medical conditions and other needs. If you would like to discuss how we can support you to reach your learning aim, please speak to your Tutor or ask for a confidential discussion with the Adult Learning office 01954 288751.

Safeguarding

We've made arrangements to ensure that you are safe in Cottenham Village College. If you feel you are not safe for any reason, eg through verbal or physical abuse or you have been discriminated against, tell your Tutor or the Adult Learning office, who will investigate to ensure your safety.

National Careers Service (NCS) Careers advice is available to all learners. The NCS provides free information and guidance on all aspects of learning, skills development and employment. Help is provided in a way that suits you, on-line, face to face or by telephone.

Transport Difficulties

If you would like to attend a class but have no transport please contact us on 01954 288751
COVID 19

Please be assured we will do everything to ensure that you are safe while you are learning with us. We will adhere to all Government & College guidelines and regulations which are in place at the time of your course; and all learners will need to ensure they comply with all Government & College policies and procedures.

Learning Partners

If you are interested in being a learning partner in a class of your choice (you do not pay fees) to enable you to offer help to someone requiring support, please get in touch with us – Tel: 01954 288751.

INSURANCE AND LOSSES

Cottenham Village College cannot accept responsibility for accidents to members of clubs and classes other than those covered by the College's Public Liability Insurance, nor for loss of personal property left on the premises or in a car, nor for damage to cars and bicycles - parking is at your own risk.

VENUE HIRE at COTTENHAM VILLAGE COLLEGE

Excellent facilities available for hire evenings and some weekends for meetings, conferences or clubs.

This can be on a block booking or casual basis. Contact the College for further information on 01954 288751

Or Email community@astreacottenham.org



Cottenham Sports Centre boasts an array of quality sports facilities; open to the public:
Monday – Friday 4pm-10pm, Saturday 8am-5pm & Sunday 8am-12pm
 Tel: 01954 288760 or visit: cottenhamsportscentre.co.uk

- Fitness suite (Cardio and weight resistance machines)
- A dance / aerobics studio, with wood sprung floor with Air Conditioning & Heating
- A floodlit artificial turf pitch
- Multi use sports hall (3 badminton courts)
- Gymnasium (smaller hall suitable for martial arts, etc.)
- Four floodlit tennis / netball courts
- Modern changing rooms, with showers and lockers

These excellent facilities are available to clubs, groups and individuals to hire on either a block booking or casual basis.

SPORTS CENTRE MEMBERSHIPS & COURSES

We run a number of sports courses for adults and children.

PLEASE NOTE: ALL FEES MUST BE PAID BEFORE THE START OF THE MEMBERSHIP OR COURSE IF APPLICABLE
To book a Sports Centre membership/course, please visit our website or contact 01954 288760 from 4pm

FITNESS CLASSES 2022

| | | | |
|-------------------|-------------------------------|--------|--------------------------|
| Monday: | Circuits | 7-8 pm | Gymnasium |
| Tuesday: | BOXFIT (coming soon) | 7-8pm | Gymnasium |
| Saturday: | Circuits (coming soon) | 8-9am | Outside/Main Sports Hall |
| Per Class: | £5/6 | | |

(More classes starting later in the year / visit our website for more information)

Fitness Suite Memberships

| | | |
|--|-----------------------|-----------|
| Silver Membership Student (Gym Only) | £15.00 | per month |
| Silver Membership Adult Standard (Gym Only) | £17.00 | per month |
| Silver Membership Over 60's (Gym Only) | £13.00 | per month |
| Gold 3 Month Membership Student (Gym Only) | £36.00 | per month |
| Gold 3 Month Membership Adult Standard (Gym Only) | £41.00 | per month |
| Gold 3 Month Membership Over 60's (Gym Only) | £30.00 | per month |
| NHS Monthly Membership | £13.00 | per month |
| Single Session: | £6.00 (Weekends – £3) | |

Badminton Classes

For Dates visit – Badminton & Social Classes (cottenhamsportscentre.co.uk)

| | | |
|----------------------|----------------|------------------------------|
| Kids Club | 5.30 – 6.30pm | |
| Beginners | 6.00 – 7.00pm | £5 per session Pay as You Go |
| Intermediates | 7.00 – 8.00pm | £5 per session Pay as You Go |
| Advanced | 8.00 – 10.00pm | £5 per session Pay as You Go |

DISCOUNTED TERM PRICES AVAILABLE

Prices per Hour

| | | | |
|---------------------------|----------------------|---------------------------|-------------------------|
| Badminton | £9.00 per court | 9-A-Side Outdoor 3G Pitch | £64.00 |
| Basketball | £8.00 per mini court | Sports Hall Room Hire | £35.00 |
| Tennis Court | £6.50 per court | Dance Studio Room Hire | £18.00 |
| Netball Court | £18.00 per court | Gymnasium Hall Room Hire | £22.00 |
| 5-A-Side Indoor Football | £35.00 | Children's Parties | Prices vary on activity |
| 5-A-Side Outdoor 3G Pitch | £32.00 | | |

Get in touch to find out what else we have to offer.
 We also have discounted club rates available.

Online Booking System

It has never been easier now to book an activity, pay for a Gym Membership or to grab any offers available.

Our system operates 24/7 and can be used on your home computer, phone, or tablet.

New customers to our online booking system will need to create an account.

You will be asked for your name, address, contact details and emergency contact details.

Once created, you can log in whenever and wherever you are.

All transactions are secure through 'Opayo'.

Use the address below to access the site
cottenhamsportscentre.co.uk/online-booking

Cottenham Sports Centre Membership – Year Pass

One off fee of **£50** to gain access to everything we have to offer!

What's included:

- Every Sporting Activity Discounted
 - Every Sporting Course Discounted (Term & PAYG)
 - Gym Membership Discounted (Silver Monthly Memberships Only)
 - Every Fitness Class Discounted (In partnership with the Sports Centre)
 - Offers Available Only to Members
- Online and Reception Purchases – Visit our website for more details

Supporting Locally

At Cottenham Sports Centre, we are determined to provide excellent and affordable sport and fitness activities to the local communities and further afield.

We also want to help community groups and organisations find a home for their events and activities.

We are proud to provide a home to so many sport and fitness clubs/organisations.

These groups include Cottenham Colts Football, Cottenham Tennis Club, Cottenham Gymnastics, ABM School of Ballet, Rink Hockey, Cottenham Netball Club, Slimming World and more!

We look forward to welcoming you at Cottenham Sports Centre.

Your local community sports & fitness centre

Adam Newland – Sports Centre Manager

FECA IN RAMPTON

RAMPTON HORSE SHOW

The 34th horse show was held on Saturday 17 September. For the second year running the weather was perfect. We were very pleased with the number of entries, both from our regular riders and handlers, but also an impressive number of new faces.

Proceeds from this year's show will be divided between our three chosen charities – *MAGPAS Air Ambulance, Cambridge City Foodbank and Horse Rescue Fund.*

Fen Edge Community Association kindly sponsored the In-Hand Championship class, judged by Jane Paterson, for which they have also generously provided a trophy awarded to the winner of this class.

Our 2022 In-Hand Champion was Rachel Hawes from Little Downham, with her pony, Kudos Jessie J. To qualify for entry to the overall championship class, Rachel and Kudos Jessie J. won the *Equifest In-Hand Piebald/Skewbald class.*

The Horse Show Committee will reconvene next



Kudos Jessie J.

March to start the preparations for our 2023 show. In the mean-time we would like to thank everyone who supported this year's show and made it so successful.

Universal Fencing Co Ltd

Established
30 Years

Tel: 01954 230860
Mob: 07786 012990

www.universalfencing.co.uk
SUPPLY ONLY OR SUPPLY AND ERECT
FREE ESTIMATE

| | |
|--|---|
|  Picket Fence |  Featheredge |
|  Field Gates |  Security Fencing |

8 Arthur Court, Norman Way, Over, Cambridge, CB24 5AL
Open: MON-FRI 7.30am-5pm

Commercial, agricultural, industrial & domestic
Fencing contractors

LBS LEEWAY BUILDING SERVICES LTD

Property Extensions, Renovations,
Conversions and Additions

All aspects of building work undertaken;
specialising in extensions, conversions,
alterations, garage and loft conversions,
underground drainage work, heating
systems, re-wires, general plastering,
replacement windows, soffits, fascias
and gutters.

North View, 43 High Street,
Rampton, Cambridge CB24 9DE

Telephone: 01954 251164
Mobile: 07766 553484



info@leewaybuildingservices.co.uk
www.leewaybuildingservices.co.uk



Your local, family run business specialising in transforming building project dreams into reality!

Extensions – Refurbishments – Conversions – Kitchens Flooring –
Electrical work – Bespoke furniture AND SO MUCH MORE!

07989 341724 01954 202267

www.ajcarpentry.co.uk

PEASGOOD & SKEATES

THE FAMILY FUNERAL SERVICE
EST 1847

**617 Newmarket Rd
CAMBRIDGE
01223 415255**

**Personal care and attention
24 hours a day,
by local, qualified staff**

**164 Histon Rd
CAMBRIDGE
01223 791060**

All types of funeral
All faiths
Lady and Gentleman Funeral Directors



Offices also at Saffron Walden
Duxford, Sawston and Haverhill



www.peasgoodandskeates.co.uk

FECA IN COTTENHAM

COTTENHAM PARISH COUNCIL

Councillor update – We are pleased to welcome Hannah Cook onto the Council. We still have one vacancy to fill. If you're interested, please see our website for details or come along to one of our meetings.

Playground projects – Our new toddler playground has been installed and is already in use. Thank you to everyone who worked with us on this project. Attention is now turned to the main playground area. Some repairs have been scheduled to take place before the end of the year.

Consultations have taken place with user groups and, once we have the information analysed, we'll draw up a tender early in 2023. It is hoped to get all the new work done in September 2023.

Community Gritting Scheme – Local volunteers can help to keep their community moving in freezing weather by taking part in the Community Gritting Scheme. Volunteers can sign up to grit local footpaths using equipment provided by Cambridgeshire County Council. To sign up, please apply directly to the County Council via the link below. For more information, please contact Beth: asstclerk@cottenhampc.org.uk

Connections Bus Project – A reminder that the Connections Bus is on at the Recreation Ground off Lambs Lane every Thursday from 7–9pm (term time only). This free service provides a mobile youth club and is open to all secondary age children. For more information, please see their website www.connectionsbusproject.org.uk

Carols on the Green – Our annual Carols on the Green is taking place on Tuesday 6 December at 6pm. With food, mulled wine, music from Cottenham Brass Juniors, singing and a visit from Father Christmas it's a great way to kick off the festive season! If you would like to host a stall or sponsor the Village Green Christmas tree please get in touch.

Cottenham Warm Hubs – keeping you warm this winter. Warm Hubs is a collaborative initiative designed to support residents across East and South Cambridgeshire this winter.

Run within existing community spaces, local residents can visit a safe, warm and friendly environment to enjoy refreshments and social activity, obtain information and advice, and share the company of others. The network of Warm Hubs will be truly community-led; coordinated and hosted by trained volunteers within the heart of local communities. Both Cottenham Village Hall and Community Centre

will initially be hosting a Warm Hub on Mondays 10am–1pm at the Hall and Fridays 3–6pm at the Centre. Whether you want to work, read, knit or just fancy some company everyone is welcome. The Hubs are free to attend and will provide free refreshments. Both venues are still in need of volunteers to help greet attendees, be responsible for refreshments, health and safety and promote the Hubs (we need a minimum of 3 volunteers per Hub and each session is 3 hours). Training will be given to everyone and a handbook will be provided. If you can help in any way, please get in contact with us via clerk@cottenhampc.org.uk or [facebook.com/cottenhamwarmhubs](https://www.facebook.com/cottenhamwarmhubs)

It is anticipated that the Hubs will start off simply by offering refreshments and perhaps some books and games; they will then evolve once we get to know people and what they want from the Hub. We will be opening from **7 and 11 November** and run weekly through to 31 March 2023. Please look out for posters with further details or follow our Facebook page.

Jo Brook, Parish Clerk PSLCC

Email: clerk@cottenhampc.org.uk

Phone: 07503 328401

Beth (Asstclerk@cottenhampc.org.uk or 07490 459130) for all highways issues

Debbie (rfo@cottenhampc.org.uk)

for all finance matters

www.cottenhampc.org.uk

www.facebook.com/cottenhamparishcouncil

COTTENHAM GARDENERS CLUB

The club usually meets on the last Friday of the month. Refreshments are served from 7.30 pm, followed by a talk starting at 7.45. The evening closes with a raffle, with prizes kindly supplied by members. There is no meeting December, but our New Year Party is on **Friday 13 January**, with a garden-related quiz followed by supper, supplied by members and committee. Guests are very welcome to join us at a cost of £6 each.

Our AGM will be held on **Friday 24 February**. The formal business will be followed by a short entertainment and the new programme for the year will be unveiled.

Friday 31 March will feature the first talk of the new season, yet to be decided!

For further information please contact Sarah Dumont, Tel: 01954 260482

PEST PROBLEM?

07836 245670
01954 230708

LOCAL, PROFESSIONAL, TRUSTED

Rapid, qualified & safe **pest control** services for local residents, farms, commercial premises, schools, hotels & businesses.

We effectively control **rats, mice, rabbits, ants, fleas, cockroaches, wasps & moles.**

If you are looking for **one off, emergency or long-term** pest management solutions, contact DRE Pest Control.



www.drepestcontrol.co.uk

19 WALLMANS LANE
SWAVESEY
CAMBRIDGE
CB24 4QY

Reliable - Local - Friendly - Family Business

Over 30 years experience

ELECTROCERT

Part P - Registered Electrician

- ✓ Assessment of the electrical safety of your wiring
- ✓ Fuse board replacement and upgrades
- ✓ Bathroom electrical installations
- ✓ Realistic prices with value for money
- ✓ All work fully guaranteed and insured
- ✓ FREE quotations and advice
- ✓ Periodic inspection and testing
- ✓ Extra sockets and lighting points
- ✓ Kitchen electrical installations
- ✓ Immersion heater supplies
- ✓ Garden lights and water features
- ✓ No job too small



Call Peter on 01954 775088 or 07796 260735

Email: peter@electrocert.co.uk

10% Discount for Senior Citizens
www.electrocert.co.uk

FECA IN COTTENHAM

ALL SAINTS' CHURCH, COTTENHAM

Christmas Events

Wednesday 14 December at 6.30pm – Carol Singing around the village. Join with the other Churches to sing your favourite carol. Meet up at the Salvation Army.

Saturday 17 December from 2.30 pm – Messy Christmas followed by the Live Nativity at 3.30pm at All Saints' Church, Cottenham.

Sunday 18 December at 7pm – Carol Service at All Saints' Church, Rampton.

Saturday 24 December at 4pm – outdoor Carol Service in the Churchyard with Cottenham Brass, at 7pm indoor Carol Service with the Church Choir and Junior Prime Brass both at All Saints' Church, Cottenham.

Saturday 24 December at 11.30pm – Midnight Communion at All Saints' Church, Rampton. The two churches join together to celebrate the first communion of Christmas Day.

Sunday 25 December – Christmas Day at All Saints' Church, Cottenham. At 8.30am, Book of Common Prayer Holy Communion. At 10.30am, Communion service for all the family.

COTTENHAM BAPTIST CHURCH

Christmas Events

Sunday 11 December 10.30am – Get in the mood for Christmas and sing your way through the Christmas story.

Sunday 18 December 10.30am – Nativity from Scratch. An all-age service, where everyone has the opportunity to contribute to telling the nativity story. Dressing up is optional, props are provided.

Sunday 11, Saturday 17 and Sunday 18 December 4–6pm – The Real Christmas Grotto. Join us for a new opportunity to walk through the Christmas story, come and interact with live characters, engage in activities and see Christmas from a new perspective. See our Facebook page to see when bookings open.

Wednesday 21 December 7–9pm – Quiet Space. A chance to pray and reflect.

Sunday 25 December 10.30am – Christmas Day all-age celebration. Join us for a fun break from unwrapping presents and dinner preparations to relax together and remember Christ's birth. And if you want to, bring a present to show the rest of the church family.

GIUSEPPE PIRAN
DECORATORS

01954 201167
gpiran.co.uk

ESTABLISHED LOCAL BUSINESS

INDEPENDENT FINANCIAL ADVICE IS BEST

**Free Consultation. No obligation.
That's the understanding when you talk to Nigel
Bolitho about how to make your finances work to
your best advantage. Get the benefit of his wide
experience in all investment matters**

**Pensions Savings Investments
Protection Tax Avoidance**

**For sound, independent advice on all your
investment plans, talk to Nigel Bolitho**

**FREE CONSULTATION
NO OBLIGATION**



Mitchell House, High Street, Cottenham
Tel: (01954) 251521

Email: ncfb007@gmail.com
web: www.bvmoney.org.uk



Authorised and regulated by the Financial Conduct Authority

FECA IN COTTENHAM



We are a community charity whose purpose is to raise funds for the maintenance and repair of Cottenham's mediaeval church building. It is Cottenham's only Grade I listed building and benefits

from community support.

The Friends have been delighted to host a number of concerts since, and including, the Fen Edge Festival weekend and we shall continue to do so in the coming period. We have also held a wine-tasting evening and a family quiz.

Fund raising events coming up include an astronomy evening at some time this winter when the weather and moonlight permit and a family quiz in March.

Also in the pipeline are a Gilbert and Sullivan Opera Group in April; a performance of

Shakespearean music by Hexachordia, an early music trio in May; a Concert by Camerata East (formerly the Helen Medlock Ensemble) in June; a concert by the Fen Edge Orchestra in July.

Please look out for further details of all these events on the websites and Facebook pages of the Friends of All Saints and the Fen Edge News. Please let us know where else you would like to see details.

The Friends is also supporting a concert by Camerata East to be held in the church to raise funds for a local charity. This will be in the afternoon of **Sunday 4 December**.

Do consider joining the Friends to show your support for the maintenance of this iconic building. You may contact us by email or via our website.

friendsofallsaintscottenham@gmail.com
www.friendsofallsaintscottenham.com

Cottenham Computers

01954 593025

Call the experts for good honest advice

We will come to your home or business to fix your computer

Got any of these issues?

- ✓ Computer crashing
- ✓ Network Wi-Fi connection Issues
- ✓ Computer infected with viruses
- ✓ Windows won't boot
- ✓ Can't access your email
- ✓ Can't access the Internet
- ✓ Computer running very slow


Services

- ✓ PC & Laptop Repairs & Upgrades
- ✓ Macbook & iMac Repairs & Upgrades
- ✓ Broadband / Wi-Fi Installations
- ✓ Full Hardware Diagnosis
- ✓ Hard Drive Data Recovery
- ✓ Supply New PCs & Laptops
- ✓ 3 Years Hardware Warranty on New PCs

Working all day? Then we can collect and deliver FREE to and from your work place*

* Within 10Miles of Cottenham

We cover Cottenham & surrounding towns & villages

Authorised UK
Partner 

For all computer related problems give us a ring!

www.cottenhamcomputers.co.uk



Microsoft

GUITAR/UKULELE & PIANO LESSONS



Learn how to play any of these instruments in just a few easy lessons.

ALL STYLES CATERED FOR

(From Bach to Boogie, Country to Classical/Rock/Pop & Blues)

EXPERIENCED TEACHER

(Member of the Registry of Guitar Tutors)

Lessons also available online

Contact Helen on:

07798 526084

or visit www.guitarlessons-cambridge.co.uk

MORRIS & CO

Chartered Accountants

- a personal accounts and tax service based in Cottenham
- business advice to help you recover from the COVID-19 crisis
- accounting solutions to help you monitor your business in real-time

Contact: Linda Barnes BFP FCA

eMail: Linda.Barnes@Morris4Co.com

Mobile: 07920 096501



King & Co Solicitors

238 High Street Cottenham
Cambridge CB24 8RZ
Tel: 01954 251818

Open:
Mon-Thurs
9.00am - 5.00pm
Fri 9.00am - 4.00pm

CAR PARK AT OFFICE
FREE VERBAL OR WRITTEN QUOTATIONS GIVEN
OFFICES IN CENTRAL
CAMBRIDGE AS WELL

FECA IN COTTENHAM



Taking Stock, Food and Climate Change – New Year is a time when thoughts often turn to healthier living – and changes for healthier selves can go hand in hand with changes for a

healthier planet. Diet is a good place to start. There is scope for easy switches in the food choices we make, choices which can be good for our health, our pockets and our planet all at the same time.

The Eco Eats Recipe Book produced by Sustainable Cottenham (available to purchase for £2.50 from Les Wards Greengrocers and the Cottenham Community Café) is full of ideas for inexpensive planet friendly dishes.

While understanding the true CO₂ impacts of different foods is a complex matter, there are some headline changes that will definitely help to reduce the carbon footprint of our diets.

These include: cutting down on meat and dairy; enjoying lots of seasonal, locally grown produce; saying 'no' to perishable vegetables, fruits and fish air-freighted in from abroad; and cherishing our food and minimising waste.

It doesn't have to be about adopting an 'ism' -

vegetarianism or veganism; a resolution to try out some more meat-free dishes will make a difference. If you do go a step further to become vegetarian or vegan – or if you already are – that represents a really big saving of food-related CO₂ emissions, a saving of half or more than half when compared with an average diet. Trying out some new planet-friendly dishes now is a great way to take advantage of the abundance of UK-grown seasonal veg in winter – including leeks, celeriac, parsnips, kale and Jerusalem artichokes. If planning a meat dish, bear in mind that beef and lamb have a far higher carbon footprint than other meats, while chicken has the lowest. With the rise in milk prices, it's now a really easy swap to reduce dairy foods by opting for plant-based milk instead – delicious on cereals and keeps for ages so no waste!

(Data from Prof. Sarah Bridle's authoritative book *Food and Climate Change without the Hot Air*. Check out Sarah's website *Take a Bite out of Climate Change* www.takeabitecc.org for lots of practical advice, info and resources.)

Happy new year and happy climate-friendly eating!

www.sustainablecottenham.org.uk

www.sustainablecottenham.org.uk/eco-eats

www.facebook.com/suscottenham

Extract from Cottenham Eco Eats Recipe Book

Shallot, fennel and chestnut casserole (v)

Serves 6

Ingredients

50ml olive oil

450g shallots, peeled and left whole

450g fennel roughly chopped

1 x 400g tin plum tomatoes, chopped

300ml red wine

225g tinned or vacuum-packed chestnuts

50ml soy sauce

2 sprigs of fresh thyme

about 20 sage leaves, finely chopped

salt and freshly ground black pepper

Method – Heat the olive oil in a large casserole dish. Add whole shallots, and cook for about 20 minutes over a medium heat, until browned and becoming tender.

Add the fennel, stir, cover and cook for 10 minutes.

Add the remainder of the ingredients and bring to the boil. Simmer for 1 hour; the chestnuts should be almost falling apart.

Season to taste and serve.

Spicy roast potatoes and Savoy cabbage are good accompaniments.

v – suitable for vegans

GAS MONSTER

Professional Plumbing and Heating Services

Gas Monster are Coltenham-based gas engineers for all your gas installation, maintenance, plumbing & heating needs.

- Servicing
- Wet Underfloor heating specialists
- Boiler repairs and replacements
- Plumbing tasks
- Radiator replacements
- Air source heat pump
- LPG Gas work
- Landlord Gas safety checks

01954 253999

www.gasmonster.co.uk - info@gasmonster.co.uk

Excellent Service, Reasonable Prices



Financial advice made personal

We recognise that talking about money and finances is personal – sometimes sensitive. So it's reassuring to know that there's someone on hand who can help you address your needs, understand your goals and realise your dreams.

We offer a friendly and approachable service, backed by the strength and security of FTSE 100 company, St. James's Place Wealth Management; and being local means we're here to help whenever you need us.

Please do get in touch for a chat.

TAIT FINANCIAL SERVICES LTD

Associate Partner Practice of St. James's Place Wealth Management

Tel: 01954 231768 | 07768 305151

Email: taifns@sjpp.co.uk

www.taitfinancialservices.co.uk



The Partner Practice is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the group's wealth management products and services, more details of which are set out on the group's website www.sjp.co.uk/products. The 'St. James's Place Partnership' and the titles 'Partner' and 'Partner Practice' are marketing terms used to describe St. James's Place representatives.

SJP11709 V1 (12/19)

FECA IN COTTENHAM

COTTENHAM COMMUNITY LAND TRUST LTD

Building locally-affordable homes around Cottenham village remains a challenge, requiring co-operation of the land-owner, architects, developers, builders and government to make the finances work. With interest rates moving back to more traditional levels, financial pressures are tighter on everyone.

Unfortunately, none of our three Local Authorities were able to identify land suitable for our purposes and which they were willing to discuss with us. The District Council is holding back some suitable land as a land bank, much as a developer does; meanwhile it plans to buy some of the so-called affordable homes from Tilia. Neither option can deliver locally-affordable homes.

Cottenham's approved *Neighbourhood Development Plan* identifies an assessed need for 90 or so locally-affordable homes. To be locally-

affordable they must cost their occupiers no more than 3 or 4 times their household income, not the 6 to 8 times required for affordable homes. The occupiers will not be supported by housing benefits but fall into the so-called squeezed middle who neither qualify for social housing nor can afford the affordable homes being built in South West Cottenham.

If successful, we will aim, with our project partners, to raise funds from various community-led housing funds through Homes England, the Cambridgeshire & Peterborough Combined Authority and others, to deliver around 30 of those locally-affordable homes as soon as possible.

Frank Morris: Chair, Cottenham CLT Limited

Keep up to date via our FaceBook page - Cottenham Community Land Trust.

Or drop us a line at admin@cottenhamclt.org.uk



Installation of Electric Vehicle Charging Points at home or in the workplace

T: 01223 430040 W: Cambridge-evpoint.co.uk

We are OLEV registered installers for numerous manufacturers charging points and can help claim the £350.00 Government grant towards the installation of your charging points.



Working in association with Cambridge Electrical Services Ltd, for all your other electrical requirements. **01223 430430**



Bespoke Dress Designer Welcomes All Brides



Picture your perfect wedding day. Smiling friends and family, refreshing drinks, music in the air and, of course, you in 'The Dress'. But is *your* dream of that dress a little different to everyone else's?

Local bridalwear designer **Jitka Made-to-Measure** has recently launched a new website to showcase how she can create a stunning bespoke dress to fit every bride's individual figure and style.

Jitka is a designer with a difference. The website shares her personalised process, from hand-sketched designs to precision sewing and attentive fittings. Throughout the website, images of Jitka's real brides and snapshots of Jitka at work show how this talented designer can truly create designs as unique as the bride herself.

Time to dream

Based in Wilburton, Jitka's boutique is a nurturing space where she gets to know each individual bride-to-be. During an initial free visit, Jitka discusses ideas surrounded by a rich collection of inspiring bridalwear of every shape, fabric and detail. Through her bride-led approach Jitka listens attentively and without the pressure experienced at many established bridal stores.

Recently engaged?

Jitka Made-to-Measure is now looking towards the 2023 season, working with recently engaged brides to create their perfect gown. Bespoke designs that Jitka is crafting right now range from natural boho to whimsical style, high-necked chic to slinky fishtail, all demonstrating the versatility of her expertise.

And for brides who have a wedding booked for this winter, it is not too late. An in-house collection of over 100 inspired garments designed and made by Jitka are available to view exclusively by appointment, providing a last-minute opportunity to grab a dress off-the-peg that is still truly one-of-a-kind.

"Finding the perfect dress to represent your individuality is what I pride myself on," says Jitka. "Once I can see your face glowing with happiness, I know that we have found it".



Visit www.jitkamadetomeasure.co.uk to start your fairy tale or follow Jitka to view her latest designs and find inspiration from real brides @JitkaMadeToMeasure

FECA IN COTTENHAM

COTTENHAM AND RAMPTON LUNCH AND SOCIAL CLUB

We meet every Tuesday at Coolidge Gardens Community Room to enjoy good company and a freshly cooked 2-course lunch. We would welcome new members (people of pensionable age) and volunteers, which help in a number of roles including cooking, serving, clearing up and driving.

We are able to provide free transport to and from the Club. 35 years ago, the original Trustees and Members of the Cottenham Day Centre not only had the foresight to establish the Club on a sound footing, they also worked very hard to fundraise for a vehicle with disability access. That vehicle enabled everyone that needed social interaction and a hot meal to come to the Day Centre once a week. Our (newer!) Minibus is a very important asset for our club enabling many people to attend who would otherwise find it very difficult.

If you are interested in hearing more about us, as a member or a volunteer, please give me a call. Pauline Brown, Chair, 07708 425720 or 01954 250035

COTTENHAM CHARITIES

Free Christmas Voucher

Christmas vouchers have been given by Cottenham Charities for many years to help individuals and families on low income to meet the cost of Christmas. Cottenham Charities and the Fitzwilliam Charity provide the funds for the scheme. Residents in the Parish in receipt of Income Support, Incapacity Benefit, Employment and Support Allowance, Pension Credit, Housing Benefit or Universal Credit are eligible but we are not able to consider those receiving Jobseeker's Allowance.

If you, or someone you know, could benefit from a little help this Christmas, application forms will be available from Cottenham Post Office or online at www.cottenhamcharities.co.uk from **Monday 21st November** and must be returned by **Wednesday 7th December**. Proof of eligibility will be required and only one application per household can be accepted.

Additionally, applications for grants for essential household or disability items can also be considered by Cottenham Charities throughout the year. Please apply online via our website.

ESTD. ✂ 2020

The Secret Garden,
Hair by Rachel

Vidal Sassoon Trained!

Opening Days / Times

Wednesday: 14:00 – 20:00

Thursday: 08:00 – 20:00

Friday: 08:00 – 17:00

Saturday: 08:00 – 16:00

Sunday / Monday / Tuesday: Closed

With over 20 years' experience working in high end salons

By Appointment only...

Text / WhatsApp / Messenger: 07712 111173

276 High Street Cottenham CB24 8RZ

Because beautiful hair matters!



Plumbing and heating supplies
to the trade and public



We are a local independent company supplying
all your plumbing & heating needs, including:

**Bathroom Taps • Boilers • Bathroom Suites
Underfloor Heating • Central Heating Radiators
Heated Towel Rails • Showers • Kitchen Taps
Sinks • Baths • Sanitaryware
Plastic Plumbing Systems • Fittings**

Do not hesitate to ring, email or visit...

Unit 10, Norman Way Industrial Estate, Over, Cambridge CB24 5QE
Tel: 01954 230268 E-mail: info@dandtsupplies.co.uk www.dandtsupplies.co.uk

LANDART

LANDSCAPE CONTRACTORS LTD

*Designers & Builders of Award
Winning Gardens*

HTA/APL National Award Winners 2002 & 2003

01954 261412

LANDART

Coldharbour Farm, Over Road
Willingham, Cambridge CB24 5EY
www.landart.uk.com

FECA IN COTTENHAM

COTTENHAM COMMUNITY CENTRE

Breaking News – Warm hub

The Community Centre is now open 3–6pm each Friday through the winter as a warm hub for anyone wanting to spend time here, free of charge and save on their heating costs at home. Do come along.

We need more volunteers so please do contact me if you can help bookings@cottenhamcc.org

Support from the Co-op – If you are a member and shop in the wonderful Co-op, opposite the Community Centre, please consider nominating Cottenham Community centre as your chosen charity to help us fund solar panels - to help the environment and cut our electricity costs

Volunteers – Volunteering at the coffee shop is a great opportunity to meet people, learn new skills, add to your CV and be part of a very worthwhile community facility. Please have a chat with Jane Tel 01954 202109 (when open) or manager@cottenhamcc.org.

The **Coffee Shop** is now open 10am–4.30pm on Mondays and 10am–2pm on Tuesdays to Saturdays. Please note the coffee shop will be closed **Saturday 24 December to Tuesday 3 January 2023** inclusive.

Thank you for supporting the Community Centre. Jane, Tricia, and the team look forward to welcoming you. Keep warm and enjoy a great coffee or tea or hot chocolate, delicious scones and cake or great light lunch from our menu.

Events – Community Cinema is on the first Sunday of the month (except January). Films starts at 7.30pm each time. See top class films at a fraction of the cost and without having to travel.

Funds and membership – We welcome your support. Membership is just £15 for an individual (seniors £10) with a loyalty bonus of a free beverage after you have bought ten drinks. You will also get a 10% discount on one-off room hire. Please download a membership form here: www.cottenhamcc.org/membership/

If you are shopping on-line, please consider using (it costs you no more) Easy Fundraising or Amazon Smile for Cottenham Community Centre (which will receive a small percentage)

<https://www.easyfundraising.org.uk/causes/cottenhamcc/>
<https://smile.amazon.co.uk/gp/chpf/about>

We now have attractive gift vouchers. Please consider buying (Christmas will soon be here!) as a gift for someone local. Contact treasurer@cottenhamcc.org

Classes and room hire – Many of our classes (e.g., Pilates, Yoga, Dance {separate for adults and children}



Staff, volunteers and customers celebrating Cottenham Community Centre having been chosen for the Co-op Community Fund. Please choose Cottenham Community Centre as your chosen charity.

Healthy 4 Life) are thoroughly enjoyed. Do check with the class leader or the Community Centre whether spaces are available.

There is a craft group (Tuesdays at 10am) and a knitting group (Wednesdays at 10am) in the coffee shop. Just come along.

Little Humbugs (Wed morning) and *Dads Play* (Sat mornings) need a volunteer to re-start these wonderful activities. Could you help?

If you would like to run a class on behalf of the centre, please contact bookings@cottenhamcc.org

Room Hire – including for children's parties, there are three rooms (main hall, studio, coffee shop) for hire (Full entertainment licence etc held). Our wonderful new back kitchen facilities are great including for a pop-up café. We encourage classes, community activities and welcome organisations looking to try out new community projects.

For all enquiries see the website or email bookings@cottenhamcc.org

Please DO NOT come to the Community Centre if you feel at all unwell, thank you.

www.cottenhamcc.org Charity Number 1128604



Do you need care visits at home?

Greenwood Homecare provides quality care in Cambridge and the surrounding areas

FOR MORE INFORMATION

Visit: Greenwoodhomecare.co.uk

Email: Bethanie@greenwoodhomecare.co.uk

Call: **01223 850938**

✓ FREE ASSESSMENT

📍 DAY, LIVE-IN OR NIGHT CARE AVAILABLE



WILL-WRITING AND POWER OF ATTORNEY SERVICES **SOCIAL JUSTICE PARTNERSHIPS (SJP)**

Drafting your will or power of attorney can feel like a daunting task. However, at Social Justice Partnerships, we make it as straightforward as possible for you to take this important step. We can help you draft a will, review a current will to check it is legally valid and up-to-date, or help you draft a power of attorney. Plus, our commitment to social justice means we offer competitive services at affordable prices.

To find out more about how we can help you put your mind at rest, get in touch with us today at:

SOCIAL JUSTICE PARTNERSHIPS

info@socialjusticepartnerships.com

01223 320528

0208 798 3846



FECA IN COTTENHAM

COTTENHAM COMMUNITY ALLOTMENT

Set up in March 2021, Cottenham Community Allotment is in its second season this year. Over the past eighteen months we have not only grown and harvested fruit and vegetables on a quarter sized plot, but we have also expanded and improved the space given to us. We now have a larger plot where we can grow and harvest a greater variety of produce, some of which is passed on to Cottenham Coffee Shop and the Foodbank. We have a wonderful group of volunteers who are committed to joining us on our work party weekends. Many of these volunteers have also taken on the extra commitment of weekly watering which, during this past summer, went above and beyond to keep the fruit and vegetables growing.

As well as the original allotment, we have recently developed a junior allotment for families who would like to start with small plots to have a go at growing fruit and vegetables. We now have four families on our Junior Allotment as well as a new shed for equipment suitable for different ages. In the coming months we hope to build raised beds in this area to improve the soil and make it easier to grow more produce there.

We would love more people to be involved in the allotment, whether occasionally or regularly as part of our work party team. If you are interested in finding out more about donating equipment and seeds, our junior allotment, or volunteering on the allotment please contact us on community.allotment@gmail.com. Alternatively, pop along on either the first Sunday of the month between 1.30–4pm or the third Saturday of the month between 10am and 12.30pm.

Warrilow & Sons

Complete Property Services

Hard Landscaping

Gutters, Fascias & UPVC

Gardening / Fencing / Tree Services

Paths / Decking

Driveways Cleaned

Clearance / Waste Removal

Fully Insured

Gutter
clearance
from
£30

20% off
when you
quote
'FEH'

Please call Charles for a FREE no obligation quotation

01223 236652 / 07752 200612



Skip hire



SunSkips makes waste disposal simple!



On time delivery and collection so your project stays on track.



Fast online booking to save you time and hassle.



An expert team that knows all the local regulations.



Permit acquisition so you don't have to worry.



Recycling available to minimise your carbon footprint.



Great service at unbeatable prices!

☎ 01223 790771

🖱 www.sunskips.co.uk

FECA IN COTTENHAM

COTTENHAM UNITED COLTS FOOTBALL CLUB

Well, thankfully Cottenham United Colts FC were able to complete a normal footballing year! Finishing season 2021/22 fixtures, we kept all teams together and finished the season strongly. Our under-14 Girls side finished as B league Champions and our under-17 Girls reached the League Cup Final at Newmarket Town Ground.

We were able to hold a very successful 5-a-side Tournament in May, which is so critical to our club funding in keeping fees as low as possible and enabling purchase of kit and equipment.

We would like to thank all our kind sponsors – a huge thanks to Fen Edge Community Association for their amazing support with grants and Cottenham Co-op for their Community Fund support. These have contributed significantly to our investment in much needed new sets of goals and other equipment. And it was our pleasure to help out at another wonderful Fen Edge Festival in June.

We are now into the 2022/23 season and the number of teams continues to grow, in particular our girls' teams. And October brought a girls' celebration night at Cottenham Village College as we welcomed Cambridge United's No.1 Dimi Mitov, in association with LifeBuoy UK and the EFL. And on a

Saturday, some of our under-15 and under-12 girls were ball crew versus Sheffield Wednesday. Great memories for all involved! We continue to grow as our village does too and we welcome new players, boys and girls age 6–18 years.

Cottenham United Colts FC
www.cottenhamunitedcolts.com

COTTENHAM BOWLS CLUB

It was great to have a full summer outdoor season again. The weather was kind and the bowling good. We have 6 outdoor teams playing in the afternoon or evening.

Two teams were very successful: *Bowls Cambridgeshire County Triples* won Division 2 and are promoted to Division 1; *Cambridge and District* won Division 4 and are promoted to Division 3

Well done to all the team captains and players who contribute so much to Cottenham Bowls Club.

The indoor short mat is well under way. Everyone is welcome to give it a try and if you are interested you can contact Eric Hobbs on 01954 251956. It costs £20 for the season which runs from October to March if you want to play in our league or it costs £10 if you want to just have a roll up. It is a great way to spend the winter afternoons.

Cottenham Bowls Club is a very friendly club with members from Cottenham and surrounding villages so come and give us a try. Everyone is welcome.

Contacts: Glen Clarke: 01954 250085

Website: www.hugofox.com/community/Cottenham-bowls-club-8286/

COTTENHAM VILLAGE SOCIETY

We recently had a very interesting talk by Mike Petty about internet sources he has created for Cambridgeshire local history. He has collected all sorts of information you can find by searching on the Internet for *Cambridgeshire History on your Computer* – Mike Petty's Library on your Laptop. See what you can find about Cottenham in the past.

Events

We meet at The Village Hall, off Lambs Lane, Cottenham on Fridays at 7.30 pm.

Friday 13 January – *Cottenham and the Cambridgeshire Fruit Industry*, Jonathan Spain.

Friday 10 February – *Impington Hall, a story 350 years in the making*, Eleanor Whitehead.

Friday 10 March – *The History of Mackays*, Duncan Mackay.



Visit from CUFC Goalkeeper Dimi Mitov



K & S Services



- All aspects of Carpentry & Joinery
- Kitchen Fitting
- Bathroom Refits
- Wall & Floor Tiling
- Laminate & Wood Flooring
- Internal / External Painting & Decorating
- Fencing
- Heating Systems

Free Quotations - Quality Work Guaranteed

Kevinwhitby1967@gmail.com

Tel: 01954 200969

Mob: 07549 983817



...a nursery where all children blossom

Care, discovery and learning are at our heart, in welcoming indoor and adventurous outdoor environments. **We provide a home from home for your child** – in a safe, secure, fun and caring environment.

www.beachbabiesnursery.co.uk



FECA IN COTTENHAM

COTTENHAM CRICKET CLUB

Promotion back to Senior League for 1st team
Here at Cottenham Cricket Club, we enjoyed a really good summer. The 1st team finished second in their League and so gained promotion back to the Senior League. The 2nd team, after being promoted last season, narrowly missing out on a second successive jump, ending up third in their division. For the 1st team, it all boiled down to having to win against promotion

rivals Bottisham/Lode in our final game of the season. We made 195–6 off our 40 overs with Tom Procter 49 and Will Hall 38. Our opponents were going very well at 133–4 but a clatter of wickets saw them reduced to 155–9. Their last pair hung on, we missed a couple of great chances to wrap it up and they inched to within 16 runs of victory before Duncan Robson demolished their no. 11's wickets.

The 2nd XI also needed to win their last match to clinch promotion. Unfortunately for us, it was against the League leaders, Cam Kerala, the strongest team in the League and we unfortunately weren't able to pull it off on the day.

For our juniors, we put on a full programme of *All Stars* (5–8 years) and *Dynamos* (8–11 years) courses and also ran a under-11s team. The latter group, mostly under-10s in fact, were really thrown in at the deep end. They improved hugely as the term progressed and notched up one impressive victory against Histon which was extremely pleasing. A few heartfelt thanks. To all our committee members for their hard work; to all those parents and coaches who helped in the running of our under-11s this summer; a special mention to our professional coach, Dan Robinson who brought them pretty much from scratch to become a competitive group; to our generous sponsors, Nigel Bolitho's BV Services; Create Signs and Jegan Shan,



who runs the Banana Leaf restaurant. Thanks, also, to the Parish Council for their continued and invaluable support and especially to groundsman Andrew King and his team for providing a good playing surface throughout the drought.

It will soon be time to start focusing on the 2023 season which, once we get into the New Year, really starts racing towards us! Indoor net practice will get going in early Spring so please keep an eye on the Club News section of our website for all the details. As ever, we are always very keen to welcome any cricketers in the neighbourhood who are not playing for us and might be interested in joining the Club to help keep us moving forward. 2022 was a great season and we are extremely keen to keep up that momentum.

We have 170 years of history behind us and it's vital we continue to nurture the Club for future generations as well as the current ones.

So please don't hesitate – get in touch and come and join us. You'll be very warmly welcomed indeed.

Club Contact details: Secretary: David Chaplin (01954 250075), Chairman: Ralph Lamble (01954 250313), Junior Teams Coordinators: Dave Partridge and Alan Raven (01954 250388)

Email: cottenhamcc@yahoo.co.uk

Website: www.cottenham.play-cricket.com

RAMPTON MOTORS

**Repairs and Servicing to All Makes of Car and
Light Commercial Vehicles**

Petrol & Diesel MOT Testing by appointment

Free Courtesy Car Available

Petrol, Diesel and Oil sales

Mon to Fri 7.30am to 5.30pm

8 The Green, Rampton, Cambs CB24 8QB

Tel: 01954 250792 Fax: 01954 206046



POLARGLAZE LTD

Highest Quality Windows, Doors & Conservatories

*Contact our sales team to view our PVCu, aluminium
& timber product range*

Leading local independent company since 1974

SHOWROOM AND FACTORY

Unit D, Denmark Rd, Cottenham, Cambridge, CB24 8TX
Entrance opp. Chequers Pub

Tel: 01954 251290



24hr answerphone | Fax 01954 252900
sales@polarglaze-ltd.co.uk www.polarglaze-ltd.co.uk

FECA IN COTTENHAM

COTTENHAM REPAIR CAFÉ



Cottenham Repair Café returns to Cottenham Community Centre (opposite Co-op) on **Saturday 11 March** from 10am to 2pm. Book in your household items and clothing in

need of repair and our team of volunteers will be happy to take a look at them with you and try to rescue them from being binned. We'll also have a guest appearance from an e-waste recycling bin, so you can recycle any electrical items that can't be fixed, or bring along any obsolete ones like old phones, set-top boxes or unidentifiable cables.

For more event details see www.facebook.com/RepairCafeCham

FIRS HOUSE AND TELEGRAPH STREET PATIENT PARTICIPATION GROUP

We have been advised that from 1 November 2022 the NHS Patient Access App will automatically be upgraded to enable patients over 16 years to view their medical record held by their GP. It will provide comprehensive personal medical information such as notes from appointments, test results and any letters saved on their records from 1 November, but will not include retrospective information. The many patients who do not have an online NHS account or access to the internet can access their health records on request to the surgery.

If you have any views or comments which you would like the PPG to take to our next meeting with Firs House, you can leave a letter at either surgery addressed to The Chair, Firs House PPG or email us at firsppg@gmail.com.

2·ASSIST

Supporting you to save time and achieve more



With over 20 plus years' experience. Using a Virtual Assistant is an ideal solution for those who are looking for flexible support without the overheads associated with employees.

- For personal/family and business support
- Household and property management
- Transcription
- Sourcing and ordering of gifts and cards
- Event management
- Holiday/travel research and booking
- Inbox and calendar management
- Trello training
- Market research
- Minute taking
- Website updates

... and lots more!

"Never underestimate the power of collaboration and the lowering of those shoulders when asking for, and getting, great help."

To find out more about my business and how I could support you, visit www.2-assist.co.uk
E: sarah@2-assist.co.uk T: 07413 661394

THE GARDEN BOYS

Fencing specialists

Paving, Patios,

Decking, Hedge Work,

Turfing, Clearances.

For a free quote no obligation

Contact: John (old boy)

Ian (young boy)

01954 200251 or 07599 101924

Gardenboys@hotmail.co.uk

A Class Care

Genuinely caring...



Do you or your
loved one need
24 HOUR
LIVE IN
CARE?



or
NIGHT
CARE AT
HOME?



A Class Care is an award-nominated care company that prides itself on providing exemplary care service to all of their clients. They specialise in providing bespoke Live In Care Services and Home Care Services including Night Care to clients that live within their own homes. Enabling all clients to maintain their independence whilst staying within the familiar surroundings and comfort of their own home.

All Care services are unique to clients and staff ensure that we work with clients and their family so they receive a service that meets their exact needs.

A Class Care recognise that one size does not fit all. Their exemplary efforts have been recognised by the Care Quality Commission with latest inspection taking place 18.01.2020 - to read the full report please visit www.tinyurl.com/aaclasscare

To ensure that you receive an exemplary service you will have a dedicated services manager.



Please contact us on 01223 864066 for an informal chat

A Class Care
HOME CARE & DOMESTIC SERVICES

01223 864 066

e: info@aaclasscare.co.uk

www.aaclasscare.co.uk

FECA IN COTTENHAM

COTTENHAM TENNIS CLUB

Encouraging tennis for all ages

Members of Cottenham Tennis Club (CTC) want all children to get the chance to pick up a racket and learn to play the game that keeps you fit and your mind active. It is also fun to play as youngsters at the primary school are discovering. The club helps fund, along with the Co-op Community Fund, tennis coaching during PE lessons so that it is part of the curriculum.

Lessons are conducted by head coach Toby from Game Set Tennis to all children in years 3–6 across the academic year, using red learner balls and smaller rackets, donated by CTC. There are also Breakfast Club early morning sessions at Cottenham Primary School as well. Book online via www.gamesettennis.co.uk

Having learnt the basics, to progress with tennis the way forward is weekly coaching. The club offers easy-play group sessions during term time for all ages, from 3 upwards. And the bonus is that you don't need to be a CTC member for your first six weeks of lessons. Weekly coaching ends in December and starts again on **Thursday 5 January**, sign up as above or email toby@gamesettennis.co.uk Family tennis events are always enjoyable. Sunday morning challenge in October was fuelled by lots of cake and enthusiasm as adult and child doubles were played out on short tennis courts with Josh and



*Head coach Toby congratulates winners Josh and Alastair.
Photo: Wendy Dear*

Alastair coming out in front. All young participants received a prize.

All memberships are now half price, valid until Friday 31 March, 2023, just £5 for under 11s, and up to £42.50 for a family. Membership enables you to play for free at Cottenham Sports Centre four evenings a week plus weekend mornings and Wednesday club night. It's been a good year for tennis and lots more is planned for 2023. Check out the events page on our website www.cottenhamtennis.co.uk

COTTENHAM THEATRE WORKSHOP

Cottenham Theatre Workshop are delighted to announce that you can now order your tickets for our Christmas show – *The Nutcracker!*

Based on the German novel, *The Nutcracker and the Mouse King* by E.T.A. Hoffman and drawing elements from the 2018 film *The Nutcracker and the Four Realms*, our latest Christmas show promises to serve lots of festive magic for the whole family to enjoy and will be directed by long-standing CTW member Gary Unwin-Riches.

The show will run from **Wednesday 30 November – Saturday 3 December** at Cottenham Village College. Weekday performances begin at 7.30pm and there are two performances on **Saturday 3 November**, a matinee showing at 1 pm and an evening showing at 5.30pm.

Tickets are available on our website, www.cottenhamtheatre.com or through our third-party provider Ticketsource by calling 0333 666 4466 (additional booking fee applies).

Finally, we're starting to prepare for our Spring show, which we hope will take place in May 2023.

Whilst we haven't fully decided on a show yet – we've got a few options but need to confirm licensing rights! – we will be looking to get some sort of readthrough/auditions sorted in early 2023. Keep an eye on our Facebook page and website for more details!

We hope to see many of you at the performances – enjoy the show.



Visit our truly stunning display gardens ...



**Probably the largest display centre in the UK,
selling directly to trade and the general public**

Bannold are one of the UK's largest independent suppliers of natural hard landscaping materials. We stock natural products sourced directly from the UK and around the world enabling Bannold to offer premium products at the most competitive rates to trade and the general public.

- Natural Paving • Setts and Paviours • Stone Walling
- Decorative Gravels • Rockery • Boulders • Waterfeatures
- Topsoils • Soil Improvers • Bark Mulches • Sands
- Hardcore and Cements



Freephone: 0500 012231
or 01954 231666

Capability Barns
Huntingdon Road
Fen Drayton
Cambridge CB24 4SD

Opening Times:
Mon-Fri 07.30 till 5.00
Saturdays 09.00 till 1.00

www.bannold.co.uk



FECA IN COTTENHAM

COTTENHAM WOMEN'S INSTITUTE

Nights are becoming darker and we now look forward to our winter evening meetings. Our successful and well-attended summer programme featured an enjoyable coffee morning at the Community Coffee Shop in August where village residents were joined by several Ukrainian families.

Meetings are held at the Village Hall, Lambs Lane, Cottenham on the second Wednesday of each month at 7.30–9.30pm. The winter programme is now underway.

Wednesday 9 November – Brian Eversham, CEO of the Bedfordshire/Cambridgeshire/ Northamptonshire Wildlife Trust, will speak on climate change and local wildlife.

Wednesday 7 December – Our Christmas Party with entertainment and refreshments.

After what we hope will be a Happy Christmas and New Year for members we move into the 2023 season of talks:

Wednesday 11 January – *Pearl*: an evening with Jewellery Expert Jason Middleton on the life and history of Pearls

Wednesday 8 February – *Wildlife in your Garden* by Peter Pilbeam, who is well known for his involvement in the many nature organisations within the natural world

Wednesday 8 March – *Ely Cathedral*: A fascinating insight to the History of the Cathedral, by Cathedral Guide Jan Munt.

People who are interested in attending are welcome to our meetings. If you decide after 3 free meetings that you wish to join the yearly fee for 2023 is £45.

We join outings organised by the Cambridgeshire WI featuring London theatres and places of interest within our area. And our own trips, organised by our President, Margaret Squires, this year have included the *Cambridge Mosque, Madingley Hall, Denny Abbey* and a planned visit to the *ADC Theatre* to see *Chess*. Margaret is also responsible for our *Luncheon Club* held every month. We are quite expert in restaurants and pubs which are local to us – always a good enjoyable lunchtime.

Please come and give us a try!

Cottenham WI – we are on Facebook and Cottenhamwi@outlook.com

TUESDAYS

HISTON

Baptist Church

Mornings – 9am and 10.30am

Evenings – 5.30pm and 7pm

THURSDAYS

COTTENHAM

Cottenham Sports Centre

Evenings – 7pm

For further information:

Call Karen Newell – 07742 680964

Email: karenjaynewell@gmail.com

FB: Slimming World Cottenham & Histon

slimmingworld.co.uk

0344 897 8000





BEST INDIAN RESTAURANT IN UK

National Champion of Champions Award
Asian Restaurant and Takeaway Awards 2018



T: 01954 250 257 / 252 506

215 HIGH STREET, COTTENHAM, CAMBRIDGE CB24 8QP

www.currypalacecottenham.co.uk

SEE OUR WEBSITE FOR ALL OFFERS AND PROMOTIONS



www.facebook.com/thecurrypalacecottenham



twitter.com/currypalaceUK



www.tripadvisor.co.uk/Restaurant_Review/g56225-d1512991-Reviews-Curry_Palace-Cambridge_Cambridgeshire_England.html



iOS App



Android App

Complete Kitchens Ely

Design > Supply > Install



Specialists In German & UK Kitchens

- ✓ FREE no obligation design and quotation
- ✓ FULLY project managed installation
- ✓ INDUSTRY leading CAD design images
- ✓ BALANCE on completion of installation
- ✓ NUMBER ONE for satisfaction and reviews

UP TO
20%
OFF
EVERYTHING*

NEW
RANGES
FOR 2023

Häcker
kitchen. german made.
carbon
neutral

Visit us at our showroom

Complete Kitchens Ely
Black Bank Business Centre, Black Bank Road
Little Downham, Ely, CB6 2UA
01353 860875

Opening times: Tuesday to Saturday 10am - 4pm
All other times by appointment

BLANCO



BOSCH



SIEMENS

elica

Quooker



HERON

DEKTON

DEKTON

*Maximum 20% off on all kitchen units up to £1000. Excludes cabinets, appliances, lighting and accessories. Offer valid from 1st December 2022 to 31st February 2023.

© Complete Kitchens Ely. All rights reserved. This is a promotional offer. See our website for full terms and conditions.

☎ 01223 861698

When Experience Matters

Your trees are in safe hands with Acacia Tree Surgery the leading East Anglian tree care specialists. We have been providing tree care services since 1985, supported by an expert team of arborists with over 100 years combined experience.



Services

We provide services and surveys for **private clients and commercial companies** including local authorities, Universities and Colleges, the National Trust, housing associations, letting agents and developers.

Competitive Prices and Professional Guarantee

You will find our prices and terms highly competitive. We offer a **FREE no obligation quotation** with advice and guidance on the management and care of your trees.

Complete Customer Care

It is our company policy to deliver the **best customer experience with a professional, friendly and a helpful service**. This is a service that goes beyond tree surgery and manages the entire project including planning applications and liaising with local authorities, police divisions, utility services and your neighbours.

About us

We are trusted tree surgeons covering four family generations. Acacia is now established as a **class leading surgery with a reputation for quality tree services and consultancy**.

You will find our fully trained staff knowledgeable and helpful. We complete work to industry standards and best practice. All sites are left clean, safe and tidy.



We remain committed to providing our increasing network of satisfied clients with an efficient, friendly and helpful service where private, public and commercial clients can **feel confident in relying upon our expert knowledge**.

- Tree Surgery
- Tree Preservation
- Tree Consultancy
- Planning
- Tree Surveys
- Management
- Stump Removal
- Pruning & Shaping
- Insurance Reports
- Mortgage Reports



Seasoned firewood
available all year

For a FREE no obligation quotation call 01223 861698