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The Fen Edge Community Association is a charity promoting and supporting Clubs, Groups and Societies in Cottenham, Landbeach, Rampton, Waterbeach and Willingham. Registered Charity No. 293020

#### Contact Us

Lucy Dumbrell - Chair

chair@fenedge.co.uk

editor@fenedge.co.uk

advertising@fenedge.co.uk

www.fenedge.co.uk

fenedaenews

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#### SPRING/SUMMER 2023

- Fen Edge Chair's Message, From the FECA Committee, Fen Edge Twinning Association
- Cogwheel Counselling, Care Network Cambridgeshire, Whirl and Twirl Round Dance Group
- Rotary Club Cambridge South, Fen Edge Orchestra, 11-17 StitchWild, Cambridgeshire Geological Society
- Waterbeach Military Heritage Museum
- 21–23 Willingham Willingham Parish Council, Willingham Gardening Club, Willingham Bowls Club, Willingham Women's Institute, Willingham Baptist Church
- 25 Willingham Action Group, Landbeach - Friends of All Saints' Church Landbeach, Friends of Worts Meadow
- Rampton Ramparts, Rampton '77 Committee
- 29, 39 Cottenham Cottenham Village College, Cottenham Tennis Club, Firs House and Telegraph Street PPG
- Cottenham Cricket Club, Cottenham Bowls Club
- 43-45 Cottenham Community Centre
- 47-49 All Saints' Church, Friends of All Saints' Cottenham. Cottenham Baptist Church, Cottenham Community Allotment, Cottenham Gardeners Club
- Cottenham Women's Institute, Cottenham Village Society
- 53 Sandy Hill Community Project Centre, Cottenham Community Land Trust Ltd
- Cottenham Charities, Cottenham Care Car
- 57-59 Cottenham junior parkrun, Cottenham United FC
- 61–65 Cottenham Theatre Workshop, Cottenham Primary School PTCA, Cottenham and Rampton Lunch and Social Club, Sustainable Cottenham

#### FEN EDGE COMMUNITY ASSOCIATION

# Fun Run is Back!

NEW route - mainly off-road, marshalled and well-marked

## Monday 8th May

from 9am to 10:30am at Cottenham Recreation Ground 7K event - start 11am

£7 Over 16's | £5 Under 16's





Online registration at www.fenedge.co.uk

☑ @CottenhamFunRun
☐ Cottenham Fun Run







## Bespoke Dress Designer - Welcomes All Brides

icture your perfect wedding day. Smiling friends and family, refreshing drinks, music in the air and, of course, you in 'The Dress'. But is your dream of that dress a little different to everyone else's?

Local bridalwear designer Jitka Made-to-Measure has recently launched a new website to showcase how she can create a stunning bespoke dress to fit every bride's individual figure and style.

Jitka is a designer with a difference. The website shares her personalised process, from hand-sketched designs to precision sewing and attentive fittings. Throughout the website, images of Jitka's real brides and snapshots of Jitka at work show how this talented designer can truly create designs as unique as the bride herself.

#### TIME TO DREAM

Based in Wilburton, Jitka's boutique is a nurturing space where she gets to know each individual brideto-be. During an initial free visit, Jitka discusses ideas surrounded by a rich collection of inspiring bridalwear of every shape, fabric and detail. Through her brideled approach Jitka listens attentively and without the pressure experienced at many established bridal stores.

#### RECENTLY ENGAGED?

Jitka Made-to-Measure is now looking towards the 2023 season, working with recently engaged brides to create their perfect gown. Bespoke designs that Jitka is crafting right now range from natural boho to whimsical style, high-necked chic to slinky fishtail, all demonstrating the versatility of her expertise.

And for brides who have a wedding booked for this winter, it is not too late. An in-house collection of over 100 inspired garments designed and made by Jitka are available to view exclusively by appointment, providing a last-minute opportunity to grab a dress off-the-peg that is still truly one-of-a-kind.

"Finding the perfect dress to represent your individuality is what I pride myself on," says Jitka. "Once I can see your face glowing with happiness, I know that we have found it".

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Visit www.jitkamadetomeasure.co.uk to start your fairy tale or follow jitka to view her latest designs and find inspiration from real brides @jitkaMadeToMeasure.









#### **CHAIR'S MESSAGE**

Welcome to another fabulous edition of the Fen Edge News. The committee have been working hard to gather all of the information from our members about events and news from the patch over the last few months - it's great to read how much is going on in our communities.

As trustees of FECA we are always looking for new ideas and ways to raise even more funds and make the FEN fresh and relevant - we are on the hunt for

new members / trustees to come and join the committee with skills for publishing, admin and all things community based. Also, I am stepping down as Chair and trustee, to allow me to focus on my paid employment – our wonderful NHS! So, we are on the hunt for a

Chair. Can you see yourself fitting into any of these roles. If so, please contact me (email on p3).

Why not come and join us at our AGM on Thursday 27 April at 7pm in the CVC Common Room.



#### **Lucy Dumbrell**

#### From the Fen Edge Community Association Committee

We've welcomed two new member groups in recent months: Cottenham Jaguars Netball Club and Cogwheel Counselling (see p9).

The membership now stands at an all-time high of 74 groups. If your group would like to join us and enjoy the benefits of membership please apply online at www.fenedge.co.uk

Over the last 12 months FECA has given grants totalling over £8,000 to six member groups: Cottenham Colts for two sets of mobile goalposts (£3,500); Rampton Horse Show to continue our sponsorship of the Fen Edge Community Association cup (£30); Willingham Social Club as a barrel sponsor at the 2022 Willingham Beer Festival (£60); Cottenham Primary School PTCA to sponsor an Anti-Bullying Roadshow to help all children leave the school as kind, respectful and thoughtful individuals

who will not become bullies and will recognise bullying as they progress through education and beyond (£1,000); we also helped Cottenham Primary School PTCA with another grant to help pay for major repairs to the school's swimming pool (£1,000); Cottenham Community Centre with a grant for knitting yarn for the Centre's Knitting Group (£200); the Fen Edge Twinning Association with funds to support the Twinning Visit in May 2022 (£500); and most recently Cottenham Community Centre with a grant towards a major project to install solar panels and battery storage (£2,000).

The importance of supporting community groups also extends to supporting village shops, trades and services. Supporting local businesses means you're helping local individuals and families and maintaining your community. We would like to publicly thank our many loyal advertisers for their continued support we couldn't produce the Fen Edge News without them.

#### FEN EDGETWINNING **ASSOCIATION**

Following a Covid-enforced break, a group of our friends from the town of Avrillé, just outside Angers, visited over the Remembrance weekend last year to restart our annual visits. The Fen Edge villages have now been twinned with Avrillé for nearly 25 years and the trip included a visit to IWM Duxford, a social evening meal and quiz. We were also very grateful that the annual Remembrance parade and service in Cottenham blended thematic poems and prayers in French alongside the traditional format, for which

our thanks go to the organising clergy. Patrice Lucas, deputy mayor of Avrillé, laid a wreath as part of the commemoration. Ideas are being generated for activities over the next couple of years as we look to build on a regular sequence of exchanges following the hiatus.

This year's visit - in the reverse direction - is to Avrillé over the bank holiday weekend Friday 26 -Monday 29 May. We will be hosted by their members.

Contact fenedgetwinning@gmail.com for more information

## **FEN EDGE EVENTS DIARY**

## What's on and when in the villages

#### **APRIL**

Sat I 10.30–11.30am Cottenham Community Centre – Kid's Play (p43)

Sun 2 2pm Cottenham Community Centre – Cottenham Community Cinema: Matilda the Musical [PG] (p43)

**Sun 2 7.30pm** Cottenham Community Centre – Cottenham Community Cinema: See *How They Run* [12] (p43)

Mon 3-Thu 6 Cottenham Tennis Club – Easter Camp for ages 3-16 at Cottenham Village College, Sports Centre (p39)

Mon 3 7pm All Saints' Church – Reflections at All Saints' Church, Cottenham (p47)

Mon 3 7.30pm Willingham Gardening Club – Talk: Beyond the Garden Gate by Penny Miles at Willingham Social Club (p21)
Tue 4 10am–1pm Sandy Hill Community Project Centre CIC – Spring at Sandy Hill: Meet our animals and easter egg hunt at Sandy Hill, Twenty Pence Road, Cottenham (p53)

Wed 5 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9)

Thu 6 7.30pm All Saints' Church – Maundy Thursday Service of Holy Communion with foot washing at All Saints' Church, Cottenham (p47)

Fri 7 10.30am Cottenham Baptist Church – Good Friday Brunch Service (p47)

Fri 7 12pm All Saints' Church – Reflection at the cross, All Saints' Church, Cottenham (p47)

Fri 7 3pm All Saints' Church – Reflection at the cross, All Saints' Church, Rampton (p47)

Sat 8 10am All Saints' Church – Pilgrimage Walk to Ely at All Saints' Church, Cottenham Rectory (starting point) (p47) Sun 9 All Saints' Church – Service at All Saints' Church, Rampton (TBC) (p47)

Sun 9 6.30am All Saints' Church – Sunrise Service at All Saints' Church, Cottenham (p47)

Sun 9 8.30am All Saints' Church – BCP Communion at All Saints' Church, Cottenham (p47)

Sun 9 10.30am All Saints' Church – Holy Communion at All Saints' Church, Cottenham (p47)

Sun 9 10.30am Cottenham Baptist Church – Easter Sunday Eggstravaganza (p47)

Mon 10 7.30pm Willingham Women's Institute – AGM and Talk: Autism and ADHD in women and girls by Liz Taylor at Willingham Social Club (p23)

Wed 12 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9)
Wed 12 7.30–9.30pm Cottenham Women's Institute –
Talk: Reflexology by Janice Crane at Cottenham Village Hall (p51)
Fri 14 7.30pm Cottenham Village Society – Talk: The Great
Plague of Cambridge. By Evelyn Lord at Cottenham Village Hall (p51)
Sun 16 2–4pm Cottenham Bowls Club – Open Day at
Cottenham Bowling Green (p41)

Mon 17 7.30pm Cambridgeshire Geological Society – Talk: Living Fossils in Cambridge University Botanic Garden by Franziska Norman at St Andrew's Centre, Histon (p17) Wed 19 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9) Thu 20 3.45–5.15pm Cottenham Community Centre – Drama for children / Young Adults (p43)

**Thu 20 7.30–9pm** Friends of All Saints' Church Landbeach – AGM and Talk: *Hidden Attractions of Sustainability!* At All Saints' Church, Landbeach (p25)

Sat 22 Friends of All Saints' Church Landbeach – Garage Sale (p25)
Sat 22 9-I I.30am Cottenham Primary School PTCA – Pre-Loved Bike and Scooter Sale at Cottenham Primary School (p61)

Sat 22 2–4.30pm Cottenham Tennis Club – Family

Tournament at Cottenham Village College Sports Centre (p39) **Sun 23 I.30–4.30pm** Rampton '77 Committee – Dragon Quest at Rampton Village Hall (p27)

Sun 23 2pm Whirl & Twirl Round Dance Club – Social Afternoon Dance at Cottenham Community Centre (p9)

**Sun 23 2pm** Sustainable Cottenham – Litter Pick at Cottenham Village Hall (meeting point) (p65)

Wed 26 10–11am Cottenham Community Centre – Little Humbugs: and fortnightly thereafter

Wed 26 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9) Wed 26 7.30pm Cottenham Community Centre – AGM: come and hear our plans

Thu 27 7pm Fen Edge Community Association – AGM at Cottenham Village College Common Room (p5)
Fri 28-Mon 15 May Cottenham Primary School PTCA –

Coronation trail throughout Cottenham (p63)
Fri 28 7.30pm Cottenham Gardeners Club – Talk: House
Plants and their Care by Geoff Hodge, Gardening Writer and
Broadcaster at Franklin Gardens Community Room (p49)
Sat 29 5.30am Friends of Worts Meadow – Dawn Chorus

Walk at Landbeach Village Hall car park (meeting point) (p25)
Sun 30 10.30am Cottenham Baptist Church – Brunch Service (p47)

#### MAY

Mon I 7.30pm Willingham Gardening Club – Talk: Hands-On Demonstration: How to make a bug hotel at Willingham Social Club (p21)

Wed 3 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9)

**Thu 4 3.45–5.15pm** Cottenham Community Centre – Drama for children / Young Adults (p43)

Sat 6 Friends of All Saints Church Landbeach – Coronation Weekend. Event Screening, and cream teas in Church, Evening BBQ in Village Hall (p25)

Sat 6 9.30am-12pm Sandy Hill Community Project Centre CIC – Coffee Morning: Come and meet our animals (p53)

**Sat 6 10am** Cottenham Community Centre – Big-screen showing of the Coronation

Sat 6 10–11am Cottenham Community Centre – Mucky Pups at the CCC hall.

Sun 7 Willingham Action Group – Picnic: Big Lunch (p25) Sun 7 Cogwheel Counselling – Cambridge Stride: see p9

Sun 7 3.30–5.15pm Friends of All Saints' Cottenham – Performance: Music from the Court of Henry VIII by Hexachordia at All Saints' Church, Cottenham (p47)

Sun 7 7.30pm Cottenham Community Centre – Cottenham Community Cinema: Living [12]

Mon 8 Cottenham Fun Runs at Cottenham Recreation Ground Wed 10 7.30–9.30pm Cottenham Women's Institute – Talk by lan Cumming who was a contestant in The Great British Bake Off at Cottenham Village Hall (p51)

### FEN EDGE EVENTS DIARY

**Sat 13 7.30pm** Rotary Club Cambridge South – Concert by Cambridge Symphony Orchestra at West Road Concert Hall, Cambridge (p11)

Mon 15 7.30pm Cambridgeshire Geological Society – Talk: The Hunga Tonga-Hunga Ha'apai eruption and tsunami by Prof. David Tappin at St Andrew's Centre. Histon (p.17)

Mon 15 7.30pm Willingham Women's Institute – Talk: Looking at Science objects from the Whipple Museum at Willingham Social Club (p23)

Wed 17 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9) Wed 17–Sat 20 7.30pm Cottenham Theatre Workshop – Performance: The Selfish Shellfish by David Wood at Cottenham Village College (p61)

Thu 18 3.45–5.15pm Cottenham Community Centre – Drama for children / Young Adults (p43)

Sat 20 (evening) Friends of All Saints' Church Landbeach – Music by local groups at All Saints' Church, Landbeach (p25) Sat 20 2–4.30pm Cottenham Tennis Club – Open day at Cottenham Village College Sports Centre (p39)

Wed 24 Cottenham Tennis Club – South Cambs School Sports Partnership Tennis Festival for primary years 3 and 4 at Cottenham Village College, Sports Centre (p39)

Wed 24 7.30pm Friends of Worts Meadow – AGM and Social at Landbeach Village Hall (p25)

Wed 24 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9) Fri 26–Mon 29 Fen Edge Twinning Association – Fen Edge Twinning visit to Avrillé (p5)

Fri 26 7.30pm Cottenham Gardeners Club – Talk: Nature Friendly Farming by Tim Scott, Local Farmer for Countryside Restoration Trust at Franklin Gardens Community Room (p49) Sun 28 2pm Whirl & Twirl Round Dance Club – Social Afternoon Dance at Cottenham Community Centre (p9) Wed 31 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9)

#### JUNE

**Thu I 3.45–5.15pm** Cottenham Community Centre – Drama for children / Young Adults (p43)

Sat 3 9.30am–12pm Sandy Hill Community Project Centre CIC – Coffee Morning: Come and meet our animals (p53)
Sat 3 10.30–11.30am Cottenham Community Centre – Kid's Play (p43)

Sun 4 7.30pm Cottenham Community Centre – Cottenham Community Cinema: She Said [15]

Mon 5 7.30pm Willingham Gardening Club – Gardeners' Question Time at Willingham Social Club (p21)

Wed 7 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9)

Sun I I Cottenham Gardeners Club – Garden Party at Curringtons Close (p49)

Mon 12 7.30pm Willingham Women's Institute – Talk: Nutrition: Salvaging Good Advice from Confusion by Dr Alex Wilber at Willingham Social Club (p23)

Mon 12 7.30pm Cambridgeshire Geological Society – Talk: details TBA at St Andrew's Centre, Histon (p17)

Wed 14 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9) Thu 15 3.45–5.15pm Cottenham Community Centre – Drama for children / Young Adults (p43)

**Thu 15 7.30–9pm** Friends of All Saints' Church Landbeach – Talk: *The Cambridge you Never Knew* by Rosie Zanders at All Saints' Church, Landbeach (p25)

**Sat 17 2.30–4pm** Friends of All Saints' Cottenham – Theatre: *The Wind in the Willows* by Thisismytheatre at All Saints' Church, Cottenham (p47)

Sun 18 2pm Whirl & Twirl Round Dance Club – Social Afternoon Dance at Cottenham Community Centre (p9) Wed 21 7pm Whirl & Twirl Round Dance Club – Fun

Wed 21 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9)

Wed 28 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9) Fri 30 7.30pm Cottenham Gardeners Club – Talk: Hedgehog Rescue and Conservation by Judith Large, from Shepreth Hedgehog Hospital at Franklin Gardens Community Room (p49)

#### **JULY**

Sat 1 9.30am–12pm Sandy Hill Community Project Centre – Coffee Morning: Come and meet our animals (p53)

Sat I 10.30–I1.30am Cottenham Community Centre – Kid's Play (p43)

Sat I 7.30pm Fen Edge Orchestra – Concert by Fen Edge Orchestra at All Saints' Church, Cottenham (p13)

Sat I 7.30pm Fen Edge Orchestra – Concert: including music by Mendelssohn at All Saints' Church, Cottenham (p13)

**Sun 2 7.30pm** Cottenham Community Centre – Cottenham Community Cinema: *Till* [12A]

Mon 3 7.30pm Willingham Gardening Club – Talk: Salads all year round by Mike Day at Willingham Social Club (p21)

Sat 8 2pm Rampton '77 Committee – Summer Fayre at Rampton Village Green (p27)

Mon 10 7.30pm Willingham Women's Institute – Summer Garden Party (Members only) at Willingham Social Club (p23)

Wed 12 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9)

Thu 13 5.30–7.30pm Cottenham Primary School PTCA – Summer Fair at Cottenham Primary School (p61)

Sat 15 Friends of All Saints' Church Landbeach – Village Weekend, Garden Party and Fête at All Saints' (lunch time onwards), Barn Dance in Village Hall in the evening (p25)

Sat 15 10am-2pm Sandy Hill Community Project Centre – Summer Family Fun Day at Sandy Hill, Twenty Pence Road, Cottenham (p53)

**Sun 16 Ipm** Cottenham Tennis Club – Wimbledon men's final, on TV at Cottenham Village Hall (p39)

Mon 17 Cottenham Gardeners Club – Garden Visit to Twin Tarns, Somersham (p49)

Wed 19 7pm Whirl & Twirl Round Dance Club – Fun Evening of Dancing at Cottenham Community Centre (p9)

Sat 22 10am-5pm Ramparts – Summer Exhibition at Rampton Village Hall (p27)

**Sun 23 I 0am–4pm** Ramparts – Summer Exhibition at Rampton Village Hall (p27)

Mon 24–Fri 4 August Cottenham Tennis Club – Summer Camp at Cottenham Village College Sports Centre (p39)

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#### **TUESDAYS**

HISTON Baptist Church 9am, 10.30am, 5.30pm, 7pm Venue and Times

#### **THURSDAYS**

COTTENHAM Village Hall 5.30pm, 7pm

For further information:

Call Karen Newell 07742 680964

karenjaynenewell@gmail.com Slimming World Histon and Cottenham

### **FEN EDGE GROUPS**



Cogwheel Cambridge Stride Sunday 7 May We have organised this community walking/running event to celebrate our 35th anniversary and the Coronation. We also hope the event will promote the importance of mental wellbeing.

All funds raised from the event will support Cogwheel in its mission to provide affordable mental health counselling for individuals of all ages in Cambridgeshire.

The Stride is a 27-mile self-guided walk around the perimeter of Cambridge, with shorter options of 13 and 6 miles for walkers and runners. The Stride uses the historic River Cam as the spine of the walk, with Grantchester Meadows as its most southerly point. It rejoins the Cam past Stourbridge Common on the northern part of the route. The Stride passes through a number of charming Cambridgeshire villages.

There is a choice of two starting points for the 6- and 13-mile options, either in Histon or at Shelford Rugby Club (6- and 13-mile options are only available on the western part of the route, with Coton Recreation Ground being the stopping point for 6-mile walkers/runners). The walks/runs will have a starting time between 8am and 10am. Runners are welcome to run for fun and enjoyment; there is no race and no run timings are provided. A free minibus shuttle service will return 6- and 13-mile walkers/runners to their original starting point.

Cogwheel would very much like to encourage walkers/ runners taking part to obtain personal sponsorship for Cogwheel, and free entry is available for anyone committing to a fundraising target of £100.

Cogwheel is keen for other charities to benefit from the Stride. If you would like to fundraise for another charity a discount of £5 per entrant is available.

All information is available at www.cogwheelcambridgestride.org.uk



Would you like help to stay safe and well at home, or reconnect with your community? A chat with an expert local Community Navigator might help you take those first steps to a healthier, happier you?

Contact your local coordinator to discuss available options, including access to our Help at Home and Wellbeing services.

Call us on 01954 212100 or email: SouthCambs.Navigators@care-network.org.uk

To learn more about Care Network Cambridgeshire, our free local services, and how you can support our work, please visit www.carenetwork.org.uk, call 01954 211 919, or follow us on social media @CareNetworkCambridgeshire.

## WHIRL AND TWIRL ROUND DANCE CLUB

Get moving for fun

Everyone is invited to our free Open Evening on **Wednesday 3 May** at 7pm. Suzanne, the instructor, will be teaching a number of easy dance steps for those who want to have ago. Light refreshments will be available along with lots of fun.

It will be a great opportunity to see how much fun you can have dancing ballroom. Popular rhythms such as Rumba and Waltz will get your feet moving – singles and couples are welcome to come and try.

Continued on Page 11





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### **FEN EDGE GROUPS**

Continued from Page 9

**Round Dancing** is a fun activity, good for mind and body. If you can move then you can dance. Benefits may include weight loss, increased fitness, better balance and a sunnier disposition.

Fun Evenings of Dancing at Cottenham Community Centre on Wednesdays at 7pm on the following dates: April 5, 12, 19 and 26; May 3, 17, 24 and 31; June 7, 14, 21 and 28; July 12 and 19.

Social afternoon dances at Cottenham Community Centre once a month on Sundays at 2pm on the following dates: April 23, May 28, June 18.

Contact details: If you have any questions give us a call on 07914 266 596 or email whirltwirlrdc@gmail.com

#### **ROTARY CAMBRIDGE SOUTH**

A huge thank you to Fen Edge volunteers who helped with charity car parking (which ran for 13 days up to 31 December). It was great to please so many drivers. We provided space to park cheaply and helped the shops to receive more trade from less stressed drivers.

This activity raised the huge sum of £32,000, mainly for local charities, including:

- Wintercomfort Cambridge-based charity providing support for the homeless
- Rotary Foundation bringing about the eradication of Polio worldwide
- Cam Sight helping the blind and partially sighted gain independent living
- Cambridge Cancer Help Centre providing support to those suffering with cancer
- Power2Inspire promoting inclusive sporting opportunities for all
- The Salvation Army making life better for those who are facing hardship
- It Takes a City providing shelter for the homeless of Cambridge
- CamPod supporting medical research at the University's Department of Pathology
- University of Cambridge Veterinary School Trust providing crucial care for sick and injured animals

The club will use some of the funds raised to support other charities and also the club's projects.

It was great to see so many Fen Edge people using the two car parks. We would like to thank The University Estates Department, Downing Site & University of Cambridge Department of Chemistry for allowing us free use of their car parks.

A club member generously left a legacy in his will to be given to charities chosen by The Rotary Club of Cambridge South. We have donated it mainly to *The Sick Children's Trust*. The charity supports families of children who are having cancer

treatment by giving them accommodation in their two houses Acorn and Chestnut, which are both situated within the Addenbrooke's site and close to the cancer treatment centre. And 46 mattresses have been renewed. If you do need their help in future, we hope that you get as good a night's sleep as the situation allows.

If you visit Milton Country Park, there will soon be extra trees, donated by the club, partly using the legacy.

Please visit the website www.cambridgesouthrotary.org.uk if you would like to know more about Rotary – whose motto is Service above Self.

Our club meets on alternate Mondays (except bank holidays) 6 for 6.30pm at Madingley Hall Cambridge with great speakers. New guests and potential members are very welcome – we would love to hear from you. I would be happy to have a chat with anyone who may be interested – do get in touch.

Tanzania school for Maasai children – We have continued to support this. Look out for information about an intended evening in Cottenham to learn what was done last summer, together with an auction of lovely artefacts from Tanzania and promises.

Memory café – This is held at Girton on the first Friday of every month at 10am. See the website above for more details, including the theme for the month. It is at St Vincent's Close Community Hall, CB3 0PE

Cambridge Symphony Orchestra Concert at West Road concert hall, Cambridge. Saturday 13 May at 7.30pm playing Brouwer Sizzle, Gershwin Piano Concerto, Lena Frank Three Latin American Dances, Bernstein West Side Story Symphonic Dances. Piano soloist Victor Maslov. This concert is a Rotary Club fundraiser for 2 charities: Smile Train and Sightsavers. Let me know if you would like tickets.

Continued on Page 13



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### **FEN EDGE GROUPS**

Continued from Page 11

Homeless Football Tournament Sunday 17 September at the all-weather pitches behind Abbey swimming pool. Volunteer helpers and referees are needed. Please let me know if you can help.

Ukraine - In addition to supporting Rotary clubs in

Ukraine to fund new shelters there, we are paying for essentials such as school shoes for Ukrainian refugees here, including several in Fen Edge. Please get in touch if your guests have such needs.

**Mike Smith**, Rotary Club of Cambridge South smithmichaelstanley@hotmail.com

#### **FEN EDGE ORCHESTRA**

Making music on your doorstep

Did you know that you have a growing and improving amateur orchestra nearby? The Fen Edge Orchestra has been based in Cottenham for many years. It includes many local people, but some members come from different parts of the county.

We are an enthusiastic. friendly group that works hard, but has fun too.We play a wide variety of music, from classical symphonies to pieces arranged for us by our longsuffering conductor, Evan Turner We also have occasional social events, such as curry evenings and summer barbecues.

Do you have a musical instrument gathering dust in your loft, or at the back of a cupboard? If you'd like to join an orchestra, but feel nervous about playing alongside other people, don't worry – FEO is full of people like you! There are no auditions, so if we have a space

so if we have a space for your instrument, you can come along and see if you like it.

At the moment we're keen to welcome more string players (confident violins, violas and cellos, and a double bass would be wonderful). There is also a vacancy for a trumpet player. If you play something else, your name can go on a waiting list, lust take a look at the website and get in touch: www.fenedgeorchest ra.wordpress.com

We rehearse in Cottenham Village Hall 7.30 to 9.30pm on Wednesday evenings in term time and usually give concerts twice a year, which are well received by families, friends and unsuspecting members of the public. We don't normally charge for entry, and once a year we raise money for a

charity chosen by the orchestra.

Next concert: **Saturday 1 July** at 7.30pm in All Saints' Church, Cottenham. It will include music by Mendelssohn. Save the date and come along.



Above: FEO rehearsing on a Wednesday evening.

Below: Members of the orchestra putting their backs into it!





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### **FEN EDGE GROUPS**

#### **STITCHWILD**

#### What making art teaches us about ourselves

Members of our group work in many varied and perhaps unusual techniques, materials, and formats. During February half-term we were able to show some of our endeavours at a local event, Textiles East, at Burgess Hall in St Ives.

Textiles East is mainly a retail event allowing textile (all things having to do with fabric and fibres, yarn, wool, etc.) lovers an opportunity for some retail therapy; but the organizers also offer some space for local and regional groups to exhibit.

This was the second time StitchWild has presented our products and we were pleased how well they were received by the public. Our display included eco-dyeing (using plants as dye), works inspired and taken from photographs and drawings, felted work, embroidered books, quilts made from hand dyed and printed fabric, bowls made from discarded denim, and even a trellis made from fabric, with flowers blossoming over it!



Happy Birthday by Esther Montero, made using a photograph of a girl blowing out a birthday candle that was digitally manipulated and then hand stitched.

The physical act of planning and setting up the exhibit was the easiest part. However, for all of us. allowing our work to be scrutinised. commented on, and perhaps dismissed as 'not good enough' can be daunting. Many of us may have experienced 'imposter syndrome', wondering if the world will decide we aren't the artist we claim to be: or that we don't deserve to call ourselves 'artists'.



Eco-dyed Leaves by Elizabeth Hooke, made using leaves to print on fabric, with hand stitched embellishments

#### For the

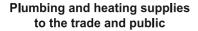
viewer, the product they see in front of them may be what matters. For the artist, the experience of developing the idea, shaping and carrying out the work, will have been emotional and intensely personal. Of course, it may be safer, and perfectly acceptable, if that's what's desired, to keep your creations in a drawer or on the wall at home for your own personal enjoyment.

StitchWild, however, is a group that believes in supporting our members. We know that this gives us courage and confidence, allowing us to be vulnerable and helping us make a connection with other people.

So, with that success behind us, it's time to start planning for Textiles East 2024!

Diane Cowell, cowelldm@aol.com









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### **FEN EDGE GROUPS**

#### **CAMBRIDGESHIRE GEOLOGICAL SOCIETY**

New Fen Edge Trail Walk Guide published

We have recently published the guides to 5 more walks on the Fen Edge Trail, one of which passes close to the Fen Edge Patch.

The walk from Haddenham to Wilburton (map

below) goes via the Aldreth Causeway and the Old West River, taking in some lovely views of the river valley and from the high ridge near the start and finish. As with all of these guides, a geology map is included together with an explanation about the formation of the local landscape as a background to

the natural and cultural history. Starting on the top of the high ridge of Woburn Sands and Gault (clay), the walk descends to the lower slopes underlain by Kimmeridge Clay and then passes on to the valley floor made of Ampthill Clay covered by Sands and Gravels, Peat and Alluvium. The Gravels form part of

the 1st (youngest) Terrace of the Ouse and were deposited by a strong flowing river towards the end talks - all welcome. Full details

and Pliosaurs, many of which have been found in Cambridgeshire and whose fossils can be seen in local museums (as well as in the cliffs of the village on the south coast after which it is named).

We are now putting together the guide for the walk from Willingham to Cottenham via Rampton, which reflects a similar geology but in reverse order on the southern side of the valley, passing from the low-lying Ampthill Clay up onto the Kimmeridge Clay and ending up on another Woburn Sands ridge. Interestingly, the Sands and Gravels of the Ouse that lie on the southern side or the river, at Willingham and north of Rampton and Cottenham, are from the older 2<sup>nd</sup> Terrace, formed by a wider and more ancient course of the river. The walk from Cottenham to Waterbeach via Landbeach, over the extensive river valley of Gault clay and the terraces

of the Cam, will

follow once we have found a suitable path! To help us develop our walks contact us via www.fenedgetrail .org where you can also download the Walk Guides.

Chris Donnelly, CGS

**Cambridgeshire Geological Society Monthly** www.cambsgeology.org

Monday 17 April 7.30pm, Living Fossils in Cambridge University Botanic Garden by Franziska Norman, CGS Committee and ex Chair, St. Andrew's Centre, Histon.

Monday 15 May 7.30pm, The Hunga Tonga-Hunga Ha'apai eruption and tsunami – learning from recent events by Prof. David Tappin, BGS, St Andrew's Centre, Histon.

Monday 12 June 7.30pm - Monthly Talk TBA at St Andrew's Centre, Histon

of the Ice Age about 20,000 years ago. The Peat built up in freshwater marshes over the last few thousand years and then the current river has left some fine material (Alluvium) over the flood plain, creating a band of fertile soil. The Kimmeridge Clay bedrock occurs in a band across Cambridgeshire from near Caxton in the southwest to the Wash. past King's Lynn, in the northeast, and seems to have been pushed up into a series of high ridges to form the Isle of Ely. Dating from the Jurassic, about 155 million years ago, it is famous for its huge, carnivorous, marine reptiles such as Ichthyosaurs



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### **FECA IN WATERBEACH**

## WATERBEACH MILITARY HERITAGE MUSEUM

#### Keeping history alive

The museum tells the story of the former airfield from 1938 (when the land was bought), to 1941 (when the RAF arrived), to 1966 (when the RAF left and the Royal Engineers arrived) and 2012 (when they left). The site is now being developed as Waterbeach (New Town). There will be some benefits – we hope.



Our most recent display case showing RAF flying instruments, medals, and Champagne!

All our exhibits have stories – some happy, some sad – about people who lived and served at Waterbeach during their time with the RAF or Royal Engineers, either in the forces or as civilians. You can see this written on the outside of the museum together with eight large photographs of men and woman.

The museum is also about the operations and exploits of these brave people, done on our behalf, keeping us safe during the 1940's WWII period, through the Cold War years – to 2013, when the last man walked out of the gates of the barracks as

a forces home and work-place.

It may interest you to know that the gates into the barracks, off Denny End Road were constructed in several places by the Engineers. One of them, a serving WO2 RE, is a trustee of the museum.

The museum is a source of inspiration for school children doing project work and we are always happy to assist them. Also, we can host schools, cadets or local groups to visit the museum. There is a community room in the building and small kitchen.



A view of part of the Royal Engineers collection

When we are open – the first Sunday and Wednesday of the months from March to October, I0am—4pm. Also, on the third Sunday all year when there is a community market adjacent to the museum. Other opening times are advertised on village notice boards, social media and on our web pages. We will open for visiting groups at other times. The adjoining community room to the museum could be used for meetings.

Museum Voluntary Stewards Needed – Do you have an interest in history? Either Military or local history? Then WMHM would like to hear from you. We are looking for people to join our stewarding team to explain to our visitors what Waterbeach RAF Station and Engineers Barracks was all about and interpret the museum displays. If you feel you would like to explore joining us, please contact Adrian below.

**Our address** – Waterbeach Military Heritage Museum, Building 3, Waterbeach Barracks, Denny End Road, Waterbeach CB25 9PA

#### Ontact

Adrian Wright, chairman, 01223 861846 waterbeachmilitarymuseum@waterbeach.org www.waterbeachmilitarymuseum.org.uk Follow us on Facebook

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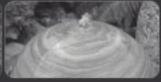
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#### **FECA IN WILLINGHAM**

#### WILLINGHAM PARISH COUNCIL

Highways are often an area of concern for residents. This article focusses on some of the work the Parish Council has been doing to try to improve road safety for its residents. Below is a summary of some of the work and schemes that are either ongoing or recently completed.

Earith Road Traffic calming and footpath to the Community Orchard – These schemes have now both been completed and are the culmination of a lot of work going back to 2019. They follow our successful bid for an A14 legacy grant for the footpath. Unfortunately, there were numerous delays while the complex specification was agreed and additional funding put in place. The scheme was then extended to include: the narrowing of Earith Road to 6.2m for the 80 metres of that new footpath; 30mph signs being repositioned to the other side of the orchard entrance; and an additional 40mph buffer zone added with enhanced road markings.

Station Road traffic calming – The Council was successful in its Local Highways Initiative application and the works were carried out in in February 2022. These included the following. At 30 mph terminals, new 30/40 mph speed roundels and dragon's teeth. Near 167, raised white thermoplastic central island and hatching either side. Near 131, raised white thermoplastic central island and hatching either side. SLOW markings at existing warning signs, plus new yellow backed bend warning signs with reduce speed now subplates. Near 65, raised white thermoplastic central island and hatching either side.

Rampton Road Speed Bumps – As a result of Northstowe development, the Council were entitled to some Section 106 monies, specifically for Rampton Road traffic calming. Following a consultation with the residents of Rampton Road it was agreed to move forward with the recommended scheme from Highways for speed bumps to be put in place. The scheme is in its early stages and is ongoing.

**HCVs and speeding** – The Council have worked with Mick George who agreed to put up 20mph signs through the village for his vehicles and also donated two speed indicated devices (SIDs) to reinforce the message.

Community Road Watch – We have been working closely with the Community Road Watch team who assist with maintaining the SIDs and reporting on speeding results etc. The information they provide helps support the Council's applications for Local Highways Initiative funds. Information can be found at www.roadwatch.org.uk/Cambs/Willingham/index.html

**Speedwatch** – The Council is currently helping local residents set up a speed watch group, initially for Earith Road, but hopefully this will expand elsewhere in the village.

General Road surfaces and Highways issues – As well as reporting issues directly to County Council when raised, the Council also has quarterly meetings with County Council Highways officers and our County Councillor, Neil Gough, in order to address Highways issues, such as potholes and road markings.

Council meetings are generally held on the first Wednesday of the month, starting at 7.30pm. Agendas are published on the website and the notice board outside the public hall in the High Street. Members of the public are welcome to attend and speak briefly or ask questions (see agendas for further details)

Councillor details can be found on the website.

Council offices: Ploughman Hall, West Fen Road, Willingham, CB24 5LP

Opening hours: Monday – Thursday 10am–1pm (closed bank holidays)

Clerk: Mrs Mandy Powell

clerk@willinghamparishcouncil.gov.uk 01954 261027 www.willinghamparishcouncil.gov.uk

#### WILLINGHAM GARDENING CLUB

Willingham Gardening Club meets on the first Monday of the month at Willingham Social Club, with refreshments from 7pm. The meeting begins at 7.30pm.

New members are always welcome and can sign up for a 6-month membership now. If you are interested in joining or learning about the benefits of membership, please email: willinghamgardeningclub@gmail.com.

There is an entrance fee of £3 for non-members.

Here's what to expect in the coming months

**Monday 3 April** – Beyond the Garden Gate by Penny Miles. A talk about the history of the National Garden Scheme and gardens in the area.

Monday I May – Hands-On Demonstration: How to make a bug hotel. Plus, a plant and seedling swap.

**Monday 5 June** – Willingham Gardeners' Question Time.

**Monday 3 July** – Speaker Mike Day on Salads all Year Round.

For general enquiries about the club, please get in touch with us via email.



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### **FECA IN WILLINGHAM**

#### WILLINGHAM BOWLS CLUB

#### The outdoor season is with us

As the new season begins the results of re-seeding can be seen in the green which is looking very lush. The winter has been kind and if the weather stays that way (not too much rain as it tends to flood at the Recreation Ground), the surface should be very good.

Last season Willingham was one of the best greens to play on as the extremely hot weather created a very fast and true surface. The long-range weather experts are predicting a very warm summer for this year too, so we expect our green will be one of the best again.

Bowls is a game for everyone, regardless of age and ability. All we want is people to come along and enjoy the game. There are plans for a few open days but if these dates don't work for you, we can arrange an alternative. We have all the equipment, so do contact our Club Secretary and arrange a date and time. All you need is a pair of flat soled shoes.

Rules have relaxed in many of the clubs and leagues; no longer are you forced to wear white shirts and grey trousers. Shoes are multi coloured now adding to the more relaxed atmosphere. Club shirts are generally worn in league matches and we are

looking at alternatives to our present white ones to create a new image. Anyone interested in sponsoring us? We are allowed to put company names etc. on the shirts if wanted.

Willingham also has an indoors team that plays during the winter at Chesterton Indoor Bowls Club (which has a good restaurant and bar as well).

At present we are deciding on our membership fee (last year it was £30). As we are keen on encouraging younger players, 18 years and younger will be offered free membership.

There was a good influx of new members last season and all seemed to enjoy playing in our roll ups and in the league. We play in the Ely and District League on Monday and Friday afternoons, three teams of three and we mix experienced with new players. This worked well. There really is no pressure on how good you are, it's the taking part that we want. We also play evening matches in the Business House League.

New season, new faces - we are looking forward to

Club contact: Secretary Mark Chapman willinghambowlsclubsec@gmail.com

**Terry Buckley** (terry.buckley@virginmedia.com)

#### WILLINGHAM WOMEN'S INSTITUTE



#### Enjoyable get-togethers

At the time of writing, we are busy finalising our programme of **INSPIRING WOMEN** meetings from April 2023 to March 2024. We try to arrange a varied

and interesting range of speakers and activities throughout the year. For spring and summer 2023, you can look forward to the following:

Monday 10 April - our Annual Meeting with cheese and wine. The speaker will be Liz Taylor, the Chief Executive of the charity Red2Green (www.red2green.org/), whose subject will be Autism and ADHD in women and girls.

Monday 15 May - Looking at science objects from the Whipple Museum

Monday 12 June – Nutrition: Salvaging Good Advice from Confusion by Dr Alex Wilber

Monday 10 July 7.30pm - Summer Garden Party. Members only; contact email for details.

New members are always very welcome at Willingham WI when we meet at 7.30 pm in the Social Club. Our meetings are usually on the second Monday of the month, except in May this year (third Monday). If you would like to join us, please email willinghamwi28@gmail.com and we will be able to let you know the latest details.

#### WILLINGHAM BAPTIST CHURCH



We are a friendly church at the heart of our community. Our Sunday morning service at 10 am is contemporary in style and all are welcome to join us.We run various activities.

such as Coffee Mornings, Community Lunches and Men's Breakfasts.

For more details, dates, times and other information, why not follow us on Facebook or take a look at our website: www.willinghambaptist.org

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### FECA IN WILLINGHAM / LANDBEACH

#### WILLINGHAM ACTION GROUP

#### **Coronation Celebration**

On **Sunday 7 May** 2023, WAG will be helping to organise a picnic, a Big Lunch, to mark the coronation of King Charles and Queen Camilla. Willingham Parish Council is assisting with a small budget. The celebration will be similar to the Jubilee party last year (but hopefully with better weather)

with some live music and an array of craft and food stalls.

If you would like to contribute (providing music, drinks, crafts and the like) please contact WAG on 07529 221954 or email willsus21@gmail.com

You can also add an event (your own street party, for instance – see www.cambridge.gov.uk/street-parties) and inform WAG of your plan.

#### FRIENDS OF ALL SAINTS' CHURCH, LANDBEACH (FOALS)

Opening up our Parish Church to community projects

Generous support – We have been delighted to welcome folk from Landbeach, Waterbeach and surrounding villages to our fun events in All Saints', and we are grateful for your generosity, and support for our events. Our fund raising has contributed to the project to augment the bell tower from four to six bells – with greater opportunities then for new ringers to learn this ancient skill! Work on this project should start at the end of May, following the Ring for the King. We are also now supporting the project to improve the main porch and its community cupboard.



St Augustine's Choir, Starting the Festivities. Photo: Frances Dipper.

Remembering our special events – We started the Christmas festivities with a resounding and highly professional Christmas choral concert by St Augustine's Choir. It included a number written especially to be performed with the ringing of our church bells. This year, our first event was an enterprising evening reviewing Alcohol in our History, complete with biblical, and naval context, and mixing instructions and even samples just in time for Valentine's Day.

**Forthcoming events** in our programme for the first half of this year are:

**Thursday 20 April** 7.30–9pm *Hidden Attractions of Sustainability!* Includes AGM.

Saturday 22 April - Garage Sale

**Saturday 6 May** – Coronation Weekend. Event Screening, and cream teas in Church, Evening BBQ in Village Hall.

Saturday 20 May (evening) - Gigs with local groups.

**Thursday 15 June,** 7.30–9pm – *The Cambridge you Never Knew,* by Rosie Zanders, professional Cambridge Guide, presenter, and author.

**Saturday 15 July** – Village Weekend, Garden Party and Fête at All Saints' (lunch time onwards), Barn Dance in Village Hall in the evening.

The details and timings of some of these events are still coming together, so please check with us on Facebook ("Landbeach Community", and "FOALS") closer to each event. For more information about them, contact us on Foals.info@gmail.com or 07522 159248, or john.buckley@sustenergy.co.uk

Bell Ringing – If you are interested in ringing our centuries-old bells, regular training sessions are on Friday evenings 7–8.30pm, alternately at Landbeach and Horningsea. Trial sessions by arrangement, and weekly expert tuition available. Contact Barbara Le Gallez on blegallez@yahoo.co.uk or 01223 860283

#### FRIENDS OF WORTS MEADOW

Joining with nature

**Saturday 29 Apri**l at 5.30am – Dawn Chorus walk. Meet in Landbeach Village Hall car park.

**Wednesday 24 May** at 7.30pm – AGM and social in Landbeach Village Hall.

**Saturday 19 August** at 2pm – Pond dipping and other activities: Worts Meadow, Landbeach (field pond).

We also have work parties on the fourth Wednesday of each month, meeting at 9.30am at the Bourne Wood entrance to Worts Meadow, Cockfen Lane, Landbeach.

FOWM group is free to join. For more information, contact Frances Dipper on 01223 861836 or frances.dipper@sustenergy.co.uk



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## **FECA IN RAMPTON**

#### **RAMPARTS**

**Summer Exhibition** 

Saturday 22 July 10am-5pm and Sunday 23 July 10am-4pm, at Rampton Village Hall.

Come and see our wide-ranging selection of artwork, prints and cards! And bring your friends. There are refreshments and plenty of parking.

To whet your appetite, below are some pictures from our 2019 exhibition.



Sea View by Alain Did-dell



Buildings by Jan Powell



Sheep by Elaine Did-dell



Lowestoft Boat by Paul Morel

#### **RAMPTON '77 COMMITTEE**

Sunday 23 April 1.30–4.30pm – '77 Dragon Quest, Rampton Village Hall. Follow our fun village trail, solve the clues and win a lovely chocolate prize. Not just for children! Free entry to delicious refreshments, cakes, bottle and toy stalls, games, photobooth with our professional photography team, and our Grand Spring Raffle with fabulous prizes. Advance tickets available from www.ramptonvillagehall.co.uk – book early for your preferred time slot!

**Saturday 8 July** 2pm – Summer Fayre, Rampton Village Green



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### **FECA IN COTTENHAM**

## COTTENHAM VILLAGE COLLEGE Students are leading change

At CVC our vision is to give our students the education and opportunities they need to achieve their potential inside the classroom, while allowing them to grow and enlarge those essential skills in the world outside.

A key part of this wider curriculum is developing our students as future leaders. We are very lucky at CVC to have an active and engaged student voice, led by our wonderful Head Students in Year II. We firmly believe that student voice starts from the moment a young person joins CVC. That's why each of our form groups has two student voice reps, who present their classmates' ideas to their Head of Year, and to the school's Student Council.

The front cover of this issue shows the CVC Student Council members.

Each half term the whole Student Council meets to concentrate on five key areas of school life: Looking after students, Life in the classroom, Life beyond the classroom, Break and Lunch, and Looking after our school site.

As so many of our students want to be part of the Council, this year we've chosen to meet in smaller focus groups so we can make more effective decisions. Our Head Students lead each of these groups and have brought a range of proposals to staff.

Working together we are putting their ideas into action to make improvements. Thanks to our Council's recommendations, next term we are looking at developing the site between the sports hall and atrium to make it less muddy, and our students and staff are considering ways of speeding up lunch queues.

This approach allows our Year 11 students to lead groups from Years 7 to 11, who all propose changes to enrich our school. In fact, the biggest challenge for our Head Students has been which proposals to prioritise — because our students are coming up with so many useful ideas. This has been so successful because if the first attempt to find a solution does not work, we already have many other routes to try.

At Cottenham, we recognise that a well-rounded education goes beyond teaching subjects, and we have a strong vision for our wider, pastoral curriculum and educational experiences outside the



CVC student leaders are looking at plans for how to make lunch queues quicker

classroom. By introducing our students to meaningful leadership experiences from an early age we hope to give them the confidence to tackle leadership positions when their time comes to leave the College. Who knows we may have another Alan Sugar or Karren Brady in our midst!

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Mobile: 07920 096501









## ADULT LEARNING & LEISURE

COTTENHAM VILLAGE COLLEGE HIGH STREET, COTTENHAM, CAMBRIDGE, CB24 8UA

#### **ENROL NOW FOR SUMMER 2023 COURSES**

Tel: 01954 288751 / community@astreacottenham.org / community.cvcweb.net

#### 2023 Summer Term Dates

We will back in the office from 18 April
Classes start week commencing 24 April
Half-term: Monday 29 May – Friday 2 June
Bank Holidays – Monday 1 May and Monday 8 May
Saturday Workshops – 13 May, 10 June

#### SATURDAY WORKSHOPS

Materials extra unless otherwise stated - please bring a packed lunch and your own refreshments for the day.

#### **SATURDAY 13 MAY**

#### Dressmaking (Sally Tilley) 10am-4pm 2 Saturdays (13 May, 10 June) Fee: £90 plus materials

For all those interested in dressmaking from complete beginners to the more experienced wanting to brush up their skills. You will learn how to make basic pattern alterations, cut out, assemble, and fit garments. As well as this you will be taught basic dressmaking techniques and make samples to practise your skills. More advanced learners will be encouraged to make more complicated garments.

## Calligraphy – Creative Painted Letters (Liz Barrow) 10am–4pm Fee: £45 plus materials

This workshop will appeal to calligraphers and to those who enjoy painting – however, no previous calligraphic or painting experience is required. The day will be accessible to everyone. We will look at the lettering art of Adolf Bernd, and then create our own letter or word using his art as our inspiration. All work will be done with brushes rather than pens (so it's not really calligraphy at all, but rather lettering art.)

#### Hosting an Indian Dinner (Mina Joshi) 10am-2pm Fee: £30 plus ingredients

This workshop will be a cook along class where you will be shown the authentic way to make various dishes from scratch using locally sourced

ingredients. You will learn to cook: kidney beans and sweetcorn curry, potato, peas and aubergine curry, zafrani rice (saffron rice), garlic and coriander naan and cucumber raita.

#### Upholstery (Lisa Cramp) 10am-4pm 2 Saturdays (13 May, 10 June) Fee: £90 plus materials

Learn the techniques and skills to upholster a small chair or stool in traditional or modern upholstery. Intermediate level learners can continue to upholster an existing project or to start a larger project in either modern or traditional upholstery learning new and more advanced techniques (Students bring their own piece of furniture – materials extra).

## Digital Photography for Beginners (Laura Galbraith) 10am-4pm Fee: £45

This course aims to enable learners to use their digital cameras with confidence and understand the various functions and modes available to expand their technical knowledge as well as to help learners to explore their creativity through photography. By the end of the day, you will know how to access the main functions and menus of your camera, use aperture and shutter settings for greater creative control, achieve correct exposures and use compositional elements to make stronger, more creative photographs.

#### SATURDAY 10 JUNE



Candle Making for Beginners (Delivered by local company, Miller and Ward) 10am-2pm Fee: £60

Join us for a relaxed and informative day, creating beautiful fragranced container candles and wax melts. This workshop is designed for total beginners and focuses on the use of natural waxes. We will guide you through wax selection, wick sizing, fragrance choices, safety and regulatory requirements, giving you enough knowledge to create your own candles and melts at home. All tools and materials will be provided.



**NEW!** A hand-tied bouquet Gin House (Delivered by local company, **Gin House Flowers**) 10am-2pm Fee: £65

Presenting the perfect Summer treat, join us at Cottenham Village College to learn the skills required to create your very own hand tied bouquet. This fabulous class includes the initial conditioning of flowers and foliage, learning what stems it takes to make up the shape of the bouquet and selecting stems and colours that work well together. We will guide you along the way so you can best design a bouquet that reflects your individual style. After tying your masterpiece, we will show you and provide what you will need to beautifully gift wrap your bouquet. All tools and

materials will be provided.

#### Emergency First Aid at Work (Colin Fordham) 9am-4pm Fee: £75

Acquire new skills to enable you to handle lifesaving situations at home, work or on the road. Theoretical and practical training is given and a Certificate (valid for 3 years) will be awarded for successful completion of the course, a First Aid Manual is included in the fee.

#### Magnificent Mosaics (Lisa Fretwell) 9.30am-4pm Fee: £53

During this workshop you will create a unique, vibrant mosaic panel. Using glass fragments onto clear glass, it can be hung in a window or framed up afterwards. You will experiment with cutting glass, shaping it using a grinding machine, then using the small fragments and clear glue to make an image. The whole image will be grouted at the end to make it waterproof. Please bring a picture to work from and then Lisa will show you how to translate it into a mosaic picture. Materials extra.

#### Qigong in Summer (Alison Warlow) 10am-Ipm Fee: £23

On this summer's morning we will be practising chi kung to support and regulate the Fire element looking after our hearts and blood network and nurturing our connections and our spirits. The session will include a sequence for the Crane - the animal associated with summer in the Five Animal Play tradition.

#### **DAYTIME & EVENING CLASSES** MONDAY

#### Beginner Ballet (Anna Harris) 8 weeks 7-8pm Fee £52 starts 24 April

For anyone wanting to have some fun, do some light exercise and learn a new or refresh an old skill. In beginner Ballet, we will work on basic techniques at the barre and in the centre with a focus on strengthening our core and maintaining a correct posture. Every class will finish with the opportunity to put some of these skills to work in a short dance piece which we will build on each week. Wear comfortable stretchy clothes, bring a bottle of water and ballet or soft jazz shoes if you have them, if not some sensible socks are fine to start you off.

#### Beginner Jazz (Anna Harris) 8 weeks 8-9pm Fee £52 starts 24 April

Get your body moving and have some fun whilst learning some basic Jazz techniques. This class is for everyone who loves to move and would like to

express themselves in this creative way. Exercises will include some centre work and basic travelling and gentle turns for those able. Each class will include working on a short routine to a range of music, anything from musical theatre to old and new modern pop and jazz classics. Wear comfortable stretchy clothes, bring a bottle of water and soft jazz shoes or trainers if you have them, if not some sensible socks are fine to start you off.

#### Dressmaking (Sally Tilley) 8 weeks 12.30-2.30pm Fee: £104 starts 24 April

Learn how to make basic pattern alterations, cut out, assemble and fit garments. Be guided through the purchase of fabrics & patterns, basic dressmaking techniques and make samples to practise your new skills. Suitable for all abilities. Materials extra.

#### **MONDAY** (continued)

Creative with Clay (Larry Mogridge) 8 weeks 7-9pm Fee: £124 includes clay & firing starts 24 April

Explore, create and express your ideas in the versatile medium of clay. Practise techniques including hand building, throwing, decoration and glaze effects using a variety of stoneware clays, slips, and glazes.

Drawing for Fun! (Lisa E Fretwell) 5 weeks (24 April, 15 May, 22 May, 12 June, 26 June) 7-9pm Fee: £65 plus materials starts 24 April

To develop the basic skills to learn to draw and really look at your subject, using a variety of interesting and fun techniques. For new beginner students, there will be a series of initial drawing technique exercises for you before you progress. Suitable for all.

Watercolour Painting for Improvers (David Hyde) 8 weeks 9.45am-11.45am Fee: £104 starts 24 April

This course is for people with some experience of Watercolour. It is the most popular medium, and for very good reason. There is little to compare with the beauty of transparent colour washes; watercolours are handled in a way that is impossible with other mediums. This course will have a definite bias towards traditional landscape painting. There will be plenty of new colour mixes, tips and 'tricks of the trade' for you to learn and enjoy. Learners to provide own materials.

#### **TUESDAY**

Drawing for Fun! (Lisa Fretwell) 5 weeks (25 April, 9 May, 23 May, 13 June, 27 June) 9.30am-12.30pm Fee: £97 plus materials starts 25 April

To develop the basic skills to learn to draw and really look at your subject, using a variety of interesting and fun techniques. For new beginner students, there will be a series of initial drawing technique exercises for you before you progress. Suitable for all

Contemporary Textiles: Colour from Nature (Ricki Outis) - 5 weeks (2 May, 16 May, 6 June, 20 June, 4 July) 10am-3.30pm Fee: £180 plus materials starts 2 May

In this term we will explore 3 different natural dyes for fabric. You will learn basic mordanting for cotton fabrics. Then extract reds, purples and yellows from different dye plants and use modifying agents to create a beautiful range of natural colours. In the final week of the course we will stitch our fabric samples together to creating cloths that connect us directly to the vibrancy of nature.

**NEW! Patchwork & Quilting for Beginners** or Improvers (Marion Curtis) - 5 weeks (25 April, 9 May, 23 May, 13 June, 27 June) 1.30pm-3.30pm

Fee: £65 plus materials starts 25 April

This course will introduce the beginner to the world of patchwork and quilting. Working through some traditional and non-traditional blocks, learners will gain in confidence to be able to design and make their own guilt or similar patchwork and quilted items. Improvers may want to perfect their skills for more precise results. The tutor is a member of Cambridge Open Studios and you can view her textiles on their website.

Fitness for Mature Movers (Margaret Briggs) 5 weeks 11.30am-12.30pm PLOUGHMAN HALL, WILLINGHAM Fee: £30 starts 25 April

Gently stretch and tone in a friendly class, all movements to your own ability which will improve your balance and agility. You really are never too old to start toning those muscles!

#### **TUESDAY** (continued)

## Guitar Roots & Branches (Brooks Williams) 8 weeks 6.45–8.45pm Fee: £100 starts 2 May Classes take place on 2, 9, 16, 23 May & 6, 13, 20, 27 June

A fun, hands on workshop with lots of playing and singing. Expand your guitar playing by exploring the music that inspired the music we know. We will be looking at strumming and fingerpicking, chords that move up the neck of the guitar, and riffs we can play based around those chords. We will do all this by learning and playing classic blues, country, folk and rock songs. Participants should be familiar with the basic 1st position chords like: E, A, G, D, C, B7, F, Em, Am, Dm, Bm.

## Woodwork & Carpentry (Chris Dommett) 8 weeks 7-9pm Fee: £104 starts 9 May

An informative and enjoyable course enabling progression from idea to conclusion. We offer a top quality, extensively equipped workshop where you will design and make a woodwork project of your choice. Suitable for complete beginners and those wishing to work on projects. Bring your own woodwork materials.

#### T'ai Chi for Improvers (Alison Warlow) 10 weeks 7-8pm Fee: £65 starts 25 April

For those with at least one year's experience.

## T'ai Chi for Beginners (Alison Warlow) 10 weeks 8-9pm Fee: £65 starts 25 April

For those new or wanting to practise their T'ai Chi skills.

#### WEDNESDAY

## Creative with Clay (Larry Mogridge) 10 weeks 7-9pm Fee: £155 includes clay & firing starts 26 April

Explore, create and express your ideas in the versatile medium of clay. Practise techniques including hand building, throwing, decoration and glaze effects using a variety of stoneware clays, slips and glazes.

## Fitness for Mature Movers (Margaret Briggs) Cottenham Village College 5 weeks 2.30-3.30pm Fee: £30 starts 26 April

Gently stretch and tone in a friendly class, all movements to your own ability including chair-based activities which will improve your balance and agility and grow confidence. You really are never too old to start toning those muscles!

#### Pilates for Beginners Plus (Sarah Ferries) 5 weeks 6.15-7.15pm Fee: £32 starts 26 April (classes on 26 April, 3, 10, 17, 24 May)

A fun class that will help learners find the tools to move well and safely and build greater awareness of their posture, alignment, and breathing. Using Pilates exercises, with modifications where needed, learners will explore the main principles of Breathing, Balance, Centring, Concentration, Control, Flow and Precision. The class is low impact and will have standing, seated, and laying on the floor components.

#### Pilates for Improvers (Sarah Ferries) 5 weeks 7.30-8.30pm Fee: £32 starts 26 April (classes on 26 April, 3, 10, 17, 24 May)

For those who have already learnt some Pilates and want to progress and improve on their strength, mobility, and flexibility in a safe yet challenging way.

## Guitar for Beginners Plus+ (Brooks Williams)

7 weeks 10am-12pm Fee: £87 starts 10 May Classes taking place on 10, 17, 24 May & 7, 14, 21, 28 June

Guitar For Beginners Plus+ is designed for the guitarist who knows a little bit about guitar but they want to take it to the next level. We'll do this by playing songs, which will help us reinforce our knowledge of the basic chords, experimenting with a few strumming and picking patterns, and learning to play single-note melodies. This guitar session is best suited for the 'near beginner.' It is a fun and supportive course with lots of playing and singing. Participants should be familiar with the following basic chords: A, D, E, C, G, Em, Am.

## Silver Jewellery Making (Tina Yates) 5 weeks, 7-9pm Fee: £100 starts 7 June

For those who want to get started in creating their own silver jewellery designs, and for those who may have done some previous silver work and want to build on those silversmithing skills. You will learn the principles of shaping and soldering silver to create jewellery and the practical side of designing your own pieces. And for those who have some experience, you will have help in learning further techniques to create your designs.

#### **THURSDAY**

French Conversation (Jean-Louis Barges) 10 weeks 10am-12 noon Fee: £130 starts 27 April

#### THIS TERM THE CLASSES WILL BE HELD AT RAMPTON VILLAGE HALL.

An informal conversation class to develop and improve your French. Learners should have a good knowledge of French with at least 2 years' experience.

Upholstery (Lisa Cramp) 10 weeks 10am-3.30pm Fee: £325 starts 27 April

Learn the techniques and skills to upholster a small chair or stool in traditional or modern upholstery. Intermediate level learners can continue to upholster an existing project or to start a larger project in either modern or traditional upholstery learning new and more advanced techniques (Students bring their own piece of furniture materials extra).

#### FRIDAY

Upholstery (Lisa Cramp) 10 weeks 10am-3.30pm Fee: £325 starts 28 April

Learn the techniques and skills to upholster a small chair or stool in traditional or modern upholstery.

Intermediate level learners can continue to upholster an existing project or to start a larger project in either modern or traditional upholstery learning new and more advanced techniques (Students bring their own piece of furniture – materials extra).

Family Kite Making Workshop

Saturday 10 June, 10am-12pm

**Ricki Outis** 

Suitable for 5-12 year old

Fee: £10 per child (accompanying adults free)

Join artist Ricki Outis to design and create your

#### SATURDAY FAMILY WORKSHOPS

All children must be joined by their adult or carer. Each child place: £10.

Accompanying adult can attend for free!

Email the Adult Learning team to find out more: community@astreacottenham.org

Drama workshop for carers and children Saturday 13 May, 10am-12pm Lisa Fretwell

Suitable for 7-10 year old

Fee: £10 per child (accompanying adults free)

This is a fun workshop for adults and children to learn and play together, whilst using their imagination. During the morning, you will play some trust games, make up some silly stories, go on an imaginary journey, play an imaginary sport with each other and more.

This workshop is designed to develop children's imagination, build up their vocabulary and confidence, whilst, most importantly, having lots of giggles along the way! These games and ideas can then be used with your children in the car, at home, whenever you like! No experience needed.

very own kite! This fun family session will include a test flight outside! Most suitable for ages 5 to 12 with no more than 2 children per adult due to the hands-on nature of the workshop

#### **NEW ADULT LEARNING COURSE IDEAS**

We're always keen to hear about new course ideas - contact Heather Adam, Adult Learning Coordinator, if you have ideas about new courses that you'd like to try, or if you're a Tutor with a new course suggestion.

Tel: 01954 288751 or Email: community@astreacottenham.org

#### **ENROLLING IN CLASSES**

#### **Adult Learning Terms & Conditions**

Office hours – during term time only: Monday–Thursday 9am–2pm and Monday–Tuesday evenings 6.30–8pm.

Enrolling by phone: call us on 01954 288751

#### Enrolling by email:

community@astreacottenham.org with full details of course, name, email, and telephone number.

**Payment:** Card payment only; debit or credit card (excluding American Express).

#### **Enrolment and Fee Policy**

For full course information visit community.cvcweb.net

- Material charges are not included in the course fee unless otherwise stated.
- We accept bookings over the phone, please have credit/debit card to hand
- We welcome enquiries by email but please DO NOT quote your card payment details on email.
- Enrolments are welcome throughout the year.
- Courses with fewer than the minimum number of learners may have the option of continuing payment of supplementary fees.
- Fees are payable in full at the time of booking a course. We accept payment by all major debit and credit cards.
- Please note, should you withdraw from a course that continues to meet, you will still be liable to pay any outstanding fees.
- Refunds will be paid in full if a class is unable to start due to insufficient enrolments.
- Refunds cannot be given if a course has already started, unless you cancel your place for medical reasons, in which case a Doctor's Certificate is required.

- Concessionary fees may be available at the discretion of the College if you are:
- in receipt of the "Guaranteed Credit" element of the Pension Credit
- in receipt of a means tested benefit, e.g. Working Family Tax Credit
- in receipt of Universal Credit

For Full Terms and Conditions please go to our website community.cvcweb.net/home/learner-information.

#### **DATA PROTECTION: OPT-IN to receive**

information about courses – if you wish to receive information about Adult Learning courses please go to our website: http://community.cvcweb.net and follow the link to OPT IN to enable us to keep you updated regarding courses.

Cottenham Village College aims to ensure that all personal data collected about staff, pupils, parents, governors, visitors, and other individuals is collected, stored and processed in accordance with the General Data Protection Regulation (EU) 2016/679 GDPR and the Data Protection Act 2018 (DPA 2018). To see our data protection policy please go to: www.astreaacademytrust.org/about-us/statutory-documents/astrea-data-protection-policy-2019-21-2

#### **INSURANCE AND LOSSES**

Cottenham Village College cannot accept responsibility for accidents to members of clubs and classes other than those covered by the College's Public Liability Insurance, nor for loss of personal property left on the premises or in a car, nor for damage to cars and bicycles - parking is at your own risk.



Like us on Facebook: Adult Learning at Cottenham Village College



Follow us on Twitter @CVCCommEdu

## VENUE HIRE at COTTENHAM VILLAGE COLLEGE

Excellent facilities available for hire evenings and some weekends for meetings, conferences, or clubs.

This can be on a block booking or casual basis. Contact the College for further information on 01954 288751

Or Email community@astreacottenham.org

# Summer School 37th-21st July 2023



For more information or a brochure, please contact us on 01954 288751 • community@astreacottenham.org or visit community.cvcweb.net

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### **Drawing & Painting**

**Calligraphy** 

Gina Ferrari

Liz Barrow

Watercolours for the terrified!

David Hyde

Pet Portraits in Acrylic David Hyde

Creative Drawing Sheila Bryan

#### Crafts

Introduction to Copperfoil Stained Glass

Lisa E Fretwell

Upholstery

Upholstery Pat Phillips

Introduction to Felt Techniques

Lisa E Fretwell

Lino Printing Clive Riggs

Silver Jewellery Making Tina Yates

A Goldwork Sampler Jean Wright

### General

T'ai Chi: Playing with Qigong Alison Warlow

Candle Making for Beginners

Miller and Ward

Find us on Facebook

(Adult Learning at Cottenham Village College)

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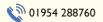


### **Cottenham Sports Centre**

### Monday to Friday 4pm-10pm Saturday 8am-5pm

Making leisure activities accessible in the heart of our community

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- · Floodlit artificial turf pitch
- Multi-use sports hall (3 badminton courts)
- Gymnasium (smaller hall suitable for martial arts, etc.)
- · Four floodlit tennis or netball courts
- · Changing rooms, with showers and lockers
  - (info@cottenhamsportscentre.co.uk
  - Cottenham Sports Centre, Cottenham Village College, High Street, CB24 8UA



cottenhamsportscentre.co.uk

### **Supporting Local Communities**

At Cottenham Sports Centre, we are determined to provide excellent and affordable sport and fitness activities to the local communities and further afield.

We also want to help community groups and organisations find a home for their events and activities. We are proud to provide a home to so many sport and fitness clubs/organisations and we are looking to support even more groups. Please do contact us if you would like to discuss our facilities and options for regular bookings.



### **COTTENHAM TENNIS CLUB**

### Playing is a bit hit and miss!

Keeping your eye on the ball is a challenge in Cottenham at the moment but, with luck, things will change.

Tennis shares the four hard courts at the Sports Centre with Cottenham Jaguars netball club and all had been concerned about the uneven slippery surface, which prevented safe and enjoyable play. Fortunately, the courts have now been treated against moss and a lot of debris removed. More treatment, including resurfacing, is ultimately needed, as is replacement of the floodlights, but with high costs this is not going to happen fast.

The Sports Centre is now closed on Sundays so our Family Tennis sessions have moved to Saturday afternoons. With access uncertain in the mornings, we moved our Saturday coaching sessions to Oakington and Westwick TC for the January term. Social tennis continues Mondays (women, 6.30–9pm), Wednesdays (all welcome, 6–9pm) and Saturdays (arranged via WhatsApp, 8.30am–4.30pm). Coaching continues on Mondays, Thursdays, Fridays and Saturdays.

The grass courts at the Rec will be open for everyone to enjoy over the spring and summer months (book from May via www.cottenhamtennis.co.uk for free). Club membership is not required, but you will need a free LTA account to access the booking system. Discussions about the courts' future surface continue with the Parish Council.

Special for pre-schoolers, Tuesdays 10.15am—I lam, 2 to 23 May £28, 6 June to 11 July £42. Book via www.gamesettennis.co.uk

The 2023/24 memberships begin from I April: juniors (under II) £10, youth (II-21) £20, adult £50, family £90.

**Dates for your diary** (at CVC Sports Centre unless stated otherwise)

**Saturdays Family Tennis** 2–4pm (check www.cottenhamtennis.co.uk for dates)

**April 3 to 6** – Easter Camp for ages 3–16 (book via our website)

**Saturday 22 April** – Family Tournament 2 to 4.30pm. £5 entry fee per pair (adult+child), but preregister with toby@gamesettennis.co.uk by 15 April.

**Saturday 20 May** – Open Day 2–4.30pm. Activities for all ages! Free coaching taster sessions: 2–2.30pm (3–6 years); 2.45–3.15 (7–11 years);

3.30–4pm, (adults' *Rusty Rackets*). Pre-booking required via our website. Plus ball machine, target practice, serve speedometer, and exhibitions of Pickleball, walking tennis and disabled tennis. Book via website.

Wednesday 24 May – South Cambs School Sports Partnership Tennis Festival for primary years 3 and 4, (photo from last year's event below).



Participants at last year's South Cambs School Sports Partnership Tennis Festival. Photo by Claire McDonnell.

**Saturday 16 July** – Wimbledon men's final, on TV at Village Hall from 1 pm (TBC).

Monday 24 July to Friday 4 August – Summer Camp. Contact toby@gamesettennis.co.uk for details www.cottenhamtennis.co.uk

# FIRS HOUSE AND TELEGRAPH STREET PATIENT PARTICIPATION GROUP

### **GP** Retirement and new **GP** Partner

Dr Emma Baldwin, a popular and respected GP Partner at Firs House and Telegraph Street surgeries will be retiring at the end of March 2023. She joined the practice in 1997, and will be sorely missed by the many patients in the community who she has cared for over the years.

Anyone wishing to post a tribute to Dr Baldwin can do so by emailing firsppg@gmail.com with the subject title "Dr Baldwin", or writing a message in dedicated notebooks available between 1 and 31 March at Cottenham and Histon Libraries, Cottenham Community Coffee Shop and St. Andrew's Centre Histon. Tributes will be collated and presented to Dr Baldwin when she retires.

A new GP Partner, Dr Ben Curtis, will be joining the Practice and is expected to take up the post in July 2023.



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### **COTTENHAM CRICKET CLUB**

### Programmes to encourage youngsters

Our youngsters are the future of the Club. Encouraging young boys and girls to get involved with the sport is hugely important to us. We run the following programmes for our junior cricketers.

**All Stars and Dynamos** – The *All Stars* coaching provides a really fun introduction to get ages 5–8 enthused about the game and develop basic skills.

Dynamos takes this a step further, for ages 8–11, adding new skills (batting, bowling and fielding) and having the chance to play a fast-paced and exciting game of countdown cricket, which is a new format that mirrors *The Hundred*.

Sundays from 14 May (to 2 July)at the Cottenham recreation ground – 9.30–10.30am: ECB All Stars programme for ages 5–8 boys and girls. 10.30–11.30am: ECB Dynamos programme for older children (8–11 boys and girls).

To find out more about either of these programmes, simply go to either www.ecb.co.uk/ play/all-stars or www.ecb.co.uk/play/ dynamoscricket. You can sign up youngsters for our courses at Cottenham CC at ecb.clubspark.uk

**Under-12s team** – We welcome boys and girls in years 6 and 7 who enjoy cricket and would like to give it a go. This side will build on the progress made by our under-11s side last year and will play some competitive games after school in the summer term.

Wednesdays from 8 March (to 26 April), 4.30–6pm in Cottenham Village College Sports Hall: professional coaching sessions for this group. There will be a two week break for the Easter holidays.

Matches themselves start in May. Anyone interested should just turn up on **Wednesday 8 March**, about 4.15pm as we'll need to do a bit of necessary admin beforehand. And if you miss the first session or two, don't worry – just come and join us when you can and give it a try!

**Senior cricket** – Writing in mid-February, it's easy to forget that, by the time you're reading this, the new cricket season will almost be upon us and preseason will actually be underway.

Our two adult teams – a  $1^{st}$  and  $2^{nd}$  XI – both gained promotion last season and so will be starting off in higher Leagues. It will be a challenge for both but one we are very much looking forward to.

**Sunday 26 March** – start of pre-season net sessions at *Fenners Indoor School* in Cambridge (running through April). Please check out the News section of our website (below) to find all the details.

We are always keen to reach out to all local cricketers not currently playing for Cottenham to join us. We provide the opportunity for all ages in the village and nearby to take part in our wonderful game. Please do get in touch and come along.

### **Club Contact details**

Secretary: David Chaplin (01954 250075). Junior Teams Coordinators: Dave Partridge and Alan Raven (01954 250388)

Email: cottenhamcc@yahoo.co.uk

Website: www.cottenham.play-cricket.com

### **COTTENHAM BOWLS CLUB**

### On the green in May

We have had a few months playing short mat bowls in the club house. It is a great way to spend an afternoon, a combination of gentle exercise, company and a cup of tea with a biscuit or two. Now with winter behind us we are looking forward to May when the outdoor season starts.

We run a number of teams, two play on Monday and Friday afternoons, and four are on different evenings. There are several levels of ability so there is sure to be a team for you. You don't have to play in teams —you can be a social member and play when you want or attend our social events. We've had some very successful ones, a fish and chip and

race night, a buffet lunch, a Christmas dinner and a Presentation Dinner.

If you would like to give bowling a try, come along to our Open Day on **Sunday 16 April** 2–4pm. If that date doesn't suit, contact any of members below and we will be able to organise a session.

Cottenham Bowls Club is a very friendly club with members from Cottenham and surrounding villages so come and give us a try. Everyone is welcome.

Contacts: Diane Duncan, Secretary, 01954 251378; Eric Hobbs, Short Mat, 01954 251956; Chris Forster: Treasurer: 01954 200720.

www.hugofox.com/community/Cottenham-bowls-club-8286/



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## COTTENHAM COMMUNITY CENTRE

Solar Panels – Work on these should start in mid-April. Thanks to the support of: Zero Carbon Communities (South Cambridgeshire District Council); John Apthorp Charity; National Lottery, Awards for all; Fen Edge Community Association; Co-operative Local Community Fund.

**Kid's Play** (previously Dad's Play) is on the first Saturday of each month, from I April, except May, 10.30–11.30am. It is a great way for children and adults to meet and have fun together. There is no charge.

Little Humbugs runs fortnightly on Wednesdays 10–11 am, from 26 April. It's for babies and preschoolers and their carers. 30 minutes of singing, followed by half an hour of play, chat and refreshments.

**Drama for Children/Young Adults** – Sessions on Thursdays, 3.45–5.15pm for children and young adults (aged 9 to 15) from Ukraine and local kids to enjoy. Dates include 20 April, 4 and 18 May and 1 and 15 June.

**Annual General Meeting** – Wednesday 26 April, 7.30pm for 7.45pm, in the Coffee Shop. Come to hear reports on our activities and progress during 2022 and plans for the rest of 2023. Refreshments will be served.

Coronation of King Charles III – The Coffee Shop will be open with normal service on Saturday 6 May (10am–2pm), with BBC coverage of the events at Westminster Abbey projected onto the big screen. We'll also run a small bar, offering beer and wine alternatives to your normal Coffee Shop food and beverages.

Community Cinema with Licensed bar – Unless stated otherwise, all screenings start at 7.30pm, doors open at 7.00pm. To book see our website or Facebook: CottenhamCommunityCinema

**Sunday 2 April** – Family Screening at 2.00pm: *Matilda the Musical* [PG]

Sunday 2 April – See How They Run [12]

Sunday 7 May - Living [12]

Sunday 4 June - She Said [15]

**Sunday 2 July** – *Till* [12A]

Continued on Page 45

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Continued from Page 43

The Coffee Shop – Mondays 10am–4.30pm, Tuesdays to Saturdays 10am–2pm. Enjoy a great coffee, tea or hot chocolate, delicious scone and cake or light lunch from our menu. Closed on Easter weekend (re-opening on Wednesday 12 April) and Monday Bank Holidays: 1 May; 8 May; 29 May.

**Venue Hire** – three rooms are available: the Hall with optional kitchen, the Studio and the Coffee Shop (outside of Coffee Shop hours only). Full entertainments licence is held.

Activities – please contact individual activity organisers, all details on our website. Please email us at: bookings@cottenhamcc.org to arrange a class, community activity or new community project.

**Gift Cards** available to buy (minimum £5). These can be redeemed against any items for sale in our Coffee Shop. email: treasurer@cottenhamcc.org

Volunteers and Trustees – Volunteering at the Coffee Shop is a great opportunity to meet people, learn new skills, add to your CV and be part of a very worthwhile community facility. Please have a chat with Jane, call 01954 202109 (during Coffee Shop hours) or email: manager@cottenhamcc.org

How to help with funding – By spending at the Coop in the village and using your membership card you support us through the Co-operative Local Community Fund. If not already a Co-op member, join for just £1 and receive £3 off your first £10 spend (membership.coop.co.uk/causes/72269)

Use Easy Fundraising if buying online. The Community Centre receives a small percentage of the amount spent. Simply follow this link:

www.easyfundraising.org.uk/causes/cottenhamcc/

Community Centre Membership – Annual membership is just £15 for an individual (senior £10, youth £5) with a loyalty bonus of a free beverage after you have bought 10 drinks. You will also get a 10% discount on one-off room hire. Download a membership form here:

www.cottenhamcc.org/membership/

Connect with the Community Centre – Our website has been refreshed. You can follow us on Facebook: CottCommCentre Instagram: cottenhamcoffeeshop. For all enquiries, see our website: www.cottenhamcc.org/ or email: bookings@cottenhamcc.org

We welcome any suggestions or requests relating to any aspect of the Community Centre or Coffee Shop (tel: 01954 202109). We are at 250A High Street (directly opposite the Co-op).



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### **ALL SAINTS' CHURCH, COTTENHAM**

**Easter activities** 

Monday 3 April to Wednesday 5 April at 7pm reflections in the Church

Maundy Thursday 6 April at 7.30pm – Service of Holy Communion with foot washing

Good Friday 7 April – 12 noon in Cottenham, Reflection at the Cross; 3pm in Rampton

**Holy Saturday 8 April** – Pilgrimage Walk to Ely Cathedral, starts 10am from the Rectory

Easter Day 9 April – 6.30am Sunrise Service, 8.30am BCP Communion; 10.30am Holy Communion; Service at All Saints' Rampton TBC.

# FRIENDS OF ALL SAINTS' CHURCH, COTTENHAM

We are delighted to announce the following events.

Sunday 7 May 3.30–5.15pm – Hexachordia, an early music trio, will play in All Saints' Church, Cottenham, Music from the Court of Henry VIII, exploring the cultural world of perhaps the most famous king in British history. Singing and playing, the group will explore Henry VIII's reign, taking in his diplomatic triumphs such as the Field

of the Cloth of Gold, as well as his loves, in the form of his many wives and his pastimes.

**Saturday 17 June** 2.30–4.00pm – come along with all your family to All Saints' Church, Cottenham to see a theatrical production of *The Wind in the Willows* presented by the *Thisismytheatre* touring theatre company.

**Saturday I July** 7pm – our local *Fen Edge Orchestra* will be performing again in the Church. Don't miss the chance to share their joyous sound.

Look out for posters and online information about buying tickets for these events. Proceeds will be put towards the maintenance of Cottenham's only Grade-listed building.

### COTTENHAM BAPTIST CHURCH

Cottenham Baptist Church invite you to join us over Easter for our family services:

Friday 7 April 10.30am – Good Friday brunch service, includes free bacon and egg rolls, croissants

**Sunday 9 April** 10.30am – Easter Sunday all age Eggstravaganza

We also have another brunch service on **Sunday 30 April**.

We meet regularly on Sundays in person and on Zoom, and on other occasions during the week. Find out more at www.cottenhambaptist.org.uk

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### **COTTENHAM COMMUNITY ALLOTMENT**

### **Growing together**

Our volunteers have been busy in the last few months, getting ready for the growing season.

In addition to a polytunnel, we have built new raised beds in the family allotment area and filled them with compost ready for planting. We have also composted the main allotment beds, which should improve productivity for this year. Thank you to the many volunteers who have helped to make this happen.

We meet every first Sunday (1.30–4pm) and third Saturday of the month (10am–12.30pm). To find out more about the allotment, please join us at one of these sessions or you can email or like us on Facebook.

We are also looking for new families to use the raised beds on the family allotment this season. If you would like to have a go at planting and growing produce, please get in touch to find out more. Thank you.

Contact: cottenham.allotment@gmail.com

### **Kate Lees**

### **COTTENHAM GARDENERS CLUB**

The gardening club programme is underway with the following events.

**Friday 28 April** – *House Plants and their Care* by Geoff Hodge, gardening writer and broadcaster.

**Friday 26 May** – *Nature Friendly Farming* by Tim Scott, local farmer for Countryside Restoration Trust.

**Sunday II June** – Our lunchtime Garden Party, hosted by Ken and Dawn Marr in Curringtons Close.

**Friday 30 June** – Hedgehog Rescue and Conservation by Judith Large, from Shepreth Hedgehog Hospital.

In July there is no regular meeting, but there will be a Garden Visit to *Twin Tarns*, Somersham in the afternoon of **Monday 17 July**.

We meet at Franklin Gardens Community Room, usually on the last Friday of the month, with refreshments served from 7.30 pm. A talk follows at 7.45 and the evening closes with a raffle.

Annual membership is £20 – new members are always welcome. Visitors can try a single meeting for £3 (£6 when food is served).

Contact: Sarah Dumont, 01954 260482.



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### **COTTENHAM WOMEN'S INSTITUTE**

Welcome to the spring news from Cottenham WI. It is lovely to have the lighter nights for our meetings. In February the meeting was a very interesting talk from Peter Pilbeam on Mammals that you could find in your Garden. What a surprise! We all enjoyed it very much.

**Wednesday 12 April** – Janice Crane who is a Reflexologist from within Cottenham will give a talk and show examples of her skilled work.

Wednesday 10 May – We welcome lan Cumming who was a contestant in The Great British Bake Off in 2015 and was narrowly beaten by Nadia Hussain in the final Bake Off. We know lan will be an entertaining guest and look forward to meeting him that evening.

Our meetings are held at The Village Hall Lambs Lane Cottenham on the second Wednesday of the month, 7.30–9.30pm

Please come along and perhaps join us – you are more than welcome. We can then notify you of

our Summer Outing and further Speakers. The new Programme for the WI year will be with you soon!

Follow us: Cottenham WI Facebook Cottenhamwi@outlook.com

## COTTENHAM VILLAGE SOCIETY

The next in our programme of talks of local interest will be on Friday 14 April, when Evelyn Lord will reveal all about *The Great Plague of Cambridge*. We meet at The Village Hall, off Lambs Lane, Cottenham on Fridays at 7.30pm.

We are planning an outdoor meeting in summer to hear stories of some of the locals in the past and see where they lived.

The society will answer queries about Cottenham from people who are researching their family history. For more information contact the secretary: cottvillsoc@gmail.com

www.cottenhamvillagesociety.wordpress.com





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### **SANDY HILL PROJECT CENTRE**



Lots to enjoy this spring and summer

Though the weather has been cold, we have been out and about visiting schools and care homes with our ponies. These visits are definitely firm favourites in our

local community. From the feedback we receive we know how much everyone enjoys them – as we do too!



We took the ponies to visit residents at a local care home

# Our first family day is on Tuesday 4 April 10am–1 pm. This event is free and will include pony grooming, small animal encounter, greeting some local lambs and an Easter egg hunt with a chocolate prize.

Summer family fun day – Join us on Saturday 15 July 10am–2pm. We love holding our family open day, come rain or shine. There will be food and drinks on site to buy. Entry is free and the events will include:

- •Light horse demonstrations •Heavy horse demonstrations •Meet and greet our ponies
- •Small animal encounter •Flower potting
- •Arts and crafts •Face painting



Young girl with pony from last year's open day

### Saturday Coffee Mornings (6 May, 3 June, 1 July)

9.30am to noon. Once a month throughout the summer you can enjoy coffee and a bacon roll, look around and meet our animals!

Sandy Hill, Twenty Pence Road, Cottenham, Cambridge CB24 8PP

Contact details: @sandyhillcpc @sandyhillcommunityprojectcentre www.sandyhillcpc.co.uk

# COTTENHAM COMMUNITY LAND TRUST LTD

New houses everywhere but where are the locallyaffordable ones? The truth is, around here, houses just get less affordable for local people as wages rise less quickly than our costs. With interest rates moving back to more traditional levels, financial pressures are tighter on everyone.

Cottenham's approved Neighbourhood Development Plan identifies an assessed need for around 90 locally-affordable homes. To be locallyaffordable they must cost their occupiers no more than 3 or 4 times their household income. The successful occupants will fall into the squeezed middle who neither qualify for social housing nor can afford the 6 to 8 times household income for the supposedly affordable homes being built in south west Cottenham.

Our aim, with our project partners, is to raise funds from various community-led housing funds through Homes England, the Cambridgeshire & Peterborough Combined Authority and others, to deliver around 30 of those locally-affordable homes as soon as possible.

### Frank Morris

Chair, Cottenham CLT Limited

Keep up to date via our FaceBook page: Cottenham Community Land Trust.

Or drop us a line at admin@cottenhamclt.org.uk

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### **COTTENHAM CHARITIES**

Cottenham Charities brings together five different charities formed from bequests and endowments left for the benefit of the people of Cottenham. The income from these charities is used to run the seven almshouses in the village and to give financial assistance to those in need. The charity provides grants for essential household or disability items and grant applications can be considered throughout the year. More details and an application form are available on the website www.cottenhamcharities.co.uk

When supporting those in need, we are often supported by another local charity, the Besom in Histon and Impington. The Besom is a national organisation of autonomous groups that help local churches to provide household goods for those in need. They don't advertise or ask for funds but they do collect donations of pre-loved items including furniture, white goods, beds and duvets. Next time you need to dispose of an item in good/working condition, do think of the Besom, whose contact details are on Facebook www.facebook.com/BesomHI

### **COTTENHAM CARECAR**

We still need more drivers

After Covid-19, we have been able to resume our normal service but we have fewer drivers available.

Volunteer drivers have all expenses paid following HMRC rules. Each week drivers are offered jobs from which they can pick the ones they can do. A driver who can only manage one job per week is still useful.

All you need is a fully insured car (preferably 4-door) and be DBS cleared, which is free.

If you live in Cottenham, Westwick or Oakington, please consider carefully whether you can spare an hour or two, and then contact me as below:

We also need someone, who does not drive, to take over the coordinator's job from me when I have to give it up. I am sure there are lots of people who could do this job from home for a few hours per week. Please get in touch.

Gerry Brett, 01954 251929, carecar@btinternet.com



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# COTTENHAM RECREATION GROUND JUNIOR PARKRUN

What a year it has been!

We are delighted to be approaching our first birthday! We've come a long way since that first sunny morning in April 2022, when over 100 children and young people joined us to run two laps of the third field at the Cottenham recreation ground.

Over the past year we've cheered almost 2,000 finishers through our finish funnel, some running for the first time.



Festive fancy dress for our Christmasthemed junior parkrun. Photo: Gemma Bailey. the equivalent of a half-marathon, a marathon, an ultra-marathon – and even 200km and 500km!

None of this could have happened without our terrific band of volunteers, including several young people who are completing their Duke of Edinburgh Award. More than 100 people have volunteered to help at this event in the past year.



All smiles from two of our milestone wristband recipients.
Photo:Amy Brewer.

If you're interested in getting involved – either by taking part (the age range for junior parkrun is 4–14) or by volunteering – please email cottenhamrecgroundjuniors@parkrun.com We'd love to meet you!

Continued on Page 59



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Continued from Page 57

The junior parkrun takes place at 9am every Sunday on the third field at Cottenham Rec. It's free to take part, but do be sure to register first at www.parkrun.org.uk/register/

Please note that there will be no junior parkrun on Sunday 28 May.

Cottenham Fun Runs – will take place on Monday 8 May from the recreation ground. There will be races for all ages and a new course for you to enjoy. Keep an eye on the Cottenham 7k Run Facebook page for more information – but there'll be more than just a 7k!

## COTTENHAM UNITED FOOTBALL CLUB





The club has one team playing in the Cambs FA Saturday Seniors League IA and currently is sitting 2<sup>nd</sup> in the Cambs League IA. Under the

guidance of Manager Harry West and assistant manager Tony Burkett, we have great hopes in pushing on for promotion to the Cambs Senior B league this season.

Our home games are played at Cottenham Recreation Ground and training takes place at Cottenham Village College Sports Centre on a Wednesday evening 8–9pm on their floodlit 3G pitch.

We are a friendly village team and are always on the lookout for new players. If you are interested in playing senior football then please get in contact with us via our email:

cottenhamunitedfc@hotmail.com or for further information about the club you can check out our website: www.cottenhamunitedfc.co.uk or our twitter, Instagram or Facebook links.

Or you could just turn up on training nights where you will be welcomed. This would be a good time to come along and join us on our journey.

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### **COTTENHAM THEATRE WORKSHOP**

### A spring show with an important message

Our first production for the year is The Selfish Shellfish by David Wood. Directed by Matthew Unwin-Riches, the play is not just a tongue-twister! It looks at a serious contemporary issue in an entertaining, though not flippant, way.

The story is about a range of Rockpool dwellers whose lives are full of uncertainty, with every new tide bringing fresh surprises or problems. Rockpool refugees, Starfish and her young nephew, Urchin, together with residents Mussel, the Giant Anemone, and the cantankerous Old Hermit Crab, cope reasonably well with their insecure existence. Then Seagull brings them warning of a possible catastrophe: the Great Slick is coming ...

Any concern the audience may have about oil pollution will be encouraged by this story! The show will run from **Wednesday 17 May** to **Saturday 20 May** at Cottenham Village College. Performances begin at 7.30pm.

Tickets will go on sale in early April. In what has now become a tradition, the seating will be at tables with a bar and other refreshments available. Book via our website www.cottenhamtheatre.com or by ringing our provider, TicketSource, on 0333 666 4466 (additional booking fee applies). Make sure to get yours quickly before they're all gone!

Remember to follow us on our social media channels on Facebook and Twitter.

We hope to see many of you at the performances – enjoy the show!

# COTTENHAM PRIMARY SCHOOL PARENT, TEACHER AND COMMUNITY ASSOCIATION

**Saturday 22 April** 9–11.30am – PTCA Pre-Loved Bike and Scooter Sale at Cottenham Primary School.

Bring your bike(s)/scooter(s) along on the evening of Friday 21 April. If it's sold during the sale, then you will receive 75% of the selling price, with the remainder being used towards the PTCA's mission of enriching the education and experience of every child at Cottenham Primary School. Any unsold items will be returned to you. To register as a seller, please email cps-ptca@outlook.com

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Friday 28 April to Monday 15 May – Coronation Trail, throughout Cottenham.

By popular demand, we'll be running a village-wide trail to coincide with the Coronation of King Charles III. This is a fun way to explore the village, and everyone can take part. Keep an eye on our Facebook page at www.facebook.com/CPSPTCA for more details!

**Thursday 13 July** 5.30–7.30pm – CPS PTCA Summer Fair, Cottenham Primary School.

One of our biggest fundraisers, our ever-popular Summer Fair features a huge range of stalls, games, activities, food and drink. For more details see our Facebook page at www.facebook.com/CPSPTCA

## COTTENHAM AND RAMPTON LUNCH AND SOCIAL CLUB

(Formerly Cottenham Day Centre)

The Cottenham and Rampton Lunch and Social Club continues to thrive. We meet every Tuesday at the Community Room in Coolidge Gardens for

coffee, bingo or a talk and a freshly cooked two course lunch. Our members are all of pensionable age – some have been in the village for years, some have newly moved to the area. Everyone is warmly welcomed.

This year we are planning more excursions in addition to our regular Tuesday, such as an afternoon tea at one of the local garden centres or a boat trip on the river; our members are busy thinking of other places they would like to go. We are lucky that we have our minibus, with accessible access, so our members can be picked up and dropped off.

We have a fantastic group of volunteers but would certainly welcome a few more, so if you have a bit of time on a Tuesday and would like to get involved do get in touch. We are particularly looking for people who might be keen to help with some of the administration: Treasurer, Secretary, and social media. If you would prefer to help out in the kitchen that would be great too.

Please contact Pauline Brown on 07708 425720 or email chair@cottenhamdaycentre.co.uk if you would like to know more.









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### SUSTAINABLE COTTENHAM

### Thermal imaging reveals hidden home heat loss

The fuel and climate crises have increased awareness of the cost of heating our homes, both financial and environmental. Many of us wish to reduce our use of fossil fuels. Improving the thermal properties of our homes is often the quickest and cheapest way to do this. In winter you can pinpoint uninsulated areas of your home using a thermal imaging camera, which looks at the barrier between the warmer inside and cooler outdoors. Sustainable Cottenham volunteer Rob Moorcroft visited houses with a camera on loan from Cambridge Carbon Footprint. Anyone who lives in South Cambridgeshire and has attended training can borrow a camera, but demand is high.

The camera shows warmer surfaces as reds, oranges and yellows while cooler areas appear purple or blue. When viewing the house from the outside, the red sections need insulation. Vice versa when viewing external walls from the inside.

Insulating the roof will benefit the whole house and often has the greatest payback if current insulation levels are insufficient. Wall insulation is a must, since walls commonly have the largest exposed surface area.

Exterior insulation for solid walls can be expensive but there are lower cost options for internal walls, including thermally backed plasterboard and thermal wallpaper.

Upgrading windows and doors means fewer cold spots. A low-cost DIY option of secondary glazing (an additional sheet of polycarbonate) can improve the thermal properties of single pane windows in conservation areas. Other options include thick, thermal-lined curtains and self-adhesive draught excluders.

Find out about thermal imaging cameras and training at www.cambridgecarbonfootprint.org

For advice on home insulation and available grants, visit www.scambs.gov.uk/climate-emergency-and-nature/energy-saving/home-energy-advice/

### Wendy Dear

Our next village litter pick will be on Saturday 29 April. Meet at Cottenham Village Hall, Lambs Lane Recreation Ground at 2pm where equipment and routes will be provided. See our facebook page for more details.

www.sustainablecottenham.org.uk www.facebook.com/suscottenham



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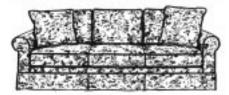
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